

Relationships Scotland Tayside and Fife Ltd

Scotland · Charity number SC008471

Details

Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	1985-07-01
Register	View on the OSCR register

Contact

Address	4 Dudhope Terrace Dundee DD3 6HG
Website	https://www.rstf.co.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the advancement of human rights, conflict resolution or reconciliation'

What the charity does: We support people from the youngest to the oldest in Tayside and Fife, who are facing relationship difficulties and family conflict, including parental separation. We provide focused, early intervention support to people in circumstances where high conflict, relationship breakdown or separation threaten their well-being, resilience, and prospects, and specifically those of any children involved. We believe that our relationships underpin and can mitigate wider issues, and we view positive relationships as key conditions of good mental wellbeing. We work with vulnerable children, young people and families, at risk of trauma and other disadvantage. We offer three core supports, Family Mediation, Counselling and Therapeutic support, and Children's Contact Services. These focus on improving beneficiaries' resilience, relationships, and wellbeing. We support over 1,500 people offering more than 9,000 sessions annually.

Beneficiaries: 'Children or young people', 'Other defined groups'

Objectives: (a) To promote the concept of counselling, conciliation and mediation with the object of assisting persons concerned in matrimonial disputes of any kind whatever, whether or not involved in any court proceedings and the children of such persons so far as possible in the amicable resolution of such disputes, in the appreciation and understanding of the problems and the interests of such children in adapting to and coping with their changed situations and circumstances and in any other way whatever. (b) To promote a comprehensive and co-ordinated Community Service in Tayside Region designed to meet the special needs of such persons and to promote counselling, conciliation and mediation with the objects specified at 3(a) above. (c) To promote and encourage co-operation with and amongst and support for courts, statutory and voluntary bodies and all organisations and individuals whatsoever or whomsoever involved in any way with

matrimonial disputes. (d) To work and campaign for the understanding and improvement of the rights and interests of such persons.

Geography

- **Main operating location:** Dundee City
- **Geographical spread:** More than one local authority area in Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£733,510	£672,461	-	34
2024-03-31	£659,049	£600,368	-	36
2023-03-31	£577,250	£610,631	-	41
2022-03-31	£619,337	£636,657	-	39
2021-03-31	£587,516	£498,429	-	34