



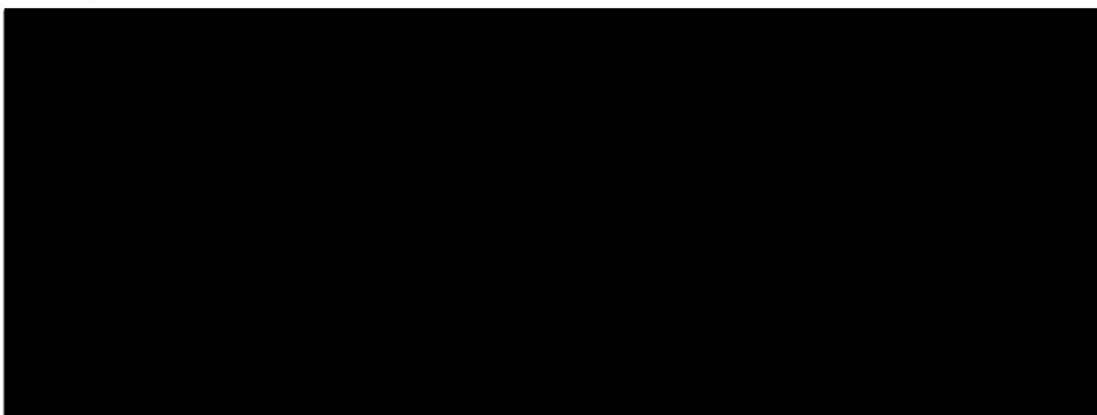
**Trustees Annual Report
and Accounts
for the year ended
31st March 2025**

Relationships Scotland – Couple Counselling Ayrshire

Trustees Annual Report and Accounts for the year ended 31st March 2025

Scottish Charitable Incorporated Organisation Number SCIO 026111

Current Trustees



Recruitment and appointment of Trustees

Under the requirements of the constitution, the charity is run by the Trustees who form the Management Committee. They are appointed for a period of 3 years, one third of who are subject to re-election at the Annual General Meeting. In practice, if everyone agrees, all the officers are reappointed subject to the Committee being notified of any retirements.

Governing document

Relationships Scotland – Couple Counselling Ayrshire is recognised by the Inland Revenue as a charity for the purposes of section 505, Income & Corporation Taxes Act 1988. The purposes and administration arrangements of the charity are set out in our constitution.

