

My Family Matters Foundation Ltd

Northern Ireland · Charity number 109741

Details

Status Received

Company number [697240](#)

Registered 2023-11-01

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address The Wee House
13 Queen Street
Derry City
BT48 7eq
BT48 7EQ

Phone 07864859627

Email info.myfamilymattersfoundation@gmail.com

Website <https://www.myfamilymattersfoundation.co.uk/>

Activities

Purposes: To provide relief of emotional and psychological distress and suffering, and to preserve and protect the mental health of persons who have suffered or are exposed to domestic abuse, post separation, coercive control and alienating behaviours, in particular by the provision of information, advice, training, family support, practical and emotional support to persons living in a domestic abuse environment. To advance education of domestic abuse, coercive control, alienating behaviours. and its effects, and to relieve those in need by promoting its prevention and the protection of those affected, whilst reconnecting, encouraging and promoting parent-child relationships after separation.

What the charity does: The advancement of education, The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Community development, Counselling/support, Criminal justice, Cross-border/cross-community, Education/training, General charitable purposes, Medical/health/sickness, Research/evaluation, Volunteer development

Who the charity helps: Adult training, Community safety/crime prevention, General public, Homelessness, Interface communities, Men, Mental health, Older people, Parents, Victim support, Voluntary and community sector, Volunteers, Women, Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2026-03-31	£46,296	£49,749	£0	1

Trustees

Name	Role	Appointed
Audrey Nesbitt		
Joseph Bradley		
Mariead Mc Cormack		
Mrs Maria Orr		
Orla Cusack		

My Family Matters Foundation Ltd

Northern Ireland - Charity number 109741

Accounts

Registration Number NI697240
Charity Number NI109741

My Family Matters Foundation Ltd

(Company limited by guarantee)

Trustee's Report and Financial Statements

Year Ended 31 December 2025

Contents

	Page
Charity reference and administrative details	2
Trustees' Report	3 - 6
Statement of Financial activities	7
Balance Sheet	8
Independent Examiner's Report	9 - 10

Charity reference and administration details

Charity Number NIC109741

Company Number NI697240

Registered office 13 Queen Street
Derry
BT48 7EQ

Independent Examiner Laurie Duffy FCA
L Duffy & Co Chartered Accountants
12 Queen Street
Derry
BT48 7EG

Bankers Ulster Bank
Da Vinci Complex
Derry
BT48 8JB

Trustees

Dr Mairead McCormick	Chair
Audrey Nesbitt	Secretary
Joseph Bradley	
Orla Cusack	
Rose Walsh	
Maria Orr	

Trustees Report for the year ended 31 December 2024

The trustees present their annual report and financial statements for the year ended 31 December 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity was established for the following purposes:

- To provide relief of emotional distress and suffering, and to preserve and protect the mental and physical health of persons who have suffered or are exposed to domestic violence and abuse, in particular by the provision of information, advice, training, practical and emotional support to persons living in a domestic abuse environment.
- To advance education of domestic abuse, coercive control, alienating behaviours and its effects, and to relieve those in need by promoting its prevention and the protection of those affected, whilst reconnecting, encouraging and promoting parent-child relationships after separation.

We are an early intervention and prevention service, providing a family systems approach to enhancing parents understanding, of their options, for resolving issues, related to the decisions and care of their children after separation. We promote and encourage a child focused approach to re-establish a new family life after separation.

We provide a wide and varied program which includes one to one counselling, navigating the courts system, family therapy, educational workshops and providing guidance to parents and guardians.

Financial review

The charity retained the continued support of its funders during 2025. Total income for the year was £46,296 of which £35,830 was generated from grant funding bodies, and £10,466 from donations, facilitation and training income. Total expenditure by the charity was £49,749 all of which was spent on direct charitable activities. The balance on total funds at the year-end was £19,137, of which £9,753 were restricted and £9,384 were general unrestricted funds.

Reserves policy

The Trustees consider it prudent to hold monies in reserve in the event that unforeseen circumstances should lead to financial difficulties which might put the future of its employment capacity, users' well-being and general charitable work in jeopardy.

