

Men's Alliance (N.I.)

Northern Ireland · Charity number 108919

Details

Status	Received
Company number	671771
Registered	2022-08-17
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	C/O Suite 9 Railway Studios Lisburn Bt28 3aj BT28 3AJ
Phone	07552129497
Email	info@mensallianceni.co.uk
Website	www.mensallianceni.co.uk

Activities

Purposes: The charity's objects ('Objects') are specifically restricted to the following:- The relief of distress and/or suffering arising from domestic abuse of men in Northern Ireland which adversely affect the quality of the victim's life and those involved.

What the charity does: The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information,Counselling/support

Who the charity helps: Community safety/crime prevention,General public,Men,Mental health,Victim support

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£3,936	£19,011	£0	0

Trustees

Name	Role	Appointed
Carey Baxter		
Darren Magee		
Kenneth Alderdice		

Men's Alliance (N.I.)

Northern Ireland - Charity number 108919

Accounts

REGISTERED COMPANY NUMBER: NI671771 (Northern Ireland)
REGISTERED CHARITY NUMBER: 108919

**Report of the Trustees and
Financial Statements
for the Year Ended 31 March 2025
for
Men's Alliance (N.I.)**

Men's Alliance (N.I.)

**Contents of the Financial
Statements for the Year Ended
31 March 2025**

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Men's Alliance (N.I.) (Registered number: NI671771)

**Report of the Trustees
For the year Ended 31 March 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006. present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2019).

Public benefits:

The direct benefits flowing from the purpose of Men's Alliance is to promote the advancement of mental health in the **population of men who have experienced, or are experiencing, domestic abuse.**

We believe the impact domestic abuse has on individuals is a public health issue. We minimise suffering and promote the mental and physical health of any adult male who asks for support. We use active listening support and give practical advice **which research shows is very important to men in crisis, and we also refer to our own counselling service.**

Our online, Facebook. private peer support group network demonstrates the power of sharing experiences with others who understand what you have gone through and provides connection and a place of solidarity. This benefit is clearly shown by the number of men who join and remain in the group and by the many men who frequently engage in it.

The benefits from our purpose are demonstrated by the recording of statistics and figures that will show how much support has been provided to men who otherwise may have used statutory services or not sought help due to a perceived lack of **services.**

The benefits of counselling are measured using a well-being scale taken before and after the work is carried out. This gives a **clear indication of the male's level of improvement and provides vital data to identify strengths and weaknesses in the service** so that these can be worked on and improved.

The benefit of our MANi peer support is clearly shown by the number of men who join and remain in the group and by the many men who frequently engage in both offering and looking for support.

There is no harm arising from any of the purposes of the charity directly or indirectly. The beneficiaries of the Charity are male victims of domestic abuse commonly suffering from mental health issues who require help and support. With the exception of training for counsellors, which is incidental and necessary, there is no private benefit flowing from any of the **purposes.**

What your organisation does:

The Men's Alliance provides regular in person support groups for Male Victims and Survivors of Domestic Abuse helping **them to understand their situation and improve social skills as they re-integrate into society. These groups include walking** and gym sessions to bring the men together, extend to Zoom calls when in person meetings are not possible.

We also raise awareness of Male Domestic Abuse through use of social media accounts and other advertising medium **working towards an equal understanding for male victims as there is for female. These awareness sessions also extend to** presentations to Male Health Groups, Clubs, Associations and Corporate Contacts where staff training is also undertaken.

The Organisation provides counselling services for male victims and survivors of domestic abuse helping them on

their road to recovery, and support services as they come to terms with and recover from their abuse. These support services include the MANi network of user led peer support groups on Facebook, supported by Counsellors, Professionals, and peers.

Men's Alliance (N.I.) (Registered number: NI671771)

**Report of the Trustees
For the year Ended 31 March 2025**

Also provided is a telephone listening service for help and support, and a MENtor project where peers are trained to provide Mentorship to men in need.

The Men's Alliance also provide support to men in crisis in relation to housing and legal advice, guiding them to services that are available and advocating for them where necessary, and supporting them through a system where all too often they have little knowledge and no experience of how to make an approach and get the best help available.

The Men's Alliance are working towards a long-term project to provide residential therapeutic support for male victims of domestic abuse where currently none exists in Northern Ireland. Currently we advocate for Crisis Care for men with Government Departments, stressing the need to provide them with both housing and complete wrap around care which will help them to recover from their abuse.

Men's Alliance (NI) Chairperson Report: For 2024-25

Dear All

I would like to present the Chairpersons Report, giving an insight into the service and support we have provided to men facing domestic abuse, false allegations and forced separation (Alienation) from their children.

Service Impact Numbers:

Social Media engagement is key to Men's Alliance activities and raising awareness of the issues the men that trust us to support and advise them face. In the year 2024 to 2025 there have been in excess of 3,000,000 views of our Social media accounts, with 200,000 engagements, comments, likes and shares. The support continues to build with in excess of 30,000 followers across all our Social Media Platforms and areas.

The MANi Support Group network also continues to grow across all areas of the UK and Ireland, with a total of 4550 members (4264 men and 286 women). In Northern Ireland with 1605 members alone there are around 450 men per day engaging with the group, these are the men and women that Men's Alliance is here to support, as they or their loved ones travel through their journey of abuse and recovery, we help smooth the trip with solid advice and 24hr support based on our own lived experiences.

Support has also been extended on a 1-2-1 basis to 330 individuals who have contacted us through messenger, email or online form. This is both men and women, with the later searching for advice on how to help their brothers, new partners, dads and relatives. This support is normally provided by telephone on the same day as the request is received, giving advice, a listening ear and where appropriate direction to other resources available. This same day response is important to us, as one of our core beliefs is that when a man reaches out for help he has most likely considered it for quite some time, and he needs it NOW, not at the end of a waiting list.

