

# APPENDIX 1

# OSCr

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
From	Day	Month	Year	To	Day	Month	Year
	1	April	2022		31	March	2023

## Reference and administration details

Charity name	TAIN & DISTRICT YOUNG MENS' CHRISTIAN ASSOCIATION
Other names charity is known by	TAIN YMCA
Registered charity number	SC027164
Charity's principal address	TAIN YOUTH CAFÉ 17 STAFFORD STREET TAIN Postcode IV19 1AZ

## Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	PRESIDENT		
2	VICE PRESIDENT		
3	VICE PRESIDENT		
4	CHAIRMAN	DEC 2022	
5	VICE CHAIR	NOV 2022	
6	SECRETARY		
7	TREASURER		
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

## Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

## Structure, governance and management

Type of governing document

TRUST DEED

Trustee recruitment and appointment

NEW TRUSTEES ARE APPOINTED BY RESOLUTION OF THE TRUSTEES, RECORDED IN THE MINUTES AND SIGNED BY THE APPOINTEES.

## Objectives and activities

Charitable purposes

To provide a safe environment where young people are nurtured and listened to.  
 Promote social, educational and physical development of young people.  
 Encourage spiritual development of young people.  
 Provide support and training for volunteers and staff.  
 Act as an advocate for needs and aspirations of young people in the area.  
 Work with local organisations and statutory authorities to improve the quality of life for young people in the area.  
 Make the most of the opportunities that the Tain Youth Café YMCA offer young people.

Summary of the main activities in relation to these objects

SEE ATTACHED

## Achievements and performance

Summary of the main achievements of the charity during the financial period

SEE ATTACHED

## Financial review

Brief statement of the charity's policy on reserves

THE CHARITY HAS HAD A POSITIVE YEAR AND HAS SUFFICIENT RESERVES TO MEET ITS RESERVES POLICY.

THE BOARD OF THE TAIN YOUTH CAFÉ AIM TO FOLLOW THE OSCR POLICY OF HAVING 1/3 OF THE RUNNING COSTS OF THE OPERATION IN RESERVES.[]

Details of any deficit

Donated facilities and services (if any)

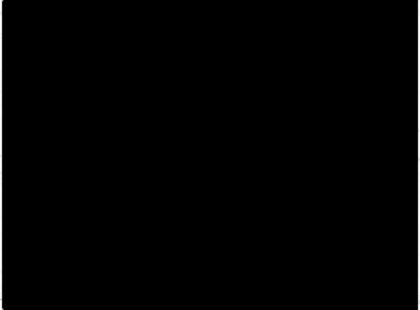
## APPENDIX 1

### Other optional information

### Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (e.g. Chair)		TREASURER
Date		16-12-23

## Tain and District Youth Café YMCA / Tain and North Highland YMCA SCIO

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

#### **ACHIEVEMENT AND PERFORMANCE**

As you will see from the top of this page there are two names the Tain & District Youth Café YMCA and Tain & North Highland YMCA SCIO. The reason for this is that in 2021 the Board of management undertook a Governance review and decided to change from an unincorporated Charity to a SCIO. The reasons was three fold:

1. Better protection for Board members and a reduction of costs re extra trustees insurance being required.
2. That the old name of Tain & District Youth Café YMCA was no longer a reflection of the work we undertake and the wider area we covered. And
3. That some trusts did not know where Tain was so by adding North Highland increased our chances of securing funding.

However whilst OSCR accepted our request for becoming a SCIO on the 15<sup>th</sup> December 2021 due to no fault of our own it has taken the Bank of Scotland 15 months to open a new Bank account for us. This finally happened at the end of March 2023.

The majority of this report will be reflecting on the work of the Tain & District Youth Café YMCA

#### **Charitable activities**

The Tain Youth Cafe YMCA operates a combination of Drop In Nights and regular weekly programmes for children, young people and Families. It is through the programme side of our work that we are able to meet our key objectives as a small local charity. Over the last year we focused our work on the our mission statement of **'Releasing the potential of all Children, Young people and Families within our community'**.

We were part of a joint bid to the Highland Council for funding of our holiday support programmes and these continue to be our busiest period of the year. We have now extended this programme to include not only providing free meals but also provide more children's and youth activities. This also helped the families by reducing their expenditure over the seven weeks of the school holidays.

