

Ardoyne Bone Community Health and Leisure LTD

Northern Ireland · Charity number 109065

Details

Known as ABC Health & Leisure Ltd

Status Received

Company number [644932](#)

Registered 2022-07-18

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address Abc Hub
40 Ardoyne Ave
Belfast
Bt14 7Da
Bt14 7da
BT14 7DA

Phone 02890715165

Email infoabctrust2016@gmail.com

Website [manager](#)

Activities

Purposes: The charity's objects ("Objects") are to promote the benefit of the inhabitants of North Belfast and its environs (the "area of benefit"), without distinction of gender, sexual orientation, age, disability, race, ethnicity, or political, religious or other opinion, and in particular: The advancement of citizenship and community development by: promoting active citizenship and volunteering in the community; providing facilities, amenities and support to community and voluntary groups and organisations; promoting good community relations, social inclusion and cohesion, religious and racial harmony and equality and diversity; fostering a sense of community by encouraging and celebrating a sense of place, civic pride and ownership and an appreciation of all aspects of local heritage. The advancement of health and the promotion and encouragement of community participation in amateur sports, health recreation and, in the interests of social welfare, other leisure-time occupations for the public at large or for individuals who have need of such facilities by reason of their youth, age, disablement or social and economic circumstances. The advancement of education and training by delivering and/or providing facilities for classes, workshops, training courses and other forms of tuition. The prevention or relief of poverty. The advancement of environmental protection and improvement.

What the charity does: The prevention or relief of poverty, The advancement of education, The advancement of health or the saving of lives, The advancement of citizenship or community development, The advancement of amateur sport, The advancement of environmental protection or improvement

How the charity works: Advice/advocacy/information, Arts, Community development, Community enterprise, Counselling/support, Criminal justice, Cross-border/cross-community, Cultural, Disability, Economic development, Education/training, Environment/sustainable development/conservation, General charitable purposes, Grant making, Heritage/historical, Human rights/equality, Medical/health/sickness, Relief of poverty, Research/evaluation, Sport/recreation, Urban development, Volunteer development, Welfare/benevolent

Who the charity helps: Addictions (drug/solvent/alcohol abuse), Adult training, Carers, Children (5-13 year olds), Community safety/crime prevention, Ex-offenders and prisoners, General public, Homelessness, Interface communities, Learning disabilities, Men, Mental health, Older people, Parents, Physical disabilities, Specific areas of deprivation, Tenants, Travellers, Unemployed/low income, Victim support, Voluntary and community sector, Volunteers, Women, Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£66,572	£76,345	£0	2

Trustees

Name	Role	Appointed
Brendan Madden		
Chiara Clarke		
Dr Donna-Marie Rogers		
Elizabeth Mckenna		
Leona Burns		
Mr Alexander James Trainor		
Mr Liam Mcneill		
Mr Paul Clarke		
Mrs Elaine Burns		
Niamh Burns		
Rebecca Madden		

Ardoyne Bone Community Health and Leisure LTD

Northern Ireland - Charity number 109065

Accounts

Company No: NI644932
Charity No: 109065
HMRC Charity: NI01433

Ardoyne Bone Community Health & Leisure Ltd
Financial Statements
For the Period Ended 31/03/25

Ardoyne Bone Community Health & Leisure Ltd

Company Information

Directors

Elaine Burns
Leona Burns
Niamh Burns
Paul Clarke
Chiara Clarke
Brendan Madden
Rebecca Madden
Caorimhin McNulty
Elizabeth McKenna
Liam McNeill
Dr Donna Rogers
Alex James Trainor

Registered Office

40 Ardoyne Avenue
Belfast
BT14 7DA

Accountants

Insight Business Services
53 Bernice Road
Newtownabbey
BT36 4QZ

Bankers

First Trust
University Road
Belfast

Ardoyne Bone Community Health & Leisure Ltd

	Page
Directors' Report	4
Accountant's Report	5
Statement of Financial Activities	6
Balance Sheet	7 - 8
Notes to the Financial Statements	9 - 11

Ardoyne Bone Community Health & Leisure Ltd

Directors' Report

For the Period Ended 31/03/25

The Directors present their report and financial statements for the period 31/03/25

Incorporation and change of name

The company was incorporated on 13 March 2017 as Ardoyne Bone Community Health & Leisure Limited. The company commenced trade on 1 April 2017.

Principal activity

The principal activity of the company is to provide health based welfare and charitable services and to maintain a building or buildings in order to make this available to all those within the area of benefit and elsewhere for the purpose of promoting economic business, social and cross community activity.

Directors

The directors who served during the period are as stated below:

Elaine Burns	Rebecca Madden
Leona Burns	Caoimhim McNulty
Niamh Burns	Elizabeth McKenna
Paul Clarke	Liam McNeill
Chiara Clarke	Dr Donna Rogers
Brendan Madden	Alex James Trainor

This report is prepared in accordance with the Companies Act 2006.

This report was approved by the Board on 5/12/25 and signed on its behalf by

Signature



Name

Elaine Burns

Ardoyne Bone Community Health & Leisure Ltd

Independent Examiner's Report to the Members of Ardoyne Bone Community Health & Leisure Ltd

I report on the accounts of the company for the year ended 31/03/25, which are set out on pages 6 - 11.

Respective responsibilities of Directors and examiner

The charity's Directors are responsible for the preparation of the accounts. The charity's Directors consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 and the Charities Act (NI) 2008) and that an independent examination is needed. The charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of the Chartered Institute of Management Accountants

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the Accounts
- to follow the procedures laid down in the general Directions given by the Charity Commission
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Derek Browne ACMA
Insight Business Services

53 Bernice Road
Newtownabbey, BT36 4QZ

Ardoyne Bone Community Health & Leisure Ltd

Statement of Financial Activities for the period ended 31/03/25

	2025		Total	2024
	Restricted Funds £	Unrestricted Funds £	£	
Incoming Resources				0
Grant	15,750.00	6,500.00	22,250.00	39,910
Rent	0.00	32,466.60	32,466.60	0
Other Income	<u>0.00</u>	<u>11,854.92</u>	11,854.92	<u>39,910</u>
Total Income	15,750.00	50,821.52	66,571.52	
Expenditure				40,451
Charitable Activities	15,750.00	59,155.18	74,905.18	1,440
Administrative Expenses	<u>0.00</u>	<u>1,440.00</u>	1,440.00	<u>41,891</u>
Total Expenditure	<u>15,750.00</u>	<u>60,595.18</u>	<u>76,345.18</u>	
Net Incoming/(Outgoing) Resourc	0.00	-9,773.66	<u>-9,773.66</u>	<u>-1,981</u>
Net Movement of Funds	0.00	-9,773.66	-9,773.66	-1,981

