

Maiden City Eldercare

Trustee Committee's Report

for the year ended 31 December 2025

The Trustees' committee presents their report and the financial statements for the year ended 31 December 2025.

Objectives

Our aim is to promote dignity, independence, and wellbeing among elderly individuals in the Foyle area through compassionate, community-centred eldercare programmes and services, whilst supporting families navigating the challenges of ageing and fostering meaningful connections that combat isolation.

Our specific objectives are:

- (1) To improve quality of life and wellbeing for seniors through tailored programmes addressing physical, emotional, and social needs; empower independence and autonomy in daily living; provide healthcare coordination and wellness support; ensure access to essential services (transportation, healthcare, housing); and offer financial guidance to help seniors access benefits and navigate economic challenges.
- (2) To reduce isolation and loneliness among elderly individuals by creating a strong sense of community through organised social activities, support groups, and events that encourage meaningful social interaction and strengthen connections within the older population.
- (3) To strengthen family caregiving capacity by assisting families in understanding and navigating the challenges of caring for aging loved ones, offering educational programmes, counselling services, and practical respite care to ensure the wellbeing of both caregivers and elderly loved ones.
- (4) To advance eldercare through awareness-raising and community education about ageing-related issues; advocating for policies that promote seniors' rights and wellbeing at local and national levels; and conducting research initiatives to continuously improve the understanding and delivery of eldercare services.

Public Benefits and What We Do

The benefits from our work include reduced social isolation and loneliness, improved emotional wellbeing and life satisfaction, enhanced independence and confidence in daily living, improved health outcomes through preventive care and healthcare coordination, strengthened family caregiver capacity, and positive system change through advocacy and research in eldercare.

These benefits are verified through participant feedback, family testimonials, healthcare professional collaboration, and regular service evaluations. We maintain robust safeguarding policies aligned with Adult Safeguarding legislation, data protection protocols, and confidentiality standards, with all staff and volunteers undergoing AccessNI screening and training in dignity in care and person-centred practice.

Our primary beneficiaries are elderly individuals aged 60+ living in the Foyle area, including those experiencing social isolation, health challenges, or transitions to different living environments; their families and unpaid carers navigating the demands of eldercare; healthcare professionals seeking partnership in coordinated care; and the broader community through awareness-raising and advocacy initiatives.

During 2025, we delivered:

- 42 social events (600+ elderly participants)
- 2 family education seminars (124 attendees)
- 3 healthcare outreach workshops; partnerships with 8 health and social care providers
- 4 respite care placements supporting family carers
- 5 advocacy meetings with elected representatives and health leadership
- 7 volunteers trained and deployed

Financial Review

The surplus for the year was £4,377 (2024 - £3,026 surplus, first year of operation). Income totalled £19,650 including donations (£17,650) and grants (£2,000). Expenditure totalled £15,273, with major costs including project-related (£2,681), training (£3,646) and facilities (£3,470),.

The Trustees are pleased with our year's financial performance, achieving both charitable objectives and financial sustainability. The surplus will support programme expansion and build reserves.

The Trustees have established a reserves policy targeting 6 months operating costs (£8,000-£10,000). Year-end unrestricted reserves stood at £7,403 with commitment to reach target levels over 2-3 years.

Future Plans

Key 2026 priorities include:

Tier 1 (fundable now)

- Formalise NHS partnerships for integrated care coordination
- Conduct comprehensive elderly wellbeing needs assessment
- Launch individual giving campaign and fundraising events
- Recruit additional committee members to optimal strength

Tier 2 (if funding secured):

- Expand respite care provision to 10+ placements annually
- Establish 3 weekly drop-in social clubs across venues
- Grow volunteer base to 15+ befrienders and facilitators
- Establish part-time paid volunteer coordinator role

Trustees' Responsibilities

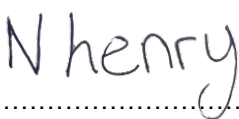
The Trustees are responsible for preparing financial statements that give a true and fair view of the charity's affairs, maintaining proper accounting records, safeguarding assets, and ensuring compliance with the Charities Act (Northern Ireland) 2008.

Trustees Committee Membership

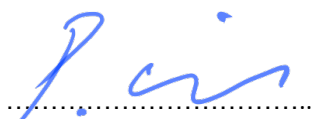
The following people served on the Trustee Committee during this year:

Niamh Henry
Patrick Gabriel
Denis Cox

This report was approved by the Trustee Committee and signed on its behalf by:



Niamh Henry



Patrick Gabriel

Date: 01/07/2026