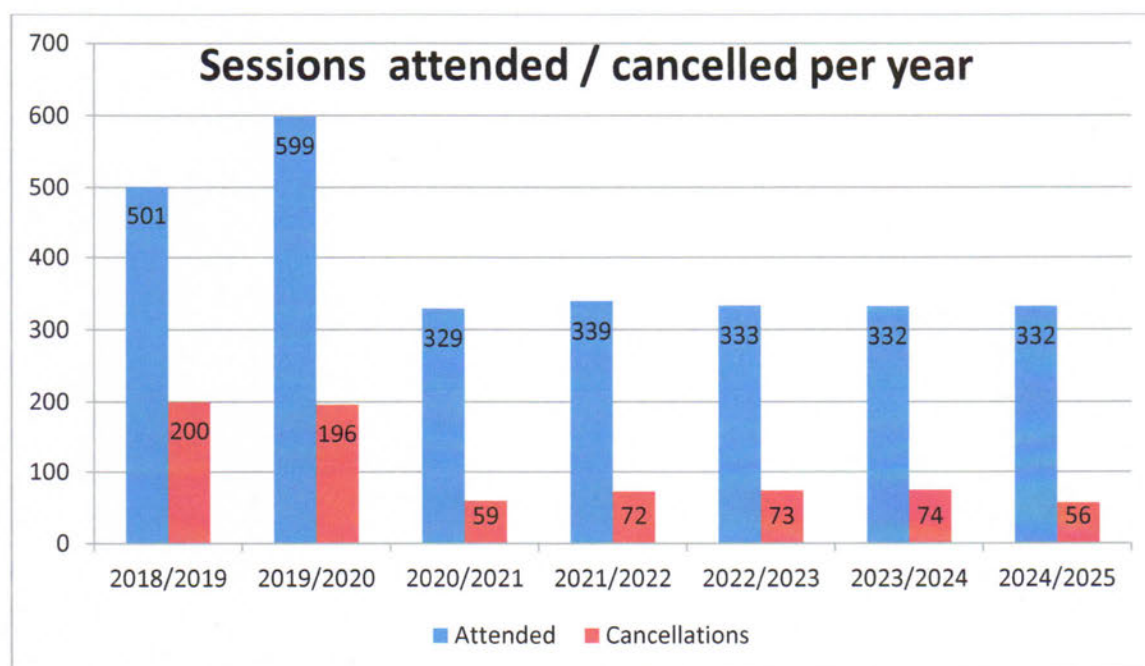
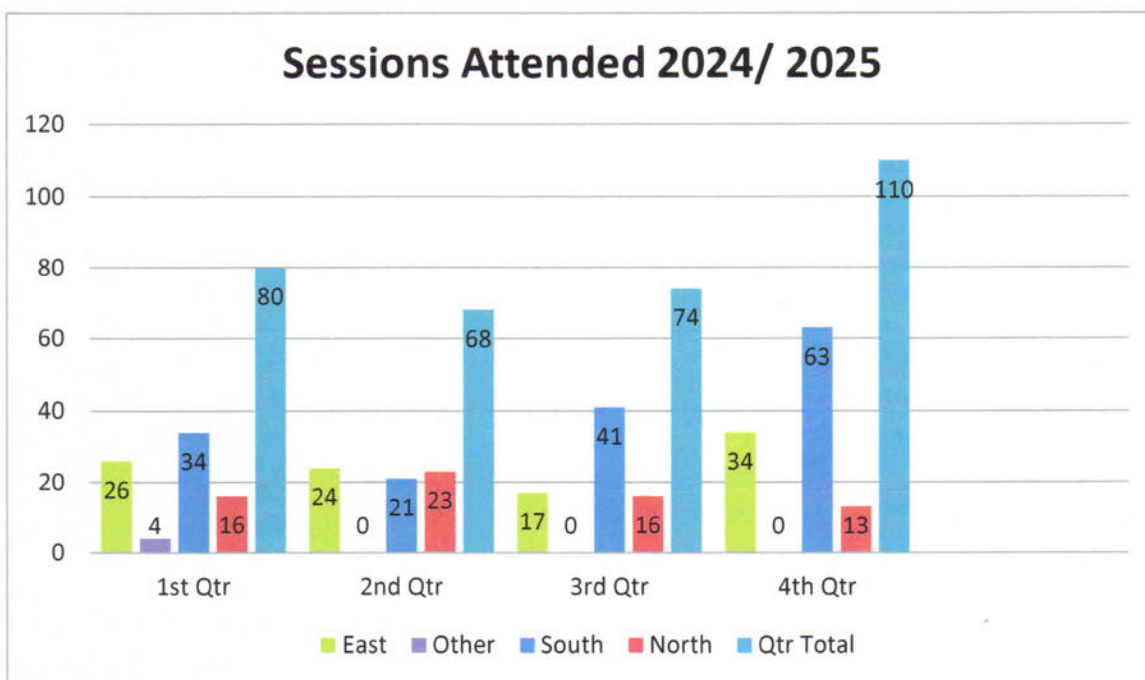
Charitable purposes

- to advance the provision of a professional relationship support counselling service.
- to promote the success and stability of marriage and other intimate personal relationships as the foundation of family life and of the well-being of society.
- to provide a professional counselling service to individuals or couples experiencing difficulties in their marriage or personal relationships.
- to relieve the anxiety and distress of those affected by relationship difficulties.

Activities and achievements

The charity has continued to operate within the parameters of its governing document by providing the people of Ayrshire with a professional confidential counselling service. Our services include relationship counselling for couples and individuals as well as Psycho-sexual therapy.

During the year a total of 332 (332) counselling sessions were delivered with a further 56 (74) appointments offered but either cancelled or not kept by clients.



We currently offer face-to-face as well as video/phone call appointments.

The service is maintained by four qualified Counsellors a part time manager and occasional volunteer receptionists.

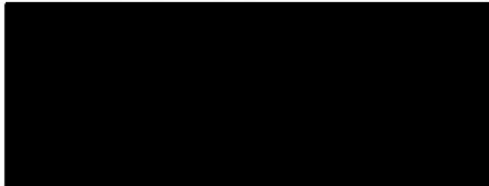
We continue to promote our services and its availability, as widely as possible, particularly with potential referrers such as GPs and other Health Professionals.

This year we have taken on a student Counsellor with the intention that they will remain with us once their counselling placement is finished.

Reserves

The charity showed a deficit for the year of £5,070. It is the trustees' policy to hold reserves of approximately three months expenditure. At the year end the charity held funds of £5,769 which represented more than three months expenditure.

