

**Mid and East Lothian Drugs SCIO**  
**Financial Statements**  
**31 March 2024**

**GIBSON McKERRELL BURROWS LIMITED**

Chartered Accountants & statutory auditor  
28 Rutland Square  
Edinburgh  
EH1 2BW

# Mid and East Lothian Drugs SCIO

## Financial Statements

Year ended 31 March 2024

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# Mid and East Lothian Drugs SCIO

## Trustees' Annual Report

Year ended 31 March 2024

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The trustees present their report and the financial statements of the charity for the year ended 31 March 2024.

### Reference and administrative details

**Registered charity name** Mid and East Lothian Drugs SCIO

**Charity registration number** SC022494

**Principal office** The Esk Centre  
Ladywell Way  
Musselburgh  
EH21 6AB

**The trustees**

(Resigned 23 May 2023)  
(Appointed 17 October 2023)  
(Resigned 6 December 2023)

**Project manager**

**Company secretary**

**Auditor**

Gibson McKerrell Burrows Limited  
Chartered Accountants & Statutory Auditor  
28 Rutland Square  
Edinburgh  
EH1 2BW

**Bankers**

The Royal Bank of Scotland plc  
63 High Street  
Dalkeith  
EH22 1JA

# **Mid and East Lothian Drugs SCIO**

## **Trustees' Annual Report** *(continued)*

**Year ended 31 March 2024**

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### **Structure, governance and management**

#### **Constitution**

Mid and East Lothian Drugs SCIO (MELD) is a Scottish Charitable Incorporated Organisation (SCIO) which was registered in its current legal form on 16 March 2016. The governing document is the constitution. The charity was previously an unincorporated association and the assets of the unincorporated association were transferred to the SCIO on 1 April 2016. The unincorporated association was established by constitution in 1993 after a series of local initiatives, including two major conferences involving drug users, professionals and concerned members of the community to look at ways of combatting the increasing drug problem in Midlothian and East Lothian. The activities of MELD are controlled by a Board, which is elected and carries out its duties in accordance with the constitution of the charity.

#### **Aims**

Mid and East Lothian Drugs SCIO (MELD) was established to reduce the harm associated with substance use in Midlothian and East Lothian by providing information, counselling, support and advice within Midlothian and East Lothian and to offer a recovery based approach to all clients who refer to the service.

#### **Organisational structure**

The Board is responsible for strategic management of MELD and overseeing the implementation of their policies and plans by the Project Manager. They have delegated day to day management of the charity to the Project Manager, David Gasparini.

#### **Recruitment and appointment of Board**

In the period to 31 March 2024, the Board consisted of [REDACTED]

We are always trying to widen and expand our Committee knowledge, experience and skills base and will endeavour as always to promote MELD to future potential Board members.

#### **Trustee induction and training**

Potential Members are co-opted on to the Committee so that they can read into the project prior to formal election at the AGM. At least two half day sessions with all the staff are held annually.

#### **Key management remuneration**

The key management of the charity consists of the Project Manager, Assistant Manager, Finance Manager and Business Support Manager. Their salaries are set each year with regard to equivalent positions in similar organisations.



# **Mid and East Lothian Drugs SCIO**

## **Trustees' Annual Report** *(continued)*

**Year ended 31 March 2024**

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### **Structure, governance and management** *(continued)*

#### **Risk management**

The Board is in the process of addressing the major risks to which the charity is exposed, in particular those related to the operations and financing of the charity, and is satisfied that systems are in place to mitigate our exposure to the major risks.

The Board are committed to taking action to build up the staff reserves in the event of reduced funding or redundancies. Funding levels will dictate the service that MELD is able to provide in negotiation with funders. MELD will strive to provide the best quality of service to all clients accessing our support within our geographical remit within our budgetary control.

All MELD policies, such as Health and Safety, are reviewed on a rotational basis. The Management Team are responsible for writing, rewriting and updating all policies. The Chairman of the Board and the Project Manager countersign all policies.

