

S.T.E.P.S. Mental Health (Suicide-Talking-Education-Prevention-Support)

Northern Ireland · Charity number 109688

Details

Status Received

Company number [696412](#)

Registered 2023-08-30

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address Steps
15 High Street
Draperstown
BT45 7ab
BT45 7AB

Phone 07999013578

Email mentalhealthsteps@gmail.com

Website [n/a www.facebook.com/steps.mental.health](#)

Activities

Purposes: The Charity's objects ("Objects") are to raise awareness and reduce stigma surrounding suicide and mental health and provide support leading to increased quality of health and wellbeing in the Draperstown and Mid Ulster Council areas ("the area of benefit") through promoting community driven supportive approaches including, but not limited to: (a) provision of education and prevention strategies of suicide and mental health in the area of benefit; (b) provision of a community wide presence that encourages talking about suicide and mental health; (c) facilitating communities to enable them to access a range of supports to improve and maintain mental health; (d) understanding and valuing the connection between physical and mental health by taking a preventative approach; (e) actively building a network of partners who share the Charity's vision.

What the charity does: The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Community development, Counselling/support, Education/training

Who the charity helps: Children (5-13 year olds), General public, General public, Mental health, Older people, Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£154,505	£137,269	£0	1

Trustees

Name	Role	Appointed
Mrs Anne Marie O Reilly		
Mrs Clare Devlin		
Mrs Donna English		
Mrs Margaret Mc Guigan		
Mrs Natalie Mc Cullagh		
Paul Mc Callion		
Rob Lawlor		
Will Nicholson		

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Northern Ireland - Charity number 109688

Accounts

REGISTERED COMPANY NUMBER: NI696412 (Northern Ireland)
REGISTERED CHARITY NUMBER: NIC106830

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
S.T.E.P.S. Mental Health
(Suicide.Talking.Education.Prevention.
Support.)

XEINADIN NI LTD
T/A W McGillian & Company
Unit A2, Workspace
5-7 Tobermore Road
Draperstown
BT45 7AG

S.T.E.P.S. Mental Health
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Contents of the Financial Statements
for the Year Ended 31 March 2025

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S.T.E.P.S. Mental Health
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Report of the Trustees
for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

FINANCIAL REVIEW

Financial position

Total funds for the Charity at 31 March 2025 were £80,274 (Restricted reserves £21,756 Unrestricted reserves £58,518) 31 March 2024 £63,038 (Restricted reserves £31,600 Unrestricted reserves £31,438)

Net income for the year ended 31 March 25 £17,236. 31 March 24 was £63,038.

Funds are in a good financial position.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI696412 (Northern Ireland)

Registered Charity number

NIC106830

Registered office

15 High Street
Draperstown
Derry
BT45 7AD

Trustees

C Devlin
D English
A M Lagan O' Reily
R Lawlor
N McCullagh
M McGuigan
W A Nicholson
P McCallion

Company Secretary

P McCallion

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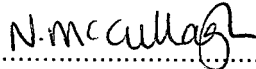
Report of the Trustees
for the Year Ended 31 March 2025

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Mr. Kieran Magill Bsc (Econ) FCA FCPA AFTA
XEINADIN NI LTD
T/A W McGillian & Company
Unit A2, Workspace
5-7 Tobermore Road
Draperstown
BT45 7AG

Approved by order of the board of trustees on 31st March 2026 and signed on its behalf by:



.....
N McCullagh - Trustee

Independent Examiner's Report to the Trustees of
S.T.E.P.S Mental Health
(Suicide.Talking.Education.Prevention.
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I report on the accounts of the company for the year ended 31 March 2025, which are set out on pages five to twelve.

Respective responsibilities of charity trustees and examiner

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

I have examined your charity accounts as required under Section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with Section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



Mr. Kieran Magill Bsc (Econ) FCA FCPA AFTA

XEINADIN NI LTD
T/A W McGillian & Company
Unit A2, Workspace
5-7 Tobermore Road
Draperstown
BT45 7AG

Independent Examiner's Report to the Trustees of
S.T.E.P.S Mental Health
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Date: 20.4.21.....

