

B Healthy Together

Scotland · Charity number SC023736

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	1995-05-22
Register	View on the OSCR register

Contact

Address	Broomhouse Hub 79 - 89 Broomhouse Crescent Edinburgh EH11 3RH
Website	www.bhealthytogether.org.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the advancement of citizenship or community development'

What the charity does: B healthy together is a community-led health project in Southwest Edinburgh. We aim to improve health and wellbeing mainly within the communities of Broomhouse, Sighthill, and Parkhead, three of the most disadvantaged areas of Edinburgh and Scotland. By providing various social health activities, we focus on how health is affected by everyday life and is as much about the quality of a person's emotional and social situation as about their experience of disease or disability. We aim to increase confidence and skills, reduce social isolation, and empower our community to take steps that positively impact their health and wellbeing.

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: To facilitate health improvement for the communities in the West of Edinburgh which include Broomhouse, Sighthill & Parkhead, using an inclusive approach, by promoting healthy lifestyles and providing a variety of social health activities.

Geography

- **Main operating location:** City of Edinburgh
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£143,009	£120,567	-	2
2024-03-31	£132,539	£162,477	-	5
2023-03-31	£147,261	£140,747	-	5
2022-03-31	£143,292	£126,299	-	5
2021-03-31	£171,872	£142,423	-	5

Accounts



SUPPORTING OUR COMMUNITY SINCE 1993

B healthy together (SCIO)

Trustees Annual Report and Financial Statements Year ended 31 March 2025

Charity registration - SC023736

Contents

Legal and administrative information	4
Trustees annual report	5
Objectives and activities	5
Financial review	7
Structure, governance and management	7
Statement of Board of Trustees' responsibilities	8
Independent examiner's report to the Trustees of B healthy together	9
Statement of financial activities	10
Balance sheet	11
Notes to the financial statements	12

Legal and administrative information

Charity name

B healthy together

Charity registration no.

SC023736

Company registration no.

CS000028

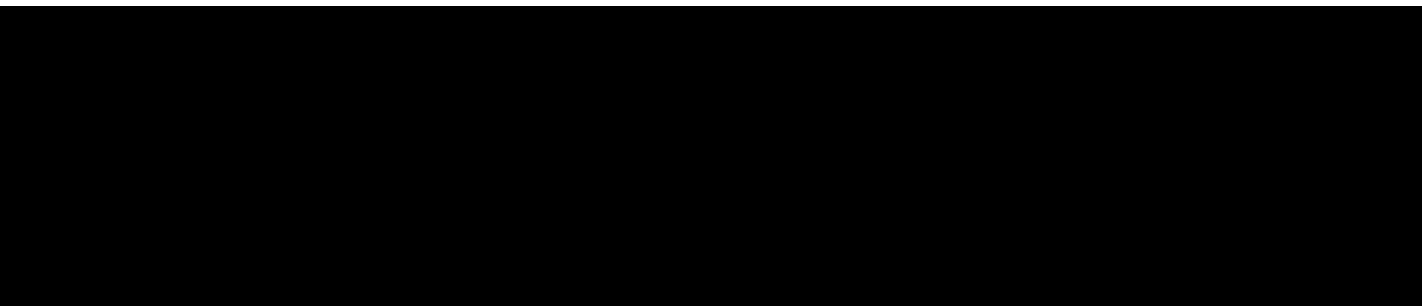
Previously known as

Broomhouse Health Strategy Group

Registered office and contact details

Broomhouse Hub
79-89 Broomhouse Crescent
Edinburgh
EH11 3RH

Trustees



Chief executive



Bank

Bank of Scotland

Independent examiners

Enaid Accountancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Trustees annual report

The Board of Trustees submit their annual report and the financial statements of B healthy together for the year ended 31 March 2025.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charities and Trustee Investment (Scotland) Act 2005, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Accounts (Scotland) Regulations 2006 (as amended).

Objectives and activities

B healthy together is a community-led health project in Southwest Edinburgh. We aim to improve health and wellbeing mainly within the communities of Broomhouse, Sighthill, and Parkhead, three of the most disadvantaged areas of Edinburgh and Scotland.

By providing various social health activities, we focus on how health is affected by everyday life and is as much about the quality of a person's emotional and social situation as about their experience of disease or disability. We aim to increase confidence and skills, reduce social isolation, and empower our community to take steps that positively impact their health and wellbeing.