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation and established a formal policy which stipulates that free reserves be maintained at a level which ensures that the charity's core activity could continue during a period of unforeseen difficulty. Free reserves are defined by the Trustees as unrestricted income funds freely available for use as the charity so determines and thereby excludes any funds committed, invested in tangible fixed assets held by the charity and restricted or designated funds.

The Trustees' policy is that the amount of free reserves should reflect three months' of operating costs. The Trustees consider that reserves at this level will ensure that in the event in a significant drop in funding, they will be able to continue the charity's current activities whilst consideration is given to ways in which additional funds may be raised. The Trustees' assess that three month's of operating costs amounts to approximately £15,000. Free reserves as at 31st December 2025 are £9,384. The Trustees continue to strive to build a general level of reserves in accordance with their policy so that they will be able to continue the current activities of the charity. In the short term, the Trustees have also considered the extent to which existing activities and expenditure should be curtailed, should circumstances arise.

Risk Management

The Trustees are aware of the major risks to which the charity is exposed. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised through the procedures for authorisation of all transactions and projects. Procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Procedures are also in place to ensure compliance with health and safety of staff, volunteers and clients. The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Plans for the future

Our future plans are to continue to help families in distress. We will continue to apply for any relevant funding.

Structure, governance and management Governing document

My Family Matters Foundation Limited is a company limited by guarantee. The company was incorporated on 16 May 2023. The company was established under a Memorandum of Association which established the objects and powers of the company, and is governed by its Articles of Association. The liability of members is limited in that every member of the company undertakes to contribute an amount not exceeding £1 in the event of the company being wound up.

Directors and trustees

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Dr Mairead McCormick (Chair)	(Appointed 16 May 2023)
Joseph Bradley	(Appointed 16 May 2023)
Louise McGill	(Resigned 6 January 2026)
Helen Walsh	(Resigned 7 November 2025)
Orla Cusack	(Appointed 17 February 2026)
Maria Orr	(Appointed 13 November 2025)
Rose Walsh	(Appointed 13 November 2025)

Recruitment and appointment of the Trustees

All members of the board shall retire annually but shall be eligible for election or appointment again. Nominations from members of the group for membership of the board must be in writing and must be in the hands of the designated officer at least seven days before the AGM.

Under the requirements of the Memorandum and Articles of Association unless otherwise determined by the company in General Meeting the number of Trustees shall not be less than three. Trustees are elected to serve only until the next Annual General Meeting at which they shall then be eligible for re-election. All members of the Board of Trustees give their time voluntarily and received no benefits from the charity.

Organisation Structure

The charity is administered by a Board of Trustees who are responsible for the strategic direction and policy of the company. Board members are from a variety of professional backgrounds relevant to the work of the charity. The board as a whole was approved by the AGM and continues to monitor its membership. The Board has appointed a management team to manage the day to day operations of the charity.

Statement of trustees' responsibilities

The trustees, who are also the directors of My Family Matters Foundation Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

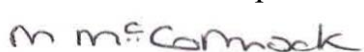
Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

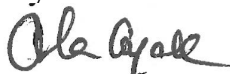
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' report was approved by the Board of Trustees



Dr Mairead McCormick
(Chair)



Orla Cusack
(Treasurer)

8 April 2026

Income and Expenditure Account for the year ended 31 December 2025

	Unrestricted funds £	Restricted funds £	Total funds 2025 £	Last Year 2024 £
Receipts				
Henry Smith		18,330	18,330	35,000
Halifax		10,000	10,000	
John Moores		5,000	5,000	
Enkalon		500	500	
Safe Lives		2,000	2,000	2,000
Training Income	6,800		6,800	
La Dolce Vita				18,747
Fundraising and Donations	3,666		3,666	5,340
	10,466	35,830	46,296	61,087
Payments				
Wages		22,775	22,775	18,400
Rent	5,055	1,164	6,219	4,167
Insurance	1,056		1,056	603
Heat and Light	1,500	230	1,730	1,775
Postage, telephone and stationery	2,703	400	3,103	2,644
Computer and software	556	250	806	
Facilitation and counselling	4,345	2,600	6,945	2,823
Beneficiary support		2,139	2,139	2,166
Accountancy	980		980	950
Professional fees	2,164	500	2,664	1,857
Sundry Expenses	1,082		1,082	398
Management Fees				2,714
Depreciation	250		250	
	19,691	30,058	49,749	38,497
Net Receipts/(Expenditure)	(9,225)	5,772	(3,453)	22,590
Total Funds Brought Forward	18,609	3,981	22,590	-
Total Funds Carried Forward	9,384	9,753	19,137	22,590

