

Trustee annual report.

This report relates to the registered charity Phoenix Child Therapy and Support (NI 109747) 4a Main Street Carrickmore, Co Tyrone. BT79 9JY and outlines the activities covering the financial year 01 April 2024 - 31st March 2025. **The charity became active on 15th July 2024.**

In setting our objectives and planning our activities for the year the trustees have given careful consideration to the Charity Commission for Northern Ireland's guidance on public benefit to ensure that the activities have helped to achieve the charity's purposes and provide public benefit to the beneficiaries.

Phoenix Child Therapy & Supports objects ("Objects") are to improve mental health and wellbeing of children and young people in Omagh and surrounding areas who have social emotional mental health difficulties and/or learning or other disabilities and their families, leading to improved life chances, through provision of therapeutic services including creative therapy and counselling, inclusive activities, psychoeducative programmes and parent support activities.

The following report on the activities that Phoenix Child Therapy and Support has carried out since commencing activity on 15th July 2024 will demonstrate our regard to the charity commissions full statutory guidance on public benefit by outlining our commitment to furthering our purposes for the public benefit.

A well-being workshop was facilitated by volunteers in August 2024 and received well. On reflection, more promotion and preparation may have resulted in more participation.

Funding received from The Albert Hunt Trust in Jan 2024 enabled us to subsidise the cost of 1:1 Play & Creative Arts Therapy sessions alongside parental contributions for 5 children in need of a Tier 2 mental health service who did not meet threshold for statutory CAMHS support. This improved their life chances by enabling access to an early intervention service.

Children who have accessed 1:1 support have shown positive outcomes as per pre and post support measurement and through parental feedback. Through this early intervention and preventative approach to children's mental health and well-being, the service has supported better outcomes for the young people and their family systems enabling access to the right support at the right time.

In respect of fees charged for services where funding was limited, A sliding scale was offered with a suggested parental donation and 3 children had been able to access a full programme of 1:1 therapeutic support this year with 2 older children availing of shorter term intervention support.

In identifying children in need of the service, we linked with local charitable organisations and established good working relationships.

Sessional therapists have accessed free mandatory child protection training and GDPR training to ensure their competence in practice on behalf of the charity.

Financial position at end of financial year.

Whilst finding our feet with regards to managing a charity bank account we negotiated bank changes to minimise costs and establish a sustainability perspective with regards to activity and service delivery.

Our reserve at 31st March 2025 was £1797.50 to enable a continuation of service in the event of a drop in income.

Reflection summary

This has been the charity's early months of operations. We're indebted to the time given by our trustees and volunteers to charity governance and accountability.

Trustee report agreed by committee on 17th June 2025.

Signed: 

Trustee