There are no recognised gains or losses other than the profit or loss for the above financial year. All activities relate to continuing operations

Ardoyne Bone Community Health & Leisure Ltd

**Balance Sheet
As at 31/03/25**

	Notes	2025		2024
		£	£	
Fixed Assets				
Tangible Assets	6		0.00	0
Current Assets				
Debtors		17,847.92		22,874
Cash at bank and in hand		<u>12,930.11</u>		<u>17,678</u>
		30,778.03		40,552
Creditors: amounts falling due within one year		1,454.00		1,454
Net Current Assets		<u>29,324.03</u>		<u>39,098</u>
Total Assets less current liabilities			29,324.03	39,098
Creditors: amounts falling due after more than one year			0.00	0
Net Assets			<u>29,324.03</u>	<u>39,098</u>
Capital and Reserves				
Reserve Fund			39,097.69	41,079
Profit and Loss Account			<u>-9,773.66</u>	<u>-1,981</u>
Total Funds			<u>29,324.03</u>	<u>39,098</u>

The directors' statements are shown on the following page which forms part of **this Balance Sheet**

Ardoyne Bone Community Health & Leisure Ltd

Balance sheet (continued)

**Directors' statements
for the year ended 31/03/25**

In approving these financial statements as directors of the charity we hereby confirm:

For the year ending 31/03/25 the company was entitled to exemption from audit under Article 257A(1) of the Companies (Northern Ireland) Order 1986 ; and

That no notice has been deposited at the registered office of the company pursuant to Article 257B(2) requesting that an audit be conducted for the year ended

Director's responsibilities;

- The members have not required the company to obtain an audit of its accounts for the year in question,
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board on 5/12/2025 and signed on its behalf by

Signature 

Name **Elaine Burns**

Ardoyne Bone Community Health & Leisure Ltd

Notes to the financial statements For the year ended 31/03/25

1. Accounting Policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in October 2000

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity

1.2 Incoming resources

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. Gifts donated for resale are included as income when they are sold. Donated assets are included at the value to the charity where this can be quantified and a third party is bearing the cost. The value of services provided by volunteers has not been included.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

1.3 Resources Expended

Resources expended are recognised in the year in which they are incurred.

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

1.4 Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Plant and machinery	25% straight line
Fixtures, fittings and equipment	25% straight line
Motor vehicles	25% straight line

Ardoyne Bone Community Health & Leisure Ltd

Notes to the financial statements For the year ended 31/03/25

1.5 Pensions

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

The regular cost of providing retirement pensions and related benefits is charged to the SOFA over the employees' service lives on the basis of a constant percentage of earnings (7%).

	2025	2024
2. Grant Income		
Government & other Grants	£ 22,250	10,916
3. Operating gain/(deficit)	2025	2024
Operating gain is stated after charging:		
Depreciation and other amounts written off	1,450	1,440
Accountant's remuneration		
4. Employees	2025	2024
Number of employees		
The average monthly number of employees (excluding the Directors) during the year were:	2	1
Employment costs	2025	2024
Wages and salaries	24,738	7,308
Social security costs	5,281	0
Other pension costs	0	0
Total	<u>30,019</u>	<u>7,308</u>

Ardayne Bone Community Health & Leisure Ltd

Notes to the financial statements For the year ended 31/03/25

5. Pension Costs

The company operates a defined contribution pension scheme. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and amounted to £0.

6. Tangible Fixed Assets

	£	£	£	£
	Cost	Plant and fittings and machinery	Fixtures, fittings and motor equipment vehicles	Total
At 1 April 2021	0	0	0	0
Additions	-	-	-	-
At 31 March 2022	0	0	0	0
Depreciation				
At 1 April 2021	0	0	0	0
Charge for the year	0	0	0	0
At 31 March 2022	0	0	0	0
Net book values				
At 31 March 2022	0	0	0	0
At 31 March 2021	0	0	0	0

7. Debtors

	£	£	£	£
	2025	2025	2024	2024
Grant Debtors	0	0	0	0
Other Debtors	21,148	21,148	22,900	22,900
Prepayments and accrued income	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
	21,148	21,148	22,900	22,900

8. Creditors: amounts falling due within one year

	£	£	£	£
	2025	2025	2024	2024
Trade creditors	0	0	0	0
Other creditors	1,450	1,450	1,440	1,440
Other taxes and social security costs	0	0	0	0
Accruals and deferred income	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
	1,450	1,450	1,440	1,440

Ardoyne Bone Community Health & Leisure Ltd

Detailed Statement of Financial Activities

For the year ended 31/03/25

	2025	2024
	£	£
Income		
Belfast Charitable Trust	15,750	0
Awards for All	0	0
Rent	8,725	39,910
Flax Trust	6,500	0
Bryson Energy	23,742	0
Other income	11,855	0
Total Income	66,572	39,910
Expenditure		
Wages & Salaries	30,019	11,394
Staff Expenses	0	0
Utilities	33,416	12,264
Insurance	5,446	0
Repairs	0	0
Accountancy & Consultancy	1,450	2,040
Bookkeeping	569	499
Maintenance	1,023	3,599
Security	0	0
Printing & Stationery	308	0
Telephone	0	0
Office Costs	1,070	0
Programmes	2,758	11,879
Consultancy	0	0
Ardoyne Association	0	0
Bank fees	286	216
Training	0	0
Total Expenditure	76,345	41,891
Surplus/Deficit	-9,773	-1,981

Ardoyne Bone Community Health and Leisure LTD

Northern Ireland - Charity number 109065

Accounts

Company No: NI644932
Charity No: 109065
HMRC Charity: NI01433

Ardoyne Bone Community Health & Leisure Ltd
Financial Statements
For the Period Ended 31/03/24

Ardoyne Bone Community Health & Leisure Ltd

Company Information

Directors

Elaine Burns
Leona Burns
Niamh Burns
Paul Clarke
Chiara Clarke
Gearoid Frame
Michael Liggett
Brendan Madden
Rebecca Madden
Caoimhim McNulty
Elizabeth McKenna
Liam McNeill
Alex James Trainor

Registered Office

40 Ardoyne Avenue
Belfast
BT14 7DA

Accountants

Insight Business Services
53 Bernice Road
Newtownabbey
BT36 4QZ

Bankers

First Trust
University Road
Belfast

Ardoyne Bone Community Health & Leisure Ltd

	Page
Directors' Report	4
Accountant's Report	5
Statement of Financial Activities	6
Balance Sheet	7 - 8
Notes to the Financial Statements	9 - 11

Ardoyne Bone Community Health & Leisure Ltd

Directors' Report

For the Period Ended 31/03/24

The Directors present their report and financial statements for the period to 31/03/24

Incorporation and change of name

The company was incorporated on 13 March 2017 as Ardoyne Bone Community Health & Leisure Limited. The company commenced trade on 1 April 2017.