My Family Matters Foundation Ltd
Financial Statements Year Ended 31 December 2025

Statement of assets and liabilities at 31 December 2025

	2025	2024
	£	£
Fixed Assets		
Office Equipment	750	1,000
Current Assets		
Bank Current Account	19,156	22,329
Prepayments	<u>466</u>	<u>466</u>
	19,622	22,795
Current Liabilities		
Accruals	1,235	1,205
Net Current Assets/(Liabilities)	<u>18,387</u>	<u>21,590</u>
Net Assets/(Liabilities)	<u>19,137</u>	<u>22,590</u>
The funds of the charity		
Funds brought forward	(3,453)	-
Net Receipts/(Expenditure)	<u>22,590</u>	<u>22,590</u>
Total charity funds	<u>19,137</u>	<u>22,590</u>


For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

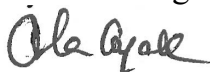
The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 3 April 2026 and signed on their behalf by



Dr Mairead McCormick
(Chair)



Orla Cusack
(Treasurer)

8 April 2026

Independent examiner's report to the trustees of My Family Matters Foundation Ltd for the year ended 31 December 2025

We report on the accounts of the charity for the year ended 31 December 2025.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of My Family Matters Foundation Ltd for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied ourselves that the charity is not subject to audit under company law, and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

Our role is to state whether any material matters have come to our attention giving us cause to believe:

- 1) That accounting records were not kept in accordance with section 386 of the Companies Act 2006
- 2) That the accounts do not accord with those accounting records
- 3) That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
- 4) That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

We can confirm that we are qualified to undertake the examination because we are registered members of Chartered Accountants Ireland which is one of the listed bodies.

We have completed our examination and have no concerns in respect of any of the matters (1) - (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, we have found no other matters that require drawing to your attention.

L Duffy & Co
Chartered Accountants
12 Queen Street
Derry
BT48 7EG

A handwritten signature in black ink, appearing to be 'L. Duffy', is written over a faint rectangular stamp area.

Dated 8 April 2026

My Family Matters Foundation Ltd

Northern Ireland - Charity number 109741

Accounts

Registration Number NI697240
Charity Number NI109741

My Family Matters Foundation Ltd

(Company limited by guarantee)

Trustee's Report and Financial Statements

Year Ended 31 December 2024

Contents

	Page
Charity reference and administrative details	2
Trustees' Report	3 - 6
Statement of Financial activities	7
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Charity reference and administration details

Charity Number NIC109741

Company Number NI697240

Registered office 13 Queen Street
Derry
BT48 7EQ

Independent Examiner Laurie Duffy FCA
L Duffy & Co Chartered Accountants
12 Queen Street
Derry
BT48 7EG

Bankers Ulster Bank
Da Vinci Complex
Derry
BT48 8JB

Trustees

Dr Mairead McCormick	Chair
Martina McLoone	Secretary (Resigned 1 January 2025)
Joseph Bradley	
Louise McGill	
Helen Walsh	Treasurer

Trustees Report for the year ended 31 December 2024

The trustees present their annual report and financial statements for the year ended 31 December 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity was established for the following purposes:

- To provide relief of emotional distress and suffering, and to preserve and protect the mental and physical health of persons who have suffered or are exposed to domestic violence and abuse, in particular by the provision of information, advice, training, practical and emotional support to persons living in a domestic abuse environment.
- To advance education of domestic abuse, coercive control, alienating behaviours and its effects, and to relieve those in need by promoting its prevention and the protection of those affected, whilst reconnecting, encouraging and promoting parent-child relationships after separation.

