

**FORTH VALLEY DISABILITY SPORTS ASSOCIATION**

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**TRUSTEE'S ANNUAL REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDING 31 DECEMBER 2024**

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Charity no: SC024362

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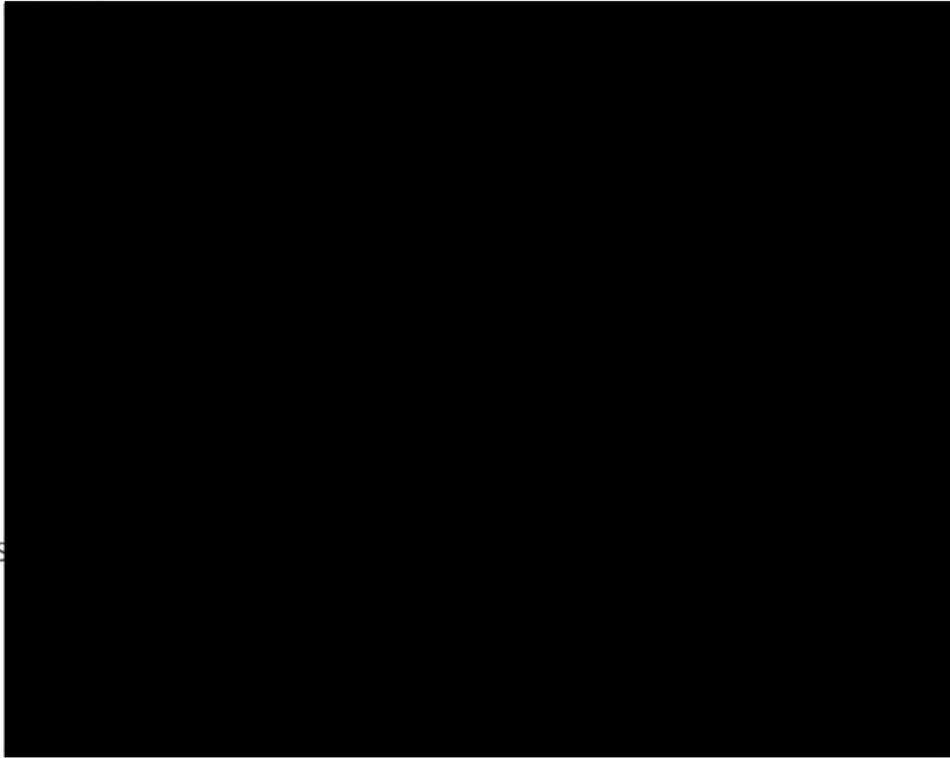
**TRUSTEES’ ANNUAL REPORT  
FOR THE YEAR ENDED 31 DECEMBER 2024**

The Trustees submit their report together with the financial statements for the year ended 31 December 2024.

**Reference and Administrative Information**

Charity name:	Forth Valley Sports Association For People With A Disability
Commonly Known as:	Forth Valley Disability Sports Association (FVDS)
Charity number:	SC024362
Operational address:	The Gannochy Sports Centre University of Stirling Stirling FK9 4LA

Trustees



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**TRUSTEES' ANNUAL REPORT (*continued*)  
FOR THE YEAR ENDED 31 DECEMBER 2024****Structure, governance and management**Governing document

The charity is a Scottish unincorporated organisation and is governed by a constitution and controlled by its management committee who are also the trustees of the charity.

Trustee recruitment and appointment

The constitution allows for a minimum of 7 trustees and a maximum of 15. They are elected by members of the charity at every annual general meeting. The trustees may co-opt other committee members as long as they qualify to be members.

**Objectives and activities****A. Charitable purposes**

1. Advancement of health
2. Advancement of citizenship or community development
3. Advancement of public participation in sport
4. Provision of recreational facilities
5. Advancement of human rights
6. Promotion of religious or racial harmony
7. Promotion of equality and diversity

**B. Summary of main activities in relation to those objectives**

1. Provision of grant aid
2. Running of suitable disability sports events programme and offering sporting opportunities for people with physical, learning and sensory disabilities of all abilities
3. Regional sports session, manage Forth Valley teams to national events

**Achievements and performance**

Forth Valley Disability Sport (FVDS) has had a hugely successful 2024 – 2025 and we are delighted that you are taking the time to read through our Accounts and Financial Statement, and we hope that you are doing so 'real-time' at our #TeamFVDS Annual General Meeting and Awards for 2024 – 2025.