Principal activity

The principal activity of the company is to provide health based welfare and charitable services and to maintain a building or buildings in order to make this available to all those within the area of benefit and elsewhere for the purpose of promoting economic business, social and cross community activity.

Directors

The directors who served during the period are as stated below:

Elaine Burns	Brendan Madden	Observers:
Leona Burns	Rebecca Madden	Cllr Nichola Bradley
Niamh Burns	Caoimhim McNulty	Paul McCusker
Paul Clarke	Elizabeth McKenna	
Chiara Clarke	Liam McNeill	
Gearoid Frame	Alex James Trainor	
Michael Liggett		

This report is prepared in accordance with the Companies Act 2006.

This report was approved by the Board on 1 December 2024 and signed on its behalf by

Signature *Paul Clarke*

Name **Paul Clarke**

Ardoyne Bone Community Health & Leisure Ltd

Independent Examiner's Report to the Members of Ardoyne Bone Community Health & Leisure Ltd

I report on the accounts of the company for the year ended 31/03/24 , which are set out on pages 6 – 11.

Respective responsibilities of Directors and examiner

The charity's Directors are responsible for the preparation of the accounts. The charity's Directors consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 and the Charities Act (NI) 2008) and that an independent examination is needed. The charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of the Chartered Institute of Management Accountants

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the Accounts
- to follow the procedures laid down in the general Directions given by the Charity Commission
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

D Browne

Derek Browne ACMA
Insight Business Services

53 Bernice Road
Newtownabbey, BT36 4QZ

Ardoyne Bone Community Health & Leisure Ltd

**Statement of Financial Activities
for the period ended 31/03/24**

	2024		Total	2023
	Restricted Funds	Unrestricted Funds		
	£	£	£	
Incoming Resources				
Grant	0.00	0.00	0.00	10,916
Income	0.00	39,910.40	39,910.40	42,640
Other	<u>0.00</u>	<u>0.00</u>	<u>0.00</u>	<u>0</u>
Total Income	0.00	39,910.40	39,910.40	53,556
Expenditure				
Charitable Activities	0.00	40,451.12	40,451.12	49,759
Administrative Expenses	<u>0.00</u>	<u>1,440.00</u>	<u>1,440.00</u>	<u>3,085</u>
Total Expenditure	0.00	41,891.12	41,891.12	52,844
Net Incoming/(Outgoing) Resourc	0.00	-1,980.72	-1,980.72	712
Net Movement of Funds	0.00	-1,980.72	-1,980.72	712

There are no recognised gains or losses other than the profit or loss for the above financial year. All activities relate to continuing operations

Ardoyne Bone Community Health & Leisure Ltd

**Balance Sheet
As at 31/03/24**

	Notes	2024		2023
		£	£	
Fixed Assets				
Tangible Assets	6		0.00	0
Current Assets				
Debtors		22,874.15		22,900
Cash at bank and in hand		<u>17,677.90</u>		<u>19,634</u>
		40,552.05		42,534
Creditors: amounts falling due within one year		1,453.00		1,454
Net Current Assets		<u>39,099.05</u>		<u>41,080</u>
Total Assets less current liabilities			39,099.05	41,080
Creditors: amounts falling due after more than one year			0.00	0
Net Assets			<u>39,099.05</u>	<u>41,080</u>
Capital and Reserves				
Reserve Fund			41,079.77	40,368
Profit and Loss Account			<u>-1,980.72</u>	<u>712</u>
Total Funds			<u>39,099.05</u>	<u>41,080</u>

The directors' statements are shown on the following page which forms part of **this Balance Sheet**

Ardoyne Bone Community Health & Leisure Ltd

Balance sheet (continued)

**Directors' statements
for the year ended 31/03/24**

In approving these financial statements as directors of the charity we hereby confirm:

For the year ending 31/03/24 the company was entitled to exemption from audit under Article 257A(1) of the Companies (Northern Ireland) Order 1986 ; and

That no notice has been deposited at the registered office of the company pursuant to Article 257B(2) requesting that an audit be conducted for the year ended

Director's responsibilities;

- The members have not required the company to obtain an audit of its accounts for the year in question,
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board on 1 December 2024 and signed on its behalf by

Signature *Paul Clarke*

Name **Paul Clarke**

Ardoyne Bone Community Health & Leisure Ltd

Notes to the financial statements For the year ended 31/03/24

1. Accounting Policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in October 2000

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity

1.2 Incoming resources

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. Gifts donated for resale are included as income when they are sold. Donated assets are included at the value to the charity where this can be quantified and a third party is bearing the cost. The value of services provided by volunteers has not been included.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

1.3 Resources Expended

Resources expended are recognised in the year in which they are incurred.

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

1.4 Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Plant and machinery	25% straight line
Fixtures, fittings and equipment	25% straight line
Motor vehicles	25% straight line

Ardoyne Bone Community Health & Leisure Ltd

Notes to the financial statements For the year ended 31/03/24

1.5 Pensions

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

The regular cost of providing retirement pensions and related benefits is charged to the SOFA over the employees' service lives on the basis of a constant percentage of earnings (7%).

2. Grant Income

	2024	2023
	£	
Government & other Grants	10,916	46,548

3. Operating gain/(deficit)

	2024	2023
Operating gain is stated after charging: Depreciation and other amounts written off Accountant's remuneration	1,440	1,320

4. Employees

	2024	2023
Number of employees The average monthly number of employees (excluding the Directors) during the year were:	1	1

Employment costs

	2024	2023
Wages and salaries	13,027	7,308
Social security costs	0	0
Other pension costs	<u>0</u>	<u>0</u>
Total	13,027	7,308

Ardoyne Bone Community Health & Leisure Ltd

**Notes to the financial statements
For the year ended 31/03/24**

5. Pension Costs

The company operates a defined contribution pension scheme
The scheme and its assets are held by independent managers
The pension charge represents contributions due from the company and amounted to £0.