Achievements and performance in the year

I want to begin this report by thanking our staff and volunteer team; without their dedication and passion, we wouldn't be able to achieve what we do each year. Further to this, I'd like to express our gratitude to our new funders, who saw value in what we do, and to the National Lottery for extending our funding and providing us with the financial stability to develop further.

This last year has been one of challenges; the funding climate for B healthy together and many other voluntary organisations has changed significantly. We have, however, met these challenges head-on and adapted our approach to ensure we are viable and able to meet the needs of our communities.

Contained within this report is a snapshot of our work over the last year. Despite significant challenges, we continue to have a positive impact within our communities and provide value for both our funders and those attending our activities. We hope you enjoy reading the report.

Our achievements last year:

Our achievements have been punctuated by unexpected funding challenges, which have resulted in a smaller staff team. We have, however, continued to be supported by a magnificent team of volunteers who helped to deliver our Friday walking group, Community meals, Create & Connect craft group and the adult and child Cooking Club.

At a glance, over the last year, we delivered the following sessions:

- Community Meals: 43
- Create & Connect: 42
- Cooking Club: 20
- Walking group: 39
- Chair exercise: 40
- Seated Yoga: 40

- Stress Relief and Relaxation: 16
- Community Workshops: 20

Further highlights: We celebrated our volunteers at our AGM last year in April, highlighting the positive impact of their time and marking their achievements. Throughout this year, we have had the support of 17 volunteers. Soon after, we celebrated 10 years of our walking group at the Botanic Gardens. Our craft group, Create & Connect, benefitted from an outing with our annual trip to Potter Around – the ladies even started a sing-song on our journey to the venue!

Going into the school summer holidays, we supported local families through our cooking club and community meals. The Cooking Club collaborated with our friends at Space @ The Broomhouse Hub to run pizza-making workshops, which were a hit for all involved. In August, we ran a community meal at St Nicholas Church for families to come together to eat and enjoy entertainment from a locally known magician, Tricky Ricky. We ended this quarter with a visit from [REDACTED] to our community meal, who delivered a workshop on pain management.

In the Autumn, we ran our popular Stress Relief and Relaxation group—this programme, run by our CEO (a qualified coach and mentor) and a local GP, benefits those who experience adverse effects of stress and anxiety. We then marked the festive season with celebrations across some of our activities, including a Christmas Community meal and festive crafts for the craft group.

Fundraising achievements: We started the year with a small budget shortfall of £7,000 for the financial year. However, fundraising secured this, enabling us to provide the activities listed in our report.

Challenges:

In October of 2024, we were notified that our statutory grant funding from the Edinburgh Health and Social Care EIJB for 2025 onwards would not be continued due to budget cuts; this affects 64 charities in Edinburgh. This cut of £54,000 to our funding amounts to over 30% of our annual budget. Along with partners, we campaigned with the support of our local counsellors, resulting in a 3-month extension on our funding until the end of June 2025 with cessation of the grant after this date.

Our CEO worked closely with our board to develop our fundraising strategy for 2025 – 2026 and made difficult but necessary decisions to stabilise the organisation beyond 2025. We reduced our staff team, and with the support of our volunteers and a slight reduction in our activities, we have ensured we will continue beyond this financial year. We were extremely grateful to the National Lottery for recognising our work within our communities and the steps we had taken to stabilise Bht; in December 2024, they agreed to fund us for an additional 3 years (this amounts to them funding us for a total of 9 years). We know they do not typically offer extensive continuation funding and are planning our fundraising strategy accordingly.

Looking Ahead:

In 2025-26, we are looking to further stabilise Bht for the years ahead, ensuring we can continue delivering support to our communities. These communities – Broomhouse, Sighthill and Parkhead – remain in Scotland's 20% most deprived areas. Furthermore, approximately half of the area is 10% most deprived, and some parts dip down to within the 5% most deprived (for the health measurement) (SIMD 2020).

We work proactively with our communities to help them build resilience and understand how to manage their own health in the face of dwindling statutory and primary care resources. Every year, around 400 people access our services and activities. These numbers have not dropped despite our staffing reductions; most are over 50 (c.77). Our communities are multi-cultural, with approximately 17% of our beneficiaries speaking English as their second language and about 12% being part of the BAME community. Social isolation and loneliness are serious issues particularly for our older community members, particularly after the pandemic lockdowns and the ongoing economic crisis. This has put them more at risk for dementia and Alzheimer's Disease (BMJ, Vol 12, Iss 2, Feb 2022). Our programmes and workshops may contribute to reducing their risk. Our beneficiaries continue to access more than one service/activity throughout the year, most of which have waiting lists.

