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No Limits Sports Club

Trustees Annual Report  
and  
Financial Statements

For the year ended 31 December 2024

**Scottish Charity Number: SC026826**

**No Limits Sports Club**  
**Trustees' Annual Report and Financial Statements**  
**For the year ended 31 December 2024**

**SC026826**

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**No Limits Sports Club**  
**Trustees' Annual Report and Financial Statements**  
**For the year ended 31 December 2024**

**SC026826**

**Trustees' Annual Report**

**Administrative Information**

**Charity Name**

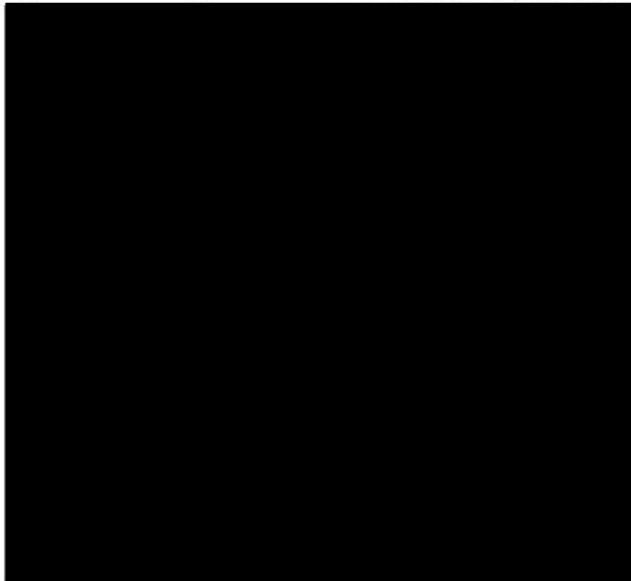
No Limits Sports Club

**Charity Number**

SC026826

**Trustees**

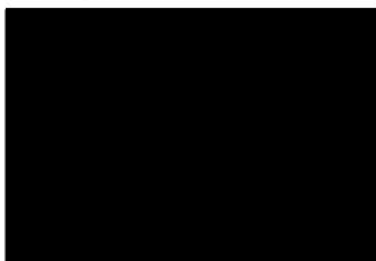
(at date of approval of the Annual Report and Accounts)



**Address**

27 Millbank Place  
Uphall  
West Lothian  
EH52 5DU

**Independent Examiner**



**Trustees' Annual Report and Financial Statements  
For the year ended 31 December 2024**

**Structure, Governance and Management**

**Governing Document**

The charity is an unincorporated association governed by its constitution adopted on 5<sup>th</sup> April 1997 and last amended on 26<sup>th</sup> February 2018.

**Recruitment and Appointment of Trustees**

The voting members of the board, which meets on a monthly basis, are the charity's trustees. Members of the board are elected at the Annual General Meeting and the board may appoint any member at any time to serve on the committee.

**Objectives and Activities**

**Charitable purpose**

Our charitable purpose, as set out in the constitution, is to promote the welfare of people in particular children and young adults, with a disability and in furtherance thereof:

- To provide sporting and leisure opportunities for people, in particular children and young adults, with a disability.
- To help individual club members develop confidence through participation in sports and leisure activities in order to promote health and well being.
- To encourage individual club members to develop any particular sporting abilities which they may have, and to aid them in furthering their sporting potential.
- To provide opportunities for club members to participate in a range of sporting and leisure activities, and to encourage and support them to do so.

**Activities and achievements**

This year we had our usual two weekend trips to Badaguish in Aviemore, when we took groups of 30-40 people to take part in water sports at Loch Insh, archery and visits to Landmark. In July we took 48 people to The Bendrigg Trust in Kendal, Cumbria for a week long activity holiday that included activities such as caving, water sports, archery, indoor and outdoor climbing and various day trips to nearby sights.

Throughout the year our Boccia group met regularly on Saturday mornings and we sent teams to compete in a number of events across Scotland.

Other events held during the year included indoor and outdoor archery sessions, trips to Innoflate and Blair Drummond Safari Park, and sessions such as roller skating, hula hooping and visits from Cool Creatures within the Saturday club sessions.

The penultimate event of the year was a visit to the Peter Pan Pantomime at the Kings Theatre in Glasgow where 50 people enjoyed a terrific afternoon's entertainment.

**Trustees' Annual Report and Financial Statements  
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**Financial Review**

**Financial Performance**

During the year, donations were received from The Round Table £3,332, Radio Forth £7,960, Angling For Youth Development Team £3,500, Charities Trust £1,000 and Cash for Kids £2,305 towards restricted funds.

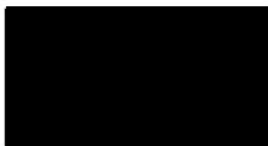
Unrestricted donations and fundraising of £10,773 were received during the year and other income of £22,751.

**Reserves Policy**

It is the policy of the Trustees to maintain unrestricted funds at a level sufficient to cover six months of core activity expenditure.

The trustees are confident that by continuing to apply to a range of funders during the coming year, they will be able to continue the current activities of the charity into the next financial year.

Approved by the Trustees on 16<sup>th</sup> July 2025 and signed on their behalf by:

A solid black rectangular box used to redact a signature.

## **Independent Examiner's Report**

### **To the Trustees of No Limits Sports Club**

I report on the accounts of the charity for the year ended 31st December 2024 which are set out on Pages 7 to 10, together with the Trustees' Annual Report on pages 3 to 5.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustees Investment (Scotland) Act 2005 and of the Charities Accounts (Scotland) Regulations 2006 (as amended).