S.T.E.P.S. Mental Health
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Statement of Financial Activities
for the Year Ended 31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	Year Ended 31.3.25 Total funds £	Period 18.4.23 to 31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		56,611	-	56,611	55,689
Charitable activities					
Charitable Activities		<u>21,027</u>	<u>76,867</u>	<u>97,894</u>	<u>105,912</u>
Total		<u>77,638</u>	<u>76,867</u>	<u>154,505</u>	<u>161,601</u>
EXPENDITURE ON					
Raising funds		47,043	81,265	128,308	94,805
Charitable activities					
Charitable Activities		<u>4,037</u>	<u>4,924</u>	<u>8,961</u>	<u>3,758</u>
Total		<u>51,080</u>	<u>86,189</u>	<u>137,269</u>	<u>98,563</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	8	26,558 <u>522</u>	(9,322) <u>(522)</u>	17,236 <u>-</u>	63,038 <u>-</u>
Net movement in funds		27,080	(9,844)	17,236	63,038
RECONCILIATION OF FUNDS					
Total funds brought forward		31,438	31,600	63,038	-
TOTAL FUNDS CARRIED FORWARD		<u>58,518</u>	<u>21,756</u>	<u>80,274</u>	<u>63,038</u>

The notes form part of these financial statements

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Balance Sheet
31 March 2025

	Notes	31.3.25 £	31.3.24 £
FIXED ASSETS			
Tangible assets	5	3,547	2,024
CURRENT ASSETS			
Prepayments and accrued income		-	-
Cash at bank and in hand		<u>80,709</u>	<u>62,473</u>
		80,709	62,473
CREDITORS			
Amounts falling due within one year	6	(3,982)	(1,459)
		<u>76,727</u>	<u>61,014</u>
NET CURRENT ASSETS			
		80,274	63,038
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>80,274</u>	<u>63,038</u>
NET ASSETS			
		<u>80,274</u>	<u>63,038</u>
FUNDS	8		
Unrestricted funds		58,518	31,438
Restricted funds		<u>21,756</u>	<u>31,600</u>
TOTAL FUNDS		<u>80,274</u>	<u>63,038</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

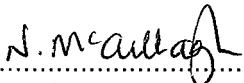
- (a) Complying with the requirements of the Act with respect to accounting records and the preparation of accounts

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Balance Sheet - continued
31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on31st March 2026..... and were signed on its behalf by:


.....
N McCullagh - Trustee

Notes to the Financial Statements
for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Land and Property – 2% on straight line
Plant & Equipment – 20 % on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	Year Ended 31.3.25 £	Period 18.4.23 to 31.3.24 £
Depreciation - owned assets	<u>97</u>	<u>17</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the period ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the period ended 31 March 2024.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	55,689	-	55,689
Charitable activities			
Charitable Activities	<u>36,211</u>	<u>69,701</u>	<u>105,912</u>
Total	<u>91,900</u>	<u>69,701</u>	<u>161,601</u>
EXPENDITURE ON			
Raising funds	61,199	33,606	94,805
Charitable activities			
Charitable Activities	<u>1,304</u>	<u>2,454</u>	<u>3,758</u>
Total	<u>62,503</u>	<u>36,060</u>	<u>98,563</u>
NET INCOME	29,397	33,641	63,038
Transfers between funds	<u>2,041</u>	<u>(2,041)</u>	<u>-</u>
Net movement in funds	31,438	31,600	63,038

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>31,438</u>	<u>31,600</u>	<u>63,038</u>

5. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and equipment £	Totals £
COST			
At 1 April 2024	2,041	-	2,041
Additions	<u>-</u>	<u>1,620</u>	<u>1,620</u>
At 31 March 2025	<u>2,041</u>	<u>1,620</u>	<u>3,661</u>
DEPRECIATION			
At 1 April 2024	17	-	17
Charge for year	<u>42</u>	<u>55</u>	<u>97</u>
At 31 March 2025	<u>59</u>	<u>55</u>	<u>114</u>
NET BOOK VALUE			
At 31 March 2025	<u>1,982</u>	<u>1,565</u>	<u>3,547</u>
At 31 March 2024	<u>2,024</u>	<u>-</u>	<u>2,024</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade creditors	-	538
Social security and other taxes	2,362	66
Accrued expenses	<u>1,620</u>	<u>855</u>
	<u>3,982</u>	<u>1,459</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

7. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
Fixed assets	3,547	-	3,547	2,024
Current assets	58,953	21,756	80,709	62,473
Current liabilities	<u>(3,982)</u>	<u> </u>	<u>(3,982)</u>	<u>(1,459)</u>
	<u>58,518</u>	<u>21,756</u>	<u>80,274</u>	<u>63,038</u>

8. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	31,438	26,558	522	58,518
Restricted funds				
Grants Restricted	31,600	(9,322)	(522)	21,756
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>63,038</u>	<u>17,236</u>	<u>-</u>	<u>80,274</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	77,638	(51,080)	26,558
Restricted funds			
Grants Restricted	76,867	(86,189)	(9,322)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>154,505</u>	<u>(137,269)</u>	<u>17,236</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds			
General fund	29,397	2,041	31,438
Restricted funds			
Grants Restricted	33,641	(2,041)	31,600
	<u>63,038</u>	<u>-</u>	<u>63,038</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	91,900	(62,503)	29,397
Restricted funds			
Grants Restricted	69,701	(36,060)	33,641
	<u>161,601</u>	<u>(98,563)</u>	<u>63,038</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.