

Sustainable Faith Global
(A company limited by guarantee, not having share capital)

DIRECTORS' ANNUAL REPORT

The directors present their report prepared in accordance with Charities SORP (effective January 2015) with the unaudited financial statements for the year ended 31 August 2025, also prepared in accordance with the aforementioned Statement of Recommended Practice and FRS102.

1. Introduction:

Sustainable Faith Global is a Company Limited by Guarantee: 702030 and registered Northern Ireland Charity: 109885. Our Companies House/Charity Commission registered address is: Unit 5, Altona Business Park, Altona road, Lisburn, BT27 5QB, UK. Sustainable Faith's Trustees operate in keeping with their governing documents, the Articles of Association of Sustainable Faith Global.

Sustainable Faith Global, commonly called 'Sustainable Faith,' is a Christian, contemplative collective that seeks to provide resources for prayer, formation, spiritual direction, ongoing training, and retreat in the United Kingdom and beyond. The aim is to help people flourish, in discerning and living out their purpose faithfully, joyfully, and sustainably. To this end we host retreats, nurture conversations of consequence, accompany leaders, train spiritual directors, and help people pour themselves out from a deep place."

This includes:

- Our two-year training in spiritual direction.
- Our Supervision training that trains supervisors for ethical and good practice for spiritual directors.
- Our Directories of spiritual directors in our collective that is available for individuals and/or groups to access a spiritual director.
- Individual and group spiritual direction opportunities for anyone who is interested and seeking this formation.
- Individual and group Ignatian Accompaniment in the 18th and 19th annotation for anyone who is interested and seeking this formation.
- Individual and group supervision opportunities for any spiritual director who is in need of supervision in order to maintain ethical and good practice.

2. Charitable Objects, Overview of Activity and Public Benefit

2.1 Charitable Objects and Overview of Activity

2.1.1 As stated in Sustainable Faith Global's Articles of Association, their governing documents, the Charity's objects are specific to the following under 4.1.1: "the advancement of the Christian faith mainly but not exclusively by means of Christian spiritual direction and spiritual formation training, teaching in spiritual practices, the holding of ongoing training, prayer gatherings, conferences, and retreats, and producing and distributing Christian contemplative literature and resources for the public benefit in the United Kingdom and elsewhere."

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Throughout the Articles "charitable" means charitable in accordance with the law of Northern Ireland provided it does not include any purpose which is not charitable in accordance with s.7 of the Charities and Trustee Investment (Scotland) Act 2005.

For the avoidance of doubt, the system of law governing these Articles is the law of Northern Ireland."

2.1.2 Over this past year we have trained over 60 spiritual directors in Northern Ireland, Scotland, England, and Europe in 9 cohorts, as well as three other formation schools for another 23 individuals. We have provided ongoing training to another 120 individual spiritual directors through the School of Ignatian Accompaniment, the School of Supervision, School of Ignatian Spirituality, Monthly Trainings and Regional Gatherings.

Number of Individuals in our Trainings/Offerings:
65 for Schools of Spiritual Direction
17 for Primer School of Contemplation
6 for School of Supervision
7 for School of Spiritual Exercises Accompaniment
6 for School of Ignatian Spirituality
51 for our Monthly Trainings
50 signed up for our Regional Gatherings

2.2 Public Benefit

As described in Sustainable Faith's Public benefit statement: "Direct benefits include training for spiritual directors which in turn will provide support to the wider Christian community. Providing ongoing training for Sustainable Faith spiritual directors helping them to develop their skills further (in order to deepen their own faith journey and support the wider Christian community). Facilitating retreats and gatherings which deepen individual's faith in God. Give them access to resources that deepen their knowledge and experience of God.

Through beneficiary feedback and through the number of people who participate in training and retreats."

2.2.1 All of our over spiritual-directors-in-training offer monthly spiritual direction for free under supervision for at least two people in their first year and 3-4 in their second year. So, this year our year 1 trainees (36) offered monthly free spiritual direction to about 72 people monthly in the wider Christian community or those who are seeking this formation. Our year 2 trainees (29) offered monthly free spiritual direction to over 100 people in the wider Christian community or those who are seeking this formation. Additionally, our 6 supervisors-in-training offered supervision to at least 1 individual monthly for the year for 10 months, totaling over 60 free sessions of supervision. Last, our Ignatian Accompaniment Training began to offer free Ignatian Accompaniment to over 14 individuals monthly. We also issued scholarships: 15 scholarships for monthly training (£200), 24 scholarships for Regional Gatherings (£50), 1 Primer scholarship, 3 Scholarships for a School (1500-2000) totaling 43 scholarships.