6. Tangible Fixed Assets

	Plant and machinery £	Fixtures, fittings and equipment £	Motor vehicles £	Total £
Cost				
At 1 April 2021	0	0	0	0
Additions	-	-	-	-
At 31 March 2022	0	0	0	0
Depreciation				
At 1 April 2021	0	0	0	0
Charge for the year	0	0	0	0
At 31 March 2022	0	0	0	0
Net book values				
At 31 March 2022	0	0	0	0
At 31 March 2021	0	0	0	0

7. Debtors

	2024 £	2023 £
Grant Debtors	0	0
Other Debtors	22,900	22,409
Prepayments and accrued income	<u>0</u>	<u>0</u>
	22,900	22,409

8. Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	0	0
Other creditors	1,440	1,332
Other taxes and social security costs	0	0
Accruals and deferred income	<u>0</u>	<u>0</u>
	1,440	1,332

Ardoyne Bone Community Health and Leisure LTD

Northern Ireland - Charity number 109065

Annual report

TOWARDS HEALTH EQUALITY



Ardoyne Bone Community

Health & Leisure Trust

2024 STRATEGIC REVIEW

**STRATEGIC REVIEW OF
ABC Health & Leisure Trust**

Contents

1.0 Introduction	Page 1
1.1 Context of community needs	Page 2
1.2 Governance.....	Page 3
1.3 Community consultation	Page 4
2.0 Financing our Business Plan -----	Page 6
3.0 Progress on the 2018-2023 strategy -----	Page 7
3.1 Review of the 2018-2023 strategic outcomes	Page 8
4.0 Our 2024-2029 Strategic Plan	Page 12
4.1 Strategic Action Plan	Page 13
8.0 Acknowledgements -----	Page 15

1. Introduction



Since our previous strategy review, over 2,000 people and organisations have shared their views and ideas with us. We have heard loud and clear about their worries and the looming problems in health education and the environment. We've also heard about their goals and ambitions of living in a healthy community where everyone looks out for one another.

We are thrilled to introduce our new approach. It begins with the construction on phase 2 of the Health and Leisure facility and the rising interest of individuals who believe in the possibility of creating a great health-care institution in the district. We are building on what we have learnt since embarking on this journey in 2016, and we realise that the next phase will require more cooperation and deeper collaborations with everyone engaged in community-led health equity.

Our new strategy will help our community:

- Create a cutting-edge health, leisure, and training/education hub, and strengthen community infrastructure.
- Actively encourage healthy lifestyle activities and choices.
- Improve their employment, education, and training possibilities.
- Create collaborative learning and impact hubs to foster healthy relationships within Ardoyne and Bone, as well as amongst other communities in North Belfast.

As the Trust's tenth anniversary approaches, we are excited to implement a plan that provides each other with the opportunity to build a healthier community.

1.1 Context of Community Needs

ABC Health and Leisure Trust was established in 2016 as a result of community discussions regarding the need to address the growing social inequalities in Ardoyne electoral ward. These disparities were most evident in the domains of health, education, and the environment. Government statistics on health highlighted some of the stark realities of social issues facing local residents. ABC Health and Leisure Trust was established because of the outcome of these community discussions to address the growing social inequalities in Ardoyne electoral ward.

These equality disparities were most evident in the domains of health, education, and the environment. Government statistics on health highlighted some of the stark realities of social is-

issues facing local residents in Ardoyne ward. The extent of these social issues has been persistent and intractable and shaped by multiple external factors such as sectarianism, trans generational trauma, deindustrialisation, dereliction, poverty, disadvantage and discrimination.

The Trust carried out desk research on the existing levels of disadvantage within Ardoyne ward. These statistics point to the fact that Ardoyne ward has consistently been measured across a variety of multiple deprivation metrics all of which demonstrate that the ward has some of the worst outcomes in health, education and environment. These realities have informed the aims and objectives of the Trust.

The aims of Ardoyne Bone Community Health & Leisure Trust

01

Challenge health, education and environmental inequalities

02

Build on existing skills and assets in the community

03

Establish collaborative learning and impact hubs

04

Strengthen & connect people-led community action within a local plan

- 2011 Census states that 30.8% of people in Ardoyne had a long-term health problem or disability that limited their day-to-day activities
- In 2015, cancer was the registered cause of 44.4% of deaths in Ardoyne in comparison to 30.5% in Belfast North Assembly Area and 28% across Northern Ireland.
- Between 2013-2017 Ardoyne Crumlin Neighbourhood Renewal Area had the highest incident of death by suicide or undetermined intent with a death rate of 25/10,000 population compared the a rate of 8/10,000 in Northern Ireland.
- According to NISRA statistics, there has been a steady increase in dispensing prescription antidepressant drugs in Belfast North Assembly area. By 2015 there had been a 40% increase from 2010 rates in dispensing antidepressant drugs. By 2017 North Belfast Assembly area had the second highest rate in Northern Ireland for dispensing antidepressants.
- In 2018, 19% (1,480 people) were on multiple disability allowance, compared to 9% NI average
- Ardoyne Crumlin Neighbourhood Renewal area has one of the highest incidents of drug related death in Northern Ireland's Neighbourhood Renewal areas, rising from 9 in 2004 to 20 in 2014. The area now has the highest incidence of drug related deaths.

1.2 Governance



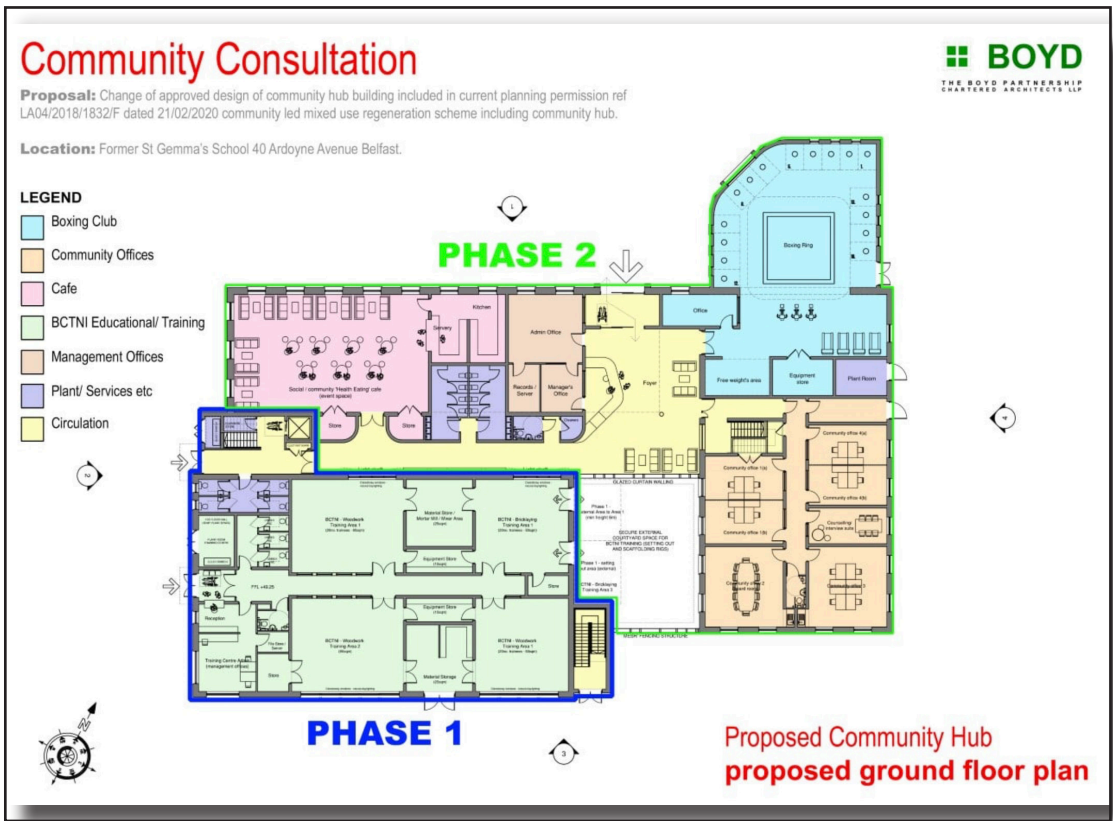
The Trust conducted a review of its governance processes aware of the wider community sector challenges of committee participation and leadership gaps. They decide to establish a company structure to manage the new facility.

