

Contact Point in East Dunbartonshire SCIO

Scotland · Charity number SC008184

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	1983-07-15
Register	View on the OSCR register

Contact

Address
The Park Centre
45 Kerr Street
Kirkintilloch
G66 1LF

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Contact Point's purpose is to support older people and adults with a disability and/or long-term health condition, especially those who are at risk of loneliness and social isolation. We provide a range of services to help them socialise and access information and equipment to improve or at least maintain their physical, mental and emotional health. The Social Interaction Groups provide an opportunity to meet with others for a chat over a 'cuppa', exchange news, share joy and sorrow and get emotional support, if necessary. Community Friends,, is for middle-aged adults with a disability with a variety of activities and outings aimed at increasing confidence and independence but mainly for having fun as most of those who attend have a very limited social contact list. Short-term Equipment Loan mainly of wheelchairs: free, immediately available. Information Service on health, social care, financial and peer support services, etc. with signposting to relevant agencies.

Beneficiaries: 'People with disabilities or health problems', 'No specific group, or for the benefit of the community'

Objectives: The organisation's purposes are: 4.1 the provision of recreational facilities and the encouragement of any educational and / or social events and / or projects which will improve and enhance the conditions of life for people who participate and their carers. 4.2 the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage, by providing a short term equipment loan service and by providing high quality information and advice to people with disabilities and long term health conditions and their carers in East Dunbartonshire and environs about the lifestyle changes and local

services available to them to assist in self-management.

Geography

- **Main operating location:** East Dunbartonshire
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£52,038	£34,621	-	2
2024-03-31	£37,725	£24,526	-	2
2023-03-31	£22,587	£20,552	-	2
2022-03-31	£22,171	£14,462	-	2
2021-03-31	£12,390	£12,582	-	2

Contact Point in East Dunbartonshire SCIO

Scotland - Charity number SC008184

Accounts



Contact Point in East Dunbartonshire SCIO

Report and Accounts

Year Ended 31 March 2025

Scottish Charity No. SC008184

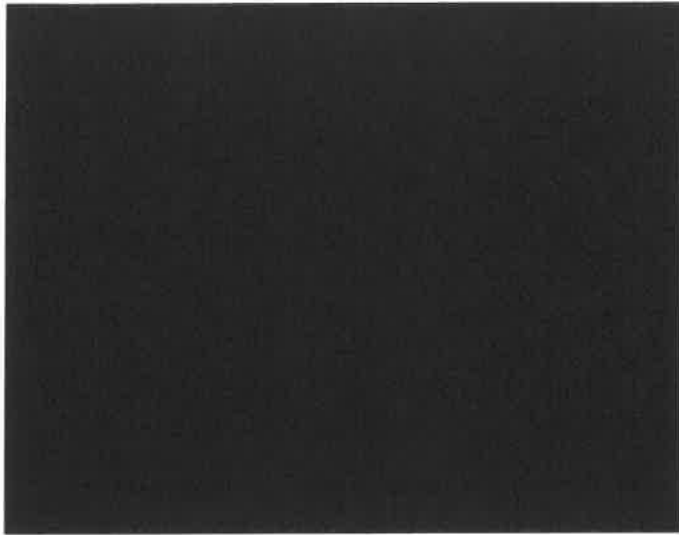
Contact Point in East Dunbartonshire SCIO

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Contact Point in East Dunbartonshire SCIO

Charity Information *for the year ended 31 March 2025*



Bankers

Royal Bank of Scotland plc
116 Cowgate
Kirkintilloch
Glasgow
G66 1JX

Independent Examiner

TC Group
Business Advisors & Accountants
180 St Vincent Street
Glasgow
G2 5SG

Solicitors

Holmes Mackillop
109 Douglas Street
Glasgow
G2 4HB

Contact Point in East Dunbartonshire SCIO

Trustees' Annual Report for the year ended 31 March 2025

The Trustees are pleased to present their Report together with the Accounts for the year ended 31 March 2025.

Structure Governance & Management

Status of Charity and Governing Document

Contact Point in East Dunbartonshire SCIO ("the charity") is a Scottish Charity (No. SC008184) which operated previously as a charitable company (SC347877) until 9 January 2019 when it changed its legal form, with the approval of OSCR, to a Scottish Charitable Incorporated Organisation (SCIO).

Purposes

As per section 4 of its Constitution, the charity's purposes are:

- the provision of recreational facilities and the encouragement of any educational and / or social events and / or projects which will improve and enhance the conditions of life for people who participate and their carers.
- the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage, by providing a short term equipment loan service and by providing high quality information and advice to people with disabilities and long term health conditions and their carers in East Dunbartonshire and environs about the lifestyle changes and local services available to them to assist in self-management.

The charity's beneficiaries are specifically, people with disabilities or health problems and, more widely, for the benefit of the local community.

Appointment and induction of Trustees

Trustees are appointed in accordance with paragraphs 17 to 22 of the charity's Constitution.

New Trustees take part in an induction programme which aims to familiarise them with the charity's values, aims and objectives together with its day-to-day operations, in addition to clarifying their statutory responsibilities as Trustees of a charity.

The Trustees who served voluntarily during the year and to the date of this report are shown on page 1. The Trustees understood their statutory responsibilities during the accounting period.

Achievements and Performance

Contact Point continues with its aim to provide support services for older people and adults with a disability in East Dunbartonshire and environs, while achieving customer satisfaction and attracting the necessary finance to enable it to do so.

As mentioned last year, both government and health authorities have at last acknowledged that social isolation has a deleterious effect on individuals, both physically and mentally, especially those with a disability and the elderly. This has stimulated the provision of grants to assist voluntary organisations whose services are aimed at reducing social isolation and helping vulnerable people to improve their mental health and wellbeing by reducing their loneliness, offering emotional support and providing activities to keep them stimulated, both physically and mentally.

Social Interaction Groups (SIGs)

The Social Interaction Groups, or Coffee Clubs as Members call them, continue their weekly routine with the Volunteers greeting Members, serving light refreshments, calling bingo numbers, washing up, etc., as well as joining in the fun.

Contact Point in East Dunbartonshire SCIO

Trustees' Annual Report (continued) for the year ended 31 March 2025

Achievements and Performance (continued)

Members participated in a variety of activities during the year including board and pub games, beetle drives, indoor bowling, hangman, craft sessions, demonstrations and visits from speakers, etc., although they also enjoy just chatting over 'a cuppa' and having quizzes some weeks.

Staff are pleased to report that most Members feel completely 'back to normal' this year, admitting that the therapeutic value of talking about how they feel and sharing stories 'at their clubs' and having a weekly routine has been effective in improving their general mental health and feeling of wellbeing.

During the year trips and celebrations were subsidised from grants so that everyone was able to participate despite their restricted income of benefits and/or pension as they try to cope with the continuous increase in the cost of living.

The weekly activities of quizzes, bingo, pub games, etc were interspersed with visits from outside speakers, special day celebrations and various outings.

St Andrew's and Burns Days saw pancakes, dumpling and plenty of tartan on show, and the three course Christmas lunch with Santa's elves giving out presents was its usual success. A Fish Tea was held in February, cards with valentines made for 14th and chocolate eggs distributed at Easter, with thanks to Tesco for their contribution. A Daffodil Tea with refreshments from a local café ended the spring session.

As sufficient funding was available, Members were able to have outings to local garden centres for lunch or tea with time for some shopping and the visits to both Mackinnon Mills and Caulders Garden Centre in Cumbernauld gave opportunities to buy presents. During the summer session there were the usual trips on the Seagull Trust barges on the Forth and Clyde Canal with groups taking the opportunity to have a lunch on board to make them extra special.

Funding:

As mentioned in other years, funding is usually quite difficult to attract but, again this year, Contact Point has been successful due to its availability to organisations whose services help to combat social isolation and loneliness and improve mental health, especially of those who are vulnerable for whatever reason.

The second year of the Scottish Government's Social Isolation and Loneliness Fund provided Contact Point with £24,000 for 2024/25 through Impact Solutions, delivered in two tranches, with financial and activity reports being due at the end of each six months. The funding must be spent in the allocated time, so it has assisted us in not only providing more varied activities but also in giving financial support to the Social Interaction Group (SIG) Members by subsidising outings and events and charging a much-reduced cost.

A new group for 'younger' ('40 to 65ish') adults with a disability, was begun at their request with funding from Year 3 of the Scottish Government's Community Mental Health and Wellbeing Fund (through the local Third Sector Interface, East Dunbartonshire Voluntary Action (EDVA)). This provided £14,750 towards the setting up of 'Community Friends' in May 2024. and covers the salary of the organiser and associated running costs. A further £11,250 was received in December 2024 to continue the project through 2025/26.

Travel, particularly in bad weather, is always a problem for vulnerable people so this funding means we can offer to pay for taxis for those who would benefit. Although costly it is much appreciated and enables some members to come out on days when they would otherwise be housebound.

Contact Point in East Dunbartonshire SCIO

Trustees' Annual Report (continued) for the year ended 31 March 2025

To offer the transport more widely, and to be more cost effective, we investigated local minibus hire from companies who employ fully disclosed drivers and escorts. This proved possible for the Wednesday morning group only because of vehicle availability clash at 3pm on a Tuesday with school contracts. Application to East Dunbartonshire Community Grants Committee was successful in providing further funding for this. The hope was that escorted transport would allow us to increase the number of people who can attend the SIGs by assisting those truly isolated people, whom the Local Area Older People's Team Coordinator had already identified, who find it difficult if not impossible to get out of the house without support. Although the transport has helped some of them, unfortunately, several of those referred were managing at home but were quite unable to cope outside. Others, wanted different times for any social outings, being very set in their ways!

A second EDC Community Grants Committee award was accessed to purchase a smartboard to extend the learning and activity opportunities available, especially to Community Friends and to improve their IT skills.

Information Service

The Information Service has not been proactive in the community, but staff have ensured that Members, and anyone else who contacted them, were given the help they required and how and where to get any support and/or assistance they needed. Talks from the local fire and police services are always popular as are those from Trading Standards about scams and Health Professionals on changes in provision and where to get help.

Short-term Equipment Loan

This has continued to operate throughout the year with the assistance of staff from The Park Centre (Strathkelvin) Limited (Scottish Charity No. SC025724). Demand has been steady and those who have needed wheelchairs have been most grateful as some services are no longer available or have a waiting list.

As usual, the most appreciative people have been those for whom having a wheelchair enabled a relative needing end-of-life care to remain in their own home for longer, if they so wished, rather than having to go into a nursing home, hospice or hospital. Many refuse the return of their deposit and often add more as a thank you with those least able to afford it often being more generous.

Employment

Unfortunately for Contact Point, our Administrative Assistant decided to retire in June 2024. She is greatly missed. A volunteer joined us from August 2024 to April 2025 to help with taking the minutes and other administrative tasks, which was a great help but unfortunately, the permanent part-time post has yet to be filled.

The part-time Social Interaction Group Organiser continues to work from the office in the George Crooks Room of The Park Centre. She is a very valuable member of the team and has an excellent relationship with all the Trustees. She is versatile and willing to help out on occasions when something extra is happening or if there is a problem.

The Community Friends Organiser runs activities on Thursday mornings but also helps with the Social Interaction Groups, especially on a Wednesday and when the other staff member is on holiday. During the year she had some assistance from a Sessional Worker to help get Community Friends 'off the ground'. This group has been successful, attracting new Members, and providing the stimulation, activities and social action requested. They have gelled well, and their banter and laughter are a regular feature on Thursday mornings.

Contact Point in East Dunbartonshire SCIO

Trustees' Annual Report (continued) for the year ended 31 March 2025

Volunteers

Contact Point could not run without the contribution of Volunteers. The Board of Trustees are all Volunteers, dealing with governance, administration and finance, as are those who assist weekly with the Social Interaction Groups and others who assist at any events. They are a very valuable asset, giving support, ideas, and many hours of their time which is impossible cost.

2025 to 2026

The Trustees will continue to monitor the position with respect to the cost of living and/or any other threats to community life and will update/alter their plans for service provision if necessary. Meanwhile they intend to continue to run a varied programme of activities throughout the year after consultation with Members of both the Social Interaction Groups and Community Friends.

The Social Isolation and Loneliness Fund and Year 4 Community Mental Health and Wellbeing Fund will provide funding to cover running costs and activities this coming year, but a further application to Years 5/6 CMHWF will be required in the autumn for Community Friends.

Financial Review

Results for the Year

The Accounts for the year are set out in pages 7 to 9. The *Statement of Receipts and Payments* on page 7 reflects a Surplus for the year of £17,417 (2024 – Surplus £12,990).

Reserves Policy

The Trustees' policy is to maintain unrestricted funds at a level equating to approximately three months of unrestricted expenditure and thereby help to maintain the charity's ongoing work. Per the *Statement of Balances* on page 8, the General Fund at 31 March 2025 amounted to £21,254 (2024 - £15,861) which, although above the required level, was acceptable to the Trustees.

Statement of Trustees' Responsibilities

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the charity's financial position and enable them to ensure that the Accounts comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the provisions of the charity's Constitution. They are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

Philip Morrice, F.C.C.A. as the designated partner at TC Group responsible for this engagement. The Trustees recommend that he remain in office as independent examiner until further notice.

This Report was approved by the Trustees on **13/11/2025** and signed on their behalf by:



Trustee

Contact Point in East Dunbartonshire SCIO

Independent Examiner's Report to the Trustees of Contact Point in East Dunbartonshire SCIO

I report on the Accounts of the charity for the year ended 31 March 2025 which are set out on pages 7 to 9.

Respective Responsibilities of Trustees and Examiner

The charity's Trustees are responsible for the preparation of the Accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity Trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the Accounts as required under Section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination was carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the Accounts presented with those records. It also includes consideration of any unusual items or disclosures in the Accounts, and seeks explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the Accounts.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - o to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - o to prepare Accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulationshave not been met, or
2. to which in my opinion, attention should be drawn in order to enable a proper understanding of the Accounts to be reached.



TC Group
Business Advisors & Accountants
Date: 14/11/2025

180 St Vincent Street
Glasgow
G2 5SG

Contact Point in East Dunbartonshire SCIO

Statement of Receipts and Payments for the year ended 31 March 2025

	Notes	Unrestricted			Total 2025 £	Total 2024 £
		General	Designated	Restricted		
		Fund £	Funds £	Funds £		
Receipts						
<i>Voluntary Income</i>						
Donations		653	-	-	653	385
Membership fees		154	-	-	154	201
East Dunbartonshire Council	2	-	-	12,700	12,700	3,000
East Dunbartonshire Voluntary Action	2	-	-	11,520	11,520	14,725
Impact Fund	2	-	-	24,000	24,000	16,000
<i>Fundraising</i>		3,011	-	-	3,011	3,205
Total Receipts		3,818	-	48,220	52,038	37,516
Payments						
<i>Charitable Activities</i>						
Equipment		-	-	2,706	2,706	961
Insurance		-	-	893	893	871
Professional fees		-	-	845	845	790
Rent		-	-	4,670	4,670	2,185
Salaries		-	-	15,489	15,489	11,020
Telephone / Broadband		-	-	573	573	492
Activity Expenditure		-	-	3,607	3,607	6,628
Stationary		-	-	429	429	241
Transport costs		-	-	3,765	3,765	-
Volunteer expenses		-	-	240	240	-
<i>Governance Costs</i>						
Independent Examiner's Fee		-	-	1,404	1,404	1,338
Total Payments		-	-	34,621	34,621	24,526
Net Receipts/(Payments)		3,818	-	13,599	17,417	12,990
Transfers		1,575	-	(1,575)	-	-
Surplus/(Deficit) for the year		5,393	-	12,024	17,417	12,990

The Notes on page 9 form an integral part of these Accounts.

Contact Point in East Dunbartonshire SCIO

Statement of Balances at 31 March 2025

	Notes	Unrestricted		Restricted Funds	Total 2025	Total 2024
		General Fund	Designated Fund			
		£	£			
Bank and Cash in Hand						
Opening balances		15,861	-	19,809	35,670	22,680
Surplus/(Deficit) for the year		5,393	-	12,024	17,417	12,990
Closing Balances		21,254	-	31,833	53,087	35,670
Reserves						
General Fund		21,254	-	-	21,254	15,861
Restricted Funds	2	-	-	31,833	31,833	19,809
Closing Balances		21,254	-	31,833	53,087	35,670
Debtors						
PAYE		136	-	-	136	-
		136	-	-	136	-
Liabilities						
Independent Examiner's Fee, including VAT		1,474	-	-	1,474	1,405
PAYE		-	-	-	-	327
		1,474	-	-	1,474	1,732

13/11/2025

Approved by the Trustees on and signed on their behalf by:



Trustee

The Notes on page 9 form an integral part of these Accounts.

Contact Point in East Dunbartonshire SCIO

Notes to the Accounts for the year ended 31 March 2025

1. Basis of Accounting

The Accounts have been prepared on a Receipts and Payments basis in accordance with the Charities and Trustees Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

Funds

For the purpose of the *Statement of Receipts and Payments* (page 6) and the *Statement of Balances* (page 7), Unrestricted Funds comprise the following:

The **General Fund** comprises grants and other income received for use at the discretion of the Directors in furtherance of the charity's purposes.

Restricted Funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the Restricted Funds are set out in Note 2 to the Accounts.

VAT

The charity is not registered for VAT and accordingly, expenditure includes VAT where appropriate.

2 Restricted Funds

	Balance at 01.04.24 £	Receipts £	Payments £	Transfers £	Balance at 31.03.25 £
Social Interaction Group	17,699	48,220	(34,621)	535	31,833
Corra Foundation Grant	2,110	-	-	(2,110)	-
	<u>19,809</u>	<u>48,220</u>	<u>(34,621)</u>	<u>(1,575)</u>	<u>31,833</u>

Purpose of Restricted Funds

Social Interaction Groups

Represents funds received to finance the running costs of the Groups' meetings and activities. Transfers of £535 to the general fund represent an overspend in the year ended 31st March 2025.

Corra Foundation

Represents funds received through the Household Hardship Fund. These funds are to be distributed to families and individuals in need, through the form of cash or vouchers. Transfer of £2,110 to the general fund represent expenditure in the year ended 31st March 2024 incurred by the general fund.

3 Related Parties

During the year, the charity paid £4,670 to The Park Centre (Strathkelvin) Limited, Scottish Charity No. SC025724, for office space and meeting accommodation (2024 - £2,185). Trustees, [REDACTED] are Directors of The Park Centre (Strathkelvin) Limited.