#### **Objectives and activities**

1. To provide information, support and advice to individuals, families and the wider community by means of:
  - operating an up-to-date accessible resource library;
  - developing support groups as appropriate;
  - organising local seminars and information days.
2. To provide training and support to staff, volunteers and other agencies working in the field of drugs use and to the wider community by means of:
  - responding to direct requests for training;
  - taking a pro-active role by identifying training gaps.
3. To educate and support drug users by means of:
  - counselling, support and advice on a one to one basis or group work;
  - outreach work and peer education;
  - work in partnership with statutory and voluntary agencies.

# Mid and East Lothian Drugs SCIO

## Trustees' Annual Report *(continued)*

**Year ended 31 March 2024**

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### **Achievements and performance**

#### **Significant activities**

The main activity areas are:

- achieving the Scottish Government's HEAT targets;
- advice - telephone, one-to-one, correspondence;
- comprehensive assessments and care planning;
- support - telephone, one-to-one, advocacy;
- counselling skills - one-to-one;
- providing services for family members / loved ones affected by another's substance use;
- signposting and referring on to other agencies;
- education and training - groups and educational institutions;
- needle exchange - both at our base in Dalkeith and outreach with NEON (Needle Exchange Outreach Network) - this is in conjunction with the Harm Reduction Team;
- group work (SMART, Auricular Acupuncture and Mindfulness).

2023-24 was another busy year for MELD. We continue to support isolated clients with the provision of mobile phones and top up vouchers to ensure they are able to stay in touch with MELD recovery workers and other key services. During the financial year, the MELD contact service continued to receive an increase in referrals and has become the main route for individuals within Midlothian and East Lothian seeking support for drug and alcohol use. We have extended this service to offer support outwith normal working hours. Due to specific funding received from previous years, we were also able to build upon research from the previous year and successfully implemented an evening service, delivering complimentary therapies to individuals referring into service, affected by stimulant drug use.

MELD continues to work in partnership working with a range of agencies including both Midlothian and East Lothian Substance Use Services. In both cases we not only work closely together to provide rapid access to treatment services, but also sharing group work and training opportunities.

#### **Financial review**

The charity had total incoming resources for the year of £693,583 (2023 - £499,216) and total expenditure of £655,005 (2023 - £515,970), resulting in an operating surplus for the year of £38,578 (2023 - deficit £16,754).

#### **Principal funding sources**

The principal source of funding is MELDAP (Mid and East Lothian Drug and Alcohol Partnership).

#### **Reserves policy**

The MELD Board of Directors prioritised discussions around the staff contingency fund. A number of key financial factors have supported and shaped a decision making process, which has been thorough and risk averse. The Board have made a decision to reduce the reserves policy to support 45 days of running costs. The Board will continue to closely monitor income and expenditure levels to ensure any potential risks are identified and met appropriately.



# **Mid and East Lothian Drugs SCIO**

## **Trustees' Annual Report** *(continued)*

**Year ended 31 March 2024**

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### **Plans for future periods**

The Board and Project Manager continue to offer appropriate services dictated by funding levels and will adjust our activities accordingly, in line with funding resources. In addition, we will continue to:

- work in partnership with the NHS to meet the Scottish Government HEAT targets
- review our current database to ensure it best meets the needs of the service
- support volunteers to undertake MELD duties
- deliver Peer Support services
- offer services which are recovery focused
- implement services in partnership with Midlothian and East Lothian prescribing providers which adhere to the Scottish Government's MAT (Medical Assisted Treatment) Standards.

### **Trustees' responsibilities statement**

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in Scotland requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities and Trustees Investments (Scotland) Act 2005, the Charity Accounts (Scotland) Regulations 2006 (as amended), and the provisions of the charity's constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## **Mid and East Lothian Drugs SCIO**

### **Trustees' Annual Report** *(continued)*

**Year ended 31 March 2024**

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The trustees' annual report was approved on 31 January 2025 and signed on behalf of the board of trustees by:



# **Mid and East Lothian Drugs SCIO**

## **Independent Auditor's Report to the Members of Mid and East Lothian Drugs SCIO**

**Year ended 31 March 2024**

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### **Opinion**

We have audited the financial statements of Mid and East Lothian Drugs SCIO (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities, statement of financial position, statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.