Support:

In the real world we have started working with another charity, on their wooded land in Annalong in the Mourne Mountains. This benefits then through helping them maintain the site, and helps the men we support in getting into the fresh air, and making connections with other men in the same situations. We have seen up to 20 men attend these fortnightly events, to take on a project of their own, work with others in a team, just sit in the outdoors – or enjoy a BBQ when the weather co-operates!

These support avenues have allowed us to engage with men as they progress from having depression, anxiety, suicidal thoughts, low self-esteem, minimal child contact and as they grow in confidence after abuse, to outgoing confident individuals with shared custody or extensive contact with their children. Many of these men remain in our support groups, and offer advice and help to others who have only just commenced their journey. MANi is a huge community of men, offering peer support without judgement.

Importantly the help we offer is at a time when it is needed most, when it is asked for. The feedback from the groups is always positive about the community that is there and help offered, we change men's minds as victims of abuse from "I am alone, no one believes me" to "I am believed and supported."

Awareness:

The highlight of the year was our Women's March For Men in November, in the leadup to International Mens Day. This was a world first march, with women who are supporting men in their lives through abuse, women who have lost men to suicide due to domestic abuse, and women who have lost men to domestic homicides all joining to march through the middle of Belfast City Centre. The response from the public, and media interest raised was invaluable, again helping us to raise awareness of the issues faced by men who have experienced domestic abuse.

Challenges:

Challenges remain with all our volunteers, many of whom have full-time jobs also, but commit what they can to helping others and supporting them in their specialist areas, be it legal, social services, benefits or general advice. They do it solely because they have been there too.

We continue to face struggles in how we are perceived as an organisation, we work hard within our Support groups and successfully ensure all group rules are followed, with a zero-tolerance stance taken on any breaches especially around misogyny.

Unfortunately, over the years many Men's Organisations, and individuals, have done a lot of damage to how men's groups are perceived, and this is now used by others across the sector to damage efforts made to provide support to men, because we raise awareness for the issues men are facing. We now feel it necessary to state this in all meetings we attend, we are not misogynistic as accused by some. Many Women's Organisations, Men's Organisations and those that provide support to both Women and Men happily work with us, they are the ones that show the real spirit of co-operation, and focus on what we are all about – the victims we support.

Men's Alliance (N.I.) (Registered number : NI671771)

**Report of the Trustees
For the year Ended 31 March 2025**

Thanks to Volunteers and supporters:

The support we offer to men who are quite possibly at the worst time of their lives would not be possible without the amazing team of volunteers that support us, I would like to take this opportunity to thank every one of them for their commitment to Men's Alliance, we could not do it without them.

To all our online supporters and followers we have to extend thanks for encouraging us in carrying on with our advocacy and support, you motivate us every day.

As every year I am proud to be associated with the men of The Men's Alliance and the MANi Support Groups, and the amazing and positive impact on the men we support. We hear time and again the stories of men who have made it through their abuse to a happier life and even where children are involved regained contact, it is a privilege to be part of their journey.

Regards

Carey
Baxter
Chairman
Men's Alliance (NI)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI671771 (Northern Ireland)

Registered Charity number

108919

Registered office

Suite 9 Railway Studios
The Sidings
Lisburn
Co. Antrim
BT28 3AJ

Principal address

40a Ballygowan Road
Hillsborough
Co. Down
BT26 6EJ

Trustees

Mr Raymond Kenneth Alderdice Director
Mr William Carey Baxter Director
Mr Darren Foye Magee Counsellor

Independent Examiner

Stuart M Lynn FCCA
Chartered Certified
Accountant
Suite 9 Railway Studios
The Sidings
Lisburn
Co. Antrim
BT28 3AJ

Approved by order of the board of trustees on 28 January 2026 and signed on its behalf by:

WC BAXTER



Mr William Carey Baxter - Trustee

Men's Alliance (N.I.) (Registered number: NI671771)

**Independent Examiner's Report to the Trustees of Men's Alliance
For the year Ended 31 March 2025**

I report on the accounts of the company for the year ended 31 March 2025, which are set out on pages seven to fifteen.

Respective responsibilities of charity trustees and examiner

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

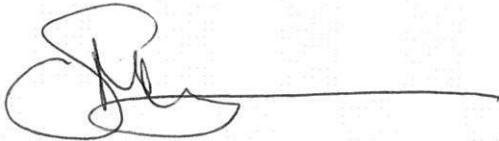
I have examined your charity accounts as required under Section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with Section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
That the accounts do not comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities
3. preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing **to your attention**.



Stuart M Lynn FCCA

Suite 9 Railway Studios
The Sidings
Lisburn
Co. Antrim
BT28 3AJ

28 January 2026

Men's Alliance (N.I.)

**Statement of Financial
Activities for the Year Ended 31
March 2025**

	Notes	Unrestricted fund £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		3,936	0	3,936	12,815
Other trading activities	2	<u>0</u>		0	0
Total		<u>3,936</u>	<u>0</u>	<u>3,936</u>	<u>12,815</u>
EXPENDITURE ON					
Charitable activities					
Direct Costs		<u>2,197</u>	<u>16,814</u>	<u>19,011</u>	<u>11,962</u>
NET INCOME/(EXPENDITURE)		1,739	(16,814)	(15,075)	853
RECONCILIATION OF FUNDS					
Total funds brought forward		386	17,891	18,277	17,424
TOTAL FUNDS CARRIED FORWARD		<u>2,125</u>	<u>1,077</u>	<u>3,202</u>	<u>18,277</u>

The notes form part of these financial statements

Men's Alliance (N.I.)