I believe all good organisations embrace change, dream big and most importantly, put people and relationships at the heart, and this is true of our core staff team – which has augmented since last year.

FVDS Coordinator

New FVDS Physical Activity Officer

New SDS Regional Manager



TBC

**TRUSTEES' ANNUAL REPORT (*continued*)  
FOR THE YEAR ENDED 31 DECEMBER 2024****Achievements and performance (*continued*)**

Our Branch Leadership Team formed of Chairperson, Vice Chairperson and Treasurer remain as [REDACTED] respectively.

At the last Financial Review, AGM and Awards we reported that [REDACTED] has overhauled the systems and processes to ensure that we are more efficient and effective as an organisation. We have now moved the organisation from analogue to digital, as we now are operating in a 21<sup>st</sup> century manner, with our policies, procedures and processes digitised. This includes our operational and strategic work, as well as most recently, our digital banking processes.

At our AGM last year, I spoke of an ambition and an appetite for change – specifically around an ambition for equity and inclusion, and my unfaltering belief that participation in disability sport should not have financial barriers. We aimed for 25% of activities (Year 1), 50% of activities (Year 2) and 100% activities (Year 3) to be fully funded so there was no cost to participants. I am delighted to inform you that we achieved 100% of this goal by the end of 2024, thanks to strong funding support from partners. Specifically, as Chair, I had the privilege of working alongside the Round Table, presenting an ambitious pitch for local support – this, combined with our Coordinator working with Secondary Schools on Youth Philanthropy Initiative (YPI), we are now offering activities in Clackmannanshire, Falkirk and Stirling free of charge.

Financially, we were delighted when 6 months of hard work around an ambitious funding bid to National Lottery's Young Start fund paid off, as we were awarded £95,000 – 100% of our requested funds. This has secured our coordinator position from 2024 – 2027 and has allowed us to further enhance our organisation by appointing a Physical Activity Officer from 2024 – 2027 to deliver additionality, and critically, allow our coordinator strategic time to further develop our organisation.

We have a new 3 year Branch Improvement Plan and Summary, with renewed vision, values and aims which will guide us through the next 12 months and beyond. We have exciting plans and an appetite for continued improvement. We must be the change we wish to see, and we must continue to have the young people and adults we are privileged to work with, at the heart of what we are aiming to achieve, at #TeamFVDS, we believe, we #INSPIRE and we look forward to continued partnership working.

There will be challenges ahead – the financial climate remains challenging, there are 'issues' around the new Disclosure Processes and we, at the moment, have more ambition than we can staff ... but we will get there!

Looking to 2025, we aim to have a refreshed constitution, a refreshed committee structure and further enhance partnerships with Clackmannanshire, Falkirk and Stirling Councils, as well as our other partners. If you can support FVDS, please get in touch with any of our Branch Leadership Team.

**Financial review**

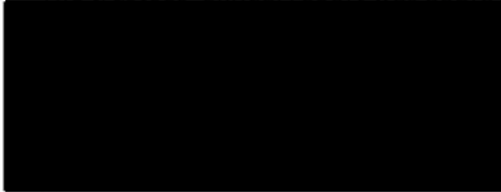
During the year ended 31 December 2024, the trustees raised £91,231 (2023 £22,714) from donations, grants and other fundraising activities and expended £50,946 (2023 £56,428). This resulted in a surplus of £40,285 compared to a deficit of £33,714 in the previous year.

**TRUSTEES' ANNUAL REPORT (*continued*)  
FOR THE YEAR ENDED 31 DECEMBER 2024**

**Reserves policy**

The trustees' policy is to ensure that sufficient funding is available to cover costs and work to forecast.

The trustees' annual report was approved on 17 March 2025 and signed on their behalf by:



Chair



## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FORTH VALLEY DISABILITY SPORTS ASSOCIATION**

I report on the financial statements of the charity SC024362 for the year ended 31 December 2024, which are set out on pages 7 to 10.

### **Respective responsibilities of trustees and examiner**

The Charity's Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Regulations"). The Charity's Trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Regulations does not apply. It is my responsibility to examine the accounts as required under section (44)(1) (c) of the 2005 Act and to state whether particular matters have come to my attention.

