

Trustee Statement of No Financial Activity

During the financial year ending 5 April 2025, Life Guards Healthy Hearts Ltd did not undertake any activities and did not receive or expend any funds.

The charity did not hold a bank account during this reporting period (we have never had a bank account) and held no cash, assets, or liabilities at the beginning or end of the financial year. As a result, there were no financial transactions or accounting records for an Independent Examiner to review.

The trustees confirm that the charity was inactive throughout the financial year and that the accounts submitted accurately reflect the charity's financial position.

We are registered as a charity solely to do assemblies in schools, which doesn't cost anything and doesn't receive any income – and we didn't do any assemblies this year.

This statement is provided to accompany the Trustee Annual Report and nil accounts submitted as part of the Annual Monitoring Return.

Approved by the trustees on: 06 February 2026

Signed: Emilia Bellew

Position: Chair

On behalf of the trustees of Life Guards Health Hearts Ltd