

# Adventure Sailing Trust

Scotland · Charity number SC016576

## Details

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Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	1976-12-01
Register	<a href="#">View on the OSCR register</a>

## Contact

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Address	57 Monroe Drive Uddingston Lanarkshire G71 5RB
Website	<a href="http://www.adventuresailingtrust.org">www.adventuresailingtrust.org</a>

## Activities

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**Activities:** 'It makes grants, donations or gifts to organisations'

**Purposes:** 'the advancement of public participation in sport', 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

**What the charity does:** Adventure Sailing Trust is set up to raise funds and distribute them to group from areas of deprivation to allow the young people to participate in outdoor activities, the principal activity being watersports.

**Beneficiaries:** 'Children or young people', 'People with disabilities or health problems'

**Objectives:** The organisation's purpose(s) is to raise funds and distribute them to disadvantaged individuals through the provision of grants to allow them to participate in recreational and sporting activities which will further the following purposes: The advancement of public participation in sport. The provision of recreational facilities, or the organisation of recreational activities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended. The relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage.

## Geography

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- **Main operating location:** Argyll And Bute
- **Geographical spread:** More than one local authority area in Scotland

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£9,319	£9,483	-	0
2024-08-31	£4,500	£6,928	-	0
2023-08-31	£7,252	£4,947	-	0
2022-08-31	£3,250	£1,823	-	0
2021-08-31	£4,551	£4,303	-	0

**Adventure Sailing Trust**

Scotland - Charity number SC016576

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# Accounts

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Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	09	24	To	31	08	25

Office of the Scottish Charity Regulator

## Reference and administration details

<b>Charity name</b>	Adventure Sailing Trust
<b>Other names charity is known by</b>	
<b>Registered charity number</b>	SC 016576
<b>Charity's principal address</b>	57 Monroe Drive
	Uddingston
	Postcode. G71 5RB

## Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alaistair Glen	Chairperson		
2	Christine Allan	Secretary		
3	Ann Durnian	Treasurer		
4	Valery Harkins	Trustee		
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

## Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

## Structure, governance and management

Type of governing document

Constitution [adopted December 2017]

Trustee recruitment and appointment

OSCR Charity Trustee Information & Guidance Pack

## Objectives and activities

Charitable purposes

Our organisation, Adventure Sailing Trust, purpose is to raise funds and distribute them to disadvantaged individuals through the provision of grants to allow them to participate in recreational and sporting activities, the principal activities being water sport based, which will further the following purposes:

- The advancement of public participation in sport
- The provision of recreational facilities, or the organisation of recreational activities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended
- The relief of those in need by reason of age, ill-health, disability, financial hardships or other disadvantages.

**Summary of the main activities in relation to these objects**

Associations and any other organisations who provide services, projects or facilities in Scotland that are in keeping with the purposes detailed above may apply for funding.

The all-voluntary work of the Adventure Sailing Trust continues. It has generated the support of private trusts for children in greatest need who are living in areas of multiple deprivation. Harsh economic times, has heralded the extra support needed for voluntary groups in the encouragement of their work. The Adventure Sailing Trust, this year, has provided grants to disadvantaged groups in Glasgow, Central Scotland and the Clyde coast, thus helping groups to provide a wide range of opportunities for young people to participate in recreational and sporting activities with the principle activities raising awareness of the benefits and safety of sailing and water sports.

This support has encouraged young people to develop their mastery of skills; increase self-esteem, resilience and social cohesion; and provide a safe space and respite away from social and family pressures.

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**APPENDIX 1**

**Achievements and performance**

**Summary of the main achievements of the charity during the financial period**

This year (2024 - 2025) has seen a growth in applications and as such we had further opportunities to support groups in line with the Adventure Sailing Trust's purposes and objectives.

