

APPENDIX 1



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	06	2024	To	31	05	2025

Reference and administration details

Charity name

Other names charity is known by

Registered charity number

Charity's principal address

YMCA Aberdeen

Aberdeen YMCA

SC013487

Postcode

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<div></div>	Vice Chair		
2	<div></div>			
3	<div></div>	Honorary President		
4	<div></div>			
5	<div></div>			
6	<div></div>			
7	<div></div>	Honorary Treasurer		
8	<div></div>	Chair		

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
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Structure, governance and management

Type of governing document Unincorporated Association governed by constitution.

Trustee recruitment and appointment The Board of Trustees shall consist of:

- Four office bearers appointed by the Board of Trustees from its number that will consist of a Honorary President, a Chairman, a Vice-Chairman and a Honorary Treasurer. Office-bearers, with the exception of the Honorary President, shall be appointed at the first meeting of the Board of Trustees following the AGM;
- Eight additional Trustees of the Association who shall serve for three years, four retiring annually, but being eligible for re-election;
- The Board of Trustees shall have the power to co-opt not more than two full members, who have a special contribution to make to the work of the Association, to act as Trustees on the Board of Trustees until the next AGM and shall have the power to fill any vacancies occurring during the year, with such appointments to be held for the unexpired period of the vacant office.

Objectives and activities

Charitable purposes

1. The advancement of Christian religion within the Christian ethos of the YMCA, welcoming persons of other religious faiths and those of none;
2. The advancement of education;
3. The advancement of citizenship or community development;
4. The advancement of health;
5. The advancement of public participation in sport;
6. The relief of those in need by reason of age, ill health, disability, financial hardship or other disadvantage;
7. The prevention or relief of poverty.

Summary of the main activities in relation to these objects

- Delivery of high quality children's clubs for primary aged children daily;
- Delivery of innovative holiday club programmes for children and young people during school holiday periods;
- Delivery of innovative youth work programmes to mentor young people;
- Delivery of innovative detached street sport programmes for children and young people;
- Delivery of a high quality hillwalking and outdoor education programme for people of all ages;
- Building the YMCA brand and investing in youth leadership by empowering young people;
- Training and supporting our volunteers, employees and trustees;
- Developing an internationally recognised international exchange programme for YMCA members, volunteers, employees and trustees with YMCAs in Germany;
- Contributing to the governance and delivery of the strategic plans of YMCA Scotland, YMCA Europe and the World Alliance of YMCAs.

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

Dear YMCA family: children, youth, members, families, friends, donors, supporters, staff and trustees,

Welcome to our 167th Annual Report! In 2025, YMCA Aberdeen has continued its enduring commitment to empower young people and invest in lives across our city. For 167 years, we have remained steadfast to our Christian mission, supporting individuals in their journey of personal growth in body, mind and spirit. Across the year, our youth work has provided safe spaces, trusted relationships, and practical support, helping children and young people develop confidence, resilience and skills to thrive in an ever-changing world. Our work remains rooted in the four pillars of the YMCA's #Vision2030: Community Wellbeing, Meaningful Work, Sustainable Planet and Just World. Amongst many of our charitable achievements in 2025 include:

1. COMMUNITY WELLBEING

- **Y-Kids Club:** Y-Kids continued as a busy, nurturing club running daily for primary-aged children. Our attendees reflect a variety of countries and cultures, and we work hard to ensure an inclusive environment where every child is welcomed, respected and supported. Children participated in a wide range of activities including arts and crafts, music, sports, games, short talks and football. Being part of the worldwide YMCA family matters deeply to our children, and the consistent nurture they receive in Aberdeen YMCA fosters a strong sense of belonging. We remain grateful to our donors who enable us to reuse school uniforms, clothing and toys. Throughout the year we worked in partnership with [REDACTED], Instant Neighbour and King's Community Church to provide additional support for children and families, including seasonal gifts and treats.
- **Holiday Clubs for Children:** During school holiday periods in 2025, we provided holiday clubs where children could have fun, learn together and enjoy quality time with friends and staff, while continuing to be supported in a safe and positive environment. We also hosted the Inter-Church Holiday Club at YMCA in partnership with four local city-centre churches. Over 80 children daily engaged in games, drama, music, snacks, crafts and Bible discussions supported by staff and volunteers, including involvement from our own young volunteers. Additional holiday activities through the year included learning about the Easter story, egg painting and rolling, planting and harvesting vegetables, litter picks, and making full use of our YMCA facilities.
- **Youth Club:** Our Youth Club continued to meet each Thursday, bringing young people together to socialise with peers and take part in activities including sports, games, computing, talks and pool. As young people transition into further study, our youth work remains responsive to the needs of those currently attending, including supporting a younger group of teenagers and encouraging progression into volunteering and leadership. This club provides a safe space for young people to develop through adolescence and be supported into young adulthood. Talks and discussion-based activities aim to strengthen mental wellbeing and empower young people to make positive choices for their future. We are grateful for National Lottery funding which has supported this work.