Our programming is community-led and co-designed, and we make ongoing adjustments based on the feedback we get from our participants. Most of our activities are delivered in 8-week blocks to ensure more people can take part. Whilst our 'menu' of activities remains fairly consistent, this feedback also allows

us to 'retire' some activities when they are no longer an interest and add others to meet the needs and interests of our communities. This was the case with our Stress Relief and Relaxation activity, which was developed in response to a high volume of people presenting to the local GP with stress-related issues, which were more effectively treated proactively rather than through the NHS.

This is what we are planning for next year:

- Community Meals: 30 meals
- Create & Connect: 40 sessions
- Walking group: 40 sessions
- Chair exercise: 40 sessions
- Seated Yoga: 40 sessions
- Stress Relief and Relaxation: 16 sessions
- Community Workshops: 5

We hope we have conveyed the essence of what we achieved last year. We are very grateful to all of our funders and supporters. Please do get in touch with us if you would like any further information or greater detail on last year's activities.

Financial review

During the current financial year the charity achieved a surplus of £22,442 (2024: deficit of £29,938), increasing total reserves at year end to £75,536 (2024: £53,094), of which £29,161 (2024: £20,431) were unrestricted.

The trustees will continue to work towards increasing the unrestricted reserves towards our target of upwards of three months of operating costs; the current unrestricted reserves are sufficient to meet the organisation's legal obligations.

Statement of the charity's policy on reserves

The Trustees recognise the importance of holding sufficient reserves to protect the charity against unforeseen changes, costs or loss of funding. The Trustees have agreed it is prudent to aim to hold 3-6 months of operating costs, equivalent to between £30,000 and £60,000, within reserves to protect the charity against potential drops in funding and allow the Trustees to make any appropriate steps needed to re-organise B healthy together's activities to meet any major changes in circumstances it may face.

Following the surplus achieved in the year B healthy together now holds £75,536 in reserves of which £46,375 is restricted funds for work to be delivered in FY25/26. This leaves £29,161 of unrestricted reserves, equivalent to just under three months of operational costs. Careful budgeting of activities continues, and whilst this reserves level is below the target noted above, the Trustees remain committed to increasing reserves over the next two years.

Structure, governance and management

Governing document

As B healthy together is a SCIO, the official governing document we operate under is our constitution.

Recruitment and appointment of Trustees

The B healthy together SCIO is managed by a Board of not more than twelve persons to be elected by and from the membership at the Annual General Meeting. The Board will include the following office bearers - Chairperson, Secretary and Treasurer. Up to one third of the board may be co-opted from professionals working in the local community.

B healthy together's staff team consists of one Senior Development Worker who supports the running of all the health and wellbeing services. A number of expert sessional workers assist in the running of the services alongside the Community Development Workers. All these posts are managed by a part-time Chief Executive who is managed by, and reports to, the Board.

Statement of Board of Trustees' responsibilities

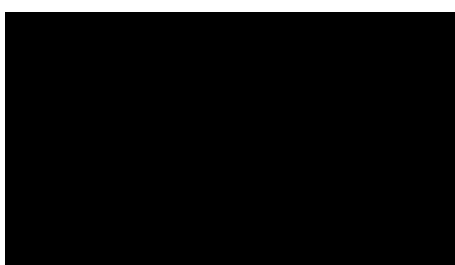
The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Law applicable to charities in Scotland requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 and the charity's aims and purposes. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of any corporate and financial information on the charity's website.

This report was approved and authorised for issue by the Board of Trustees on 21 November 2025 and signed on its behalf by:



Independent examiner's report to the Trustees of B healthy together

I report to the trustees on my examination of the accounts of B healthy together (charity number SC023736) for the year ended 31 March 2025 set out on pages 10 to 22.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the SCIO's trustees as a body. My work has been undertaken so that I might state to the SCIO's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the SCIO and the SCIO's trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's statement

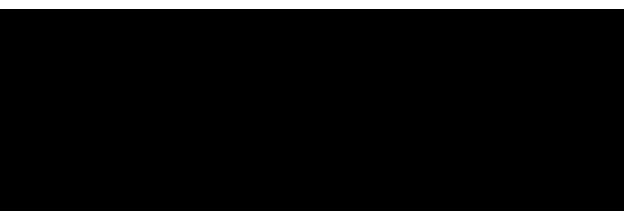
My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
- to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations

have not been met, or, to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833

DATED: 1 DECEMBER 2025

Enaid Accountancy Ltd
Units 24 & 25
Goodsheds Container Village
Hood Road
Barry
CF62 5QU