Monies distributed to supported groups and organisations this year have been used to financially support children from isolated and vulnerable families to experience a range of activities. Such as:

- Inverclyde based Scout groups were able to provide additional wellbeing sessions for the young people and purchase additional safety equipment for use onboard their boats. "Being out on the water is an excellent way to reduce stress and anxiety, boost morale and make everyone taking part feel good. In addition to these positive impacts on their wellbeing and mental health the Scouts gained new skills, for example boat safety and handling; understanding weather forecasts; how to navigate; respect for other water users and the provisions of the Collision Regulations; the importance of listening to each other and working as a team. These are all skills for life that are transferable to the modern world."
- Monies were used by a Glasgow based group in Parkhead, to provide the young people opportunities to experience a range of watersports at Pinkston Watersports. Activities available included whitewater activities, paddle boarding, canoeing, kayaking and swimming.
- Young people from Govan, in Glasgow, were able to participate in high-quality outdoor recreational and

Holiday Club. These opportunities directly supported children's physical activity, confidence-building and wellbeing. The provision of funding also helped to relieve the effects of financial hardship by removing barriers to participation and ensuring that all activities were free of charge.

- We were able to support a sailing club this year from Argyll & Bute with funding for essential safety equipment such as life jackets and some safety boat maintenance thus supporting the continuation of their watersports programme for the young people. We also provided funding for 15 individual memberships with 10 sessions each, thus taking away the financial barrier for these individuals.
- Guides from Lanarkshire enjoyed a weekend outdoor camping experience with a wide range of activities in a country environment.
- A group from Bridgeton were allocated funding to support 1-2 overnight residentials for the young people. These opportunities incorporated a range of outdoor activities which helped develop and introduce new skills to the participants.
- Sea Cadets from Dundee have experienced and enjoyed a range of watersports this year. Young people from all backgrounds (disadvantaged areas, additional needs, and those that are at risk of exclusion) have been catered for. Access to activities has also been provided for children who are deaf and also those with sensory problems. "Again our boating hours have exceeded previous years. Your funding assists our organisation to provide those water borne activities, and I thank your Trust once again."

This year has extended the commitment of the trustees, to develop the support and the working in partnership with groups and local authority services. This strategy will allow Trustees to identify where funding can be used most effectively to develop children's health and wellbeing by way of outdoor activities, in particular watersports.

## Financial review

### Brief statement of the charity's policy on reserves

The Adventure Sailing Trust recognises that there is a need to carry an appropriate level of reserves to provide a margin of safety in the event of temporary difficulties with funding and to enable our charity to take advantage of development opportunities if presented. The Trustees have discussed and considered that a reserve of £600 would be held for this purpose.

### Details of any deficit

This year has seen a substantial decrease in our deficit from last year. We have a deficit of £163 at the close of our accounting period.

**Donated facilities and services (if any)**

No donated facilities or services.

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## **APPENDIX 1**

### **Other optional information**

Through research and discussions, this year, the Trustees have identified the following areas of development for the year ahead: To continue the financial support of core groups and develop partnerships with new groups whose objectives are in line with those of the Adventure Sailing Trust.

## Declaration


The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

**Signature(s)**

*OSCR will accept  
digital or typed  
signatures*

**Full name(s)** Christine Allan

**Position (e.g. Chair)**   
Secretary

**Date** 7-1-26

## Adventure Sailing Trust

SC 016576



Receipts and payments accounts						
For the period from	Period start date			to	Period end date	
	01	09	2024		31	08

## Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
<b>A1 Receipts</b>						
Donations	9319				9319 -	4500
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
<b>A1 Sub total</b>	<b>9319 -</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>9319 -</b>	<b>4500 -</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A3 Payments</b>						
Expenses for fundraising activities	108				108 -	108
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	399				399 -	100
Grants and donations	8975				8975 -	6720
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
<b>A3 Sub total</b>	<b>9482 -</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>9482 -</b>	<b>6928 -</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>A4 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>9482 -</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>6928 -</b>
<b>Net receipts / (payments)</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A5 Transfers to / (from) funds</b>						
					-	
<b>Surplus / (deficit) for year</b>	<b>(163) -</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>(2428) -</b>



