

Mensreach Dungannon Ltd

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

Objectives and activities

Objects and aims

The objects of Mensreach Dungannon Ltd are:-

- a) to encourage the men in the Greater Dungannon area to consider ways of improving their mental, physical and spiritual health, irrespective of their social or religious background. Our engagement will be through activities and programmes that encourage positive emotional, physical and spiritual health.
- b) to promote the benefit of people coming together who may be living in isolation and may come from socially and economically disadvantaged areas of Dungannon by developing friendships, skills and interests in such a way that they are better able to identify, and help meet, their needs and to participate more fully in society.
- c) the advancement of any other exclusively charitable purpose as the trustees may decide in accordance with the law of charity in Northern Ireland.

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Public benefit

Throughout the period the Trustees have implemented several initiatives to achieve their objectives :-

1 Walking in the Park

An average of 25 men (out of 45 registered) participated in weekly walks. Two routes were offered: a shorter lake circuit and a longer park perimeter walk. Post-walk refreshments were provided at the Dungannon Council Fisherman's Lodge, facilitating informal conversation and pastoral care.

2 Walking Football & Pilates

This program averaged 16 participants (from a registered group of 20). Sessions included warm-up exercises, a 20 -30 minute walking football match (divided into four quarters) and a 40-minute Pilates class. Facilities were provided by Dungannon Swifts, with refreshments served in their lounge.

3 Life Explored & Growth Groups

Life Explored and Growth Groups were run concurrently, accommodating a total of 18 participants. These groups provided a supportive environment for exploring life's questions and receiving pastoral care.

4 Open House & Board Game Evenings

An Open House, held two afternoons per week at 43 Scotch Street averaged 2 - 3 attendees per week. These sessions provided opportunities for support and referral to appropriate services. Additionally, a Monday night board game evening attracted an average of 8 men

5 Events

The Trustees hosted a Christmas dinner for over 40 men and organized eight trips to various historical and sporting events throughout the province.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Mr Colin Edwin Potts
	Mr James George Dobson

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Structure, governance and management

Financial instruments

Objectives and policies

The charity's activities expose it to a number of financial risks including credit risk, cash flow risk and liquidity risk. The use of financial derivatives is governed by the charity's policies approved by the board of trustees, which provide written principles on the use of financial derivatives to manage these risks. The charity does not use derivative financial instruments for speculative purposes.

Cash flow risk

The charity's activities expose it primarily to the financial risks of changes in foreign currency exchange rates and interest rates. The charity uses foreign exchange forward contracts and interest rate swap contracts to hedge these exposures.

Interest bearing assets and liabilities are held at fixed rate to ensure certainty of cash flows.

Credit risk

The charity's principal financial assets are bank balances and cash, trade and other receivables, and investments. The charity's credit risk is primarily attributable to its trade receivables. The amounts presented in the balance sheet are net of allowances for doubtful receivables. An allowance for impairment is made where there is an identified loss event which, based on previous experience, is evidence of a reduction in the recoverability of the cash flows.

The credit risk on liquid funds and derivative financial instruments is limited because the counterparties are banks with high credit-ratings assigned by international credit-rating agencies.

The charity has no significant concentration of credit risk, with exposure spread over a large number of counterparties and customers.

Liquidity risk

In order to maintain liquidity to ensure that sufficient funds are available for ongoing operations and future developments, the charity uses a mixture of long-term and short-term debt finance.

Further details regarding liquidity risk can be found in the Statement of accounting policies in the financial statements.

Statement of trustees' responsibilities

The trustees (who are also the directors of Mensreach Dungannon Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;

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- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006 and Charities Act (Northern Ireland) 2008. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 20 January 2026 and signed on its behalf by:


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Mr Colin Edwin Potts
Trustee


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Mr James George Dobson
Trustee