We are an early intervention and prevention service, providing a family systems approach to enhancing parents understanding, of their options, for resolving issues, related to the decisions and care of their children after separation. We promote and encourage a child focused approach to re-establish a new family life after separation.

We provide a wide and varied program which includes one to one counselling, navigating the courts system, family therapy, educational workshops and providing guidance to parents and guardians.

Financial review

The charity retained the continued support of its funders during 2024. Total income for the year was £61,087 of which £37,000 was generated from grant funding bodies, £18,747 carried over from La Dolce Vita and £5,340 from donations, facilitation and counselling services. Total expenditure by the charity was £38,497 all of which was spent on direct charitable activities. The balance on total funds at the year-end was £22,590, of which £3,981 were restricted and £18,609 were general unrestricted funds.

Reserves policy

The Trustees consider it prudent to hold monies in reserve in the event that unforeseen circumstances should lead to financial difficulties which might put the future of its employment capacity, users' well-being and general charitable work in jeopardy.

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation and established a formal policy which stipulates that free reserves be maintained at a level which ensures that the charity's core activity could continue during a period of unforeseen difficulty. Free reserves are defined by the Trustees as unrestricted income funds freely available for use as the charity so determines and thereby excludes any funds committed, invested in tangible fixed assets held by the charity and restricted or designated funds.

The Trustees' policy is that the amount of free reserves should reflect three months' of operating costs. The Trustees consider that reserves at this level will ensure that in the event in a significant drop in funding, they will be able to continue the charity's current activities whilst consideration is given to ways in which additional funds may be raised. The Trustees' assess that three month's of operating costs amounts to approximately £15,000. Free reserves as at 31st December 2024 are £18,609. The Trustees continue to strive to build a general level of reserves in accordance with their policy so that they will be able to continue the current activities of the charity. In the short term, the Trustees have also considered the extent to which existing activities and expenditure should be curtailed, should circumstances arise.

Risk Management

The Trustees are aware of the major risks to which the charity is exposed. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised through the procedures for authorisation of all transactions and projects. Procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Procedures are also in place to ensure compliance with health and safety of staff, volunteers and clients. The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Plans for the future

Our future plans are to continue to help families in distress. We will continue to apply for any relevant funding.

Structure, governance and management Governing document

My Family Matters Foundation Limited is a company limited by guarantee. The company was incorporated on 16 May 2023. The company was established under a Memorandum of Association which established the objects and powers of the company, and is governed by its Articles of Association. The liability of members is limited in that every member of the company undertakes to contribute an amount not exceeding £1 in the event of the company being wound up.

Directors and trustees

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Dr Mairead McCormick (Chair)	(Appointed 16 May 2023)
Martina McLoone (Secretary)	(Resigned 1 January 2025)
Joseph Bradley	(Appointed 16 May 2023)
Louise McGill	(Appointed 16 May 2023)
Helen Walsh	(Appointed 16 May 2023)

Recruitment and appointment of the Trustees

All members of the board shall retire annually but shall be eligible for election or appointment again. Nominations from members of the group for membership of the board must be in writing and must be in the hands of the designated officer at least seven days before the AGM.

Under the requirements of the Memorandum and Articles of Association unless otherwise determined by the company in General Meeting the number of Trustees shall not be less than four. Trustees are elected to serve only until the next Annual General Meeting at which they shall then be eligible for re-election. All members of the Board of Trustees give their time voluntarily and received no benefits from the charity.

Organisation Structure

The charity is administered by a Board of Trustees who are responsible for the strategic direction and policy of the company. Board members are from a variety of professional backgrounds relevant to the work of the charity. The board as a whole was approved by the AGM and continues to monitor its membership. The Board has appointed a management team to manage the day to day operations of the charity.

