

Portadown Wellness Centre

Northern Ireland · Charity number 109280

Details

Status	Received
Registered	2022-12-21
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	31 - 37 Armagh Road Portadown Co.Armagh Bt62 3dr BT62 3DR
Phone	0754 537 3413
Email	portadownwellnesscentre@gmail.com
Website	www.portadownwellnesscentre.com

Activities

Purposes: The objects of charity are to preserve and protect health and wellbeing and provide support and empowerment to men and women in Portadown and the surrounding region who are affected by mental illness, addiction, physical illness, loneliness or isolation, in particular by, but not limited to, the provision of (a) Professional counselling delivered by fully qualified, experienced counsellors: and (b) Therapeutic activities such as woodwork, woodcarving, arts & crafts, education & wellbeing, cookery, baking, pottery & ceramics, sewing & interior design, gardening & horticulture, yoga, pilates and physical exercise

What the charity does: The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Community development, Medical/health/sickness

Who the charity helps: Children (5-13 year olds), General public, General public, Older people, Physical disabilities

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£155,493	£151,338	£0	0

Trustees

Name	Role	Appointed
Mr Alan Mcdowell		
Mr Dwain Toland		
Mr Simon Quinn		

Portadown Wellness Centre

Northern Ireland - Charity number 109280

Accounts

Portadown Wellness Centre
Report and Financial Statements
Year Ended 31 August 2025
Recognised as Charity by HMRC

Report of the trustees for the year ended 31 August 2025

The trustees are pleased to present their report together with Receipts and Payments Accounts and the Independent examiners report on the accounts for the year ended 31 August 2025.

Reference and administration details

<u>Charity Name</u>	Portadown Wellness Centre
<u>Other names known by</u>	Portadown Wellness Centre
<u>Charity Number</u>	NIC109280
<u>HMRC Charity Number</u>	NI00995
<u>Principal Address</u>	31-37 Armagh Road Portadown Co Armagh BT62 3DR
<u>Independent Examiner</u>	Laurie Duffy L Duffy & Co Chartered Accountants 12 Queen Street Derry BT48 7EG
<u>Bankers</u>	Danske Donegall Square West Belfast BT1 6JS
<u>Trustees</u>	
Dwain Toland	Chair
Alan McDowell	Secretary
Simon Quinn	Treasurer

Structure, governance and management

The charity is governed by its constitution and is constituted as a trust. Trustees are appointed and meet no less than 4 times per year.

Objectives and activities

The objects of the charity are

- To provide support and empowerment for men and women who may be in recovery from mental illness, addiction, physical illness, isolation or loneliness.
- To provide a welcoming venue for men and women to talk in a safe and confidential environment about difficult personal issues and connect with others while participating in a group and/or individual project.
- To provide therapeutic practical and educational activities to enhance better mental and physical health.
- To reduce isolation and increase social networks of people in Portadown and the surrounding local areas.
- To provide opportunity for skills development, capacity building and learning from experienced facilitators and from each other.
- To advance the health and well-being of the population in Portadown and the surrounding local area

Achievements and performance

Portadown Wellness Centre has had a very successful year. It has now established itself and is already running many programs to help those in need of a supportive environment either in group settings or one on one. We expect to go from strength to strength in the next year.

Financial review

The charity had unrestricted reserves of £17,623 at 31 August 2025 (2024 - £14,061).

Portadown Wellness Centre
Report and Financial Statements Year Ended 31 August 2025

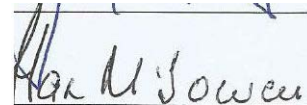
The charity does not have a policy on reserves yet as all monies raised are used to fund the company. The company plans to put a reserves policy into place in the coming year.

Independent examiners

A resolution will be proposed at the AGM that L Duffy & Co Chartered Accountants be re-appointed as independent examiners to Portadown Wellness Centre for the ensuing year.

The trustees declare that they have approved the trustee's report above

Signed on behalf of the charity's trustees by

A handwritten signature in blue ink, appearing to read "Alan McDowell", is written over a light blue rectangular background.

Alan McDowell
(Secretary)

