

Befrienders Highland Limited

Scotland · Charity number SC029386

Details

Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	1999-09-14
Register	View on the OSCR register

Contact

Address	Room A006 WASPS Creative Academy Midmills Building Stephens Street Inverness IV2 3JP
Website	www.befriendershighland.org.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Provide one to one befriending to people lonely and isolated due to their mental ill health, memory loss or caring role.

Beneficiaries: 'People with disabilities or health problems'

Objectives: (a) to reduce loneliness and isolation experienced by people who have a mental health problem by arranging and supporting a one-to-one relationship between them and suitable volunteers, to provide a vital link between them and the community and to promote their self-confidence and feelings of self-worth. (b) to promote public awareness of mental health issues. (c) to promote the understanding of the distress caused by social isolation, psychological and emotional problems and to spread knowledge of the facilities available within the community for those affected by such problems. (d) to seek to co-operate with the statutory authorities in carrying out their duties for the treatment, care, after-care and welfare of those so affected. (e) to promote and encourage co-operation with and amongst other voluntary bodies and organisations involved whether principally or partially with questions of mental health, and between such bodies and statutory authorities. (f) to provide or assist and support the provision of residential accommodation or other social facilities or other facilities of any kind whatsoever within the community for those affected in any way by psychological and social problems, those recovering from such problems and those involved in the care and welfare of such individuals or groups. (g) to promote the understanding and improvement of the rights of

persons affected by psychological and emotional problems, to campaign and seek to influence the development of social policies and services. and (h) to promote and provide for education, training, research and the dissemination and interchange of knowledge and information in the area of mental health.

Geography

- **Main operating location:** Highland
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£274,719	£190,417	-	7
2024-03-31	£205,432	£244,056	-	10
2023-03-31	£220,746	£292,948	-	8
2022-03-31	£251,187	£289,055	-	10
2021-03-31	£327,368	£225,247	-	11