The accounts have been approved by the trustees and signed on their behalf by the Chairperson.



Chairperson

4th June 2025

Independent Examiner's Report to the Trustees of Relationships Scotland - Couple Counselling Ayrshire

I report on the financial statements of the charity for the year to 31st March 2025 set out on pages five to seven.

Respective responsibilities of Trustees and Examiner

The Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity's trustees consider that the audit requirement of the Regulation 10(1) (d) of the Accounts Regulation does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

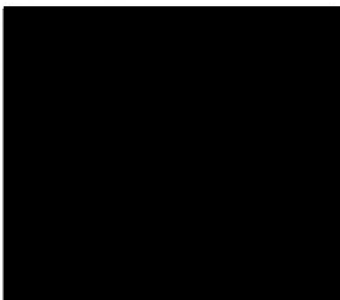
Basis of Independent Examiner's Statement

My examination is carried out in accordance with the Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements:

- (a) To keep accounting records in accordance with section 44 (1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- (b) To prepare accounts which agree with the accounting records and comply with the Regulation 9 of the Accounts Regulations have not been met, or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



13th June 2025

RELATIONSHIPS SCOTLAND- COUPLE COUNSELLING AYRSHIRE

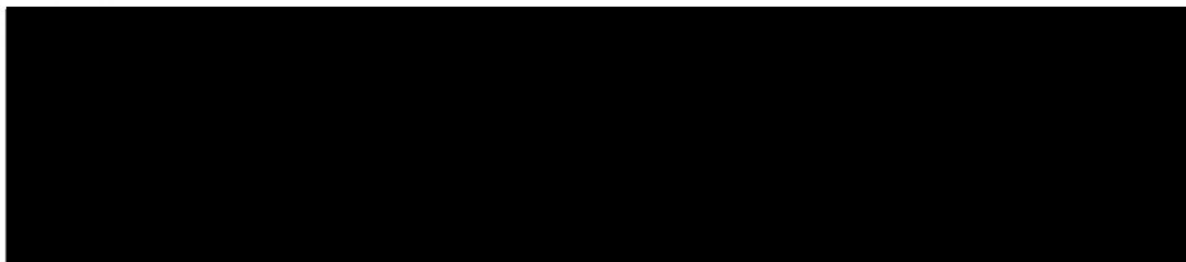
RECEIPTS & PAYMENTS for the year to 31st March 2025

	<u>2025</u>	<u>2024</u>
	£	£
RECEIPTS		
Scottish Government CYPFEIF and ALEC Fund Grant	14,747	14,747
Clients Contributions	11,951	12,336
Gift Aid	2,360	2,438
Donation	60	-
Interest	520	229
	<u>29,638</u>	<u>29,750</u>
PAYMENTS		
Managerial Services	21,944	21,395
Counsellors Services	5,198	5,725
Rent & Insurances	5,200	5,100
Supervision	620	1,066
Counsellors Expenses & CPD	240	360
Telephone	475	562
Office Supplies	31	401
Membership Fees	673	673
Miscellaneous	327	342
	<u>34,708</u>	<u>35,624</u>
(DEFICIT)/SURPLUS FOR THE YEAR	<u><u>(5,070)</u></u>	<u><u>(5,874)</u></u>

Relationships Scotland – Couple Counselling Ayrshire
Statement of Balances as at 31st March 2025

	<u>2025</u> £	<u>2024</u> £
Total Funds brought forward	10,839	16,713
(Deficit)/Surplus for the Year	<u>(5,070)</u>	<u>(5,874)</u>
Total Funds carried forward	<u>5,769</u>	<u>10,839</u>
<u>Represented by:</u>		
Santander Savings Account	2,944	1,105
Santander Current Account	2,825	(266)
United Trust 1 Year Savings Account		<u>10,000</u>
<u>Total Assets</u>	<u>5,769</u>	<u>10,839</u>

Approved by the Management Committee on the 4th June 2025
Signed on behalf of the Management Committee



Relationships Scotland – Couple Counselling Ayrshire
Notes to the Accounts for the year to 31st March 2025

1. Basis of Accounting

These accounts have been prepared on the Receipts & Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

2. Nature and purpose of funds

All funds are unrestricted and can be used in accordance with the charitable objectives at the discretion of the trustees.

3. Related Party Transactions

During the year [REDACTED] received remuneration for Counselling Services of £981.00.