# **Mid and East Lothian Drugs SCIO**

## **Independent Auditor's Report to the Members of Mid and East Lothian Drugs SCIO**

*(continued)*

**Year ended 31 March 2024**

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### **Other information**

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- the information given in the trustees' report is inconsistent in any material respect with the financial statements; or
- adequate accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; and
- we have not received all the information and explanations we require for our audit.



# **Mid and East Lothian Drugs SCIO**

## **Independent Auditor's Report to the Members of Mid and East Lothian Drugs SCIO**

*(continued)*

**Year ended 31 March 2024**

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### **Other matters**

The comparative figures in the accounts are unaudited.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- at the planning stage, we gained an understanding of the legal and regulatory framework applicable to the charity and considered the risks of acts by the charity which were contrary to the applicable laws and regulations;
- we discussed amongst the engagement team the identified laws and regulations and remained alert to any indications of non-compliance.
- during the audit, we focused on areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements through discussions with trustees and review of minutes of trustees' meetings in the year. We also considered those other laws and regulations that have a direct impact on the preparation of financial statements;
- we inquired of the trustees whether they have knowledge of any actual, suspected or alleged fraud;
- we discussed amongst the engagement team the risk of fraud such as opportunities for fraudulent manipulation of financial statements.

## **Mid and East Lothian Drugs SCIO**

### **Independent Auditor's Report to the Members of Mid and East Lothian Drugs SCIO**

*(continued)*

**Year ended 31 March 2024**

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Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation (i.e. gives a true and fair view).



## **Mid and East Lothian Drugs SCIO**

### **Independent Auditor's Report to the Members of Mid and East Lothian Drugs SCIO**

*(continued)*

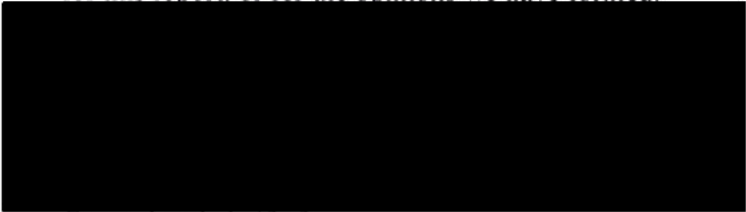
**Year ended 31 March 2024**

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We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

#### **Use of our report**

This report is made solely to the charity's members, as a body, in accordance with Regulation 10 of the Charities Accounts (Scotland) Regulations 2006 (as amended). Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.



For and on behalf of  
Gibson McKerrell Burrows Limited  
Chartered Accountants & Statutory Auditor  
28 Rutland Square  
Edinburgh  
EH1 2BW

31 January 2025

# Mid and East Lothian Drugs SCIO

## Statement of Financial Activities

Year ended 31 March 2024

			2024		2023
		Unrestricted	Restricted	Total funds	Unaudited
	Note	funds	funds		Total funds
		£	£	£	£
<b>Income and endowments</b>					
Donations and legacies	4	693,583	–	693,583	499,216
<b>Total income</b>		<u>693,583</u>	<u>–</u>	<u>693,583</u>	<u>499,216</u>
<b>Expenditure</b>					
Expenditure on charitable activities	5,6	654,555	450	655,005	515,970
<b>Total expenditure</b>		<u>654,555</u>	<u>450</u>	<u>655,005</u>	<u>515,970</u>
<b>Net income/(expenditure) and net movement in funds</b>		<u>39,028</u>	<u>(450)</u>	<u>38,578</u>	<u>(16,754)</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		155,624	484	156,108	172,862
<b>Total funds carried forward</b>		<u>194,652</u>	<u>34</u>	<u>194,686</u>	<u>156,108</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 15 to 21 form part of these financial statements.