APPENDIX 3



**Independent examiner's report on the accounts** v2

**Report to the trustees/members of**  
**Registered charity number**  
**On the accounts of the charity for the period**  
**Set out on pages**

Charity name							Adventure Sailing Trust						
SC 016576													
Period start date			to	Period end date									
Day	Month	Year		Day	Month	Year							
01	09	2024		31	08	2025	(remember to include the page numbers of additional sheets)						

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page\*]

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed\*\*:**

MC Carmichael Date: 6/1/26

**Name:**

MARCOLM GEORGE CARMICHAEL

**Relevant professional qualification(s) or body (if any):**

FELLOW OF THE CHARTERED INSTITUTE OF BANKERS

**Address:**

14 LESLAND, UDDINGSTON  
GLASGOW G71 6TW

\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

\*\*OSCR will accept digital or typed signatures

## APPENDIX 3

### Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of  
any items that the  
examiner wishes to  
disclose**

**Adventure Sailing Trust**

Scotland - Charity number SC016576

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# Accounts

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Trustees' Annual Report  
1st September 2023 - 31st August 2024

Scottish Charity Number: SC016576

Address:

Email address:

Website: [www.adventuresailingtrust.org](http://www.adventuresailingtrust.org)



Our committee comprises of 4 Board members who offer their voluntary support in our charitable work supporting children in areas of multiple deprivation.

## **Objectives and activities**

Our all voluntary organisation, Adventure Sailing Trust, purpose is to raise funds and distribute them to disadvantaged individuals through the provision of grants to allow them to participate in recreational and sporting activities, the principal activities being water sport based, which will further the following purposes:

- The advancement of public participation in sport.
- The provision of recreational facilities, or the organisation of recreational activities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended.
- The relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage.

Associations and any other organisations who provide services, projects or facilities in Scotland that are in keeping with the purposes detailed above may apply for funding.

## **Structure, governance and management**

Type of governing document: Constitution (adopted December 2017)