There were more programmes this year for those 'Disadvantaged Groups'

We continue to provide a balance of issue based clubs and drop In sessions and these target groups have been identified by the needs of young people, for example

Monday: Under 1's group, Crafty Club, P7 Transitions Club and a separate girls group

Tuesday: S1 Drop In and Boxing Fitness training

Wednesday: Toddlers group Baking club, the youth committee and awards group

Thursday: S1-S6 Drop In Good2 grow group,

Friday: under 1's group and a Young Carers group for both primary and secondary children

Saturday: S1-S6 Drop In

The family centre continues and has grown in providing contact time for children and their parents and this is through the local Care and Learning Service.

The awards work continues to produce some amazing children and young people who are undertaking voluntary work within the area. We along with Youth Highland have seen an increase of 64% in young people gaining national awards and therefore we are helping closing the attainment gap.

Two newer programmes included funding for a Warm Hub which ran for 4 months and was then followed by a new Additional Needs Group for adults which now runs every Thursday afternoon. The Additional Needs Group for children still meets once a month.

Programmes also continue using the YMCA Holistic approach of Body, Mind and Spirit with programmes like the Quest programme produced by 'Youth For Christ' being successful. The Senior Youth and Community worker regularly took school assemblies in Tain Royal Academy School.

We were successful in obtaining further funding for the Awards worker as part of a wider programme run by Youth Highland and the sessional post to support Girls/ Young Women. We received the second instalment from trusts for both the Children and Families Worker and the Senior Youth and Community Worker.

Our Involvement with the community organisations are slowly returning and we supported the food festival and the monthly Community markets.

We continue to have a positive working relationship with Highlife Highland although this is mainly through the local Youth Development Officer for the area.

Our Senior Youth and Community Worker plays a part on the new Tain Campus 3-18 school Stakeholders Group and we are members on the Tain Initiative Group AND Christian outreach Group. We have strengthened our partnership with Youth Highland and we are jointly working with them and the Highland Council on Youth work within the area.

This year we offered more volunteer support and arranged additional training for volunteers in Child Protection and First Aid. Our thanks go to the volunteers and staff of the Tain Youth Cafe YMCA for all their help over the year and to all those who have supported the work we undertake within the community especially the funders Children In Need, Robertson Trust, the David and Averil Macdonald Fund and the Highland Council.

The priority for 2023/24 is to strengthen the Board and recruit more volunteers to help with our expanding programmes and as we head into the final year of salaries secure these for the two full time staff. We have also adopted the Vision 2030 document by YMCA Europe and the Board and staff are working through this together and working on recommendations on how we can improve the Tain and North Highland YMCA SCIO

This year we have secured grants for the holiday provision which fall in the next financial year which will make this year's look healthy and next year's not so as this money will be spent !

The Board would like to thank all those trusts who have supported us throughout the year especially The Highland Council, The Garfield Weston Trust and the David and Averil MacDonald Trust Foundation Scotland. To all the others we say a Big thank you for your support.

## Section C Notes to the Accounts



Unrestricted funds Restricted funds Expendable endowment funds

For the period  
from

to

01 April 2022

31 March 2023

## Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
<b>A1 Receipts</b>						
Donations	990	5,975			6,965	4,081
Legacies					-	
Grants	19,647	131,163			150,810	114,450
Receipts from fundraising activities	2,285				2,285	
Receipts from programmes held	4,779				4,779	
Gross trading receipts					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities	16,572				16,572	17,275
<b>A1 Sub total</b>	<b>44,273</b>	<b>137,138</b>	<b>-</b>	<b>-</b>	<b>181,411</b>	<b>135,806</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>44,273</b>	<b>137,138</b>	<b>-</b>	<b>-</b>	<b>181,411</b>	<b>135,806</b>
<b>A3 Payments</b>						
Expenses for fundraising activities	361				361	
Gross trading payments	7,284				7,284	
Investment management costs					-	
Payments relating directly to charitable activities	6,071	14,247			20,318	114,485
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	450				450	
Preparation of annual accounts	351				351	
Legal costs					-	
Operation & Maintenance	35,633	62,743			98,376	478
<b>A3 Sub total</b>	<b>50,150</b>	<b>76,990</b>	<b>-</b>	<b>-</b>	<b>127,140</b>	<b>114,963</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets	1,820				1,820	2,803
<b>A4 Sub total</b>	<b>1,820</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>1,820</b>	<b>2,803</b>
<b>Total payments</b>	<b>51,970</b>	<b>76,990</b>	<b>-</b>	<b>-</b>	<b>128,960</b>	<b>117,766</b>
<b>Net receipts / (payments)</b>	<b>(7,697)</b>	<b>60,148</b>	<b>-</b>	<b>-</b>	<b>52,451</b>	<b>18,040</b>
<b>A5 Transfers to / (from) funds</b>						
					-	
<b>Surplus / (deficit) for year</b>	<b>(7,697)</b>	<b>60,148</b>	<b>-</b>	<b>-</b>	<b>52,451</b>	<b>18,040</b>

