

Moray Mental Health

Scotland · Charity number SC020830

Details

Status	Active
Legal form	Unincorporated association
Registered	1991-09-10
Register	View on the OSCR register

Contact

Address
12
Wardend Place
Elgin
Moray
IV30 6YP

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Offer friendship and support to members by organising meetings and events

Beneficiaries: 'People with disabilities or health problems'

Objectives: i) To promote mental health issues. ii) To promote the understanding of mental illness, psychological and emotional problems and to spread knowledge of the facilities and services available within the community for those affected by such problems. iii) To seek to co-operate with the statutory authorities in carrying out their duties for the treatment, care, after-care and welfare of those so affected. iv) To promote and encourage co-operation with and amongst other voluntary bodies and organisations involved whether principally or partially with questions of mental health, and between such bodies and statutory authorities v) Where possible to provide, and to assist and support the provision of, facilities within the community for those affected in any way by mental illness, psychological and social problems, those recovering from such problems, those involved in the care and welfare of such individuals or groups. vi) To promote the understanding and improvement of the rights of persons affected by mental illness, psychological and emotional problems, to campaign and seek to influence the development of social policies and services vii) To promote the understanding of a patients right to treatment

Geography

- **Main operating location:** Moray
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2026-04-05	£0	£306	-	0
2025-04-05	£95	£1,034	-	0
2024-04-05	£239	£1,013	-	0
2023-04-05	£475	£1,567	-	0
2022-04-05	£269	£919	-	0
2021-04-05	£0	£516	-	0

Moray Mental Health

Scotland - Charity number SC020830

Accounts

MORAY MENTAL HEALTH

REPORTS AND ACCOUNTS

FOR THE YEAR ENDED

5 APRIL 2026

SCOTTISH CHARITY NUMBER SC020830

**MORAY MENTAL HEALTH
CONTENTS**

	PAGE
Legal and administrative information	3
Trustees' Report	4-5
Report of the Independent Examiner	6
Receipts and Payments Account	7
Statement of Balances	8
Notes to the Accounts	9

**MORAY MENTAL HEALTH
LEGAL AND ADMINISTRATIVE INFORMATION**

Trustees

D Anderson
J Meldrum
J Gordon

Charity number

SC020830

Principle Address

12 Wardend Place
Elgin
Moray
IV30 6YP

Banker

Bank of Scotland
PO Box 1000
BX2 1LB

Independent examiner

Alan Long FCA
The Long Partnership
4 North Guildry Street
Elgin
Moray
IV30 1JR

**MORAY MENTAL HEALTH
TRUSTEES' REPORT
FOR THE YEAR ENDED 5 APRIL 2026**

The trustees present their report and accounts for the year ended 5 April 2026.

The accounts comply with current statutory requirements.

Structure, governance and management

The charity is an unincorporated association, the purposes and administration arrangements are set out in its constitution.

The trustees who served during the year were:

D Anderson

J Meldrum

J Gordon

No trustees received remuneration or expenses other than reimbursement of minor amounts incurred on behalf of the charity during the year.

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Trustees are recruited and appointed during the year having regard to the skills available and required. Trustees recruited are subject to re-appointment at the next general meeting.

Objectives and activities

To offer friendship and support to members, to promote the understanding on mental health issues, to try and reduce the stigma associated with mental issues and to work with the authorities to seek the best levels of health service provision for those suffering from or recovering from mental illness.

Activities

We have generally provided the following services:

- . Providing a drop-in facility on Saturday mornings.
- . Organised occasional bus trips for members
- . Organising social events like Christmas parties and Burns suppers
- . Publishing a quarterly newsletter containing Information and advice.

Achievements

The group has been dormant for the last twelve months. There have been no meetings, events or outings.

Restricted funding

We did not receive any restricted funding in the year.

MORAY MENTAL HEALTH

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 5 APRIL 2026**

Financial review

The charity raised £nil during the year and spent £306, meaning that we had a deficit of £306 for the year. At 5 April 2026 the charity held unrestricted funds of £1,090.

It is the policy of the charity to maintain sufficient funds to cover basic running costs for three to six months. Additional funds are used to organise outings and activities for the charity's members.

On behalf of the board of trustees



J Meldrum

Trustee

Date: 22 April 2026

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MORAY MENTAL HEALTH

I report on the accounts of the charity for the year ended 5 April 2026 set out on pages 7 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

- a) which gives me reasonable cause to believe that in any material respect the requirements:
 - i) to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - ii) to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006have not been met, or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be



Alan Long FCA
Independent examiner
The Long Partnership
4 North Guildry Street
Elgin
Moray
IV30 1JR

Date: 22 April 2026

**MORAY MENTAL HEALTH
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 5 APRIL 2026**

	Notes	Unrestricted funds £	Restricted funds £	2026 £	2025 £
Receipts					
Public donations	1	0	0	0	95
		0	0	0	95
Payments					
<i>Payments for charitable activities</i>					
Rent		0	0	0	188
Printing, postage and stationery		0	0	0	18
Photocopying		0	0	0	40
Events and outings		0	0	0	162
Other charity expenses		20	0	20	19
		20	0	20	427
<i>Governance costs</i>					
Accountancy		286	0	286	281
Insurance		0	0	0	326
Total resources expended		286	0	286	607
Total payments		306	0	306	1,034
(Deficit)/surplus for year		(306)	0	(306)	(939)

**MORAY MENTAL HEALTH
STATEMENT OF BALANCES
AS AT 5 APRIL 2026**

	Notes	Unrestricted Funds £	Restricted Funds £	2026 £	2025 £
Bank and cash in hand					
Opening balances		1,396	-	1,396	2,335
Surplus/(deficit) for year		(306)	-	(306)	(939)
Closing balances		<u>1,090</u>	<u>-</u>	<u>1,090</u>	<u>1,396</u>
Reserves					
General fund	2	1,090	-	1,090	1,396
Closing balances		<u>1,090</u>	<u>-</u>	<u>1,090</u>	<u>1,396</u>

Approved by the Trustees on 22 April 2026 and signed on their behalf

John Meldrum

J Meldrum
Trustee

**MORAY MENTAL HEALTH
NOTES TO THE ACCOUNTS
AS AT 5 APRIL 2026**

1 Donations

	Unrestricted Funds £	Restricted Funds £	2026 £	2025 £
Donations	0	0	0	95
	<u>0</u>	<u>0</u>	<u>0</u>	<u>95</u>

2 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total £
Fund balances at 5 April 2026 are represented by:			
Current assets	1,090	0	1,090
	<u>1,090</u>	<u>0</u>	<u>1,090</u>

3 Trustee's remuneration

During the year no trustees received any remuneration for services provided (2025 - £Nil).

4 Trustee's expenses

During the year no trustees received reimbursement of expenses (2025 - £Nil).