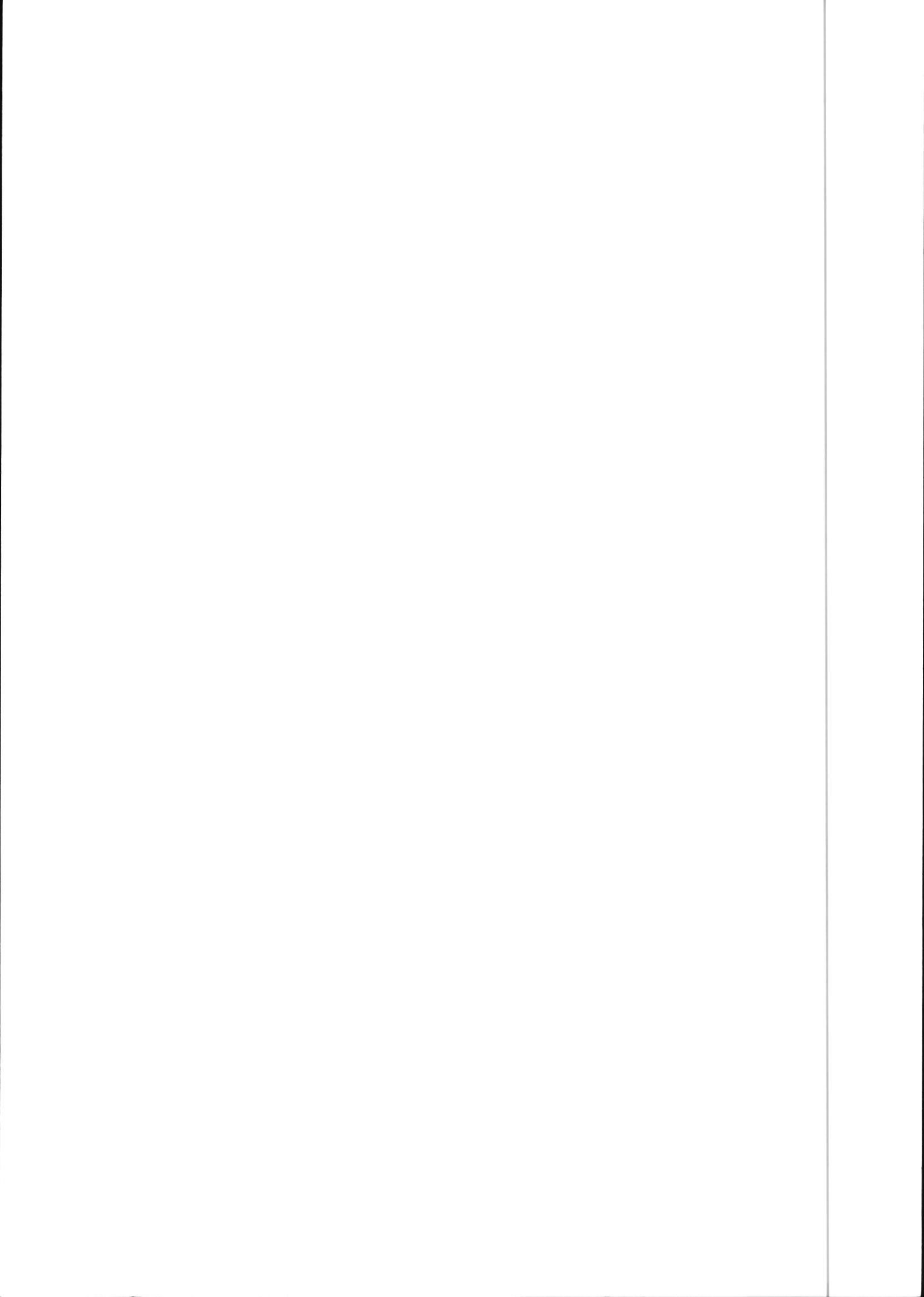
Trustee recruitment and appointment: as per Constitution

## Achievements and performance

This year, 2023 - 2024, members of the Adventure Sailing Trust board have been proactive by reaching out to new groups and our core supported groups in areas of multiple deprivation in the Central Belt of Scotland, namely Glasgow, Dundee, Greenock, and Lanarkshire areas.

Monies distributed to supported groups and organisations this year have been used to financially support children from isolated and vulnerable families to experience a range of activities and experiences, including water based sports. This year we have provided financial support towards:

- A Youth Project Programme in Glasgow, who work together to deliver a Life Skills programme to young people who are in kinship care. The young people are made up of 2 groups, 8-11 years and 12-16 years. A wide range of activities are provided to develop social, emotional, physical, creativity, self awareness and personal safety activities. Some of the outdoor activities included archery and canoeing during their annual residential stay. This well balanced programme helps the young people become more confident, responsible and successful individuals.
- Young people have had the opportunity to experience a wide range of outdoor activities including wild swimming while taking part in a weekend camp within the Clyde Valley area.
- Water activities at Strathclyde Park Watersports Centre were enjoyed by a group of youth who finished their day with a barbeque.
- Tubing at Bellahouston Ski Centre. This experience was thoroughly enjoyed during an evening visit.
- A range of games and sporting activities has been provided by a group to offer respite to their young disadvantaged children who are experiencing crisis family situations.
- A Water Sports Centre, based in Glasgow, gave young people new experiences - kayaking, canoeing and raft building. This experience also gave the young people knowledge of a fun outdoor facility within a short bus ride away from their home.
- Children enjoyed a visit to Air Thrill in East Kilbride where friendships were strengthened and trusting relationships could be built on. A fabulous



experience for the young people where they could bounce their worries away for a short time.

