

APPENDIX 1

OSCR

Scottish Charity Regulator

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	04	2025	To	31	03	2026

Reference and administration details

Charity name
Other names charity is known by
Registered charity number
Charity's principal address

The Friends of the Lady Home Hospital
SC021709
c/o Mary Elliot, 16 Springhill Road, Douglas, Lanarkshire
Postcode ML11 0QY

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Iain Mc Kane	Chairman		
2	Jan Drife	Secretary		
3	Mary Elliot	Treasurer		
4	Tom Blackwood	Trustee		
5	Eileen Fleming	Trustee		
6	Catherine Armstrong	Trustee		
7	Ian Tweedie	Trustee		
8	Nancy Shankley	Trustee		
9	Brian Muir	Trustee		
10	Kyle MacMillan	Trustee		
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Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
Tom Clark	

Structure, governance and management

Type of governing document

The charity is an unincorporated association. It is governed by its constitution which was last updated 25/11/25. It was agreed that all members were to become trustees of the charity (this is reflected in the updated constitution)
Management of the Charity- Day to day affairs of the charity are managed by the Chairman, secretary and treasurer, any large purchases must be agreed by all trustees. They also liaise closely with the clinical nurse manager at Lady Home Hospital

Trustee recruitment and appointment

The charity is managed by its Trustees. Membership is open to any individual and organisations interested in furthering the aims and activities of the Association.

Trustees are elected at the Annual General Meeting which is held in September each year.

Objectives and activities

Charitable purposes

The aim of the charity is to promote the welfare and provide support of patients undergoing treatment at the Lady Home Hospital

Summary of the main activities in relation to these objects

The Charity's principal activity is the provision of funds for the purchase of goods, services and equipment considered beneficial to patients, such purchases being deemed out with the budget and purchasing criteria set by the Health Trust responsible for Lady Home Hospital

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

Although times remain challenging, our accounts continue to be in a healthy position. Income remained positive at £18,921, increasing from £13,922 in 2024/25. This increase was mainly due to a generous bequest of £10,622 left to the hospital by a late patient of Lady Home. In addition, £220 was raised through local collection tins.

We were delighted to purchase high-back chairs which are more comfortable for patients when sitting in the day room. Two stroke chairs were also purchased, Stroke chairs allow patients to sit out of bed safely, even when they have weakness, poor balance, or limited mobility. Early mobilisation is linked to improved recovery, reduced complications, and better overall outcomes for patients, a very valuable asset to the local hospital. Overbed tables were also purchased, the benefit of these to patients are they can eat, read, write, or use personal items without needing assistance, helping them maintain a sense of control and dignity during their stay in hospital. Other small items were also purchased to support patient care.

The charity continues to support the services of a podiatrist, who attends the hospital on a monthly basis. This supports patients requiring help with their feet providing specialist foot-care support that is particularly important for patients with reduced mobility, long-term conditions, or complex health needs. Regular podiatry input helps prevent problems that can lead to pain, infection, or reduced independence.

This year, the charity also supported a number of activities aimed at improving patient morale. A local accordion player visited the hospital at Christmas to perform for patients and, due to the positive feedback, these visits will now take place regularly. Patients also enjoyed receiving small gifts on Christmas Day, followed by afternoon tea with Christmas cake. An Easter afternoon tea was also organised, where patients enjoyed making Easter bonnets with support from staff. There has been lots of positive feedback from Joan and her team on how these activities have helped.

Pilates has also started, offering an accessible way for both mobile and seated patients to engage and participate it is a gentle form of rehabilitation.

The charity also supports ground maintenance, and last year funds were used to plant perennials, which require less care and attention and will reduce costs. They provide a lovely show of colour for visitors to the hospital, and many compliments have been received about how well the gardens and grounds are maintained.

Financial review

Brief statement of the charity's policy on reserves

Policy reserves are maintained to ensure the organisation has sufficient funds set aside to meet future commitments, manage financial risks, and support long-term sustainability. These reserves act as a safeguard against unexpected costs or fluctuations in income, allowing essential services and patient support to continue without disruption.

