

# Helping Hands Project

Scotland · Charity number SC021501

## Details

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Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	1993-03-31
Register	<a href="#">View on the OSCR register</a>

## Contact

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Address	41 Campbell Place Riccarton Kilmarnock KA1 4DY
Website	<a href="http://www.helpinghandskilmarnock.org.uk">www.helpinghandskilmarnock.org.uk</a>

## Activities

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**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

**What the charity does:** The provision of practical assistance in the homes of the elderly, disabled and infirm.

**Beneficiaries:** 'Older People'

**Objectives:** 4. The organisation's purposes are to enable vulnerable people, who reside in East Ayrshire, to live independently, wherever possible by:- 4.1 Co-ordinating the organisations' employees to assist older people and adults to access the low level maintenance service 4.2 Co-ordinating the organisations' employees to assist older people and adults to access the shopping service 4.3 Co-ordinating volunteers to give practical help to older people and adults 4.4 Bringing together representatives of statutory and voluntary organisations and individuals who have a personal or professional interest in the welfare of the organisation 4.5 Collating and disseminating information for, from and on behalf of the organisation. 4.6 Initiating, promoting and enabling appropriate services and resources to be established and made available as widely as possible.

## Geography

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- **Main operating location:** East Ayrshire
- **Geographical spread:** Wider, but within one local authority area

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£194,298	£184,765	-	10
2024-03-31	£181,776	£191,188	-	10
2023-03-31	£170,447	£176,016	-	8
2022-03-31	£164,728	£162,903	-	9
2021-03-31	£160,374	£157,283	-	9

**Helping Hands Project**

Scotland - Charity number SC021501

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# Accounts

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**HELPING HANDS PROJECT**  
**TRUSTEES' REPORT**  
**AND**  
**STATEMENT OF RECEIPTS AND PAYMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**  
**SCOTTISH CHARITY NO. SC021501**



# HELPING HANDS PROJECT

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# HELPING HANDS PROJECT

## TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

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The Trustees present their report and independently examined accounts for the year ended 31 March 2025.

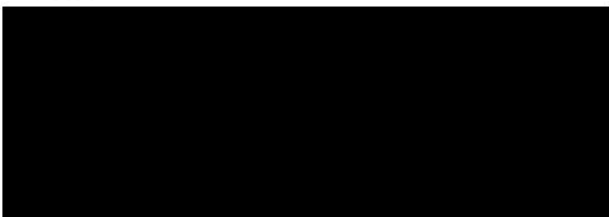
### **Legal and Administrative Information**

#### **Constitution**

A copy of the constitution, which deals with the appointment and termination of Trustees among other matters, is available from the Trustees at the registered address. The charity's legal status was changed to a SCIO on 3 February 2016.


#### **Trustees**

The SCIO is governed by a Board of independent volunteer Trustees many of whom previously served as Trustees of the unincorporated charity. The following Trustees served during the year, unless otherwise noted:



There were no transactions during the year between the organisation and a related party of any Trustee.

#### **Independent Examiner**

 of JRD LLP stands for reappointment as Independent Examiner of the accounts at the charity's forthcoming AGM.

### **Structure, Governance and Management**

#### **Recruitment and Appointment of Trustees**

Trustees can be appointed at any time during the year in accordance with the constitution.

#### **Induction and Training of Trustees**

An induction and training policy is currently under review due to potential new Trustees coming on board.

#### **Organisational Structure**

The Management Committee members, who are the Trustees of the charity, are responsible for policy decisions and ensuring that the organisation operates within its constitution. Regular meetings are held to effect policy decisions and the Trustees have a fiduciary responsibility over its assets and finances.

There were 2 operational staff, 7 employees and 1 casual worker during the year to fulfil the day-to-day responsibilities on behalf of the Trustees.

There is currently 1 volunteer worker utilised by the project (excluding Trustees).

East Ayrshire Council may be represented at Committee meetings on a supervisory capacity.

# HELPING HANDS PROJECT

## TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

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### Financial Review

#### **Reserves Policy**

The total unrestricted funds at 31 March 2025 were £43,249 (2024: £33,716). This balance includes a separate designated contingency fund of £3,000. Overall reserves represent approximately 3 months running costs which is considered by the Trustees to be appropriate. The charity now deals directly with client shopping money and this is separately identified within the funds analysis on page 4 of the accounts. The balance due from clients at 31 March 2025 was £1,680.

#### **Review of Financial Year**

The receipts and payments account at page 2 of the accounts shows a surplus of receipts over payments of £9,533 (2025 - deficit £9,412). There was a Postcode lottery grant received in the year which has been allocated as unspent unrestricted funds. An analysis of restricted and unrestricted funds is shown on page 4 of the accounts.