The Adventure Sailing Trust, this year has received more applications for funding and we have been able to offer grants to groups and organisations throughout many areas of deprivation in central Scotland to support children in outdoor activities and watersports.

Although our funding has fallen this year, due to the ongoing difficult economic climate, we have distributed funding, which had not previously been allocated post pandemic due to the lack of applications at that time.

Further information about the Adventure Sailing Trust and our application form can be downloaded at

[www.adventuresailingtrust.org](http://www.adventuresailingtrust.org)

## Financial review

The Adventure Sailing Trust recognises that there is a need to carry an appropriate level of reserves to provide a margin of safety in the event of temporary difficulties with funding and to enable our charity to take advantage of development opportunities if presented. The Trustees have discussed and considered that a reserve of £600 would be held for this purpose.

	2024	2023
<b>INCOME</b>	£	£
Grant Making Trusts	4500	7250
<b>EXPENDITURE</b>		
Donations	6720	3409
Expenses for fundraising activities	100	508
Payments relating directly to charitable activities	108	1030
Governance Costs	0	0
<b>OVERALL INCOME</b>	4500	7250
<b>OVERALL EXPENDITURE</b>	6928	4947
<b>SURPLUS / DEFICIT</b>	-2428	+2303

This year has seen a reduction in our expenses due to moving from our shorebase office to a residential based office.

## **Future Plans**

Through experience and discussions this year, the Trustees have identified the following areas to explore for the year ahead.

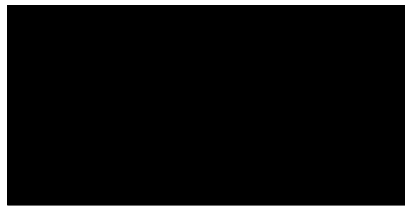
- To continue contact with existing groups to discuss their plans and programmes for the year ahead. Thus identifying how best to support them in line with the purposes and objectives of the Trust.
- To explore further sources of funding to continue supporting the young people from areas of multiple deprivation in line with our Aims and Objectives,
- To work in partnership with local authority service providers to identify the areas / local groups which would benefit from financial support.
- Having taken advice and explored the option of developing the shore-based land, further discussions with Trustees and contractors will take place throughout this coming year.

## **Declaration:**

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity trustees:

Signature:



Print name:

Designation: Secretary

Date: 19th January 2025

Receipts and payments accounts							
For the period from				to			
	01	September	2023		31	August	2024

### Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
<b>A1 Receipts</b>						
Donations	4500				4500 -	7252
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>A1 Sub total</b>	4500 -	-	-	-	4500 -	7252 -
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	-	-	-	-	-	-
<b>Total receipts</b>	4500 -	-	-	-	4500 -	7252 -
<b>A3 Payments</b>						
Expenses for fundraising activities	108				108 -	508
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	100				100 -	1030
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Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
<b>A3 Sub total</b>	6928 -	-	-	-	6928 -	4947 -
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>A4 Sub total</b>	-	-	-	-	-	-
<b>Total payments</b>	6928 -	-	-	-	6928 -	4947 -
<b>Net receipts / (payments)</b>	-	-	-	-	-	-
<b>A5 Transfers to / (from) funds</b>						
<b>Surplus / (deficit) for year</b>	(2428) -	-	-	-	(2428) -	2305 -



APPENDIX 3



Independent examiner's report on the accounts

v2

Report to the trustees/members of

Charity name

Adventure Sailing Trust

Registered charity number

SC 016576

On the accounts of the charity for the period

Period start date

Period end date

Day Month Year 01 09 2023 to

Day Month Year 31 08 2024

Set out on pages

(remember to include the page numbers of additional sheets)

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- 2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Signed\*\*:

Name:

[Redacted signature]

17/2/25

Relevant professional qualification(s) or body (if any):

FELLOW OF THE CHARTERED INSTITUTE OF BANKERS

Address:

[Redacted address]

\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

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**APPENDIX 3**

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