The Trust wanted to enable other local people to take on leadership roles by encouraging succession planning as an integral aim of the Trust. As the building work progressed they recruited six company directors, who will ultimately manage the health and leisure facility upon its transfer in Winter 2025.

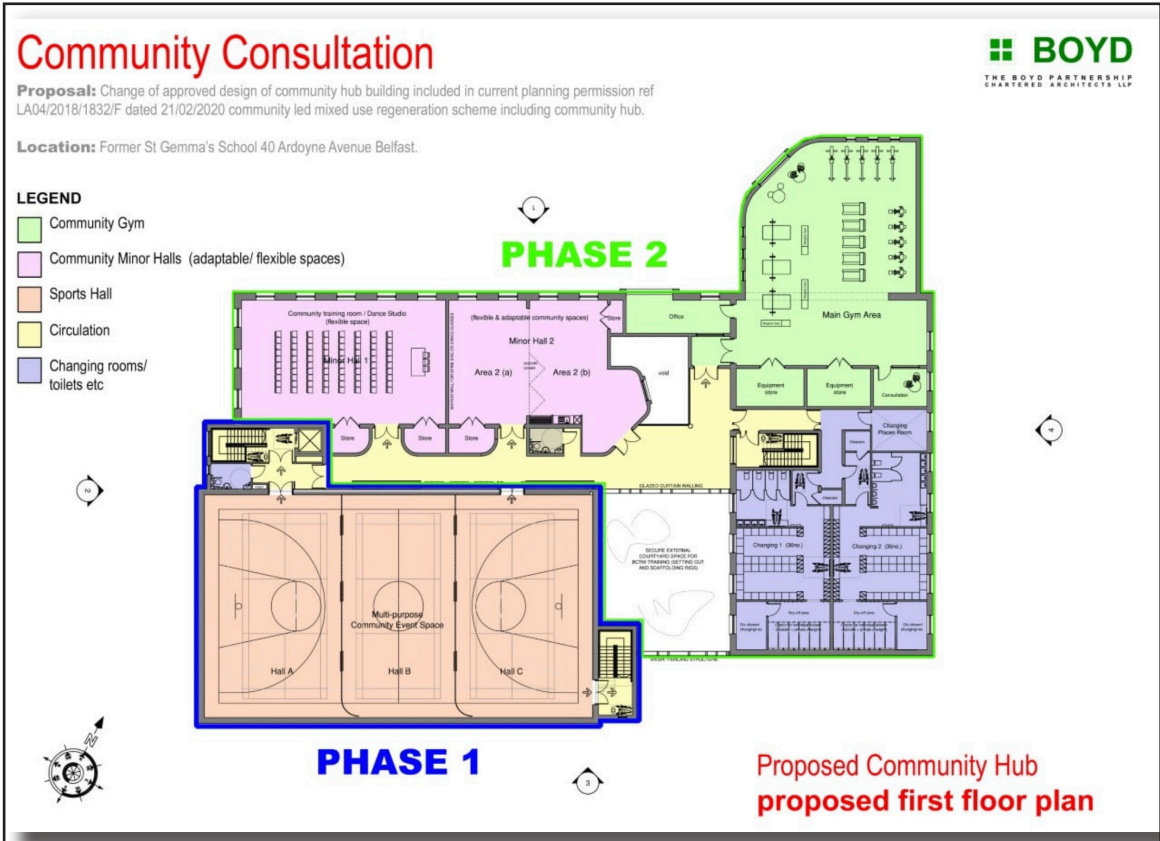
ABC Trust secured funding from the National Lottery Community Fund to provide governance training for six new directors. The Trust also secured funding from the Belfast Charitable Society for a development manager tasked with overseeing the construction process, fostering key stakeholder awareness and support for the Trust's strategic objectives, and obtaining financing to ensure the Trust's sustainability in the long term.



1.3 Community consultation



The local community indicated their preferred possibilities for the future use of the Saint Gemma’s High School property, which had been vacant since 2013. The property encompassed a large expanse of land adjacent to the Flax Centre Complex, and local residents saw the need for homes in the vicinity while also indicating the need for leisure/training facilities on the site. With this in mind, the Trust was formed following negotiations with the Flax Trust to explain community needs and gain extra financing to construct a leisure/training facility.





2.0 Financing our Business Plan

The Trust formulated a business case and submitted an application to the Executive Office's Urban Villages programme, achieving success in the process.

Increasing construction costs necessitated further negotiations between the ABC Trust and the Department for Communities, the Department for Infrastructure, and Belfast City Council to secure additional financial assistance.

The vacant Saint Gemma's High School building was acquired by Flax Trust and gifted to the ABC Trust to turn the vision of a state-of-the-art health and leisure facility into reality. The Trust immediately set about refurbishment works and space was leased to prospective tenants to cover maintenance and utility expenses while construction plans awaited approval.

A strategic plan was developed to guide the Trust's work throughout the process, ensuring a solid foundation for its future and aligning with their vision for community-led action. Construction workers eventually came on site in May 2022.



