

Action In Mind

Scotland · Charity number SC016267

Details

Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	1987-01-16
Register	View on the OSCR register

Contact

Address	19 Dean Crescent Riverside Stirling FK8 1UR
Website	www.actioninmind.org.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health'

What the charity does: Action in Mind is a Mental Health Charity and deliver person centered support to individuals experiencing mental health difficulties. Action in Mind provides the following services Adult Befriending Counselling Hub- Peer Support Groups Home Support Rural Outreach

Beneficiaries: 'Children or young people', 'Older People', 'People with disabilities or health problems'

Objectives: The object of the company is to promote the health and wellbeing of people who are experiencing and/or recovering from mental ill-health, and to reduce stigma and discrimination of mental health.

Geography

- **Main operating location:** Stirling
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£490,646	£503,875	-	22
2024-03-31	£478,717	£558,133	-	23
2023-03-31	£488,371	£503,713	-	24
2022-03-31	£414,146	£422,840	-	22
2021-03-31	£428,414	£401,468	-	22