

FORTH VALLEY DISABILITY SPORTS ASSOCIATION

TRUSTEE'S ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDING 31 DECEMBER 2025

Charity no: SC024362

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TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2025

The Trustees submit their report together with the financial statements for the year ended 31 December 2025.

Reference and Administrative Information

Charity name: Forth Valley Sports Association For People With A Disability

Commonly Known as: Forth Valley Disability Sports Association (FVDS)

Charity number: SC024362

Operational address: The Gannochy Sports Centre
University of Stirling
Stirling
FK9 4LA

Trustees

- | | |
|--------------------------------------|--------------------------------|
| 1. Forbes Maginnis | Chairperson |
| 2. Kerry Wood | Vice Chairperson |
| 3. Alistair Apedaile | Treasurer |
| 4. Alan McGuire (appointed 31/3/25) | Secretary |
| 5. Charlotte Askham | Social Media Officer |
| 6. Elizabeth Jackson | Athlete Representative |
| 7. Moira Williamson | Arion Enable Swimming Club Rep |
| 8. Margaret McKie | Milton All Stars Club Rep |
| 9. Gerry McMenemy (appointed 1/7/25) | Safeguarding Officer |

Committee Member

- | | |
|-----------------|------------------|
| 1. Heather Ross | Committee Member |
|-----------------|------------------|

Employees

- | | |
|------------------|--------------------------------|
| 1. Daniel Rooney | FVDS Branch Coordinator |
| 2. Patrick Allan | FVDS Physical Activity Officer |

SDS and Local Authority Reps

- | | |
|-------------------|----------------------------------|
| 1. Mark Stevenson | SDS Regional Development Manager |
| 2. Graham Harvey | Active Stirling |
| 3. Carly Lauder | Clackmannanshire Council |
| 4. Lisa Male | Falkirk Council |

TRUSTEES' ANNUAL REPORT *(continued)*
FOR THE YEAR ENDED 31 DECEMBER 2025**Structure, governance and management**Governing document

The charity is a Scottish unincorporated organisation and is governed by a constitution and managed by its management committee, who also serve as the trustees.

Trustee recruitment and appointment

The constitution allows for a minimum of 7 and a maximum of 15 trustees. They are elected by members at the Annual General Meeting. The trustees may co-opt additional committee members provided they meet the eligibility criteria.

Objectives and activities**A. Charitable purposes**

1. Advancement of health
2. Advancement of citizenship or community development
3. Advancement of public participation in sport
4. Provision of recreational facilities
5. Advancement of human rights
6. Promotion of religious or racial harmony
7. Promotion of equality and diversity

B. Summary of main activities in relation to those objectives

1. Provision of grant aid
2. Running of suitable disability sports events programme and offering sporting opportunities for people with physical, learning and sensory disabilities of all abilities
3. Regional sports session and management of Forth Valley teams attending national events

Chairperson's reflection on 2025 and priorities for 2026

On behalf of the Branch Leadership Team (BLT), I want to take the time to thank you for your steadfast support, encouragement and commitment to Forth Valley Disability Sport.

2025 – 2026 has been a year not without challenge, but as I wrote almost a year ago to the day, I believe all good organisations embrace change, dream big and most importantly, put people and relationships at the heart', something we have had the chance to build on this year.

We have significant staffing change, with our previous coordinator moving on to a post with Active Schools in Fife, and we wish her well.

TRUSTEES' ANNUAL REPORT *(continued)*
FOR THE YEAR ENDED 31 DECEMBER 2025

Chairperson's reflection on 2025 and priorities for 2026 *(continued)*

Daniel Rooney joined us in August of last year, starting full time during the August-October school term and we were delighted to have him on board. The recruitment process was our most thorough to date, including a selection panel of 4, a scenario room with presentation and Q&A, supported by representatives from Scottish Disability Sport SMT, alongside members of our committee and partners. Our new staff structure is as follows:

FVDS Branch Coordinator	Mr Daniel Rooney
New FVDS Physical Activity Officer	Mr Patrick Allan

Our Branch Leadership Team is now comprised of:

Chairperson (inc. HR Lead)	Mr Forbes Maginnis
Vice Chairperson (inc. HR Support)	Mrs Kerry Wood
Treasurer	Dr Alistair Apedaile (Supported by Alan McGuire)
Secretary	Mr Alan McGuire (Supported by Forbes Maginnis)
Safeguarding Officer	Mr Gerry McMenemy

In our continued drive to be an organisation who are future proofed, we have now moved all systems over to cloud-based IT – all BLT members have their own FVDS technology, with shared drives for all information. Our banking is now fully digital, and we have invested in systems for accounting and finance, and are working with an accounting partner for payroll and PAYE systems to ensure that we are both OSCR compliant and also agile to any external scrutiny.