# Mid and East Lothian Drugs SCIO

## Statement of Financial Position

31 March 2024

	Note	2024 £	£	2023 £	£
<b>Current assets</b>					
Debtors	10	7,907		31,488	
Cash at bank and in hand		<u>205,900</u>		<u>142,856</u>	
		213,807		174,344	
<b>Creditors: amounts falling due within one year</b>	11	<u>19,121</u>		<u>18,236</u>	
<b>Net current assets</b>			194,686		156,108
<b>Total assets less current liabilities</b>			194,686		156,108
<b>Net assets</b>			<u>194,686</u>		<u>156,108</u>
<b>Funds of the charity</b>					
Restricted funds			34		484
Unrestricted funds			<u>194,652</u>		<u>155,624</u>
<b>Total charity funds</b>	13		<u>194,686</u>		<u>156,108</u>

These financial statements were approved by the board of trustees and authorised for issue on 31 January 2025, and are signed on behalf of the board by:



The notes on pages 15 to 21 form part of these financial statements.

# Mid and East Lothian Drugs SCIO

## Statement of Cash Flows

Year ended 31 March 2024

	2024 £	2023 £
<b>Cash flows from operating activities</b>		
Net income/(expenditure)	38,578	(16,754)
<i>Adjustments for:</i>		
Accrued expenses/(income)	4,271	(73,359)
<i>Changes in:</i>		
Trade and other debtors	23,581	(15,216)
Trade and other creditors	(3,386)	6,830
Cash generated from operations	63,044	(98,499)
Net cash from/(used in) operating activities	63,044	(98,499)
<b>Net increase/(decrease) in cash and cash equivalents</b>	63,044	(98,499)
<b>Cash and cash equivalents at beginning of year</b>	142,856	241,355
<b>Cash and cash equivalents at end of year</b>	205,900	142,856

The notes on pages 15 to 21 form part of these financial statements.



# **Mid and East Lothian Drugs SCIO**

## **Notes to the Financial Statements**

**Year ended 31 March 2024**

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### **1. General information**

Mid and East Lothian Drugs SCIO (MELD) is a Scottish Charitable Incorporated Organisation (SCIO), which was registered in its current legal form on 15 March 2016. The charity was previously an unincorporated association which transferred its assets to the SCIO on 1 April 2016. The address of the principal office is The Esk Centre, Ladywell Way, Musselburgh, EH22 6AB.

### **2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), (Charities SORP (FRS 102)), the Companies Act 2006 and the Charities and Trustee Investment (Scotland) Act 2005 and the Charity Accounts (Scotland) Regulations 2006 (as amended). The charity constitutes a public benefit entity as defined by FRS 102.

### **3. Accounting policies**

#### **Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### **Going concern**

The trustees have reviewed the activities of MELD and are satisfied that the charity will be able to continue to operate at a reduced level if required. The level will be dependent on income but generally 45 days of running costs will be supported. Reserve levels may fluctuate each year depending on service activity and this will be reviewed annually by the Trustees. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

#### **Judgements and key sources of estimation uncertainty**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

#### **Taxation**

No provision for corporation tax is necessary as the charity does not trade. The charity suffers input VAT on some of its expenditure which it is unable to recover.

# Mid and East Lothian Drugs SCIO

## Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

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### 3. Accounting policies *(continued)*

#### **Fund accounting**

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose to further any of the charity's purposes.

Unrestricted funds include designated funds where the trustees, at their discretion, have created a fund for a specific purpose.

Further explanation of the nature and purpose of each fund is in the notes to the financial statements.

#### **Incoming resources**

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and grants are recognised when they have been communicated in writing with notification of both the amount and settlement date. In the event that a donation or grant is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Interest on funds held on deposit is included upon notification of the interest paid or payable by the Bank.

#### **Resources expended**

Expenditure is recognised as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities.

Expenditure on charitable activities includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates and comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Operating leases**

Rentals payable under operating leases are charged to the Income and Expenditure Account on a straight line basis over the period of the lease.