Statement of financial activities

For the year ended 31 March 2025

		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		Year ended 31-Mar-25	Year ended 31-Mar-25	Year ended 31-Mar-25	Year ended 31-Mar-24
	Notes	£	£	£	£
Income from:					
Donations and legacies	3	6,954	136,055	143,009	132,539
Total income		6,954	136,055	143,009	132,539
Expenditure on:					
Fundraising		-	10,886	10,886	13,003
Charitable activities	4	-	109,681	109,681	149,474
Total expenditure		-	120,567	120,567	162,477
Net income/(expenditure)		6,954	15,488	22,442	(29,938)
Transfer between funds	7	1,776	(1,776)	-	-
Net income/(expenditure)		8,730	13,712	22,442	(29,938)
Reconciliation of funds					
Funds brought forward	7 & 8	20,431	32,663	53,094	83,032
Funds carried forward	7 & 8	29,161	46,375	75,536	53,094

The notes on pages 12 to 22 form part of the financial statements.

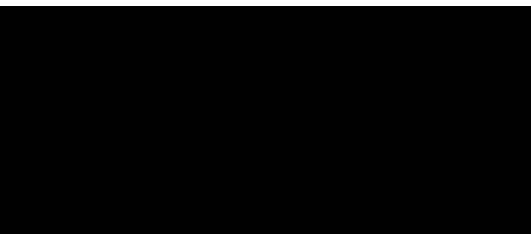
Balance sheet

As at 31 March 2025

		Total Funds		Total Funds	
		31-Mar-25		31-Mar-24	
	Notes	£	£	£	£
Current assets					
Accrued grant income		-		4,041	
Prepayments		555		-	
Cash at bank and in hand		77,402		56,534	
Total current assets		77,957		60,575	
Creditors:					
Amounts falling due within one year	6	(2,421)		(7,481)	
Net current assets			75,536		53,094
Net assets			75,536		53,094
Funds of the charity					
Restricted	7 & 8		46,375		32,663
Unrestricted					
General	7 & 8	29,161		20,431	
Total unrestricted			29,161		20,431
Total funds			75,536		53,094

The notes on pages 12 to 22 form part of the financial statements.

These financial statements were approved and authorised for issue by the Board of Trustees on 21 November 2025 and signed on their behalf by:


CHAIRPERSON

Notes to the financial statements

1. Accounting policies

Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

The effect of any event relating to the year ended 31 March 2025, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2025 and the results for the year ended on that date.

The financial statements are prepared on a going concern basis under the historical cost convention.

The functional currency of the Charity is sterling and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment and the ongoing economic environment and cost of living crisis has no material impact on this assessment.

Legal status

B healthy together is a Scottish Charitable Incorporated Organisation registered in Scotland and meets the definition of a public benefit entity as defined by FRS 102. The registered office is Broomhouse Hub, 79-89 Broomhouse Crescent, Edinburgh, EH11 3RH.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 7 of the financial statements.

Income

Income is recognised when the charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

[1. Accounting policies \(continued from previous page\)](#)

Income (continued from previous page)

Income from charitable activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities, those costs of an indirect nature necessary to support them and an allocation of governance costs.

Support costs are allocated between governance costs and other support costs. Governance costs comprise those costs involving the public accountability of the charity and its compliance with regulations and good practice. They therefore include the costs of statutory audit. Other support costs relate to the administrative costs of running the charity and are allocated to charitable activities accordingly.

Irrecoverable VAT is charged against the category of expenditure for which it is incurred.

Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised. There are no assets held over this amount.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, and are depreciated on the following basis:

Computer equipment	3 years
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Operating leases

Rentals payable under operating leases are taken to the statement of financial activities on a straight-line basis over the lease term.

Pensions

B healthy together operates a defined contribution pension scheme. Pension contributions are charged to the statement of financial activities when due and payable. These contributions are invested separately from the charity's assets.

Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

[1. Accounting policies \(continued from previous page\)](#)

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for property, plant and equipment is sensitive to changes in useful economic lives and residual values of assets. These are reassessed annually. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

2. Comparative statement of financial activities

		Unrestricted Funds Year ended 31-Mar-24 £	Restricted Funds Year ended 31-Mar-24 £	Total Funds Year ended 31-Mar-24 £
	Notes			
Income from:				
Donations and legacies	3	5,834	126,705	132,539
Total income		5,834	126,705	132,539
Expenditure on:				
Fundraising		13,003	-	13,003
Charitable activities	4	11,262	138,212	149,474
Total expenditure		24,265	138,212	162,477
Net income/(expenditure)		(18,431)	(11,507)	(29,938)
Reconciliation of funds				
Funds brought forward	7 & 8	38,862	44,170	83,032
Funds carried forward	7 & 8	20,431	32,663	53,094

3. Income from donations (incl grants)

	Unrestricted Funds Year ended 31-Mar-25 £	Restricted Funds Year ended 31-Mar-25 £	Total Funds Year ended 31-Mar-25 £
Grants			
Albert Hunt Trust	-	5,000	5,000
Bank of Scotland Foundation	-	7,340	7,340
Edinburgh Council - South West Community Grants	-	4,630	4,630
Edinburgh Health and Social Care Partnership (formally EJB)	-	52,800	52,800
Inchyre Trust	-	500	500
National Lottery Community Led Funding	-	43,551	43,551
Lintel Trust	-	800	800
Mary Andrew Charitable Trust	-	1,000	1,000
Queensberry Housing Trust	-	5,000	5,000
Scottish Government - IIC	-	14,934	14,934
Sir Iain Stewart Foundation	-	500	500
Unrestricted grants	1,000	-	1,000
Vegware	1,800	-	1,800
	2,800	136,055	138,855
Donations	4,154	-	4,154
	6,954	136,055	143,009
	Unrestricted Funds Year ended 31-Mar-24 £	Restricted Funds Year ended 31-Mar-24 £	Total Funds Year ended 31-Mar-24 £
Grants			
NHS Lothian	-	3,000	3,000
Edinburgh Health and Social Care Partnership (formally EJB)	-	58,668	58,668
EVOC - Enliven & Coorie In	-	490	490
National Lottery Community Led Funding	-	47,289	47,289
Scottish Government - IIC	-	16,758	16,758
Unrestricted grants	2,000	-	2,000
Asda Foundation	-	500	500
Vegware	1,800	-	1,800
	3,800	126,705	130,505
Donations	2,034	-	2,034
	5,834	126,705	132,539

4. Expenditure on charitable activities

	Unrestricted Funds	Restricted Funds	Total Funds
	Year ended 31-Mar-25	Year ended 31-Mar-25	Year ended 31-Mar-25
	£	£	£
Salaries	-	68,562	68,562
Other direct project costs	-	20,556	20,556
Other staff costs	-	938	938
Premises	-	10,500	10,500
Administration	-	8,165	8,165
Governance	-	960	960
	-	109,681	109,681

	Unrestricted Funds	Restricted Funds	Total Funds
	Year ended 31-Mar-24	Year ended 31-Mar-24	Year ended 31-Mar-24
	£	£	£
Salaries	-	100,602	100,602
Other direct project costs	-	26,425	26,425
Other staff costs	-	1,208	1,208
Premises	5,535	4,965	10,500
Administration	4,767	5,012	9,779
Governance	960	-	960
	11,262	138,212	149,474

Governance costs includes:

	Total Funds	Total Funds
	Year ended 31-Mar-25	Year ended 31-Mar-24
	£	£
Independent examination	960	960
	960	960

5. Staff numbers and costs

	Total Funds Year ended 31-Mar-25 £	Total Funds Year ended 31-Mar-24 £
Gross salaries	65,343	94,278
Employers NIC	131	1,981
Employers pension	3,088	4,343
	68,562	100,602

The average headcount during the period was 3 persons (2024: 5 persons).

No employee received employee benefits of more than £60,000 (2024: NIL).

The total remuneration paid to key management personnel during the year was £28,077 (2024: £27,957).

6. Creditors: amounts falling due within one year

	Total Funds 31-Mar-25 £	Total Funds 31-Mar-24 £
HMRC payable	563	-
Pensions payable	717	769
Accruals	1,141	6,712
	2,421	7,481

7. Analysis of charity funds

	Reserves brought forward Year ended 31-Mar-25 £	Income in the period Year ended 31-Mar-25 £	Expenditure in the period Year ended 31-Mar-25 £	Transfers between funds Year ended 31-Mar-25 £	Reserves carried forward Year ended 31-Mar-25 £
Restricted funds					
Albert Hunt Trust	-	5,000	(1,559)	-	3,441
Edinburgh Council - South West Community Grants	-	4,630	(4,630)	-	-
Bank of Scotland Foundation	-	7,340	(7,340)	-	-
Edinburgh Health and Social Care Partnership	-	52,800	(47,520)	-	5,280
Inchyre Trust	-	500	-	-	500
Lintel Trust	-	800	(800)	-	-
Mary Andrew Charitable Trust	-	1,000	(535)	(415)	50
Queensberry Housing Trust	-	5,000	(2,942)	(1,361)	697
National Lottery Community Fund	32,663	43,551	(40,307)	-	35,907
Scottish Government - IIC	-	14,934	(14,934)	-	-
Sir Iain Stewart Foundation	-	500	-	-	500
	32,663	136,055	(120,567)	(1,776)	46,375
Unrestricted	20,431	6,954	-	1,776	29,161
	53,094	143,009	(120,567)	-	75,536