Balance Sheet 31 March 2025

	Notes	Unrestricted fund £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
CURRENT ASSETS					
Debtors	5	5,217	68	5,285	5,705
Cash at bank		<u>6,055</u>	<u>1,309</u>	<u>7,364</u>	<u>23,654</u>
		11,272	1,377	12,649	29,359
CREDITORS					
Amounts falling due within one year	6	(9,147)	(300)	(9,447)	(11,082)
NET CURRENT ASSETS		<u>2,125</u>	<u>1,077</u>	<u>3,202</u>	<u>18,277</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		2,125	1,077	3,202	18,277
NET ASSETS FUNDS	7	<u>2,125</u>	<u>1,077</u>	<u>3,202</u>	<u>18,277</u>
Unrestricted funds				2,125	386
Restricted funds				<u>1,077</u>	<u>17,891</u>
TOTAL FUNDS				<u>3,202</u>	<u>18,277</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025

in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to **financial statements, so far as applicable to the charitable company.**

Men's Alliance (N.I.)

**Balance Sheet - continued
31 March 2025**

These financial statements have been prepared in accordance with and delivered in accordance with the special provisions applicable to small charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 28 January 2026 and were signed on its behalf by:

R K ALDERDICE

A handwritten signature in black ink that reads "R K Alderdice". The signature is written in a cursive style with a large, stylized 'R' and 'K'.

Mr Raymond Kenneth Alderdice - Trustee

The notes form part of these financial statements

Men's Alliance (N.I.)

**Notes to the Financial
Statements for the Year Ended
31 March 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. OTHER TRADING ACTIVITIES

	31.3.25	31.3.24
	£	£
Support Services Provided	<u>Nil</u>	<u>Nil</u>

Men's Alliance (N.I.)

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	3,815	9,000	12,815
Other trading activities	0	-	0
Total	3,815	9,000	12,815
EXPENDITURE ON			
Charitable activities			
Direct Costs	3,612	8,350	11,962
NET INCOME/(EXPENDITURE)	203	650	853
RECONCILIATION OF FUNDS			
Total funds brought forward	183	17,241	17,424
TOTAL FUNDS CARRIED FORWARD	386	17,891	18,277

Men's Alliance (N.I)

Notes to the Financial Statements -
continued for the Year Ended 31 March
2025

5.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.3.25		31.3.24
		£		£
	VAT		68	248
	Prepayments	5,217		5,457
		5,285		5,705
6.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
		31.3.25		31.3.24
		£		£
	Trade creditors	5,217	5,230	
	VAT			
	Accrued expenses	4,230	5,852	
		Nil	Nil	
		9,447	11,082	

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025

Men's Alliance (N.I.)

Northern Ireland - Charity number 108919

Accounts

REGISTERED COMPANY NUMBER: NI671771 (Northern Ireland)
REGISTERED CHARITY NUMBER: 108919

**Report of the Trustees and
Financial Statements
for the Year Ended 31 March 2024
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Men's Alliance (N.I.)**

Men's Alliance (N.I.)

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Men's Alliance (N.I.) (Registered number: NI671771)

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For the year Ended 31 March 2024**

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Public benefits:

The direct benefits flowing from the purpose of Men's Alliance is to promote the advancement of mental health in the **population of men who have experienced, or are experiencing, domestic abuse.**

We believe the impact domestic abuse has on individuals is a public health issue. We minimise suffering and promote the mental and physical health of any adult male who asks for support. We use active listening support and give practical advice **which research shows is very important to men in crisis, and we also refer to our own counselling service.**

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The benefits from our purpose are demonstrated by the recording of statistics and figures that will show how much support has been provided to men who otherwise may have used statutory services or not sought help due to a perceived lack of **services.**

The benefits of counselling are measured using a wellbeing scale taken before and after the work is carried out. This gives a **clear indication of the male's level of improvement and provides vital data to identify strengths and weaknesses in the** service so that these can be worked on and improved.

The benefit of our MANi peer support is clearly shown by the number of men who join and remain in the group and by the many men who frequently engage in both offering and looking for support.

There is no harm arising from any of the purposes of the charity directly or indirectly. The beneficiaries of the Charity are male victims of domestic abuse commonly suffering from mental health issues who require help and support. With the exception of training for counsellors, which is incidental and necessary, there is no private benefit flowing from any of the **purposes.**

What your organisation does:

The Men's Alliance provides regular in person support groups for Male Victims and Survivors of Domestic Abuse helping **them to understand their situation and improve social skills as they re-integrate into society. These groups include walking** and gym sessions to bring the men together, extend to Zoom calls when in person meetings are not possible.

We also raise awareness of Male Domestic Abuse through use of social media accounts and other advertising medium **working towards an equal understanding for male victims as there is for female. These awareness sessions also extend to** presentations to Male Health Groups, Clubs, Associations and Corporate Contacts where staff training is also undertaken.

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Men's Alliance (N.I.) (Registered number: NI671771)

Report of the Trustees For the year Ended 31 March 2024

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The Men's Alliance are working towards a long-term project to provide residential therapeutic support for male victims of domestic abuse where currently none exists in Northern Ireland. Currently we advocate for Crisis Care for men with Government Departments, stressing the need to provide them with both housing and complete wrap around care which will help them to recover from their abuse.

Mens Alliance (NI) Chairperson Report: December 2024

Dear All

I would like to present the Chairpersons Report, giving an insight into the service and support we have provided to men facing domestic abuse, and forced separation from their children.