27 October 2025

Income and Expenditure Account for the year ended 31 August 2025

	Unrestricted funds	Restricted funds	Total funds 2025	Last year 2024
	£	£	£	£
Receipts				
CFNI		7,238	7,238	8,442
Arts Council		10,015	10,015	4,200
NIHE	31,944		31,944	17,200
Clear – PHA		8,964	8,964	4,980
KFC Foundation		3,000	3,000	2,500
ABC Council	1,000	2,830	3,830	2,006
Halifax		8,000	8,000	
Foyle Foundation		7,500	7,500	
Radcliffe Trust		5,000	5,000	
LFT Charitable Trust		7,000	7,000	
NFU Mutual		7,899	7,899	
Department Foreign Affairs		8,402	8,402	
St Stephen’s Green Trust		6,000	6,000	
Kerry Foods	4,053		4,053	
SHSCT		2,600	2,600	
Bauer Radio		2,780	2,780	
Small Grants		3,915	3,915	
John Moores		3,250	3,250	
National Lottery			-	9,000
Garfield Weston			-	20,000
Supporting Communities			-	757
Hubbub Foundation			-	7,900
Allen Lane Foundation			-	3,000
Co-Operation Ireland			-	1,350
Sponsorship	7,386		7,386	10,615
Fundraising and other receipts	<u>16,717</u>		<u>16,717</u>	<u>16,349</u>
	<u>61,100</u>	<u>94,393</u>	<u>155,493</u>	<u>108,299</u>
Payments				
Facilitators	12,489	68,000	80,489	65,770
Business Development	15,078		15,078	9,150
Arts and craft materials	1,876	2,000	3,876	3,541
Catering and refreshments	1,208	2,500	3,708	3,188
Rent and rates	20,167		20,167	2,500

Portadown Wellness Centre
Report and Financial Statements Year Ended 31 August 2025

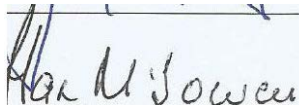
	Unrestricted funds	Restricted funds	Total funds 2025	Last year 2024
Insurance	218	1,800	2,018	1,184
Heat and light	154	2,000	2,154	2,118
Telephone, printing and stationery	1,664	6,000	7,664	5,951
Website and marketing	19	1,600	1,619	1,807
Transport and travel	71	2,500	2,571	2,615
Repairs	344	1,000	1,344	1,298
Accountancy		1,800	1,800	1,200
Volunteer Expenses	10	2,700	2,710	2,040
Training	251	800	1,051	840
Bank charges and loan interest	1,529		1,529	1,383
Depreciation	2,000		2,000	
Sundry	<u>460</u>	<u>1,100</u>	<u>1,560</u>	<u>745</u>
	<u>57,538</u>	<u>93,800</u>	<u>151,338</u>	<u>105,330</u>
Net Receipts/(Expenditure)	3,562	593	4,155	2,969
Funds brought forward	14,061	41,402	55,463	52,494
Total Funds Carried Forward	<u>17,623</u>	<u>41,995</u>	<u>59,618</u>	<u>55,463</u>

Statement of assets and liabilities at 31 August 2025

	2025	2024
	£	£
Fixed Assets		
Portacabin	53,364	53,364
Computers and equipment	10,101	8,138
Less Depreciation	(2,000)	
	<u>61,465</u>	<u>61,502</u>
Current Assets		
Bank Current Account	4,172	366
Debtor		
	<u>4,172</u>	<u>366</u>
Current Liabilities		
Creditors and Accruals	2,334	163
Bounceback Loan	3,685	6,242
Long term loan		
	<u>(1,847)</u>	<u>(6,039)</u>
Net Current Assets/(Liabilities)		
	<u>59,618</u>	<u>55,463</u>
Net Assets/(Liabilities)		
The funds of the charity		
Funds brought forward	55,463	52,494
Net Receipts/(Expenditure)	4,155	2,969
	<u>59,618</u>	<u>55,463</u>
Total charity funds		

Approved by the trustees on 27 October 2025 and signed on their behalf by

Alan McDowell
(Secretary)



Independent examiner's report to the trustees of Portadown Wellness Centre on the accounts for the year ended 31 August 2025 set out on pages 3 and 4

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 65(3) of the Charities Act (Northern Ireland) 2008 and that an independent examination is needed.

It is my responsibility to

- ♦ examine the accounts under section 65 of the 2008 Act,
- ♦ to follow the procedures laid down in general directions given by the Charity Commission (under section 65 of the 2008 Act), and
- ♦ to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. Which gives me reasonable cause to believe that in, any material respect, the requirements:
 - ♦ to keep accounting records in accordance with section 63 of the Charities Act (Northern Ireland) 2008; and
 - ♦ to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2008 Acthave not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 27 October 2025

Laurie Duffy
Fellow of the Institute of Chartered Accountants in Ireland

L Duffy & Co
Chartered Accountants
12 Queen Street
Derry City
BT48 7EG

Portadown Wellness Centre

Northern Ireland - Charity number 109280

Accounts

Portadown Wellness Centre
Report and Financial Statements
Year Ended 31 August 2024
Recognised as Charity by HMRC

Report of the trustees for the year ended 31 August 2024

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Reference and administration details

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<u>Bankers</u>	Danske Donegall Square West Belfast BT1 6JS
<u>Trustees</u>	
Dwain Toland	Chair
Alan McDowell	Secretary
David Elliott	Treasurer

Structure, governance and management

The charity is governed by its constitution and is constituted as a trust. Trustees are appointed and meet no less than 4 times per year.

