

Insight Counselling

Scotland · Charity number SC027009

Details

Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	1997-08-18
Register	View on the OSCR register

Contact

Address	Insight Counselling 10 Constitution Road Dundee DD1 1LL
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Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the advancement of human rights, conflict resolution or reconciliation', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Insight seeks to meet these objectives by providing a professional counselling service to people throughout Tayside, provided by trained counsellors who have recognised qualifications, and who are managed by the Clinical Manager. To this end, the Board of Management will facilitate the work of the counsellors, provide premises, and all the necessary salaried staff, and publicise the Service, using such means as it shall from time to time decide

Beneficiaries: 'Children or young people', 'Older People', 'People with disabilities or health problems', 'No specific group, or for the benefit of the community'

Objectives: To advance health by alleviating the emotional distress of clients suffering from a variety of mental health issues, such as depression, anxiety and stress. To save lives by offering hope to those clients who indicate suicidal intent. to promote equality and social inclusion by offering a service free at the point of need. To deliver a high standard of counselling within ethical boundaries, demonstrating compassion, and seeking to bring hope, comfort and encouragement to all clients

Geography

- **Main operating location:** Dundee City
- **Geographical spread:** More than one local authority area in Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£353,781	£204,180	-	5
2024-03-31	£258,892	£209,628	-	5
2023-03-31	£235,199	£204,980	-	5
2022-03-31	£216,499	£193,851	-	5
2021-03-31	£167,647	£164,284	-	5