The charity trustees consider that the audit requirement of Regulation 10 (1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44 (1) (c) of the Act and to state whether particular matters have come to my attention.

### **Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning and such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on whether the accounts present a "true and fair view".

### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that, in any material respect, the requirements to keep accounting records in accordance with Section 44 (1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 16<sup>th</sup> July 2025



**No Limits Sports Club**  
**Trustees' Annual Report and Financial Statements**  
**For the year ended 31 December 2024**

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**Receipts and Payment Account**  
**For the year ended 31st December 2024**

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<b>Receipts</b>					
Restricted Donations	3	-	18,097	18,097	34,888
Donations and Fundraising		10,773	-	10,773	14,198
Membership and subscriptions		6,468	-	6,468	6,009
Other Income		16,283	-	16,283	17,245
<b>Total Receipts</b>		<u>33,524</u>	<u>18,097</u>	<u>51,621</u>	<u>72,340</u>
<b>Payments</b>	5				
Charitable Activities		62,741	22,500	85,241	45,399
Governance Costs		150	-	150	110
		<u>62,891</u>	<u>22,500</u>	<u>85,391</u>	<u>45,509</u>
<b>Payments Relating to Fixed Assets</b>					
Purchase of Fixed Assets		-	-	-	-
<b>Total Payments</b>		<u>62,891</u>	<u>22,500</u>	<u>85,391</u>	<u>45,509</u>
Net Receipts/(Payments)		(29,367)	(4,403)	(33,770)	26,831
<b>Surplus/(Deficit) for the year</b>		<u>(29,367)</u>	<u>(4,403)</u>	<u>(33,770)</u>	<u>26,831</u>

The notes on pages 9 and 10 form part of these financial statements.

**No Limits Sports Club**  
**Trustees' Annual Report and Financial Statements**  
**For the year ended 31 December 2024**

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**Statement of Balances**

As at 31st December 2024

<b>Cash and Bank Balances</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>2024 £</b>	<b>2023 £</b>
<b>Cash at Bank at 31 December 2023</b>	45,435	7,173	52,608	25,777
Surplus/(Deficit) for the Year	(29,367)	(4,403)	(33,770)	26,831
<b>Cash at Bank at 31 December 2024</b>	<u>16,068</u>	<u>2,770</u>	<u>18,838</u>	<u>52,608</u>
<b>Bank Balance</b>				
Current Account	<u>16,068</u>	<u>2,770</u>	<u>18,838</u>	<u>52,608</u>
<b>Other Assets at Cost</b>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Liabilities</b>				
Independent Examiner's Fee	<u>50</u>	<u>-</u>	<u>50</u>	<u>150</u>

The notes on pages 9 and 10 form part of these financial statements.

The financial statements were approved by the Charity Trustees on 16<sup>th</sup> July 2025 and signed on their behalf by: -





**No Limits Sports Club**  
**Trustees' Annual Report and Financial Statements**  
**For the year ended 31 December 2024**

**SC026826**

**Notes to the Accounts**

**1. Basis of Accounting**

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

**2. Fund Accounting**

Unrestricted funds are those available to use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are those which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The various restricted funds of the charity are shown in Note 4.

**3. Movement of Funds**

	<b>1st January 2024 £</b>	<b>Receipts £</b>	<b>Payments £</b>	<b>31st December 2024 £</b>
<b>Unrestricted Funds</b>				
General Fund	45,435	33,524	(62,891)	16,068
	<u>45,435</u>	<u>33,524</u>	<u>(62,891)</u>	<u>16,068</u>
<b>Restricted Funds</b>				
Bendrigg Fund	7,173	14,597	(21,770)	-
Fishing Fund	-	3,500	(730)	2,770
<b>Total Restricted Funds</b>	<u>7,173</u>	<u>18,097</u>	<u>(22,500)</u>	<u>2,770</u>
<b>Total Funds</b>	<u>52,608</u>	<u>51,621</u>	<u>(85,391)</u>	<u>18,838</u>

No transfers were made between funds.

# Trustees' Annual Report and Financial Statements

## For the year ended 31 December 2024

### Notes to the Accounts continued

#### 4. Purpose of Funds

**Bendrigg Fund:** To fund a week long residential activity holiday for members and their families at the Bendrigg Trust, Kendal, Cumbria.

**Fishing Fund:** To fund fishing tutorial sessions for members in West Lothian.

#### 5. Analysis of Payments

	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Hall hire/equipment	2,775	-	2,775	4,832
Insurance	348	-	348	350
Outings/Events	3,109	-	3,109	4,223
Professional fees/licences	508	-	508	661
Sundry expenses	1,146	-	1,146	413
Bendrigg costs	45,923	21,770	67,693	25,017
Badaguish costs	8,932	-	8,932	9,221
Fishing costs	-	730	730	682
Independent Examiner's Fee	150	-	150	110
<b>Total payments</b>	<b>62,891</b>	<b>22,500</b>	<b>85,391</b>	<b>45,509</b>

#### 6. Trustee Remuneration and Related Party Transactions

During the year no trustees received remuneration either for their work as trustees or for any work undertaken on behalf of the charity (2023: £nil).

During the year three trustees received reimbursement of expenses of £2,274 (2023: £1,730).

No trustees or person related to a trustee had any personal interest in any contract or transaction entered into by the charity.