

Hope Mental Wellbeing Ltd

Northern Ireland · Charity number 110767

Details

Known as Hope Mental Wellbeing

Status Registered

Company number [727873](#)

Registered 2025-10-09

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address 236-266 Lisburn Road
Belfast
BT9 6gf
BT9 6GF

Phone 07403639002

Email info@hopementalwellbeing.org.uk

Website <https://hopementalwellbeing.org.uk/>

Activities

Purposes: The Charity's objects ("Objects") are: (a) to advance health & wellbeing, promote good mental wellbeing, emotional resilience, mental health awareness and positive community engagement through the provision of, but not limited to: (i) mentoring, mental wellbeing coaching, counselling, cbt resources, mental health, training, workshops, talks, sessions, events and seminars on topics such as good mental wellbeing, mental wellness, stress management, anxiety management, self-care, emotional wellbeing awareness and life coaching. (ii) facilitating, signposting to the appropriate mental health facilities and healthcare professional services through collaborating with local mental health services, G P practices, professionals and organisations.

What the charity does: The advancement of health or the saving of lives

How the charity works: Advice/advocacy/information,Community development,Counselling/support,Education/training,General charitable purposes

Who the charity helps: Addictions (drug/solvent/alcohol abuse),Adult training,Ethnic minorities,General public,Men,Mental health,Older people,Voluntary and community sector,Women,Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees	
2026-03-31		£0	£0	£0	0

Trustees

Name	Role	Appointed
Miss Stella James		
Mr Sam Barr		
Mrs Georgeline Iwuji-Nich		