Service Impact Numbers:

The core to the Men's Alliance offering is online support, which can accurately be demonstrated in number of users with our Social media presence extending to 5 areas (**NI**, England, Scotland, Wales and Ireland), with a total following of 25,801 people on Facebook with our posts reaching 2,221,777 people in the last 12 months. Importantly we have a total of 4170 members in our private MANi peer support groups, with an average of 895 DAILY active users, posting, commenting and reading the content.

Support has also been extended on a 1-2-1 basis to 374 individuals who have contacted us through messenger, email or online form. This support is normally provided by telephone on the same day as the request is received, giving advice, a listening ear and where appropriate direction to other resources available.

We have also been providing group support in the real world, with walks in the summer months and gym during the winter attended by a core group of men, up to 15 who have connected over time with other group members, sharing experiences and offering support, allowing men to regain social connections they may have lost during their abusive relationship.

These support avenues have allowed us to engage with men as they progress from having depression, anxiety, suicidal thoughts, low self-esteem, minimal child contact and as they grow in confidence after abuse, to outgoing confident individuals with shared custody or extensive contact with their children.

Importantly, the help we offer is at a time when it is needed most, when it is asked for. This can be demonstrated by comments we receive in the group, the most memorable of which is "I am so glad I found this group last night; I was going to kill myself today."

Challenges:

Time and commitment is always a challenge for volunteers, with domestic abuse being such a sensitive and stigma laden subject for men who associate themselves with it. Many of our volunteers themselves also suffer with their mental health due to their abuse, and we recognise that these are men who have been through a lot, and whilst the intent is there, sometimes we have to limit our ambition in support that we offer. This being said, the help and

support being offered by the guys we support is what peer support is all about, men helping men, no matter their circumstances.

Men's Alliance (N.I.) (Registered number : NI671771)

**Report of the Trustees
For the year Ended 31 March 2024**

There are undoubtedly challenges in funding also, with external influences making applications difficult for us as an organisation supporting men. We will continue to focus on smaller projects, and previous funders who understand us as an organisation, and the ongoing need that has been demonstrated by the men we support.

Thanks to Volunteers and supporters:

The support we offer would not be possible without the dedication of a small group of volunteers, committed to helping other men, these men are encouraged by the online support they see on a daily basis, by thousands of men and women **leaving comments of support on our social media channels.**

To our volunteers, supporters and the men that trust us to help them through their personal storm, thank you, we WILL get through this together.

I am proud to be associated with the men of The Mens Alliance and the MANi Support Groups, and the amazing and positive impact on the men we support. We hear time and again the stories of men who have made it through their abuse to a happier life and even where children are involved regained contact, it is a privilege to be part of their journey.

Regards

Carey
Baxter
Chairman
Mens Alliance (NI)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

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NI671771 (Northern Ireland)

Registered Charity number

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Registered office

Suite 9 Railway Studios
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Lisburn
Co. Antrim
BT28 3AJ

Principal address

68 Ballymacormick Road
Dromore
Co. Down
BT25 1QR

Trustees

Mr Raymond Kenneth Alderdice Director

Mr William Carey Baxter Director

Mr Darren Foye Magee Counsellor

Independent Examiner

Stuart M Lynn FCCA

Chartered Certified

Accountant

Suite 9 Railway Studios

The Sidings

Lisburn

Co. Antrim

BT28 3AJ

Approved by order of the board of trustees on 27 January 2025 and signed on its behalf by:

WC BAXTER

Mr William Carey Baxter - Trustee

Men's Alliance (N.I.) (Registered number: NI671771)

**Independent Examiner's Report to the Trustees of Men's Alliance
For the year Ended 31 March 2024**

I report on the accounts of the company for the year ended 31 March 2024, which are set out on pages seven to fifteen.

Respective responsibilities of charity trustees and examiner

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

I have examined your charity accounts as required under Section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of **the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts**, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with Section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
That the accounts do not comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities
3. preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing **to your attention**.

S M LYNN

Stuart M Lynn FCCA

Suite 9 Railway Studios
The Sidings
Lisburn
Co. Antrim
BT28 3AJ

27 January 2025

**Statement of Financial
Activities for the Year Ended 31
March 2024**

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		3,815	9,000	12,815	19,106
Other trading activities	2	<u>0</u>		0	2,735
Total		<u>3,815</u>	<u>9,000</u>	<u>12,815</u>	<u>21,841</u>
EXPENDITURE ON					
Charitable activities					
Direct Costs		<u>3,612</u>	<u>8,350</u>	<u>11,962</u>	<u>13,521</u>
NET INCOME/(EXPENDITURE)		203	650	853	8,320
RECONCILIATION OF FUNDS					
Total funds brought forward		183	17,241	17,424	13,104
TOTAL FUNDS CARRIED FORWARD		<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>17,424</u>

The notes form part of these financial statements

Men's Alliance (N.I.)

Balance Sheet 31 March 2024

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
CURRENT ASSETS					
Debtors	5	5,501	204	5,705	5,453
Cash at bank		<u>5,667</u>	<u>17,987</u>	<u>23,654</u>	<u>20,436</u>
		11,168	18,191	29,359	25,889
CREDITORS					
Amounts falling due within one year	6	(10,782)	(300)	(11,082)	(8,465)
NET CURRENT ASSETS		<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>17,424</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		386	17,891	18,277	17,424
NET ASSETS FUNDS	7	<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>1,424</u>
Unrestricted funds				386	183
Restricted funds				<u>17,891</u>	<u>17,241</u>
TOTAL FUNDS				<u>18,277</u>	<u>17,424</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024
in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to **financial statements, so far as applicable to the charitable company.**

Men's Alliance (N.I.)