## Section C Notes to the Accounts

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
<b>B1 Cash funds</b>						
Cash and bank balances at start of year	43,885	93,850			137,735	119,695
Surplus / (deficit) shown on receipts and payments account	(7,697)	60,148			52,451	18,040
					-	
					-	
Cash and bank balances at end of year	36,188	153,998	-	-	190,186	137,735
(Agree balances with receipts and payments account(s))						

## Details

## B2 Investments


## Fund to which asset belongs

Market valuation  
to nearest £

Last year  
to nearest £

Total	-	-

## Details

## B3 Other assets

Building
Audio Visual Equipment
Cafe Equipment
Computer Equipment
Fixture & Fittings

## Fund to which asset belongs

Cost (if available)  
to nearest £

Current value (if available)  
to nearest £

Last year  
to nearest £

	157,036	157,036	157,036
	16,502	5,515	5,247
	19,277	9,305	10,592
	6,201	605	660
	11,248	5,815	7,516
Total	210,264	178,276	181,051

## Details

## B4 Liabilities


## Fund to which liability relates

Amount due  
to nearest £

Last year  
to nearest £

Total	-	-

## Details

## B5 Contingent liabilities


## Fund to which liability relates

Amount due (estimate)  
to nearest £

Last year  
to nearest £


Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

			16-12-23

Unrestricted funds	Restricted funds	Expendable endowment funds
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[illegible]

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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Authority under which paid	E

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	
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	Number of trustees	£
TRAVEL EXPENSES	4	2,720

[illegible]

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## TAIN AND DISTRICT YOUNG MEN'S CHRISTIAN ASSOCIATION

SC027164

## Section C Notes to the Accounts

Unrestricted funds Restricted funds Expendable endowment funds

## Analysis of receipts and payments

## 1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
GENERAL DONATIONS	586	2,121			2,707	4,081
PROGRAMME DONATIONS	404	3,484			3,888	
OTHER CHARITY DONATIONS		370			370	
					-	
<b>Total</b>	<b>990</b>	<b>5,975</b>	<b>-</b>	<b>-</b>	<b>6,965</b>	<b>4,081</b>

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
HIGHLAND COUNCIL - REVENUE GRANT	1,000	2,750	3,750	2,750
HIGHLAND COUNCIL - COVID RELIEF			-	9,000
FOUNDATION SCOTLAND		27,853	27,853	13,927
YOUTH HIGHLAND - SUMMER OF HOPE			-	7,000
YOUTHLINK SCOTLAND			-	4,750
EARLY YEARS TODDLERS GRANT	75		75	500
CORRA FOUNDATION			-	1,950
HIGHLAND HOMESTART LUNCHES			-	290
YOUTH HIGHLAND - SUMMER OF HOPE			-	4,285
THE ROBERTSON TRUST			-	20,000
GARFIELD WESTON FOUNDATION	13,522	16,477	29,999	30,000
YOUTH HIGHLAND - MEALS PROGRAMME		8,500	8,500	4,312
NORTH HIGHLAND INITIATIVE		1,000	2,726	750
SSE			-	13,926
TESCO TOKENS			-	1,000
HIGHLAND COUNCIL - PROGRAMME GRANT	778	13,542	14,320	
MANAGEMENT FEES & ROOM HIRE	2,242		2,242	
HIGHLIFE HIGHLAND	480	705	1,185	
CORRAL ALLAN	50	915	965	
SCOTTISH CHILDRENS CHARITY	500		500	
QUEENS JUBILEE GRANT		500	500	
HIGHLAND COUNCIL RUNNING COSTS	1,000		1,000	
ROBERTSON TRUST		23,000	23,000	
HIGHLAND COUNCIL - SALARIES		35,921	35,921	
			-	
<b>Total</b>	<b>19,647</b>	<b>131,163</b>	<b>152,036</b>	<b>114,450</b>