### Objectives and Activities

#### **Objectives**

The principal objects are the provision of practical assistance in the homes of the elderly, disabled and infirm.

#### **Aims**

Ensure the client group receive the highest quality/performance of services we provide.

#### **Objectives for the Period**

- Increase awareness of the project through group talks and advertising.
- Expansion of maintenance service. We started to cover New Cumnock Muirkirk and Dalmellington in June 2023. Work is ongoing to raise our profile in these areas.
- Ensure adequate funding is available to allow project to continue long term.
- Ensure adequate numbers of staff are on hand to cope with workload.

#### **Strategies**

Negotiate extension of contracts with Local Authorities. The Trustees are pleased to report that a new contract with East Ayrshire Council, to be back dated to 1<sup>st</sup> April 2022 for a minimum 2 year period with the possibility of a further 2 one-year extension options, was formalised. Negotiations for a continued contract will commence in the near future.

#### **Significant Activities**

- Small practical in-house cleaning, DIY.
- Wheelchair loan service.
- Shopping service.

### Achievements and Performance

1295 clients were assisted with practical tasks, approximately 120 clients assisted with loan of wheelchairs and 50 clients assisted with personal shopping on a weekly or fortnightly basis.

### Future Plans

Continue to promote the existence of the project to other prospective clients and, also ensure adequate funding is secured to allow the project to continue for a longer period of time.

We adapted our operations during the pandemic accordingly and, from a financial perspective, felt that reserves were adequate. There remains current uncertainty due to the aftermath of this and other economic issues and the trustees are mindful of the need to continue to hold sufficient reserves.

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# HELPING HANDS PROJECT

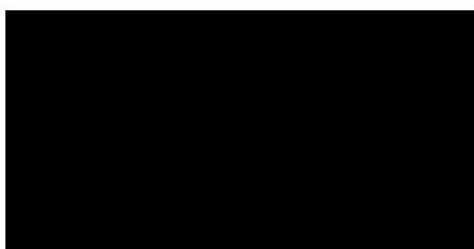
## TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

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### Trustees Responsibilities

The Trustees are responsible for keeping accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 and the provisions of the charity's constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 12 August 2025 and signed on their behalf by:



# HELPING HANDS PROJECT

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF HELPING HANDS PROJECT SCIO

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I report on the accounts of the charity for the year ended 31 March, 2025 which are set out on pages 2 to 4.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

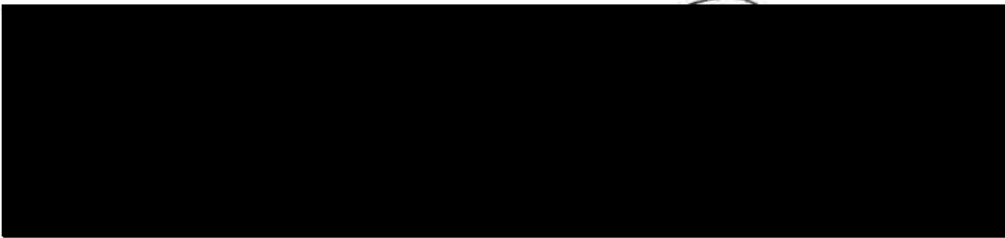
### Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

### Independent examiner's statement

In the course of my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations;have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Chartered Accountant (ICAS)

JRD LLP  
Chartered Accountants  
11 Portland Road  
Kilmarnock  
KA1 2BT

15 August 2025

## HELPING HANDS PROJECT

### RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025		2024	
		£	£	£	£
<b><u>Receipts</u></b>					
East Ayrshire Council - Contracts		71,285		69,957	
Registrations		17,340		14,040	
Shopping Charges		12,770		12,210	
Postcode Lottery Grant		19,638		-	
Donations		4,298		2,904	
Maintenance Charges		1,606		1,685	
Bank Interest		24		-	
Client Shopping Money Received	7	<u>67,337</u>		<u>80,980</u>	
			194,298		181,776
<b><u>Payments</u></b>					
Staff Costs		92,692		87,920	
Travelling		7,613		6,746	
Rent and Rates	5	5,500		5,500	
Insurance		1,112		1,047	
Light and Heat		2,632		2,156	
Telephone		1,239		1,554	
Post and Stationery		1,896		1,955	
Client Shopping Money Paid	7	68,989		82,001	
Repairs and Renewals		2,567		1,734	
Capital Expenditure		-		-	
Training		-		-	
Sundry Expenses		25		75	
Independent Examiner's Fees	4	<u>500</u>		<u>500</u>	
			<u>184,765</u>		<u>191,188</u>
<b>Excess of (Payments)/Receipts for year</b>			<b><u>9,533</u></b>		<b><u>(9,412)</u></b>
Cash & Bank Balances brought forward			33,716		43,128
Excess of Receipts/(Payments) for year			<u>9,533</u>		<u>(9,412)</u>
<b>Cash &amp; Bank Balances carried forward</b>			<b><u>43,249</u></b>		<b><u>33,716</u></b>