For the second consecutive year, Forth Valley Disability Sport are now **completely free of charge** for all participants, supporters and families at point of access. This is thanks to the ambitious leadership of the BLT and the continued commitment of our wonderful staff and volunteers. We are committed to continuing this, despite financial challenges, to do the best for our participants and volunteers. We are committed to removing barriers for people with disabilities as we work to ensure we **enhance life chances** for those who we have the privilege of working alongside.

We are in year 2 of funding from the National Lottery Young Start programme – and without their support we would not be able to function as a branch with the staff team that we have. We are committed to improving funding streams, and this will be a key focus of our BLT in 2026 - 2027. Our treasurer has costed an affordable and efficient model to recruit a Finance Office (Job Title TBC) to work alongside us in 2026 and their sole focus will be on FVDS' finances.

TRUSTEES' ANNUAL REPORT (*continued*)
FOR THE YEAR ENDED 31 DECEMBER 2025

Chairperson's reflection on 2025 and priorities for 2026 (*continued*)

We have a new 3 year Branch Improvement Plan and Summary, with renewed vision, values and aims which continue to guide us. We have also, across 2025 – 2026, appointed our own staff which we now host internally as we, unfortunately, did not have the flexibility within the previous agreement with Falkirk Council to change staffing hours, structure, salary or Ts and Cs in a way that worked for the branch. We are delighted to be offering **more sessions** than we were under the previous **hosted** arrangement – so the only way is up!

We have exciting plans and an appetite for continued improvement. We must be the change we wish to see, and we must continue to have the young people and adults we are privileged to work with, at the heart of what we are aiming to achieve, at #TeamFVDS, we believe, we #INSPIRE and we look forward to continued partnership working. It is an exciting time for disability sport in Forth Valley as Clackmannanshire Council embark on an ambitious build in their 'Wellbeing Hub and Lochies School', which will not only be the largest Passivhaus structure of its kind in Scotland, but also designed with accessibility as an anchor – not an add on – not an afterthought – right at the heart of design, and FVDS are delighted to have been part of this journey. Stirling are also refreshing The Peak and we look forward to seeing the outcome, in terms of inclusion and facilities, that this revamp brings.

There will be challenges ahead – but we have a good team, and an ambition to 'be the best'. Structural change within Scottish Disability Sport mean that our BLT and Committee may have increased commitments and we may need to scale back some of our ambition, in the short term, but this will be for the greater good in the longer term.

We are also looking to forge new partnerships, potentially new formal working agreements with partners and hopefully, seek out new funders! #TeamFVDS are committed to doing the best for the organisation, and we are keen to speak to anyone who wishes to partner with us. Our non-negotiable is that partnerships **must** reflect our INSPIRE values, they **must** have relationships at the centre and they must be mutually beneficial. As Chairperson, I will be reminding any prospective partners that we are led by volunteers, our core team are volunteers, our sessions are free of charge, and we often hire in external expertise (in order to provide a high quality free of charge service), and any agreements must support this.

Looking to 2026, ~~our next~~ steps are:

- Refreshing our committee structure with reimagined roles
- Implementing a fund raising officer to support financial sustainability
- Creating a finance team ~~to~~ safeguard the branch
- To improve our communication, social media presence and partnerships.

We would love to have you on ~~board~~ – if you can help, get in touch!

TRUSTEES' ANNUAL REPORT (*continued*)
FOR THE YEAR ENDED 31 DECEMBER 2025

Financial review

During the year ended 31 December 2025, the trustees raised £45,840 (2024 £91,231) from donations, grants and other fundraising activities and expended £103,960 (2024 £50,946). This resulted in a deficit of £58,120 compared to a surplus of £40,285 in the previous year.

Reserves policy

The trustees' policy is to ensure that sufficient funding is available to cover costs and work to forecast.

The trustees' annual report was approved on 18 March 2026 and signed on their behalf by:

A handwritten signature in black ink, appearing to read 'F. Maginnis', with a large loop at the end.