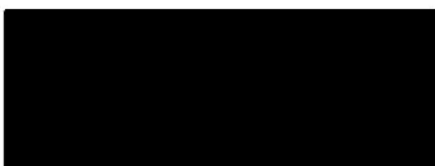
### **Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:-

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



For and on behalf of Simply Books 123  
Alloa Business Centre  
Whins Road  
Alloa  
FK10 3SA

Date: 17 March 2025

**STATEMENT OF RECEIPTS AND PAYMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2024**

	<b>Note</b>	<b>Unrestricted funds £</b>	<b>Restricted funds £</b>	<b>2024 Total £</b>	<b>2023 Total £</b>
<b>Receipts</b>					
Donations	4	8,466	-	8,466	8,757
Grants	5	35,059	46,730	81,789	10,000
Fundraising activities	6	976	-	976	3,957
<b>Total receipts</b>		<b>44,501</b>	<b>46,730</b>	<b>91,231</b>	<b>22,714</b>
<b>Payments</b>					
Expenses for fundraising		-	-	-	-
Charitable activity costs	7	25,100	25,846	50,946	56,140
Grants and donations		-	-	-	288
<b>Total payments</b>		<b>25,100</b>	<b>25,846</b>	<b>50,946</b>	<b>56,428</b>
<b>Excess of receipts over payments for the year</b>		<b>19,401</b>	<b>20,884</b>	<b>40,285</b>	<b>(33,714)</b>

The notes to the accounts on pages 9 to 10 form part of these financial statements

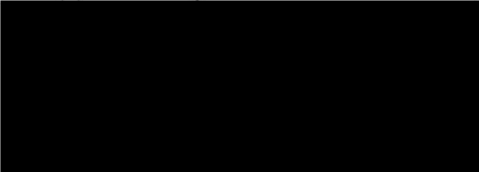


STATEMENT OF BALANCES  
AS AT 31 DECEMBER 2024

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
<b>Funds reconciliation</b>				
Opening cash at bank and in hand	68,708	20,688	89,396	123,110
Surplus/(deficit) for the period	19,401	20,884	40,285	(33,714)
Bank adjustment unrepresented cheques	-	-	-	-
<b>Closing cash at bank and in hand</b>	<b>88,109</b>	<b>41,572</b>	<b>129,681</b>	<b>89,396</b>
<b>Bank and cash balances</b>				
Bank treasurers account	88,073	41,572	129,645	89,171
Cash in hand	36	-	36	225
	<b>88,109</b>	<b>41,572</b>	<b>129,681</b>	<b>89,396</b>
<b>Other assets (unrestricted funds)</b>				
Bike equipment and costs	58,705			
Storage container equipment	67,376			
Office equipment	4,907			
	<b>130,988</b>			

Forth Valley Disability Sports Association had outstanding liabilities of £588 at 31 December 2024 which have since been paid. There were no contingent liabilities.

Approved by the trustees on 17 March 2025 and signed on their behalf by:-



Chair

The notes to the accounts on pages 9 to 10 form part of these financial statements

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2024

### 1. Basis of accounting

These accounts have been prepared on the Receipts & Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

### 2. Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objectives of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

### 3. Related party transactions

No remuneration was made to the trustees or to any connected persons during the year.

### 4. Donations

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
The Wood Foundation	5,000	-	5,000	-
Dolphin Club	500	-	500	-
Pitreavie AAC	-	-	-	494
Stirlingshire Volunteer	-	-	-	1,365
Amazon Smiles	-	-	-	30
Sheridan Keane	-	-	-	5,000
St Mungo's High School	500	-	500	-
Just Giving	961	-	961	1,868
Stirling Lottery	5	-	5	-
Mailer	500	-	500	-
Scottish Visually Impaired Skiers	500	-	500	-
Grangemouth High School	500	-	500	-
	8,466	-	8,466	8,757

**NOTES TO THE ACCOUNTS *(continued)***  
**FOR THE YEAR ENDED 31 DECEMBER 2024**

**5. Grants**

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Scottish Lawn Tennis Foundation	300	-	300	-
The Society of Writers	3,000	-	3,000	-
Athletics Trust	960	-	960	-
Foundation Scotland	-	-	-	10,000
Falkirk Council	5,543	-	5,543	-
SVE Grant	25,256	-	25,256	-
National Lottery Community	-	28,730	28,730	-
Robertson Trust	-	18,000	18,000	-
	35,059	46,730	81,789	10,000

**6. Fundraising activities**

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Events	519	-	519	3,957
Fundraising	457	-	457	-
	976	-	976	3,957

**7. Cost of charitable activities**

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Staff costs	202	25,846	26,048	26,771
Support costs	21,226	-	21,226	23,129
Travel costs	187	-	187	-
Events	3,485	-	3,485	6,240
	25,100	25,846	50,946	56,140