# Mid and East Lothian Drugs SCIO

## Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

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### 3. Accounting policies *(continued)*

#### Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

#### Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

### 4. Donations and legacies

	Unrestricted Funds £	<b>Total Funds 2024 £</b>	Unrestricted Funds £	Total Funds 2023 £
<b>Grants</b>				
Grants receivable	693,583	693,583	499,216	499,216

# Mid and East Lothian Drugs SCIO

## Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

### 5. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Direct activities	648,555	450	649,005
Support costs	6,000	–	6,000
	<u>654,555</u>	<u>450</u>	<u>655,005</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Direct activities	464,074	49,166	513,240
Support costs	2,730	–	2,730
	<u>466,804</u>	<u>49,166</u>	<u>515,970</u>

### 6. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2024 £	Total fund 2023 £
Direct activities	649,005	–	649,005	513,240
Governance costs	–	6,000	6,000	2,730
	<u>649,005</u>	<u>6,000</u>	<u>655,005</u>	<u>515,970</u>

### 7. Auditors remuneration

	2024 £	2023 Unaudited £
Fees payable for the audit of the financial statements	<u>3,000</u>	<u>–</u>

### 8. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024 £	2023 Unaudited £
Wages and salaries	511,655	403,647
Social security costs	29,258	29,081
Employer contributions to pension plans	13,393	10,652
	<u>554,306</u>	<u>443,380</u>

# Mid and East Lothian Drugs SCIO

## Notes to the Financial Statements *(continued)*

### Year ended 31 March 2024

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#### 8. Staff costs *(continued)*

The average head count of employees during the year was 28 (2023: 19). The average number of full-time equivalent employees during the year is analysed as follows:

	2024 No.	2023 No.
Project staff	23	15
Administration	4	3
Co-ordinator	1	1
	<u>28</u>	<u>19</u>

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

#### Key Management Personnel

The key management personnel of the charity comprise the Project Manager, Assistant Manager, Finance Manager and Business Support Manager. Their total employee benefits during the year were £127,219 (2023 - £130,284).

#### 9. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

#### 10. Debtors

	2024 £	2023 £
Prepayments and accrued income	<u>7,907</u>	<u>31,488</u>

#### 11. Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals and deferred income	9,934	5,663
Social security and other taxes	9,187	12,573
	<u>19,121</u>	<u>18,236</u>

#### 12. Pensions and other post retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £13,393 (2023: £10,652).

# Mid and East Lothian Drugs SCIO

## Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

### 13. Analysis of charitable funds

#### Unrestricted funds

	At 1 April 2023	Income	Expenditure	At 31 March 2024
	£	£	£	£
General fund	95,624	693,583	(654,555)	134,652
General contingency fund (designated)	60,000	—	—	60,000
	<u>155,624</u>	<u>693,583</u>	<u>(654,555)</u>	<u>194,652</u>

	At 1 April 2022	Income	Expenditure	At 31 March 2023
	£	£	£	£
General fund	63,212	499,216	(466,804)	95,624
General contingency fund (designated)	60,000	—	—	60,000
	<u>123,212</u>	<u>499,216</u>	<u>(466,804)</u>	<u>155,624</u>

The General Fund represents the unrestricted funds which the charity is free to use in accordance with its charitable objectives.

The General Contingency Fund has been designated to ensure that the charity has sufficient reserves to meet its commitments as they fall due.

#### Restricted funds

	At 1 April 2023	Income	Expenditure	At 31 March 2024
	£	£	£	£
Contact service fund	—	—	—	—
Stimulant service fund	484	—	(450)	34
	<u>484</u>	<u>—</u>	<u>(450)</u>	<u>34</u>

	At 1 April 2022	Income	Expenditure	At 31 March 2023
	£	£	£	£
Contact service fund	24,576	—	(24,576)	—
Stimulant service fund	25,074	—	(24,590)	484
	<u>49,650</u>	<u>—</u>	<u>(49,166)</u>	<u>484</u>



# Mid and East Lothian Drugs SCIO

## Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

### 13. Analysis of charitable funds *(continued)*

The Contact Service Fund is a grant provided by Corra Foundation to provide a service answering all drug and alcohol enquiries for East Lothian and Midlothian.

The Stimulant Service Fund is a grant provided by Corra Foundation to discover how to increase engagement of stimulant users and support them to remain in service until they have attained their stated recovery goals.