2. MEANINGFUL WORK

- **Y-Training for Employment:** In 2025, our youth worker continued to run monthly employability sessions through our Employability Course. Sessions supported young people to practise interview skills, identify personal strengths, develop CVs, build teamwork and take part in mock interviews. Young people benefited from 1:1 support throughout and could return to revisit topics where further help was needed. Donald Russell Scottish Butcher & Fine Foods continued to support this work, with senior staff offering workplace-relevant talks. Their support also helped strengthen our wider community work, including practical help for families during the Christmas period. We look forward to continuing this partnership into 2026.
- **Y-Volunteering:** We were privileged in 2025 to have a strong group of young volunteers dedicating time and skills across our programmes. Volunteering continued to support young people to gain experience, build confidence, and work towards achievement awards including Saltire Awards and Bronze Duke of Edinburgh. Many of our volunteers first came to YMCA through Y-Kids and understand the standards and values that guide our work. Volunteers received ongoing training, including child protection and supporting younger children. Our young volunteers remain a vital part of our YMCA family and contribute significantly to the quality and consistency of our provision.

3. SUSTAINABLE PLANET

- **Y-Green Fingers:** Our eco-focused work continued in 2025, helping children and young people care for the world around them and respond positively to the climate concerns many of them hold. Activities included litter picks, planting pollinator flowers, painting bird feeding boxes, and planting and harvesting food which children could eat together and take home. Crops grown included lettuces, onions, potatoes, radishes, spring onions and beetroot. Children helped maintain the garden and look after the shared green space so that others in the local area could also enjoy it.
- **Y-Foodbank:** In 2025 we continued our partnership with CFINE/FareShare, supporting families experiencing financial pressure with access to healthy, nutritious food. This work helps reduce food waste while supporting children's healthy growth and development. We also continued our reuse and recycling support through ongoing donations of school uniforms, clothing, shoes, toys and household goods. Families could approach staff for practical assistance, helping ensure children had warm, suitable clothing year-round and reducing financial strain for low-income households.

4. JUST WORLD

- **Y-Café:** Our Y-Café continued to run weekly in 2025, supporting people in the local area to connect with others, nurture friendships, and access further support when needed. For many attendees, the café provides a consistent, safe and welcoming environment, with staff offering a listening ear and practical guidance. Attendees could also access wider YMCA supports including the foodbank, employability sessions and clothing recycling. Some vulnerable individuals benefited from 1:1 support across a range of issues. We are grateful to Ross Bakery for generous weekly donations of rowies. Y-Café provides free tea/coffee and refreshments, offering warmth and community to those experiencing loneliness and isolation.
- **Scottish Gas Networks (SGN):** In 2025 we remained grateful for support from SGN, in partnership with YMCA Scotland, helping sustain our vital work and strengthen our inclusive approach. Staff and young volunteers supported community distribution of the "Keeping You Safe & Warm" booklet in surrounding streets and local schools, helping ensure people had accessible safety and warmth information.
- **International Youth Exchange:** In August 2025, we welcomed young people from CVJM Regensburg to Aberdeen YMCA. The week offered a wide range of opportunities for cultural exchange, shared experiences and deepening friendships. Highlights included visiting Stonehaven beach and harbour, a beach fire at Aberdeen beach, and an arranged visit with the Deputy Lord Provost, including a tour of the Town House. The group also visited Fittie and the new harbour for dolphin watching, explored Drum Castle, visited Aberdeen University grounds, and enjoyed local parks. YMCA young people who had visited CVJM in 2024 were delighted to host and strengthen these international friendships during the week.

Financial review

Brief statement of the charity's policy on reserves

YMCA Aberdeen has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets (the "free reserves") should be at least 1 year's annual expenditure in general funds. At this level, the Board of Trustees considers that it would be able to continue the current activities of the charity in the event of a significant drop in funding and maintain its obligations for payment of its pension liability amount.

Details of any deficit

Not applicable.

Donated facilities and services (if any)

N/A

Other optional information

YMCA Aberdeen historically was a participating employer in a national YMCA contributory pension plan providing benefits based on final pensionable pay to employees of all member YMCAs. The assets of the YMCA Pension Plan are held separately from those of YMCA Aberdeen and have significant liabilities determined by a qualified actuary based on triennial valuations using the projected unit method. YMCA Aberdeen is required to make proportionate monthly payments for the foreseeable future as required by the plan's actuary as indicated in the Notes to the Financial Statements. The Board of Trustees ensures that there are sufficient funds to meet the needs of the future pension liability commitments.