**Balance Sheet - continued
31 March 2024**

These financial statements have been prepared in accordance with and delivered in accordance with the special provisions applicable to small charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 27 January 2025 and were signed on its behalf by:

R K ALDERDICE

Mr Raymond Kenneth Alderdice - Trustee

The notes form part of these financial statements

Men's Alliance (N.I.)

Notes to the Financial Statements for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is

probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Support Services Provided	<u>Nil</u>	<u>2,735</u>

Men's Alliance (N.I.)

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	4,106	15,000	19,106
Other trading activities	2,735	-	2,735
Total	6,841	15,000	21,841
EXPENDITURE ON			
Charitable activities			
Direct Costs	5,210	8,311	13,521
NET INCOME/(EXPENDITURE)	1,631	6,689	8,320
RECONCILIATION OF FUNDS			
Total funds brought forward	(1,448)	10,552	9,104
TOTAL FUNDS CARRIED FORWARD	183	17,241	17,424

Men's Alliance (N.I)

**Notes to the Financial Statements -
continued for the Year Ended 31 March
2024**

5.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.3.24	
			31.3.23
		£	£
	VAT		236
	Prepayments	5,457	5,217
		5,705	5,453
6.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		31.3.24	31.3.23
		£	£
	Trade creditors	5,230	2,461
	VAT	Nil	152
	Accrued expenses	5,852	852
		11,962	8,465

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024

Men's Alliance (N.I.)

Northern Ireland - Charity number 108919

Annual report

REGISTERED COMPANY NUMBER: NI671771 (Northern Ireland)
REGISTERED CHARITY NUMBER: 108919

Report of the Trustees and
Financial Statements
for the Year Ended 31 March 2024
for
Men's Alliance (N.I.)

Men's Alliance (N.I.)

**Contents of the Financial
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31 March 2024**

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Men's Alliance (N.I.) (Registered number: NI671771)

Report of the Trustees For the year Ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006. present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Public benefits:

The direct benefits flowing from the purpose of Men's Alliance is to promote the advancement of mental health in the **population of men who have experienced, or are experiencing, domestic abuse.**

We believe the impact domestic abuse has on individuals is a public health issue. We minimise suffering and promote the mental and physical health of any adult male who asks for support. We use active listening support and give practical advice **which research shows is very important to men in crisis, and we also refer to our own counselling service.**

Our online, Facebook. private peer support group network demonstrates the power of sharing experiences with others who understand what you have gone through and provides connection and a place of solidarity. This benefit is clearly shown by the number of men who join and remain in the group and by the many men who frequently engage in it.

The benefits from our purpose are demonstrated by the recording of statistics and figures that will show how much support has been provided to men who otherwise may have used statutory services or not sought help due to a perceived lack of **services.**

The benefits of counselling are measured using a wellbeing scale taken before and after the work is carried out. This gives a **clear indication of the male's level of improvement and provides vital data to identify strengths and weaknesses in the** service so that these can be worked on and improved.

The benefit of our MANi peer support is clearly shown by the number of men who join and remain in the group and by the many men who frequently engage in both offering and looking for support.

There is no harm arising from any of the purposes of the charity directly or indirectly. The beneficiaries of the Charity are male victims of domestic abuse commonly suffering from mental health issues who require help and support. With the exception of training for counsellors, which is incidental and necessary, there is no private benefit flowing from any of the **purposes.**

What your organisation does:

The Men's Alliance provides regular in person support groups for Male Victims and Survivors of Domestic Abuse helping **them to understand their situation and improve social skills as they re-integrate into society. These groups include walking** and gym sessions to bring the men together, extend to Zoom calls when in person meetings are not possible.

We also raise awareness of Male Domestic Abuse through use of social media accounts and other advertising medium **working towards an equal understanding for male victims as there is for female. These awareness sessions also extend to** presentations to Male Health Groups, Clubs, Associations and Corporate Contacts where staff training is also undertaken.

The Organisation provides counselling services for male victims and survivors of domestic abuse helping them on

their road to recovery, and support services as they come to terms with and recover from their abuse. These support services include the MANi network of user led peer support groups on Facebook, supported by Counsellors, Professionals and peers.

Men's Alliance (N.I.) (Registered number: NI671771)

Report of the Trustees For the year Ended 31 March 2024

Also provided is a telephone listening service for help and support, and a MENtor project where peers are trained to provide Mentorship to men in need.

The Men's Alliance also provide support to men in crisis in relation to housing and legal advice, guiding them to services that are available and advocating for them where necessary, and supporting them through a system where all too often they have little knowledge and no experience of how to make an approach and get the best help available.

The Men's Alliance are working towards a long-term project to provide residential therapeutic support for male victims of domestic abuse where currently none exists in Northern Ireland. Currently we advocate for Crisis Care for men with Government Departments, stressing the need to provide them with both housing and complete wrap around care which will help them to recover from their abuse.

Mens Alliance (NI) Chairperson Report: December 2024

Dear All

I would like to present the Chairpersons Report, giving an insight into the service and support we have provided to men facing domestic abuse, and forced separation from their children.

Service Impact Numbers:

The core to the Men's Alliance offering is online support, which can accurately be demonstrated in number of users with our Social media presence extending to 5 areas (**NI**, England, Scotland, Wales and Ireland), with a total following of 25,801 people on Facebook with our posts reaching 2,221,777 people in the last 12 months. Importantly we have a total of 4170 members in our private MANi peer support groups, with an average of 895 DAILY active users, posting, commenting and reading the content.

Support has also been extended on a 1-2-1 basis to 374 individuals who have contacted us through messenger, email or online form. This support is normally provided by telephone on the same day as the request is received, giving advice, a listening ear and where appropriate direction to other resources available.