Alignment to Urban Villages Outcomes framework

1
Foster positive community identities

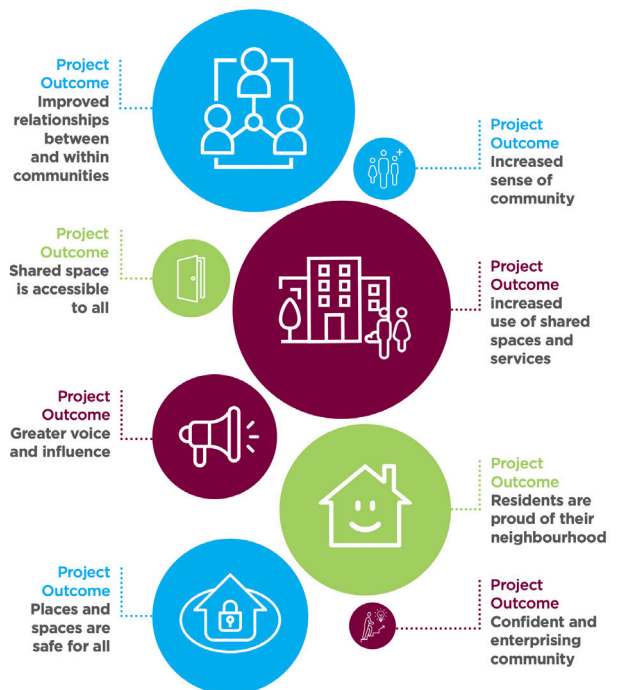
- Outcomes**
- Improved relationships between and within communities
 - Cultural diversity is celebrated
 - A community where places and spaces are safe for all
 - Increased sense of belonging

2
Build community capacity

- Outcomes**
- Increased use of shared spaces and services
 - Greater voice and influence
 - Confident and enterprising community

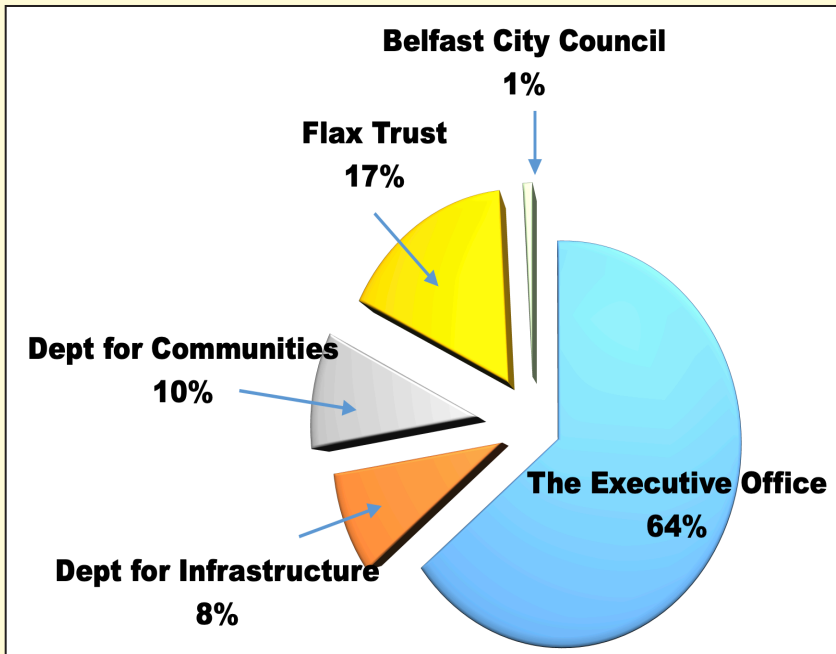
3
Improve the physical environment

- Outcomes**
- Shared space is accessible to all
 - Residents are proud of their neighbourhood
 - Increased use of shops, services and amenities
 - Increased business activity



Capital costs for the health and leisure facility currently total £7,167,000 and these costs have been met by the following funders:

- The Executive Office - Urban Villages Initiative £4,595,000
- Department for Infrastructure £606,000
- Department for Communities £700,000
- Flax Trust £1,200,000
- Belfast City Council £66,000



3. Progress on the 2018-2023 strategic plan

The 2018-2023 strategic plan has undergone continuous review, with external risk factors assessed and suitable mitigations implemented. Several tasks were excessively ambitious and remain in progress because of delays in the construction of phase 2 of the building. Phase 1 was completed and handed over in August 2023. The new building contained a training and employment facility with state-of-the-art units teaching bricklaying and joinery. The training facility tenants, BCT NI and later Bryson Energy, have successfully recruited a steady influx of young individuals motivated to acquire skills and join the workforce.



The Phase 1 construction also includes an indoor sports hall which will eventually be hired to sports clubs and other events. The main sports hall is temporarily being used by the Ardoyne Boxing Club and the Lawrenson-Toal Academy of Irish Dance until they move into their own specially constructed units in the Phase 2 building. Both tenants serve the needs of local residents with a constant flow of users.

3.1 Review of the 2018-2023 strategic outcomes

Three general outcomes were identified in the 2018-2023 strategic plan.

**1.
Improve the
Physical
Environ-
ment.**

**2.
Strategic
Plan – Health,
Education &
Training**

**3.
Good
Relations &
Partnership
Working**

OUTCOME 1: Improve the Physical Environment.

From its inception the Trust were involved with negotiating with Belfast City Council around developments on the Marrowbone Park facility on the Oldpark Road. They have been in negotiation with the Saint Mac-Nissi Educational Trust and now have the potential to unlock funding from Flax Trust to progress the development of the Holy Cross Boy's School sports pitch. This would enable the Trust to move forward with the development project, ensuring it can meet the necessary requirements to deliver the best outcome for the school and the community.

Simultaneous plans for the purchase and redevelopment of derelict Saint Gemma's High School were progressed and negotiations with the Urban Villages Programme team on preparing a business case were among the initial activities taken to improve the physical environment. Building a financial package also required facilitating community consultations and discussions with Departmental Ministerial teams regarding additional budgetary requirements.

The Trust worked with architects to develop designs and explore options for successful building design. They worked with Belfast City Council, Connolly & Fee builders, and Boyd Partner Architects to form a project board that would eventually manage the construction process. It also entailed ongoing negotiations with possible long-term renters and building relationships with several interested parties to assure the site's safety. A crucial aspect of the development was managing Flax Trust's expectations as a large contributor to the program and reporting on progress at all stages. The goal of enhancing the physical environment will not be fulfilled until phase 2 is complete, although phase 1 of building has produced a significant improvement to the public realm.

