

Falkirk & District Association For Mental Health

Scotland · Charity number SC011889

Details

Known as	FDAMH
Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	1994-06-09
Register	View on the OSCR register

Contact

Address	The Victoria Centre 173 Victoria Road Falkirk FK2 7AU
Website	www.fdamh.org.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: We exist to ensure that no one in the Falkirk District faces mental health challenges alone. We provide free, confidential, person-centred mental health and wellbeing support to people of all ages, offering early intervention, crisis support, and recovery-focused services at the point they are needed most. We do this through a wide range of accessible community-based services, including counselling, distress brief intervention, support for young people and families, carers support, bereavement by suicide services, groupwork, social prescribing, and social connection activities. Individuals can self-refer through our bespoke online system and are offered timely assessment and flexible appointments, including evenings and remote options. Our qualified staff and volunteers work collaboratively to deliver compassionate, evidence-based support, reduce stigma, and build resilience across our community. We attempt to bridge gaps in statutory provision and working closely with partners.

Beneficiaries: 'People with disabilities or health problems', 'Other defined groups'

Objectives: a) support individuals to recover from mental ill health by acknowledging that recovery is a unique voyage of self discovery and personal growth b) prevent deterioration in mental wellbeing and c) provide support, education, training and raise awareness relating to mental health to carers and across the

local community.

Geography

- **Main operating location:** Falkirk
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,162,001	£1,039,604	-	33
2024-03-31	£1,089,075	£1,042,054	-	29
2023-03-31	£1,002,639	£1,065,712	-	31
2022-03-31	£885,876	£874,218	-	35
2021-03-31	£810,391	£807,507	-	27