We have also been providing group support in the real world, with walks in the summer months and gym during the winter attended by a core group of men, up to 15 who have connected over time with other group members, sharing experiences and offering support, allowing men to regain social connections they may have lost during their abusive relationship.

These support avenues have allowed us to engage with men as they progress from having depression, anxiety, suicidal thoughts, low self-esteem, minimal child contact and as they grow in confidence after abuse, to outgoing confident individuals with shared custody or extensive contact with their children.

Importantly, the help we offer is at a time when it is needed most, when it is asked for. This can be demonstrated by comments we receive in the group, the most memorable of which is "I am so glad I found this group last night; I was going to kill myself today."

Challenges:

Time and commitment is always a challenge for volunteers, with domestic abuse being such a sensitive and stigma laden subject for men who associate themselves with it. Many of our volunteers themselves also suffer with their mental health due to their abuse, and we recognise that these are men who have been through a lot, and whilst the intent is there, sometimes we have to limit our ambition in support that we offer. This being said, the help and

support being offered by the guys we support is what peer support is all about, men helping men, no matter their circumstances.

Men's Alliance (N.I.) (Registered number : NI671771)

**Report of the Trustees
For the year Ended 31 March 2024**

There are undoubtedly challenges in funding also, with external influences making applications difficult for us as an organisation supporting men. We will continue to focus on smaller projects, and previous funders who understand us as an organisation, and the ongoing need that has been demonstrated by the men we support.

Thanks to Volunteers and supporters:

The support we offer would not be possible without the dedication of a small group of volunteers, committed to helping other men, these men are encouraged by the online support they see on a daily basis, by thousands of men and women **leaving comments of support on our social media channels.**

To our volunteers, supporters and the men that trust us to help them through their personal storm, thank you, we WILL get through this together.

I am proud to be associated with the men of The Mens Alliance and the MANi Support Groups, and the amazing and positive impact on the men we support. We hear time and again the stories of men who have made it through their abuse to a happier life and even where children are involved regained contact, it is a privilege to be part of their journey.

Regards

Carey
Baxter
Chairman
Mens Alliance (NI)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI671771 (Northern Ireland)

Registered Charity number

108919

Registered office

Suite 9 Railway Studios
The Sidings
Lisburn
Co. Antrim
BT28 3AJ

Principal address

68 Ballymacormick Road
Dromore
Co. Down
BT25 1QR

Trustees

Mr Raymond Kenneth Alderdice Director

Mr William Carey Baxter Director

Mr Darren Foye Magee Counsellor

Independent Examiner

Stuart M Lynn FCCA

Chartered Certified

Accountant

Suite 9 Railway Studios

The Sidings

Lisburn

Co. Antrim

BT28 3AJ

Approved by order of the board of trustees on 27 January 2025 and signed on its behalf by:

WC BAXTER

Mr William Carey Baxter - Trustee

Men's Alliance (N.I.) (Registered number: NI671771)

**Independent Examiner's Report to the Trustees of Men's Alliance
For the year Ended 31 March 2024**

I report on the accounts of the company for the year ended 31 March 2024, which are set out on pages seven to fifteen.

Respective responsibilities of charity trustees and examiner

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

I have examined your charity accounts as required under Section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of **the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts**, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with Section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
That the accounts do not comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities
3. preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing **to your attention**.

S M LYNN

Stuart M Lynn FCCA

Suite 9 Railway Studios
The Sidings
Lisburn
Co. Antrim
BT28 3AJ

27 January 2025

**Statement of Financial
Activities for the Year Ended 31
March 2024**

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		3,815	9,000	12,815	19,106
Other trading activities	2	<u>0</u>		0	2,735
Total		<u>3,815</u>	<u>9,000</u>	<u>12,815</u>	<u>21,841</u>
EXPENDITURE ON					
Charitable activities					
Direct Costs		<u>3,612</u>	<u>8,350</u>	<u>11,962</u>	<u>13,521</u>
NET INCOME/(EXPENDITURE)		203	650	853	8,320
RECONCILIATION OF FUNDS					
Total funds brought forward		183	17,241	17,424	13,104
TOTAL FUNDS CARRIED FORWARD		<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>17,424</u>

The notes form part of these financial statements

Men's Alliance (N.I.)

Balance Sheet 31 March 2024

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
CURRENT ASSETS					
Debtors	5	5,501	204	5,705	5,453
Cash at bank		<u>5,667</u>	<u>17,987</u>	<u>23,654</u>	<u>20,436</u>
		11,168	18,191	29,359	25,889
CREDITORS					
Amounts falling due within one year	6	(10,782)	(300)	(11,082)	(8,465)
NET CURRENT ASSETS		<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>17,424</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		386	17,891	18,277	17,424
NET ASSETS FUNDS	7	<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>1,424</u>
Unrestricted funds				386	183
Restricted funds				<u>17,891</u>	<u>17,241</u>
TOTAL FUNDS				<u>18,277</u>	<u>17,424</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024
in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to **financial statements, so far as applicable to the charitable company.**

Men's Alliance (N.I.)

**Balance Sheet - continued
31 March 2024**

These financial statements have been prepared in accordance with and delivered in accordance with the special provisions applicable to small charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 27 January 2025 and were signed on its behalf by:

R K ALDERDICE

Mr Raymond Kenneth Alderdice - Trustee

The notes form part of these financial statements

Men's Alliance (N.I.)

Notes to the Financial Statements for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is

probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Support Services Provided	<u>Nil</u>	<u>2,735</u>

Men's Alliance (N.I.)