Albert Hunt Trust

Contribution towards the cost of salaries and on-costs.

Edinburgh Council - South West Community Grants

Stress Relief and Relaxation programme.

Bank of Scotland Foundation

Stress Relief and Relaxation programme and Yoga for relaxation classes.

Edinburgh Health and Social Care Partnership (formerly listed as EIJB)

Contribution towards the cost of salaries and project costs.

Inchyre Trust

Contribution towards walking groups.

Lintel Trust

Contribution towards Create & Connect resources.

7. Analysis of charity funds (continued from previous page)

Mary Andrew Charitable Trust

Contribution towards recruitment costs and also core support, represented by the transfer to unrestricted reserves.

Queensbury Housing Trust

Contribution towards seated exercise and yoga classes, with some core support, represented by the transfer to unrestricted reserves.

National Lottery Community Fund

Contribution towards the cost of salaries and project costs.

Scottish Government IIC

Contribution towards the cost of development worker and sessional worker salaries and project costs.

Sir Iain Stewart Foundation

Contribution towards the cost of a street party.

	Reserves brought forward Year ended 31-Mar-24 £	Income in the period Year ended 31-Mar-24 £	Expenditure in the period Year ended 31-Mar-24 £	Transfers between funds Year ended 31-Mar-24 £	Reserves carried forward Year ended 31-Mar-24 £
Restricted funds					
Bank of Scotland Foundation	7,340	-	(7,340)	-	-
Space at the Broomhouse Hub - National Lottery	4,502	-	(4,502)	-	-
Space at the Broomhouse Hub - Community Grants	800	-	(800)	-	-
Edinburgh Health and Social Care Partnership	-	58,668	(58,668)	-	-
EVOC - Coorie In	-	490	(490)	-	-
NHS Lothian	-	3,000	(3,000)	-	-
Asda Foundation	-	500	(500)	-	-
National Lottery Community Fund	31,528	45,729	(44,594)	-	32,663
National Lottery Community Fund - board development	-	1,560	(1,560)	-	-
Scottish Government - IIC	-	16,758	(16,758)	-	-
	44,170	126,705	(138,212)	-	32,663
Unrestricted	38,862	5,834	(24,265)	-	20,431
	83,032	132,539	(162,477)	-	53,094

Space at the Broomhouse Hub - National Lottery

Cost of Living support funding brought forward.

7. Analysis of charity funds (continued from previous page)

Space at the Broomhouse Hub - Community Grants

A grant to support Yoga for relaxation classes.

EVOC – Enliven Grant

Provision of 2 trips with lunch to members of our community who are economically unable to access these on their own accord.

EVOC – Coorie In Grant

We would provide 10 community meals between November and February for circa 20 - 25 people at each meal. We will provide an activity at each meal to encourage people to chat with others and incentivise attendance.

NHS Lothian

Development funding for the Stress Relief and Relaxation Programme.

Asda Foundation

Contribution towards Parent and Child Cooking Club.

National Lottery Community Fund - board development

Grant to support board development work.

8. Analysis of net assets

	Unrestricted Funds	Restricted Funds	Total Funds
	Year ended 31-Mar-25	Year ended 31-Mar-25	Year ended 31-Mar-25
	£	£	£
Current assets	31,582	46,375	77,957
Current liabilities	(2,421)	-	(2,421)
	29,161	46,375	75,536

	Unrestricted Funds	Restricted Funds	Total Funds
	Year ended 31-Mar-24	Year ended 31-Mar-24	Year ended 31-Mar-24
	£	£	£
Current assets	27,912	32,663	60,575
Current liabilities	(7,481)	-	(7,481)
	20,431	32,663	53,094

9. Trustee remuneration

No members of the Board of Trustees received reimbursement of travel and subsistence expenses or remuneration in the year (2024: £Nil).

10. Related party transactions

During the year there were no transactions carried out with related parties (2024: £Nil).