### 14. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Current assets	213,773	34	213,807
Creditors less than 1 year	(19,121)	—	(19,121)
<b>Net assets</b>	<u>194,652</u>	<u>34</u>	<u>194,686</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Current assets	173,860	484	174,344
Creditors less than 1 year	(18,236)	—	(18,236)
<b>Net assets</b>	<u>155,624</u>	<u>484</u>	<u>156,108</u>

### 15. Analysis of changes in net debt

	At 1 Apr 2023 £	Cash flows	At 31 Mar 2024 £
Cash at bank and in hand	<u>142,856</u>	<u>63,044</u>	<u>205,900</u>

### 16. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2024 £	2023 £
Not later than 1 year	4,680	4,369
Later than 1 year and not later than 5 years	18,720	—
Later than 5 years	4,680	—
	<u>28,080</u>	<u>4,369</u>

### 17. Related parties

No transactions with related parties took place during the current or previous year.

# **Mid and East Lothian Drugs SCIO**

## **Management Information**

**Year ended 31 March 2024**

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**The following pages do not form part of the financial statements.**

# Mid and East Lothian Drugs SCIO

## Detailed Statement of Financial Activities

Year ended 31 March 2024

	2024 £	2023 Unaudited £
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Grants receivable	693,583	499,216
<b>Total income</b>	693,583	499,216
<b>Expenditure</b>		
<b>Expenditure on charitable activities</b>		
Wages and salaries	511,655	403,647
Employer's NIC	29,258	29,081
Pension costs	13,393	10,652
Rent, rates and insurance	2,650	2,352
IT and office equipment	5,030	6,851
Advertising	735	5,377
Travel expenses	3,213	2,252
Audit and accountancy fees	6,000	2,730
Telephone	8,335	6,435
Training, seminars and hospitality	9,283	3,587
Postage and stationery	5,678	1,678
Acupuncture and mindfulness	(410)	8,229
Subscriptions	508	307
Miscellaneous expenses	1,616	719
Client expenses	12,823	11,674
Service contracts	12,539	11,555
Agency staff	32,699	8,844
	655,005	515,970
<b>Total expenditure</b>	655,005	515,970
<b>Net income/(expenditure)</b>	38,578	(16,754)

# Mid & East Lothian Drugs SCIO



Promoting Recovery from  
Drug and Alcohol Use

## **Annual Report**

### **2023—2024**

MELD is an independent charity (SCIO) registered in Scotland, Charity Number SCO22494



# ABOUT US

MELD aims to provide locally accessible, comprehensive and non-judgemental services to reduce substance use related harm to individuals, families and the wider community across East Lothian and Midlothian.

We provide:

- Confidential advice, information and a counselling-skills approach for substance users, their families and friends
- A comprehensive assessment in order to determine individual needs
- Training on substance use related issues for community groups, local workers and agencies

## MELD CONTACT SERVICE

MELD have a dedicated telephone contact service that supports all substance related enquiries across Midlothian and East Lothian. This service is offered 5 days and evenings per week with referrals being triaged to NHS, MELD and other partnership agencies.

2023-2024	Midlothian	East Lothian	Total
Contact Service Enquiries	863	1286	2149

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# MELD CORE SERVICE

MELD's Core Service provides a counselling-skills approach to support people to change their substance use. This begins with a comprehensive assessment in order to determine a person's needs and motivations, and may facilitate access to a full range of services in addition to our own, to assist a person in their recovery.

The service has strong partnerships with other agencies to deliver holistic person-centred support, to help people achieve their goals. The following tables demonstrate an overview of referrals in to the Core Service in 2023-2024:

## Referrals to Core service

	Midlothian	East Lothian	Total
Total Referrals to Service	251	329	580
Total	251	329	580