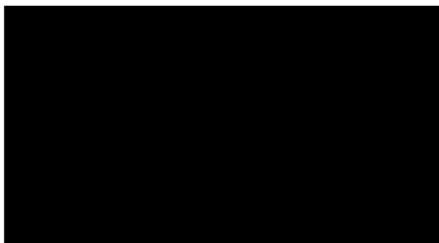
HELPING HANDS PROJECT

STATEMENT OF BALANCES  
AS AT 31 MARCH 2025

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	Notes	2024 £	2023 £
<b>Debtors</b>			
Prepaid Charges		458	458
Client Shopping Money	3	<u>1,680</u>	<u>28</u>
		<u><b>2,138</b></u>	<u><b>486</b></u>
 <b>Bank and Cash Balances</b>			
Shopping Floats		600	600
Petty Cash Account		38	38
Bank Current Account - Postcode Lottery		19,662	-
Bank Current Account		<u>22,949</u>	<u>33,078</u>
		<u><b>43,249</b></u>	<u><b>33,716</b></u>
 <b>Liabilities</b>			
Independent Examiner's fees	4	500	500
Payroll Taxes		907	720
Client Shopping Money	3	<u>-</u>	<u>-</u>
		<u><b>1,407</b></u>	<u><b>1,220</b></u>
 <b>Funds</b>			
Restricted Funds		-	-
Client Funds	7	(1,680)	(28)
Unrestricted Funds	3	<u>44,929</u>	<u>33,744</u>
		<u><b>43,249</b></u>	<u><b>33,716</b></u>

Approved on behalf of the Trustees on 12 August 2025 by:



**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2025**

**1 Basis of Accounting**

These accounts have been prepared on the Receipts & Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

**2 Nature and purpose of funds**

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

The trustees consider that all funds are unrestricted, although East Ayrshire Council Contract funds are shown separately from the charity's own reserves.

**3 Receipts & Payments per Fund**

	<b>EAC Contracts</b>	<b>Postcode Lottery</b>	<b>General Funds</b>	<b>Client Funds</b>	<b>Designated Contingency Fund</b>	<b>Total Unrestricted Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Receipts</b>						
EAC - Contract Funding	71,285	-	-	-	-	71,285
Donations	-	-	4,298	-	-	4,298
Receipts from charitable activities	-	19,662	31,716	67,337	-	118,715
	<b>71,285</b>	<b>19,662</b>	<b>36,014</b>	<b>67,337</b>	<b>-</b>	<b>194,298</b>
<b>Payments</b>						
Payments relating directly to charitable activities	112,684	-	3,092	68,989	-	184,765
Governance costs (note 4)	-	-	-	-	-	-
	<b>112,684</b>	<b>-</b>	<b>3,092</b>	<b>68,989</b>	<b>-</b>	<b>184,765</b>
<b>Net Receipts/(Payments)</b>	<b>(41,399)</b>	<b>19,662</b>	<b>32,922</b>	<b>(1,652)</b>	<b>-</b>	<b>9,533</b>
Transfer between funds	41,399	-	(41,399)	-	-	-
<b>Net Movement In Funds</b>	<b>-</b>	<b>19,662</b>	<b>(8,477)</b>	<b>(1,652)</b>	<b>-</b>	<b>9,533</b>
Total funds brought forward	-	-	30,744	(28)	3,000	33,716
<b>Fund Balances Carried Forward</b>	<b>-</b>	<b>19,662</b>	<b>22,267</b>	<b>(1,680)</b>	<b>3,000</b>	<b>43,249</b>

**4 Governance Costs**

Independent Examiner's Fee

£

**500**

**5 Lease**

The former unincorporated charity's lease expired during September 2014 and subsequently operated on a 'tacet relocation' basis (renewed annually or terminated by either party at 40 days notice). A Minute of Agreement was registered on 12 April 2017 to formally extend the original lease until 16 September 2021 but in the name of the SCIO. The charity has the option to terminate the lease on each anniversary from 16 September 2017 with 3 months prior written notice. This option has not been exercised to date.

**6 Fixed Assets**

The charity holds wheelchairs and some fixtures & equipment which are considered by the Trustees to have only a nominal value. This is not included in the Statement of Balances.

**7 Client Funds**

This balance represents amounts received but not paid out on behalf of clients at 31 March 2025. A deficit arose at the year-end date due to a timing difference with the deficit being covered by general unrestricted funds.