The construction of the health and leisure facility required strengthening the governance structure of the Trust as the building and operation of the facility would be only one aspect of the ABC Health & Leisure Trust's vision. In 2024 it was agreed to

establish a limited company to drive the facility project and in so doing free up the time and skills of the Trustees to develop additional plans. A general call out to the community yielded expressions of interest in this innovative leadership role and six directors were duly appointed. ABC Trust then put in place a governance training package. The Trust had employed a caretaker when they took over ownership of the school and eventually recruited a development manager in September 2024 to help design the strategic direction of the company as a sustainable business. Rental income throughout the construction process supplemented by the support of the Belfast Charitable Society enabled the recruitment of these staff. It is anticipated the company will require at least one full-time facilities manager accompanied by administration and maintenance support before the facility is fully operational. Phase 1 has already created 208 various construction posts on site and currently on Phase 2 there have been 64 construction posts.



Three general outcomes were identified in the 2018-2023 strategic plan.

1.
**Improve the
Physical
Environment.**

2.
**Strategic
Plan – Health,
Education &
Training**

3.
**Good
Relations &
Partnership
Working**

OUTCOME 2: Develop business clarity and embed project support

This outcome aimed to develop a plan that would look at the strategic needs of the ABC Trust and the area to see what gaps exist and how those needs can be met. Many of the activities have been partially delivered and subsequently it is clear that the outcome remains partially met. The main factor was the delayed recruitment of a development manager.

Before construction of the new facility the Trust successfully recruited tenants such as Ardoyne Boxing Club, and Lawrenson-Toal Academy of Irish Dance among other temporary tenants that enabled the Trust to get established and experience the challenges of operating a health and leisure facility – even if it was in a delapidated school building. Nevertheless, the experience demonstrated an interest from the local community and unwavering local support. With the development of their business plan the Trust has received letters of intent from Glenbrook Sure Start and Mill Café for leaseholds in phase 2. This is supplemented by intentions to hire the sports facility on a sessional basis by a variety of local sporting organisations and schools.

In 2023 the Trust began to explore the possibility of facilitating a social prescribing model based in the new gymnasium space and have been working with the Ulster University School of medicine to design a gymnasium-based treatment centre suitable for pre and post operative clients. These discussions have been complemented by further engagement with Queens University Belfast to help design impact reporting and share knowledge on similar community interventions across the UK and Europe.

Over the period the Trust has built up media links with local newspaper's such as the North Belfast News and have established a Facebook presence. The Trust has also engaged with a content creator to create a promotional video for the completion of Phase 1.

During construction design phase, the Trust facilitated the delivery of programmes on site that promote physical and emotional health & wellbeing. These were delivered through the Ardoyne Boxing Club, Flex Fitness and the Lawrenson-Toal Academy of Irish Dance. As the project progressed the Trust unlocked additional finances from the Urban Villages Social Value Funding, linked to the capital programme. This is a strategic initiative aimed at fostering sustainability and capacity building for our tenants/groups. This funding allowed the groups to invest in additional training and resources that enhance their overall skill sets, strengthen governance structures, and ensure long term sustainability.

- ABC Health & Leisure Trust Facebook page



OUTCOME 3: Improve good relations & partnership working

This outcome represents a continuous effort, considering that the Ardoyne ward is an interface area encircled by 'peace' walls. The strategy outlined opportunities for enhancing relations. Collaboration and participation serve as fundamental principles of the ABC Trust.

The Trust has been actively involved and is represented on the Urban Villages Reference Group. In the initial stages of design, they participated in the Ardoyne/Marrowbone Sports Group concerning the Council's development of the Marrowbone 3G pitch pavilion and community park in an effort to bridge relations between the two parishes of Holy Cross and Sacred Heart.

The ABC Trust has also collaborated with Flax Trust, Crumlin Ardoyne Neighbourhood Renewal Partnership, North Belfast Advice Partnership, and Clanmill Housing Association, and has formed a facility tenants group that meets on a regular basis

to iron out delivery challenges. This latter grouping comprises organisations that provide services to individuals from beyond the Ardoyne catchment area and encompasses participants from PUL communities. The Trust remains committed to presenting the site as a safe, shared and welcoming place for everyone. Discussions with other North Belfast communities regarding health, educational, and leisure needs are currently in progress and are contributing to health and training awareness events run through the Ardoyne Boxing Club on site and wider events through community development groups in the area such as the Ardoyne Association and Flax Trust.



4. OUR 2024-2029 STRATEGIC PLAN

The previous strategy established ‘the way forward’ and learning from its delivery now informs our new strategy. The construction of phase 2 of our facility began in April 2024 and is well underway for completion in Autumn 2025 and ongoing reflective practice of previous activities has presented us with a skeleton plan for the future. The key areas of the change we want to make in terms of health, education and environment may remain the same but with the pending completion of the facility our efforts to raise awareness and support for our vision will accelerate. Our strategic plan will therefore be our North Star guiding us through completion of the physical infrastructure and into the delivery stage.

Our project will **reduce instances of ill-health within Ardoyne ward, increase opportunities for employment for local residents and improve community learning** by:

- a. building a multi-purpose self-sustaining facility in the heart of Ardoyne that will facilitate health improvement and increase pathways into education and employment
- b. encouraging cultural change that promotes positive lifestyle choices

Moulding a new strategic plan

Significant progress has been made since 2016, and the potential for further advancements is evident as phase 2 construction continues at pace. Reflective practice indicates that there are key areas of interaction where the ABC Health and Leisure Trust could enhance efficiency. The Trust should systematically document their successes and disseminate these accomplishments to a broader audience. In addition to communicating a positive narrative regarding achievements, the Trust must ensure that the local community is informed about advancements with project sponsors and collect concrete evidence of change. Many local residents still appear to lack awareness regarding what will be on offer within the ABC building and the existing support services available locally, as well as the overall purpose of the ABC Health and Leisure Trust. The new strategy will systematically tackle these issues through a focused series of actions. Some of the reflections on the previous strategy have surfaced where the Trust will improve its approach to reducing instances of ill-health, increasing opportunities for employment and improving community learning

Recommendation 1: Increase awareness and assess progress.

1. Create a publicity plan and establish deeper partnerships with external media contacts.
2. Proactively increase views and support for the existing Facebook page. ABC Trust currently has 500 followers. A media strategy would boost this over the following 12 months with a target of reaching 1000 unique followers. A media strategy would concentrate on building a virtual presence by establishing a dedicated website, Instagram, TikTok and WhatsApp content. Training in moderating and creating blogs etc should be accessed.
3. The development manager and directors should get media training to effectively communicate the trust’s goals and objectives. Training to become ambassadors for the Trust’s Theory of Change should be offered.
4. Create ongoing web material to raise awareness and promote cultural change. This should complement the present image gallery available on the Facebook page that celebrates the development of physical improvements to the dereliction on Ardoyne Avenue, as well as the promotional film interview that depicts the completion of the first phase of the ABC Health and Leisure facility.
5. Increase the Trust’s understanding of metrics for unique page and video views on Facebook and other platforms to strengthen their evidence base and measure future progress.

