

My Rest

Northern Ireland · Charity number 109223

Details

Status	Overdue
Company number	690169
Registered	2022-11-27
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	27 Lawnmount Crescent Lisburn Bt27 4tu BT27 4TU
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Activities

Purposes: The Charity's objects ('Objects') are to reduce distress and isolation of victims of domestic and sexual violence ('the beneficiaries') through the provision of emotional support, mentoring, education and wellbeing services by but not limited to: • support worker/peer support to accompany the beneficiaries to provide a statement to police; • a support group to provide continuous education and support for as long as required, to educate the beneficiaries on consent, self-worth and wellbeing, and to share stories/testimonies to aid them on their journey of rebuilding their life; • signposting to other agencies and support as appropriate, including counselling.

What the charity does: The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Community development

Who the charity helps: General public, General public

Finances

Period end	Income	Expenditure	Assets	Employees
2026-08-04	£0	£0	£0	0
2024-08-04	£0	£0	£0	0

Trustees

Name	Role	Appointed
Dr William David Keenan		
James		
Ms Claire Louise McBride		