

## **Report of the trustees for the year ended 31 August 2025**

The trustees are pleased to present their report together with Receipts and Payments Accounts and the Independent examiners report on the accounts for the year ended 31 August 2025.

### **Reference and administration details**

<u>Charity Name</u>	Portadown Wellness Centre
<u>Other names known by</u>	Portadown Wellness Centre
<u>Charity Number</u>	NIC109280
<u>HMRC Charity Number</u>	NI00995
<u>Principal Address</u>	31-37 Armagh Road Portadown Co Armagh BT62 3DR
<u>Independent Examiner</u>	Laurie Duffy L Duffy & Co Chartered Accountants 12 Queen Street Derry BT48 7EG
<u>Bankers</u>	Danske Donegall Square West Belfast BT1 6JS
<u>Trustees</u>	
Dwain Toland	Chair
Alan McDowell	Secretary
Simon Quinn	Treasurer

## **Structure, governance and management**

The charity is governed by its constitution and is constituted as a trust. Trustees are appointed and meet no less than 4 times per year.

## **Objectives and activities**

The objects of the charity are

- To provide support and empowerment for men and women who may be in recovery from mental illness, addiction, physical illness, isolation or loneliness.
- To provide a welcoming venue for men and women to talk in a safe and confidential environment about difficult personal issues and connect with others while participating in a group and/or individual project.
- To provide therapeutic practical and educational activities to enhance better mental and physical health.
- To reduce isolation and increase social networks of people in Portadown and the surrounding local areas.
- To provide opportunity for skills development, capacity building and learning from experienced facilitators and from each other.
- To advance the health and well-being of the population in Portadown and the surrounding local area

## **Achievements and performance**

Portadown Wellness Centre has had a very successful year. It has now established itself and is already running many programs to help those in need of a supportive environment either in group settings or one on one. We expect to go from strength to strength in the next year.

## **Financial review**

The charity had unrestricted reserves of £17,623 at 31 August 2025 (2024 - £14,061).

**Portadown Wellness Centre**  
**Report and Financial Statements Year Ended 31 August 2025**

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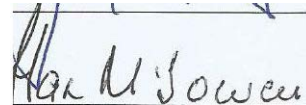
The charity does not have a policy on reserves yet as all monies raised are used to fund the company. The company plans to put a reserves policy into place in the coming year.

**Independent examiners**

A resolution will be proposed at the AGM that L Duffy & Co Chartered Accountants be re-appointed as independent examiners to Portadown Wellness Centre for the ensuing year.

The trustees declare that they have approved the trustee's report above

Signed on behalf of the charity's trustees by

A handwritten signature in blue ink, appearing to read 'Alan McDowell', is written over a light blue rectangular background.

**Alan McDowell**  
**(Secretary)**

**27 October 2025**