

**Together With Solace**  
**NIC 109628**

**TRUSTEES ANNUAL REPORT**

For the financial year 1<sup>st</sup> April 2024 – 31<sup>st</sup> March 2025

The Charity is an unincorporated association established under a constitution.

In fulfilling the public benefit requirement, the charity trustees have had regard to the Charity Commission for Northern Ireland's statutory public benefit guidance.

**The purpose of this charity continues to be:**

*The purpose of the charity shall be to provide support to empower anyone experiencing a mental health condition. We aim to campaign to improve services, raise awareness, promote understanding, and end the stigma around mental health.*

The information below sets out the activities we have carried out to further our purposes and fulfil the public benefit elements during the last 12 months.

**Activities**

We have had yet another busy year throughout 2024 / 2025 within Together with Solace. We have attended, offered and volunteered at many events over the past 12 months.

**Some of the events that we have attended with our information stand are as follows,**

World Empathy Day in Omagh Library, Omagh Forum for Rural Associations AGM, Coolnagard Fun Day, The Ulster Fleadh in Dromore and The County Fleadh in Fintona, South-West College Fresher Fairs, Various Craft Fairs, St. Patricks Day and Omagh Show.

**We have supported many other local groups and organisations also including,**

Hunter's Hope Trauma Centre, Magherafelt Launch Day, Camphill Community Open Day, Local Women's Aid Vigil, and Skyzadalimit Charity Cycle.

**Some of our committee and group members have also did volunteering with various organisations throughout our local community and further afield,**

Belfast City Marathon, Belfast City Half Marathon, Belfast City Womans 10k, Arvalee School 5k walk & run, Northern Ireland 100 miler run, and Coolnagard Litter Pick.

## **Events that we have organised throughout the year include,**

Fintona Community Mental Health Open Day, Omagh Town Centre Collection Day, Ceili Time @ Coffee Time, BBQ at Gortin Glens to thank our committee members and volunteers for all their hard work and dedication, Strule Arts Centre Nights Out, our 3<sup>rd</sup> Anniversary Celebrations, our first ever Quiz night, Christmas events in both Omagh & Fintona where we brought the local communities together and had the local schools attend to entertain everyone, and our Christmas Raffle and Party night, Fintona Community Hub Weekly Social Café and our normal weekly events in our Omagh Community Hub.

## **Workshops that we have offered and some of the training that we have attended are as follows,**

Sound bath Therapies, Relaxation Therapies, Mood, Food, Sleep and Self-care Workshops, Shamanic Workshops.

Child Protection Training, Safeguarding Training, Suicide Awareness Training, Mental Health First Aid, First Aid, Autism Awareness, Marshal & Steward Training.

## **Achievements**

Our membership has remained steady, and we are starting to use our premises more with the extra workshops that we are offering. We started offering our services to the rural area of Fintona back in October 2024 and this has continued on a weekly basis to date.

Our activities do not lead to any harm. The only private benefit arising from our purposes is that a trustee or family member may participate in the same manner as all other beneficiaries, this is purely incidental and necessary so that the benefit is available to all inhabitants of the area.

## **Finances**

A review of the charities' financial position confirms a successful year. The charity had payments of £9,259.00 and receipts of £10,436.00 giving a surplus for the year of £1,177.00. This is due to paying for Rent, Electricity, Printing, Public Liability Insurance, Storage, Consumables, and Sundry.

We have received funding from Fermanagh / Omagh Council, sponsorship from local businesses and the public, which is crucial to the charity's survival. The charity carries out various fundraising activities throughout the year to help us maintain service and carry out our activities.

The group requests fair contribution from users which provide some steady income. This income provides help in paying essential bills and other necessities required for the group to continue to offer the services that we currently offer.

Accounts are prepared to comply with the requirements of the Charity Commission for Northern Ireland

## **Trustees**

The following trustees served during the financial period:

Janet Sproule – Chairperson

Shauna Cassidy – Secretary

Andrew Campbell – Treasurer

Aurelia Campbell – Committee member

Louise Irvine – Committee Member

Mary McGirr – Committee Member

Signed on behalf of the Trustees by:

A handwritten signature in cursive script, reading "Andrew Campbell", is written over a horizontal line.

Name: Andrew Campbell

Date: 01/08/2025

*Treasurer*