In concluding our financial review to 31 May 2025, the Board of Trustees continues to monitor expenditure closely and explore all options to ensure that our charitable activities are delivered in a financially sustainable manner. Incoming receipts continue to be of concern and this is exacerbated by increasing outgoing payments linked to inflation. Our priority remains ensuring YMCA Aberdeen can continue empowering young people in **body, mind and spirit** today, tomorrow, and for future generations and with this in mind, unless incoming receipts can cover the operational costs of our charitable activities in the next year, the Board of Trustees will have significant decisions to make to ensure the long term viability of YMCA in Aberdeen.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (e.g. Chair)

Chairman

Honorary Treasurer

Date

18 December 2025

12 December 2025

ABERDEEN YMCA

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Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	June	2024		31	May	2025

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	1,008				1,008	3,567
Legacies					-	
Grants	9,360	7,012			16,372	17,826
Receipts from fundraising activities		-			-	
Gross trading receipts	4,768				4,768	4,410
Income from investments other than land and buildings	13,852				13,852	19,317
Rents from land & buildings	19,146				19,146	19,146
Gross receipts from other charitable activities	5,332				5,332	7,251
					-	
A1 Sub total	53,466	7,012	-	-	60,478	71,517
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	121,911
Proceeds from sale of investments	268,990				268,990	
A2 Sub total	268,990	-	-	-	268,990	121,911
Total receipts	322,456	7,012	-	-	329,468	193,428
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments	3,369				3,369	3,653
Investment management costs	4,734				4,734	4,779
Payments relating directly to charitable activities	84,137	15,812			99,949	94,630
Grants and donations	1,282				1,282	1,230
Governance costs:					-	
Audit / independent examination	1,056				1,056	1,056
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	94,578	15,812	-	-	110,390	105,348
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	600
Purchase of investments	223,054				223,054	96,033
A4 Sub total	223,054	-	-	-	223,054	96,633
Total payments	317,632	15,812	-	-	333,444	201,981
Net receipts / (payments)	4,824	(8,800)	-	-	(3,976)	(8,553)
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	4,824	(8,800)	-	-	(3,976)	(8,553)

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	7,216	13,670			20,886	29,439
	Surplus / (deficit) shown on receipts and payments account	4,824	(8,800)			(3,976)	(8,553)
						-	
						-	
	Cash and bank balances at end of year	12,040	4,870	-	-	16,910	20,886
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments	Brewin Dolphin portfolio	Unrestricted	460,325	513,768
		Total	460,325	513,768

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets	Property Improvements	Unrestricted	88,593	9,576	11,970
	Plant & Machinery	Unrestricted	6,046	1,310	1,746
	Fixtures & Fittings	Unrestricted	26,064	2,165	2,706
	Motor Vehicles	Unrestricted	26,620	3,183	4,244
			-		-
		Total	147,323	16,233	20,666

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities	Pension Scheme		21,365	32,512
	Trustee's Expenses		-	-
		Total	21,365	32,512

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of
approval

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ABERDEEN YMCA

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Additional analysis (3)

6 Breakdown of restricted funds

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
	Mountain Leadership Fund	Gardening	International	Employability	Warm Space		
Receipts							
Donations						-	
Legacies						-	
Grants		2,400	4,612			7,012	16,826
Receipts from fundraising activities						-	
Gross trading receipts						-	
Income from investments other than land and buildings						-	
Rents from land & buildings						-	
Gross receipts from other charitable activities						-	557
Sub total	-	2,400	4,612	-	-	7,012	17,383
Receipts from asset & investment sales							
Proceeds from sale of fixed assets						-	-
Proceeds from sale of investments						-	-
Sub total	-	-	-	-	-	-	-
Total receipts	-	2,400	4,612	-	-	7,012	17,383
Payments							
Expenses for fundraising activities						-	
Gross trading payments						-	
Investment management costs						-	
Payments relating directly to charitable activities	2,309	6,211	4,169	1,536	1,587	15,812	3,713
Grants and donations						-	
Governance costs:						-	
Audit / independent examination						-	
Preparation of annual accounts						-	
Legal costs						-	
Sub total	2,309	6,211	4,169	1,536	1,587	15,812	3,713
Payments relating to asset and investment movements							
Purchases of fixed assets						-	
Purchase of investments						-	
Sub total	-	-	-	-	-	-	-
Total payments	2,309	6,211	4,169	1,536	1,587	15,812	3,713
Net receipts / (payments)	(2,309)	(3,811)	443	(1,536)	(1,587)	(8,800)	13,670
Transfers to / (from) funds						-	
Surplus / (deficit) for year	(2,309)	(3,811)	443	(1,536)	(1,587)	(8,800)	13,670

Nature and purpose of funds

Mountain Leadership Fund: To provide opportunities for public participation in outdoor education
 Gardening: to facilitate and develop delivery of local climate change project
 Youthwork Mentoring: To provide skill training for unemployed people
 International Project: An International Partnership of European YMCAs
 Warm Space to support our local community with cost of living challenges

Date	Description	Amount	Balance
1/1/20	Opening Balance		100.00
1/15/20	Deposit	50.00	150.00
2/1/20	Withdrawal	25.00	125.00
2/15/20	Deposit	75.00	200.00
3/1/20	Withdrawal	30.00	170.00
3/15/20	Deposit	40.00	210.00
4/1/20	Withdrawal	15.00	195.00
4/15/20	Deposit	60.00	255.00
5/1/20	Withdrawal	20.00	235.00
5/15/20	Deposit	80.00	315.00
6/1/20	Withdrawal	10.00	305.00

Total Deposits: 385.00
 Total Withdrawals: 100.00
 Ending Balance: 205.00