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	4,106	15,000	19,106
Other trading activities	2,735	-	2,735
Total	6,841	15,000	21,841
EXPENDITURE ON			
Charitable activities			
Direct Costs	5,210	8,311	13,521
NET INCOME/(EXPENDITURE)	1,631	6,689	8,320
RECONCILIATION OF FUNDS			
Total funds brought forward	(1,448)	10,552	9,104
TOTAL FUNDS CARRIED FORWARD	183	17,241	17,424

Men's Alliance (N.I)

Notes to the Financial Statements -
continued for the Year Ended 31 March
2024

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.3.24		31.3.23
	£		£
VAT		248	236
Prepayments	5,457		5,217
	5,705		5,453
6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
	31.3.24		31.3.23
	£		£
Trade creditors	5,230	2,461	
VAT	Nil	152	
Accrued expenses	5,852	852	
	11,962	8,465	

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024

Men's Alliance (N.I.)

Northern Ireland - Charity number 108919

Annual return

REGISTERED COMPANY NUMBER: NI671771 (Northern Ireland)
REGISTERED CHARITY NUMBER: 108919

**Report of the Trustees and
Financial Statements
for the Year Ended 31 March 2024
for
Men's Alliance (N.I.)**

Men's Alliance (N.I.)

**Contents of the Financial
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31 March 2024**

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Men's Alliance (N.I.) (Registered number: NI671771)

**Report of the Trustees
For the year Ended 31 March 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006. present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Public benefits:

The direct benefits flowing from the purpose of Men's Alliance is to promote the advancement of mental health in the **population of men who have experienced, or are experiencing, domestic abuse.**

We believe the impact domestic abuse has on individuals is a public health issue. We minimise suffering and promote the mental and physical health of any adult male who asks for support. We use active listening support and give practical advice **which research shows is very important to men in crisis, and we also refer to our own counselling service.**

Our online, Facebook. private peer support group network demonstrates the power of sharing experiences with others who understand what you have gone through and provides connection and a place of solidarity. This benefit is clearly shown by the number of men who join and remain in the group and by the many men who frequently engage in it.

The benefits from our purpose are demonstrated by the recording of statistics and figures that will show how much support has been provided to men who otherwise may have used statutory services or not sought help due to a perceived lack of **services.**

The benefits of counselling are measured using a wellbeing scale taken before and after the work is carried out. This gives a **clear indication of the male's level of improvement and provides vital data to identify strengths and weaknesses in the** service so that these can be worked on and improved.

The benefit of our MANi peer support is clearly shown by the number of men who join and remain in the group and by the many men who frequently engage in both offering and looking for support.

There is no harm arising from any of the purposes of the charity directly or indirectly. The beneficiaries of the Charity are male victims of domestic abuse commonly suffering from mental health issues who require help and support. With the exception of training for counsellors, which is incidental and necessary, there is no private benefit flowing from any of the **purposes.**

What your organisation does:

The Men's Alliance provides regular in person support groups for Male Victims and Survivors of Domestic Abuse helping **them to understand their situation and improve social skills as they re-integrate into society. These groups include walking** and gym sessions to bring the men together, extend to Zoom calls when in person meetings are not possible.

We also raise awareness of Male Domestic Abuse through use of social media accounts and other advertising medium **working towards an equal understanding for male victims as there is for female. These awareness sessions also extend to** presentations to Male Health Groups, Clubs, Associations and Corporate Contacts where staff training is also undertaken.

The Organisation provides counselling services for male victims and survivors of domestic abuse helping them on

their road to recovery, and support services as they come to terms with and recover from their abuse. These support services include the MANi network of user led peer support groups on Facebook, supported by Counsellors, Professionals and peers.

Men's Alliance (N.I.) (Registered number: NI671771)

Report of the Trustees For the year Ended 31 March 2024

Also provided is a telephone listening service for help and support, and a MENtor project where peers are trained to provide Mentorship to men in need.

The Men's Alliance also provide support to men in crisis in relation to housing and legal advice, guiding them to services that are available and advocating for them where necessary, and supporting them through a system where all too often they have little knowledge and no experience of how to make an approach and get the best help available.

The Men's Alliance are working towards a long-term project to provide residential therapeutic support for male victims of domestic abuse where currently none exists in Northern Ireland. Currently we advocate for Crisis Care for men with Government Departments, stressing the need to provide them with both housing and complete wrap around care which will help them to recover from their abuse.

Mens Alliance (NI) Chairperson Report: December 2024

Dear All

I would like to present the Chairpersons Report, giving an insight into the service and support we have provided to men facing domestic abuse, and forced separation from their children.

Service Impact Numbers:

The core to the Men's Alliance offering is online support, which can accurately be demonstrated in number of users with our Social media presence extending to 5 areas (**NI**, England, Scotland, Wales and Ireland), with a total following of 25,801 people on Facebook with our posts reaching 2,221,777 people in the last 12 months. Importantly we have a total of 4170 members in our private MANi peer support groups, with an average of 895 DAILY active users, posting, commenting and reading the content.

Support has also been extended on a 1-2-1 basis to 374 individuals who have contacted us through messenger, email or online form. This support is normally provided by telephone on the same day as the request is received, giving advice, a listening ear and where appropriate direction to other resources available.

We have also been providing group support in the real world, with walks in the summer months and gym during the winter attended by a core group of men, up to 15 who have connected over time with other group members, sharing experiences and offering support, allowing men to regain social connections they may have lost during their abusive relationship.

These support avenues have allowed us to engage with men as they progress from having depression, anxiety, suicidal thoughts, low self-esteem, minimal child contact and as they grow in confidence after abuse, to outgoing confident individuals with shared custody or extensive contact with their children.

Importantly, the help we offer is at a time when it is needed most, when it is asked for. This can be demonstrated by comments we receive in the group, the most memorable of which is "I am so glad I found this group last night; I was going to kill myself today."