The level of reserves is monitored regularly throughout the year. Monitoring is carried out by all trustees receiving quarterly account updates from the treasurer, ensuring that any significant changes are highlighted promptly and that reserves remain aligned with strategic and operational needs.

Details of any deficit

The year-end position shows a £1,470 deficit.

The largest increase in expenditure was on patient equipment, which supports and improves hospital facilities, with spending rising by £10,588. This will fluctuate each year depending on the specific needs of patients to support their wellbeing and care.

Gardening costs increased by £564, mainly due to the purchase of perennial plants, which should help reduce costs in the coming year.

Newspaper deliveries for patients increased by £672.

Bank interest income decreased by £607, contributing to the overall deficit.

Donated facilities and services (if any)

n/a

3

APPENDIX 1

Other optional information

Friends of Lady Home Hospital

Chairman's report 2026

I am pleased to report that the *Friends* have fulfilled their role of supporting the work of Lady Home Hospital again this year. Many items of equipment including high quality stroke chairs and overbed tables to assist with patient care have been purchased as well as items to enhance the patient experience within the Hospital such as a new television set for the Day Room (supplied just before the start of the World Cup!). A full list of all items purchased is, of course, included in the Treasurer's annual report.

We also continue to fund our ongoing obligations such as the regular supply of newspapers for the use of patients and the provision of a Podiatry service for both staff and patients. We also continue to cover the cost of the maintenance of the garden sections of the Hospital grounds and employ Billy Smith to this end. I am grateful to Billy for his ongoing commitment and I would again like to give a special mention to Brian Muir for his expert advice and guidance in this matter. Again, full details of all aspects of our expenditure are listed in Mary's report.

A significant development in the life of the *Friends* was the adoption of our new constitution at the end of last year. This change was prompted by some mandatory changes to OSCR's regulations, particularly regarding the role of Trustees in the oversight of each Charity's finances. It was felt that our previous constitution was no longer fit for purpose.

As a result, we have radically overhauled our system of governance, and, among other modifications, we now have changed from a combination of Trustees and committee members to a Board of Trustees. The titles may have changed but the faces have not- as our new Trustees are all former experienced committee members.

I would like to think that, as a result of this change, everyone who attends our meetings from now on feels that their contribution is of equal value to all their fellow volunteers and their opinion has an equal right to be heard and considered.

The only change in personnel this year relates to Tom Clark, our former Treasurer, who has now left us after many years of dedicated and highly competent service to the *Friends*.

The changes recommended by OSCR have resulted in some fairly major revisions in other aspects of our procedures. We are now required to meet at least four times a year in order to carry out regular scrutiny of the accounts. Since I became Chairman, I have frequently commented that I would like to increase the frequency of our meetings as we have, in my time, usually only met for our AGM in August/September and very occasionally for another meeting in the Spring. It seems that I've now had my wish fulfilled at last!

As a result we, of course, will now also have the opportunity to discuss other matters apart from finances throughout the year, which is all to the good in my opinion.

Another innovation this year is that we have set up a What's App group for all Trustees which has already proved to be of help with communication within our group and enables us to come to a consensus decision reasonably quickly. It's good to see us adopting modern technology at last!

I would like to express my thanks to Mary for all her work on our behalf throughout the year. Despite some difficult challenges-she is now truly settled in to her post! Thanks are also due to Jan for her tireless work behind the scenes and to Tom Blackwood for his support for Mary and I'm really grateful to all my fellow Trustees (as we now are!) for adjusting to the new format and to coming along to the extra meetings which have been required this last year. Hopefully next year will be a bit more straightforward!

You will note in Mary's report that we continue to receive a steady stream of donations from relatives of patients who have been treated in Lady Home which, as always, confirms the high regard in which the care provided by Joan Gold and her staff is held and it is to these dedicated staff-members that we should be truly grateful and they are the reason that we continue to have the wherewithal to carry on each year with the work of the *Friends*.

Dr Iain Kane

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) <i>OSCR will accept digital or typed signatures</i>	Iain Kane	
Full name(s)	Iain McEwan Kane	
Position (e.g. Chair)	Chairman	
Date	1/9/26	