Forbes Maginnis
Chair

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF FORTH VALLEY DISABILITY SPORTS ASSOCIATION**

I report on the financial statements of the charity SC024362 for the year ended 31 December 2025, which are set out on pages 8 to 11.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Regulations"). The Charity's Trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Regulations does not apply. It is my responsibility to examine the accounts as required under section (44)(1) (c) of the 2005 Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:-

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Gillian Walker

Gillian Walker
For and on behalf of Simply Books 123
Alloa Business Centre
Whins Road
Alloa
FK10 3SA

Date: 18 March 2026

**STATEMENT OF RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31 DECEMBER 2025**

	Note	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Receipts					
Donations	4	10,299	-	10,299	8,466
Grants	5	2,406	33,135	35,541	81,789
Fundraising activities	6	-	-	-	976
Total receipts		12,705	33,135	45,840	91,231
Payments					
Expenses for fundraising		-	-	-	-
Charitable activity costs	7	51,741	51,726	103,467	50,946
Grants and donations		493	-	493	-
Total payments		52,234	51,726	103,960	50,946
Excess of receipts over payments for the year		(39,529)	(18,591)	(58,120)	40,285
Total funds at 31 December 2024		88,109	41,572	129,681	89,396
Total funds at 31 December 2025		48,580	22,981	71,561	129,681


The notes to the accounts on pages 10 to 11 form part of these financial statements

STATEMENT OF BALANCES
AS AT 31 DECEMBER 2025

	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Funds reconciliation				
Opening cash at bank and in hand	88,109	41,572	129,681	89,396
Surplus/(deficit) for the period	(39,529)	(18,591)	(58,120)	40,285
Bank adjustment unrepresented cheques	-	-	-	-
Closing cash at bank and in hand	48,580	22,981	71,561	129,681
Bank and cash balances				
Bank treasurers account	48,544	22,981	71,525	89,171
Cash in hand	36	-	36	36
	48,580	22,981	71,561	89,396
Other assets (unrestricted funds)				
Bike equipment and costs	58,705			
Storage container equipment	77,376			
Office equipment	8,207			
	144,288			

Forth Valley Disability Sports Association had no outstanding liabilities at 31 December 2025 and there were no contingent liabilities.

Approved by the trustees on 18 March 2026 and signed on their behalf by:-



Forbes Maginnis
Chair

The notes to the accounts on pages 10 to 11 form part of these financial statements

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2025**

1. Basis of accounting

These accounts have been prepared on the Receipts & Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objectives of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3. Related party transactions

No remuneration was made to the trustees or to any connected persons during the year.

4. Donations

	Unrestricted funds	Restricted funds	Total 2025	Total 2024
	£	£	£	£
The Wood Foundation	2,500	-	2,500	5,000
Dolphin Club	-	-	-	500
Falkirk Round Table	6,750	-	6,750	-
Forth Ports	500	-	500	-
Legacy Donation	525	-	525	-
St Mungo's High School	-	-	-	500
Just Giving	24	-	24	961
Stirling Lottery	-	-	-	5
Mailer	-	-	-	500
Scottish Visually Impaired Skiers	-	-	-	500
Grangemouth High School	-	-	-	500
	10,299	-	10,299	8,466

NOTES TO THE ACCOUNTS *(continued)*
FOR THE YEAR ENDED 31 DECEMBER 2025

5. Grants

	Unrestricted funds	Restricted funds	Total 2025	Total 2024
	£	£	£	£
Scottish Lawn Tennis Foundation	250	-	250	300
The Society of Writers	-	-	-	3,000
Athletics Trust	-	-	-	960
Falkirk Council	2,156	-	2,156	5,543
SVE Grant	-	-	-	25,256
National Lottery Community	-	33,135	33,135	28,730
Robertson Trust	-	-	-	18,000
	2,406	33,135	35,541	81,789

6. Fundraising activities

	Unrestricted funds	Restricted funds	Total 2025	Total 2024
	£	£	£	£
Events	-	-	-	519
Fundraising	-	-	-	457
	-	-	-	976

7. Cost of charitable activities

	Unrestricted funds	Restricted funds	Total 2025	Total 2024
	£	£	£	£
Staff costs	-	51,726	51,726	26,048
Support costs	48,166	-	48,166	21,226
Travel costs	214	-	214	187
Events	3,361	-	3,361	3,485
	51,741	51,726	103,467	50,946