Challenges:

Time and commitment is always a challenge for volunteers, with domestic abuse being such a sensitive and stigma laden subject for men who associate themselves with it. Many of our volunteers themselves also suffer with their mental health due to their abuse, and we recognise that these are men who have been through a lot, and whilst the intent is there, sometimes we have to limit our ambition in support that we offer. This being said, the help and

support being offered by the guys we support is what peer support is all about, men helping men, no matter their circumstances.

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There are undoubtedly challenges in funding also, with external influences making applications difficult for us as an organisation supporting men. We will continue to focus on smaller projects, and previous funders who understand us as an organisation, and the ongoing need that has been demonstrated by the men we support.

Thanks to Volunteers and supporters:

The support we offer would not be possible without the dedication of a small group of volunteers, committed to helping other men, these men are encouraged by the online support they see on a daily basis, by thousands of men and women **leaving comments of support on our social media channels.**

To our volunteers, supporters and the men that trust us to help them through their personal storm, thank you, we WILL get through this together.

I am proud to be associated with the men of The Mens Alliance and the MANi Support Groups, and the amazing and positive impact on the men we support. We hear time and again the stories of men who have made it through their abuse to a happier life and even where children are involved regained contact, it is a privilege to be part of their journey.

Regards

Carey
Baxter
Chairman
Mens Alliance (NI)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI671771 (Northern Ireland)

Registered Charity number

108919

Registered office

Suite 9 Railway Studios
The Sidings
Lisburn
Co. Antrim
BT28 3AJ

Principal address

68 Ballymacormick Road
Dromore
Co. Down
BT25 1QR

Trustees

Mr Raymond Kenneth Alderdice Director

Mr William Carey Baxter Director

Mr Darren Foye Magee Counsellor

Independent Examiner

Stuart M Lynn FCCA

Chartered Certified

Accountant

Suite 9 Railway Studios

The Sidings

Lisburn

Co. Antrim

BT28 3AJ

Approved by order of the board of trustees on 27 January 2025 and signed on its behalf by:

WC BAXTER

Mr William Carey Baxter - Trustee

Men's Alliance (N.I.) (Registered number: NI671771)

**Independent Examiner's Report to the Trustees of Men's Alliance
For the year Ended 31 March 2024**

I report on the accounts of the company for the year ended 31 March 2024, which are set out on pages seven to fifteen.

Respective responsibilities of charity trustees and examiner

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

I have examined your charity accounts as required under Section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of **the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts**, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with Section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
That the accounts do not comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities
3. preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing **to your attention**.

S M LYNN

Stuart M Lynn FCCA

Suite 9 Railway Studios
The Sidings
Lisburn
Co. Antrim
BT28 3AJ

27 January 2025

**Statement of Financial
Activities for the Year Ended 31
March 2024**

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		3,815	9,000	12,815	19,106
Other trading activities	2	<u>0</u>		0	2,735
Total		<u>3,815</u>	<u>9,000</u>	<u>12,815</u>	<u>21,841</u>
EXPENDITURE ON					
Charitable activities					
Direct Costs		<u>3,612</u>	<u>8,350</u>	<u>11,962</u>	<u>13,521</u>
NET INCOME/(EXPENDITURE)		203	650	853	8,320
RECONCILIATION OF FUNDS					
Total funds brought forward		183	17,241	17,424	13,104
TOTAL FUNDS CARRIED FORWARD		<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>17,424</u>

The notes form part of these financial statements

Men's Alliance (N.I.)

Balance Sheet 31 March 2024

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
CURRENT ASSETS					
Debtors	5	5,501	204	5,705	5,453
Cash at bank		<u>5,667</u>	<u>17,987</u>	<u>23,654</u>	<u>20,436</u>
		11,168	18,191	29,359	25,889
CREDITORS					
Amounts falling due within one year	6	(10,782)	(300)	(11,082)	(8,465)
NET CURRENT ASSETS		<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>17,424</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		386	17,891	18,277	17,424
NET ASSETS FUNDS	7	<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>1,424</u>
Unrestricted funds				386	183
Restricted funds				<u>17,891</u>	<u>17,241</u>
TOTAL FUNDS				<u>18,277</u>	<u>17,424</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024
in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to **financial statements, so far as applicable to the charitable company.**

Men's Alliance (N.I.)

**Balance Sheet - continued
31 March 2024**

These financial statements have been prepared in accordance with and delivered in accordance with the special provisions applicable to small charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 27 January 2025 and were signed on its behalf by:

R K ALDERDICE

Mr Raymond Kenneth Alderdice - Trustee

The notes form part of these financial statements

Men's Alliance (N.I.)

Notes to the Financial Statements for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is

probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Support Services Provided	<u>Nil</u>	<u>2,735</u>

Men's Alliance (N.I.)

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	4,106	15,000	19,106
Other trading activities	2,735	-	2,735
Total	6,841	15,000	21,841
EXPENDITURE ON			
Charitable activities			
Direct Costs	5,210	8,311	13,521
NET INCOME/(EXPENDITURE)	1,631	6,689	8,320
RECONCILIATION OF FUNDS			
Total funds brought forward	(1,448)	10,552	9,104
TOTAL FUNDS CARRIED FORWARD	183	17,241	17,424

Men's Alliance (N.I)

**Notes to the Financial Statements -
continued for the Year Ended 31 March
2024**

5.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.3.24	
			31.3.23
		£	£
	VAT		236
	Prepayments	5,457	5,217
		5,705	5,453

6.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		31.3.24	31.3.23
		£	£
	Trade creditors	5,230	2,461
	VAT	Nil	152
	Accrued expenses	5,852	852
		11,962	8,465

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024