Statement of trustees' responsibilities

The trustees, who are also the directors of My Family Matters Foundation Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

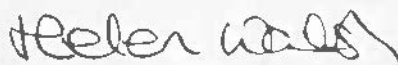
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' report was approved by the Board of Trustees



Dr Mairead McCormick
(Chair)



Helen Walsh
(Treasurer)

27 February 2025

Income and Expenditure Account for the year ended 31 December 2024

	Unrestricted funds £	Restricted funds £	Total funds 2024 £	N/A
Receipts				
Henry Smith		35,000	35,000	
Safe Lives		2,000	2,000	
La Dolce Vita	14,867	3,880	18,747	
Fundraising and Donations	5,340		5,340	
	<u>20,207</u>	<u>40,880</u>	<u>61,087</u>	
Payments				
Wages		18,400	18,400	
Rent		4,167	4,167	
Insurance		603	603	
Heat and Light		1,775	1,775	
Postage, telephone and stationery		2,644	2,644	
Travel	52		52	
Facilitation and counselling	223	2,600	2,823	
Beneficiary support	166	2,000	2,166	
Accountancy	300	650	950	
Professional fees	857	1,000	1,857	
Sundry Expenses		346	346	
Management Fees		2,714	2,714	
	<u>1,598</u>	<u>36,899</u>	<u>38,497</u>	
Net Receipts/(Expenditure)	18,609	3,981	22,590	
Total Funds Brought Forward	-	-	-	
Total Funds Carried Forward	<u>18,609</u>	<u>3,981</u>	<u>22,590</u>	

Statement of assets and liabilities at 31 December 2024

	2024	N/A
	£	
Fixed Assets		
Office Equipment	1,000	
Current Assets		
Bank Current Account	22,329	
Prepayments	<u>466</u>	
	22,795	
Current Liabilities		
Accruals	1,205	
Net Current Assets/(Liabilities)	<u>21,590</u>	
Net Assets/(Liabilities)	<u>22,590</u>	
The funds of the charity		
Funds brought forward	-	
Net Receipts/(Expenditure)	<u>22,590</u>	
Total charity funds	<u>22,590</u>	

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the trustees on 27 February 2025 and signed on their behalf by

Dr Mairead McCormick

Helen Walsh

27 February 2025

Independent examiner's report to the trustees of My Family Matters Foundation Ltd for the year ended 31 December 2024

We report on the accounts of the charity for the year ended 31 December 2024.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of My Family Matters Foundation Ltd for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied ourselves that the charity is not subject to audit under company law, and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

Our role is to state whether any material matters have come to our attention giving us cause to believe:

- 1) That accounting records were not kept in accordance with section 386 of the Companies Act 2006
- 2) That the accounts do not accord with those accounting records
- 3) That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
- 4) That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

We can confirm that we are qualified to undertake the examination because we are registered members of Chartered Accountants Ireland which is one of the listed bodies.

We have completed our examination and have no concerns in respect of any of the matters (1) - (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, we have found no other matters that require drawing to your attention.

L Duffy & Co
Chartered Accountants
12 Queen Street
Derry
BT48 7EG



Dated 27 February 2025

My Family Matters Foundation Ltd

Northern Ireland - Charity number 109741

Annual report

Trustees Report for the year ended 31 December 2024

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- To advance education of domestic abuse, coercive control, alienating behaviours and its effects, and to relieve those in need by promoting its prevention and the protection of those affected, whilst reconnecting, encouraging and promoting parent-child relationships after separation.

We are an early intervention and prevention service, providing a family systems approach to enhancing parents understanding, of their options, for resolving issues, related to the decisions and care of their children after separation. We promote and encourage a child focused approach to re-establish a new family life after separation.

We provide a wide and varied program which includes one to one counselling, navigating the courts system, family therapy, educational workshops and providing guidance to parents and guardians.

Financial review

The charity retained the continued support of its funders during 2024. Total income for the year was £61,087 of which £37,000 was generated from grant funding bodies, £18,747 carried over from La Dolce Vita and £5,340 from donations, facilitation and counselling services. Total expenditure by the charity was £38,497 all of which was spent on direct charitable activities. The balance on total funds at the year-end was £22,590, of which £3,981 were restricted and £18,609 were general unrestricted funds.

Reserves policy

The Trustees consider it prudent to hold monies in reserve in the event that unforeseen circumstances should lead to financial difficulties which might put the future of its employment capacity, users' well-being and general charitable work in jeopardy.