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2.2.2. Additionally we surveyed our spiritual directors and out of 100 responses we received the following feedback:

Of these 100 spiritual directors we have trained who responded to our survey, nearly all offer spiritual direction regularly. Here are the number of individuals they offer spiritual direction to:

36 meet regularly with a few people (108 people per month)

35 meet with 5-10 people per month (175-350 per month)

10 meet with 10-15 people per month (100-150 per month)

4 meet with 15-20 per month (60-80 per month)

4 meet with 20-25 per month (80-100)

3 meet with 25-30 per month (75-90)

3 meet with 30-35 per month (90-105)

This means that the spiritual directors we have trained, and of those surveyed, we offer about 688-983 sessions of spiritual direction per month as a collective.

66% of these 100 spiritual directors said they offer free spiritual direction to at least one or more people. When asked how many people they offer free spiritual direction to, the sum total offered from this spiritual direction collective was over 235 per month (most directors in our directories charge between £25-55 per session so this is around £5875-12,925 worth of spiritual direction for free).

53% of these spiritual directors said they offer a discounted rate to one or more individuals besides.

Operational Overview

3.1 Sustainable Faith Global has a CEO and Operations administrator. The CEO leads and offers support to the team of teachers who offer the training in several locations. The CEO also interacts regularly with the Board for the overall wellbeing of the organisation. The operations administrator adds ongoing support to the work of the CEO, the Trustees, the trainers, the spiritual directors in training, as well as the spiritual directors in our collective.

Our Teachers/trainers. Our teachers lead the training schools in spiritual direction in their own contexts. Each of our teachers is a trained spiritual director as well as being a capable facilitator. Each teacher provides a safe space for learning and formation in a group environment.

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3.2 Structure and Governance. Sustainable Faith Global cannot exist without the invaluable oversight and guidance from a dedicated Board of Directors who meet monthly to support the work of this organisation in keeping with its Articles of Association. The Board of Trustees for this filing year:

- Caroline Riley (Board Chair)
- Jeremy Larner
- (Audrey) Michelle Scott (resigned 23 May 2025)
- (Ziada) Lavoga Nurse
- Elizabeth Gowen

The Trustees on the date the report was approved:

- Caroline Riley (Board Chair)
- Jeremy Larner (Treasurer)
- Elizabeth Gowen
- (Ziada) Lavoga Nurse (Secretary)
- Audrenneive Alareen Farrell (appointed 5 February 2026)

3. Financial Overview:

The statement of financial activities which shows the results of the company is set out on page 12. The reported profit for the period is £11,210 (2024: £1,155). The directors continually review all funding opportunities to maximise the incoming resources for the charity.

4. Reserves Policy:

The company's policy is to achieve a level of free reserves which matches the needs of the company both at the current time and the foreseeable future. Free reserves are those unrestricted reserves which are available for general use.

5. Public Benefit:

In setting our objectives and planning our activities for the period, the directors have given careful consideration to the Charity Commission for Northern Ireland's statutory guidance on public benefit to ensure that the activities have helped achieve the charity purpose and provide a benefit to the beneficiaries.

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6. Special Provisions relating to small companies:

This report is prepared in accordance with the special provisions relating to small companies within part 15 of the Companies Act 2006.

7. Highlights:

There have been a number of occasions in 2024-2025 where we have taken the time to pause and celebrate our second year as a charity. We have been so thankful as an organisation to be able to base here in Northern Ireland and to be able to share this work for the benefit of many in the wider church and to any who are seeking their formation in the UK and beyond. We look forward to further growth and sharing.

8. Future Outlook:

Whilst the desire, need and invitation for this work continues to grow, it is important that this is done in a structurally sustainable manner. As we are already in the midst of this year beyond this filing, we are already seeing tremendous growth in our schools, ongoing training opportunities, opportunities to share spiritual direction to those in need, and many accessing our resources. We are delighted at the response and look forward to expanding possibilities. We look forward to sharing more next year!

9. Acknowledgements:

The sharing of our work simply cannot take place without the help of supporting organisations, churches, leaders, and other beneficiaries who have welcomed this work in their own lives and in the wider church. We cannot thank you enough for your generous recommendations, encouragement, and practical support. We have truly begun to thrive and are beginning to grow thanks to you. We are so grateful to be based here in Northern Ireland.

By order of the Board



J Larner

Chair

Date: 13th February 2026