Objectives and activities

The objects of the charity are

- To provide support and empowerment for men and women who may be in recovery from mental illness, addiction, physical illness, isolation or loneliness.
- To provide a welcoming venue for men and women to talk in a safe and confidential environment about difficult personal issues and connect with others while participating in a group and/or individual project.
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- To reduce isolation and increase social networks of people in Portadown and the surrounding local areas.
- To provide opportunity for skills development, capacity building and learning from experienced facilitators and from each other.
- To advance the health and well-being of the population in Portadown and the surrounding local area

Achievements and performance

Portadown Wellness Centre has had a very successful year. It has now established itself and is already running many programs to help those in need of a supportive environment either in group settings or one on one. We expect to go from strength to strength in the next year.

Financial review

The charity had unrestricted reserves of £14,061 at 31 August 2024 (2023 - £6,825).

Portadown Wellness Centre
Report and Financial Statements Year Ended 31 August 2024

The charity does not have a policy on reserves yet as all monies raised are used to fund the company. The company plans to put a reserves policy into place in the coming year.

Independent examiners

A resolution will be proposed at the AGM that L Duffy & Co Chartered Accountants be re-appointed as independent examiners to Portadown Wellness Centre for the ensuing year.

The trustees declare that they have approved the trustee's report above

Signed on behalf of the charity's trustees by

Alan McDowell
(Secretary)

8 September 2024



Income and Expenditure Account for the year ended 31 August 2024

	Unrestricted funds	Restricted funds	Total funds 2024	Last year 2023
	£	£	£	£
Receipts				
CFNI		8,442	8,442	7,920
Arts Council		4,200	4,200	4,200
NIHE	17,200		17,200	20,575
National Lottery		9,000	9,000	
Garfield Weston		20,000	20,000	
Clear – PHA		4,980	4,980	7,280
Supporting Communities	757		757	1,770
Hubbub Foundation		7,900	7,900	
KFC Foundation		2,500	2,500	
Allen Lane Foundation		3,000	3,000	
ACB&CB Council	1,000	1,006	2,006	
Co-Operation Ireland	1,350		1,350	
Halifax				8,000
John Moores				3,000
Sponsorship	10,615		10,615	5,600
Fundraising and other receipts	<u>16,349</u>		<u>16,349</u>	<u>15,886</u>
	<u>47,271</u>	<u>61,028</u>	<u>108,299</u>	<u>74,231</u>
Payments				
Facilitators	15,770	50,000	65,770	45,307
Business Development	9,150		9,150	
Arts and craft materials	1,541	2,000	3,541	4,139
Catering and refreshments	688	2,500	3,188	2,280
Rent and rates	2,500		2,500	3,843
Insurance	284	900	1,184	2,043
Heat and light	868	1,250	2,118	2,763
Telephone, printing and stationery	3,451	2,500	5,951	5,483
Website and marketing	1,007	800	1,807	2,508
Transport and travel	970	1,645	2,615	645
Repairs	798	500	1,298	799
Accountancy		1,200	1,200	950
Volunteer Expenses	1,040	1,000	2,040	
Training	240	600	840	

Portadown Wellness Centre
Report and Financial Statements Year Ended 31 August 2024

	Unrestricted funds	Restricted funds	Total funds 2024	Last year 2023
Bank charges and loan interest	1,383		1,383	652
Write off fit-out Tavanagh Road				19,069
Sundry	<u>345</u>	<u>400</u>	<u>745</u>	<u>657</u>
	<u>40,035</u>	<u>65,295</u>	<u>105,330</u>	<u>91,138</u>
Net Receipts/(Expenditure)	7,236	(4,267)	2,969	(16,907)
Funds brought forward	6,825	45,669	52,494	69,401
Total Funds Carried Forward	<u>14,061</u>	<u>41,402</u>	<u>55,463</u>	<u>52,494</u>

Statement of assets and liabilities at 31 August 2024

	2024	2023
	£	£
Fixed Assets		
Portacabin	53,364	53,364
Computers and equipment	8,138	8,138
	<hr/>	<hr/>
	61,502	61,502
Current Assets		
Bank Current Account	366	59
Debtor		
	<hr/>	<hr/>
	366	59
Current Liabilities		
Creditors and Accruals	163	700
Bounceback Loan	6,242	8,367
Long term loan		
	<hr/>	<hr/>
Net Current Assets/(Liabilities)	(6,039)	(9,008)
	<hr/>	<hr/>
Net Assets/(Liabilities)	55,463	52,494
	<hr/>	<hr/>
The funds of the charity		
Funds brought forward	52,494	69,401
Net Receipts/(Expenditure)	2,969	(16,907)
	<hr/>	<hr/>
Total charity funds	58,463	52,494
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Date: 8 September 2024

Laurie Duffy
Fellow of the Institute of Chartered Accountants in Ireland

L Duffy & Co
Chartered Accountants
12 Queen Street
Derry City
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Portadown Wellness Centre

Northern Ireland - Charity number 109280

Annual report

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8 September 2024



Portadown Wellness Centre

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