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation and established a formal policy which stipulates that free reserves be maintained at a level which ensures that the charity's core activity could continue during a period of unforeseen difficulty. Free reserves are defined by the Trustees as unrestricted income funds freely available for use as the charity so determines and thereby excludes any funds committed, invested in tangible fixed assets held by the charity and restricted or designated funds.

The Trustees' policy is that the amount of free reserves should reflect three months' of operating costs. The Trustees consider that reserves at this level will ensure that in the event in a significant drop in funding, they will be able to continue the charity's current activities whilst consideration is given to ways in which additional funds may be raised. The Trustees' assess that three month's of operating costs amounts to approximately £15,000. Free reserves as at 31st December 2024 are £18,609. The Trustees continue to strive to build a general level of reserves in accordance with their policy so that they will be able to continue the current activities of the charity. In the short term, the Trustees have also considered the extent to which existing activities and expenditure should be curtailed, should circumstances arise.

Risk Management

The Trustees are aware of the major risks to which the charity is exposed. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised through the procedures for authorisation of all transactions and projects. Procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Procedures are also in place to ensure compliance with health and safety of staff, volunteers and clients. The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Plans for the future

Our future plans are to continue to help families in distress. We will continue to apply for any relevant funding.

Structure, governance and management Governing document

My Family Matters Foundation Limited is a company limited by guarantee. The company was incorporated on 16 May 2023. The company was established under a Memorandum of Association which established the objects and powers of the company, and is governed by its Articles of Association. The liability of members is limited in that every member of the company undertakes to contribute an amount not exceeding £1 in the event of the company being wound up.

Directors and trustees

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Dr Mairead McCormick (Chair)	(Appointed 16 May 2023)
Martina McLoone (Secretary)	(Resigned 1 January 2025)
Joseph Bradley	(Appointed 16 May 2023)
Louise McGill	(Appointed 16 May 2023)
Helen Walsh	(Appointed 16 May 2023)

Recruitment and appointment of the Trustees

All members of the board shall retire annually but shall be eligible for election or appointment again. Nominations from members of the group for membership of the board must be in writing and must be in the hands of the designated officer at least seven days before the AGM.

Under the requirements of the Memorandum and Articles of Association unless otherwise determined by the company in General Meeting the number of Trustees shall not be less than four. Trustees are elected to serve only until the next Annual General Meeting at which they shall then be eligible for re-election. All members of the Board of Trustees give their time voluntarily and received no benefits from the charity.

Organisation Structure

The charity is administered by a Board of Trustees who are responsible for the strategic direction and policy of the company. Board members are from a variety of professional backgrounds relevant to the work of the charity. The board as a whole was approved by the AGM and continues to monitor its membership. The Board has appointed a management team to manage the day to day operations of the charity.

Statement of trustees' responsibilities

The trustees, who are also the directors of My Family Matters Foundation Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

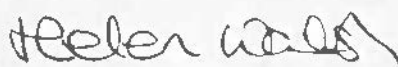
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' report was approved by the Board of Trustees



Dr Mairead McCormick
(Chair)



Helen Walsh
(Treasurer)

27 February 2025

My Family Matters Foundation Ltd

Northern Ireland - Charity number 109741

Annual return

Independent examiner's report to the trustees of My Family Matters Foundation Ltd for the year ended 31 December 2024

We report on the accounts of the charity for the year ended 31 December 2024.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of My Family Matters Foundation Ltd for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied ourselves that the charity is not subject to audit under company law, and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

Our role is to state whether any material matters have come to our attention giving us cause to believe:

- 1) That accounting records were not kept in accordance with section 386 of the Companies Act 2006
- 2) That the accounts do not accord with those accounting records
- 3) That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
- 4) That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

We can confirm that we are qualified to undertake the examination because we are registered members of Chartered Accountants Ireland which is one of the listed bodies.

We have completed our examination and have no concerns in respect of any of the matters (1) - (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, we have found no other matters that require drawing to your attention.

L Duffy & Co
Chartered Accountants
12 Queen Street
Derry
BT48 7EG



Dated 27 February 2025