Recommendation 2: Increase ABC Health and Leisure Trust’s collaborative presence.

1. Seek participation on strategic planning bodies including Neighbourhood Renewal and North Belfast Partnership Board. At present, the Trust is not represented on any larger strategic boards that are currently formulating community strategies.
2. Collaborate with GP Federation to understand how to best measure reduction of ill-health instances and the contribution of any services facilitated by ABC Health and Leisure Trust to reductions in ill-health.
3. Use participation in the Urban Renewal Reference Group to pursue collaborative opportunities.
4. Collaborate with existing social prescribing programs in Ireland and the UK.
5. Collaborate with policy and practice experts to manage inclusive health facilities.

Recommendation 3: Develop training and employment pathways

1. Put local people through physical fitness instructor training through school of medicine. Advertise the possibility of this training and work through engagement plan and media plan to promote the scheme in the local area. The target for the delivery of this target will be post Phase 2 completion date but the aim would be to celebrate the recruitment of the first cohort at a major health event.
2. Explore pathways to placements using the training provided through Mill Diner cooking school. This could be promoted through a variety of healthy lifestyle and nutrition events that are planned by existing community development groups throughout 2024 and 2025. The target for the delivery of this target will be post Phase 2 completion date but the aim would be to celebrate the recruitment of the first cohort at a major health event.
3. Explore/encourage training and skills development opportunities for service users through effective spend of Urban Villages Programme social value monies.

4.1 2024/25 Strategic Action Plan

OVERALL TASK	SUB TASK	TARGET DATE
Build a multi-purpose self-sustaining facility in the heart of Ardoyne that will facilitate health improvement and increase pathways into education and employment Build a financial sustainability plan to maintain the long-term operation of the facility	Participate and engage in various fora to develop a strategic action plan that will transform the St Gemma’s Site	2024 through to Sept 2025
	Attend meetings with capital project team.	2024 through to Sept 2025
	Attend Urban Village Reference Group meeting.	2024 through to Sept 2025
	Seek additional funding for FTE front of house and maintenance staff.	Before Sept 2025
	Engage with statutory and government departments, political representatives and the private sector regarding the action plans.	See stakeholder engagement plan
	Engage and recruit training and employment agencies to support employment pathways.	See stakeholder engagement plan

OVERALL TASK	SUB TASK	TARGET DATE
<p>Encourage cultural change that promotes positive lifestyle choices</p> <p>Develop an engagement plan to assess ongoing needs in the area and within the broader North Belfast area. This plan will provide a learning platform to share ideas and gain support and promote good relations</p> <p>Develop a sophisticated media plan and training for Board members to raise awareness and persuasive arguments for our vision</p> <p>Develop an evidence base that can demonstrate impact on health, education and environment</p>	Explore social prescribing possibilities with GP Federation and schools of medicine.	On-going
	Seek sponsorship to furnish a gym for pre and post op health	By Sept 2025
	Deliver a health conference.	Event planning for Winter 2025
	Deliver a health fair as part of ArdBone festival	Event planning for Winter 2025
	Collate health-related information on users of the facility and enable tenants to collate central data for learning and sharing knowledge.	Secure funding to develop a data retrieval system by Sept 2025
	Monitor daily delivery of programmes that promote physical and emotional health & wellbeing and work with others to evaluate change	Develop relations with existing tenants to gather data in 2024
	Work with local partners to develop shared measures and evidence demonstrating the impact of independent health improvement activities. (Ardoyne Shankill Health Partnership, Cancer Lifeline, HC Boys and Girls Schools, Grace Womens, Marrowbone Community House, Youth club provision, Irish language sector)	From September 2024
	Work with others to develop satellite Health & Leisure sites across the area, Holy Cross Boy's School 3G Pitch	
	Use local media platform, Facebook & local newspapers to promote the good work of the ABC Trust.	From September 2024
	Support Tenants in the delivery of employability training programmes in line with aims and objectives	From September 2024
	Explore social value funding opportunities to complement and inspire employment pathway and seek further sponsorship for small health improvement projects	From September 2024
	Develop a measurement system to capture carbon reduction through PV roof panels and associated environmental initiatives	By September 2025
Community Engagement to establish need or gaps in services and to work collectively	Ongoing	

5. Acknowledgements

The Ardoyne Bone Community Health and Leisure Trust would like to thank all our funders:

The Flax Trust

The Executive Office and Urban Villages North Team,

The Department for Communities

The Department for Infrastructure

The Belfast City Council

Belfast Charitable Society

National Lottery Community Fund



The Flax Trust
Established 1977



Northern Ireland
Executive
www.northernireland.gov.uk

T:buc
Changing for the better, together



Department for
Infrastructure

An Roinn

Bonneagair

Department for

Infrastructure



Department for
Communities

An Roinn

Pobal

Department for

Communities



Belfast
City Council



Our project will
**reduce instances of ill-health within Ardoyne ward,
increase opportunities for employment for local residents
and improve community learning**

We will do this by:

- a. building a multi-purpose self-sustaining facility in the heart of Ardoyne that will facilitate health improvement and increase pathways into education and employment
- b. encouraging cultural change that promotes positive lifestyle choices

For further information please contact
ABC Health and Leisure Trust
40 Ardoyne Avenue
Belfast 14 7DA

info@abctrust.org

<https://www.facebook.com/profile.php?id=100057207859191>



A

B

C

A

B

C

Ardoyne Bone Community Health and Leisure LTD

Northern Ireland - Charity number 109065

Annual return

Ardoyne Bone Community Health & Leisure Ltd

Independent Examiner's Report to the Members of Ardoyne Bone Community Health & Leisure Ltd

I report on the accounts of the company for the year ended 31/03/24 , which are set out on pages 6 – 11.

Respective responsibilities of Directors and examiner

The charity's Directors are responsible for the preparation of the accounts. The charity's Directors consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 and the Charities Act (NI) 2008) and that an independent examination is needed. The charity's gross income did not exceed £250,000 and I am qualified to undertake the examination by being a qualified member of the Chartered Institute of Management Accountants

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the Accounts
- to follow the procedures laid down in the general Directions given by the Charity Commission
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

D Browne

Derek Browne ACMA
Insight Business Services

53 Bernice Road
Newtownabbey, BT36 4QZ