

Lifelink

Scotland · Charity number SC025643

Details

Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	1996-12-31
Register	View on the OSCR register

Contact

Address	Suite 4 Melisa House 3 Brand Place Glasgow G51 1DR
Website	www.lifelink.org.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the prevention or relief of poverty', 'the advancement of education', 'the advancement of health'

What the charity does: We help young people and adults strengthen their mental health, overcome stress, and build resilience so they can reach their full potential and contribute fully to their communities. Our approach reduces stress-related health issues, and pressure on healthcare services, and supports long-term improvements in wellbeing and quality of life across local communities through the provision of counselling and wellbeing services. Services are provided within community settings, Lifelink's own venues, schools and digitally.

Beneficiaries: 'Other defined groups', 'No specific group, or for the benefit of the community'

Objectives: 4 The company's objects are: 4.1 to advance the mental and physical health of the general public, and in particular, individuals suffering from stress. 4.2 to advance education, and in particular to increase public knowledge and awareness of issues relating to health by encouraging individuals to participate in decisions relating to their health and by providing a forum for discussion of issues relating to health. 4.3 to relieve poverty. and 4.4 to promote, operate, establish and/or support other similar projects and programmes which further charitable purposes.

Geography

- **Main operating location:** Glasgow City
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£3,993,817	£3,923,319	-	104
2024-03-31	£3,265,186	£3,495,251	-	80
2023-03-31	£3,210,556	£3,120,388	-	77
2022-03-31	£2,834,039	£2,813,485	-	75
2021-03-31	£2,738,909	£2,579,578	-	66