## 3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
CAFÉ INCOME	16,572				16,572	17,234
					-	41
<b>Total</b>	<b>16,572</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>16,572</b>	<b>17,275</b>

## 4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
WAGES	4,050	62,743			66,793	75,466
TELEPHONE, INTERNET	1,345				1,345	1,437
CAFÉ STOCK	6,337				6,337	3,847
INSURANCE	8,101				8,101	3,569
LIGHT & HEAT	4,707				4,707	2,297
REPAIRS & MAINTENANCE	7,491				7,491	3,306
OFFICE	1,428				1,428	1,688
CAFÉ COMPUTER & SPORTS EQUIPMENT	543				543	80
OTHER - UNIFORMS, ADVERTISING ETC	2,972				2,972	1,850
TRAINING	34				34	276
TRAVEL	2,726				2,726	1,093
LICENCES	1,036				1,036	1,457
PROGRAMME COSTS	6,070	13,788			19,858	18,019
DONATIONS FROM TYC		459			459	
FUNDRAISING COSTS	361				361	
SCIO SETUP	2,549				2,549	
					-	
<b>Total</b>	<b>50,150</b>	<b>76,990</b>	<b>-</b>	<b>-</b>	<b>127,140</b>	<b>114,485</b>

TAIN AND DISTRICT YOUNG MEN'S CHRISTIAN ASSOCIATION

SC027164

## Section C Notes to the Accounts

Unrestricted funds	Restricted funds	Expendable endowment funds
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#### 5 Breakdown of unrestricted funds

	Unrestricted funds 1 - enter amount of fixed income	Unrestricted funds 2 - enter amount of trading income	Restricted funds 3 - enter amount of fixed income	Restricted funds 4 - enter amount of trading income	Total unrestricted funds	Total unrestricted funds last period
<b>Receipts</b>						
Donations	990				990	1,002
Legacies					-	
Grants	19,647				19,647	11,750
Receipts from fundraising activities	2,285				2,285	
Gross trading receipts	16,572				16,572	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities	4,779				4,779	12,225
<b>Sub total</b>	<b>44,273</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>44,273</b>	<b>24,977</b>
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>44,273</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>44,273</b>	<b>24,977</b>
<b>Payments</b>						
Expenses for fundraising activities	361				361	
Gross trading payments	7,280				7,280	
Investment management costs					-	
Payments relating directly to charitable activities	6,070				6,070	24,564
Grants and donations					-	
Governance costs:						
Audit / independent examination	450				450	
Preparation of annual accounts	351				351	
Legal costs					-	
Operation & Maintenance	35,638				35,638	478
<b>Sub total</b>	<b>50,150</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>50,150</b>	<b>25,042</b>
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets	1,820				1,820	2,100
Purchase of investments					-	
<b>Sub total</b>	<b>1,820</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>1,820</b>	<b>2,100</b>
<b>Total payments</b>	<b>51,970</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>51,970</b>	<b>27,142</b>
<b>Net receipts / (payments)</b>	<b>(7,697)</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>(7,697)</b>	<b>(2,165)</b>
<b>Transfers to / (from) funds</b>						
<b>Surplus / (deficit) for year</b>	<b>(7,697)</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>(7,697)</b>	<b>(2,165)</b>

Nature and purpose of funds	Amount	Percentage of total
General fund	100.00	100.00
Special fund	0.00	0.00
Capital fund	0.00	0.00
Debt fund	0.00	0.00
Other fund	0.00	0.00
Total	100.00	100.00

## APPENDIX 3

OSCR

Scottish Charity Regulator

## Independent examiner's report on the accounts

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Report to the  
trustees/members of

Charity name

TAIN AND DISTRICT YOUNG MEN'S CHRISTIAN ASSOCIATION

Registered charity  
number

SC027164

On the accounts of the  
charity for the period

Period start date

Period end date

Day	Month	Year	to	Day	Month	Year
01	APRIL	2022		31	MARCH	2023

Set out on pages

(remember to include the page  
numbers of additional sheets)Respective  
responsibilities of  
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent  
examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's  
statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

16-12-23

Name:

Relevant professional  
qualification(s) or body  
(if any):

Address: