

# CENTRED (SCOTLAND)

Scotland · Charity number SC003198

## Details

---

|            |                                                          |
|------------|----------------------------------------------------------|
| Status     | Active                                                   |
| Legal form | Company (the charity is registered with Companies House) |
| Registered | 1987-08-27                                               |
| Register   | <a href="#">View on the OSCR register</a>                |

## Contact

---

|         |                                                                              |
|---------|------------------------------------------------------------------------------|
| Address | Unit 38<br>Inverness<br>The Eastgate Shopping Centre<br>Inverness<br>IV3 5DT |
| Website | <a href="http://www.centred.scot">www.centred.scot</a>                       |

## Activities

---

**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the prevention or relief of poverty', 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

**What the charity does:** Centred (Scotland). formally Birchwood Highland, was set up to provide support for people experiencing significant and enduring mental ill health. Initially we delivered this via contracts from NHS Highland, delivering services within the Inverness following the closedown of the local mental health hospital. While these services have grown and are now Highland wide we have also established a 23 bed residential unit that provides step up step down support to people leaving hospital to ready them for living in the community. We have also recently established a Discovery College that is based on the peer led recovery college model. This operates in Inverness, Wick and Fort William. We also provide care at home services in Caithness and Lochaber which helps to sustain our current services.

**Beneficiaries:** 'People with disabilities or health problems'

**Objectives:** To promote the welfare and relieve the needs of those that are in condition of need through mental illness and/or old age and/or physical disability and/or learning disability and/or substance misuse and thereby improve their conditions of life.

## Geography

---

- **Main operating location:** Highland
- **Geographical spread:** Wider, but within one local authority area

## Finances

---

| Period end | Income     | Expenditure | Assets | Employees |
|------------|------------|-------------|--------|-----------|
| 2025-03-31 | £4,644,275 | £4,685,004  | -      | 144       |
| 2024-03-31 | £4,187,385 | £4,226,041  | -      | 147       |
| 2023-03-31 | £3,519,273 | £4,001,786  | -      | 132       |
| 2022-03-31 | £3,214,058 | £3,461,802  | -      | 123       |
| 2021-03-31 | £2,878,904 | £2,849,857  | -      | 127       |

## Linked charities

---

- Highland Migrant and Refugee Action (SC050899)