## Main Drug at Point of Referral

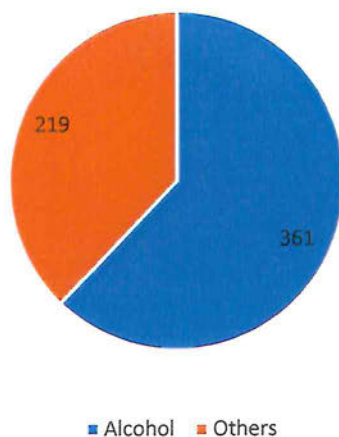
Alcohol	153	208	361
Cocaine	39	47	86
Cannabis	10	15	25
Crack Cocaine	10	12	22
Other opiates: specify type**	6	14	20
Heroin	12	5	17
Poly	8	7	15
Benzodiazepines	6	6	12
Other	3	8	11
Drug free	3	6	9
Methadone	1	1	2
Total	251	329	580

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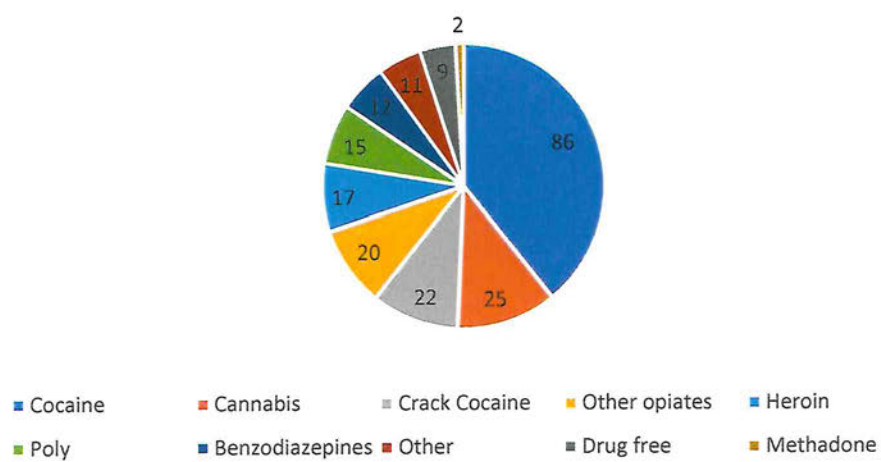




### Main Drug at Point of Referral - Alcohol/Others



### Main Drug at Point of Referral - Non-Alcohol Breakdown





## APPOINTMENTS ATTENDED

Our Core Service had a total of 3982 attended appointments.

## ADDITIONAL SERVICES

**Peer Support (East Lothian Only)** offers motivational interventions and supports people within services to attend appointments or attend groups for the first time.

Referrals to Peer Support 2023-2024	73
Total Attended Appointments	551

**Family Support (East Lothian Only)** offers support to those affected by or worried about someone else's substance use.

Referrals to Family Support 2023-2024	31
Total Attended Appointments	317





## MELD Staff List

31<sup>st</sup> March 2024

		Project Manager
		Assistant Manager
		Finance Manager
		Business Support Manager
		Peer Support Senior Worker
		Administrator
		Senior Recovery Worker
		Recovery Worker
		Recovery Worker
		Recovery Worker
		Recovery Worker
		Recovery Worker
		Recovery Worker
		Recovery Worker
		Recovery Worker
		Temp Recovery Worker
		GP Outreach Peer Support Worker
		Peer Support Worker
		Peer Support Worker
		Contact Service Worker
		Contact Service Worker
		Family Support Worker
		Harm Reduction Worker
		Horizons Recovery Café Worker
		Starfish Recovery Café Worker
		Starfish Recovery Café Worker

MELD is an independent charity (SCIO) registered in Scotland, Charity Number SCO22494



## MELD Board Members



Chair

Treasurer

Secretary





## MELD CONTACTS

Midlothian	East Lothian
Number 11 St Andrew Street Dalkeith EH22 1AL Tel: 0131 285 9600	Esk Centre Ladywell Way Musselburgh EH21 6AB Tel: 0131 446 4833

**Contact Service number is 07843 339958 for both  
Midlothian and East Lothian**

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### Online

Website: [www.meld-drugs.org.uk](http://www.meld-drugs.org.uk)

Facebook: MELDNew

Email: [office@meld-drugs.org.uk](mailto:office@meld-drugs.org.uk)

