

Omagh Mens Support Group

Northern Ireland · Charity number 108916

Details

Status Received

Registered 2022-08-17

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address 27 Kevlin Heights
Omagh
BT78 1nl
BT78 1NL

Phone 07799472968

Email gerry27.madden@gmail.com

Website www.omaghmenssupportgroup.com

Activities

Purposes: Purposes : Omagh Mens Support Group is established to promote both the personal development and health and well-being of men in Omagh and its surrounding areas, by the provision of facilities to : • Encourage men from all walks of life to speak openly about their life experiences • Help men express themselves emotionally • Encourage men in their journey of personal development • Support men in a safe environment free from prejudice

What the charity does: The advancement of health or the saving of lives

How the charity works: Counselling/support

Who the charity helps: Men,Mental health

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£0	£17	£0	0

Trustees

Name	Role	Appointed
Dessie Mccallan		
Gerard J Madden		
Patsy Mccullagh		

Omagh Mens Support Group

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Accounts

**OMAGH MENS SUPPORT GROUP - STATEMENT OF
ACCOUNTS COVERING THE PERIOD 10/04/2024 TO 1ST
APRIL 2025**

10/04/2025 OPENING BALANCE -----	£20.50p
INCOME-----	£00.00 (nil)
EXPENDITURE-----	£16.50
01/04/2025 closing balance -----	£4.00
CASH TO HAND -----	£14.25

TOTAL ASSETS	£18.25p
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EXPENDITURE

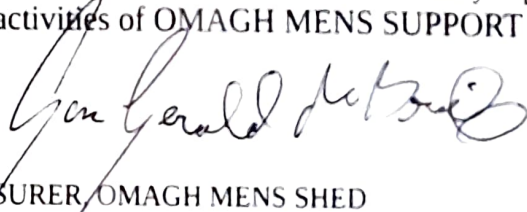
BANK ACCOUNT MAINTENANCE FEE -----	£12.50
INTEREST CHARGE-----	£4.00
	£16.50

“Other than cash held in hand or at bank,the charity has no other assets or liabilities.”



GERARD J. MADDEN,CHAIRPERSON / TRUSTEE,OMAGH
MENS SUPPORT GROUP

“I have checked the above accounts and can confirm that they represent a true and
accurate account of the activities of OMAGH MENS SUPPORT GROUP.”



MR JIM McBRIDE, TREASURER, OMAGH MENS SHED

Omagh Mens Support Group

Northern Ireland - Charity number 108916

Accounts

OMAGH MENS SUPPORT GROUP ----- STATEMENT OF ACCOUNTS

01/04/2023 to 10/04/2024

01/04/2023 opening balance	£181.83p
INCOME	£285.00p
EXPENDITURE	£446.33
10/04/2024 closing balance	£20.50p
CASH TO HAND	£14.25p

TOTAL ASSETS	£34.75p
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EXPENDITURE

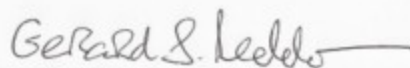
OMSG RESIDENTIAL WEEKEND MEAL	£226.33p
ASDA SHOPPING	£120.00p
GROUP SPEAKER CASH FEE	£50.00p
BANK ACCOUNT MAINTENANCE FEES	£50.00p

£446.33p

INCOME

'TALKS FOR TEN' fundraiser	£250-00p
Cash lodgement	£35-00p
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	£285-00p

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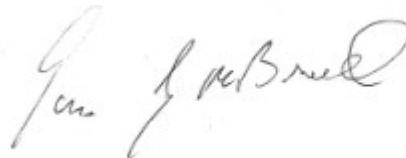


Gerard J. Madden

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MR JIM McBRIDE, TREASURER, OMAGH MENS SHED



Jim McBride

Omagh Mens Support Group

Northern Ireland - Charity number 108916

Annual report

INTRODUCTION

At Omagh Mens Support Group our aim is to provide 'a safe place where men can talk about their emotions and find help in managing the stress in their lives.' Over the past year, we have continued the provision of weekly gatherings for men offering this safe and secure space for open discussion, support and personal growth. Additionally, through collective effort and small fundraising initiatives, we were also able to organize our much anticipated annual weekend away which allowed us to deepen group relationships, facilitate an opportunity for further sharing and offer a brief period of respite for our members away from stresses of daily living.

WEEKLY MEETINGS

As just indicated, our core activity remains our Monday night meetings. There is normally an attendance of 12-14 men, our numbers have remained consistent and whilst the majority of men come along every week, we have also endeavoured to make space for new men, trying never to turn away any man in distress. There is no set agenda for our meetings other than the issues raised by the men themselves, these topics ranging from everyday challenges to more profound life issues. All our conversations bring new insights, a sense of shared experience and a reminder that none of us as men are alone in our journey. Beyond the weekly meetings, and through the use of social media, the group offers a support network for members with many of

the men staying in touch outside the sessions ,offering mutual support as needed.

ANNUAL WEEKEND

One of the highlights of the year for OMSG members is our weekend away and this year 11 men took part in a peaceful setting away from the demands of daily living. There were plenty of opportunities for group discussions both formal and informal as well as space for individual personal reflection and relaxation. We engaged in outdoor activities such as long beach walks and in overall terms the weekend was very successful in helping group bonding at several levels as well as allowing group members to return to their daily lives with a renewed sense of perspective and resilience.

FINANCIAL OVERVIEW

OMSG operates on a very modest budget, we are gifted the use of our regular Monday night meeting space, whilst, as already stated our annual weekend away is financed through collective effort and small fundraising initiatives. Summary of details as follows:

Opening balance	£181.83
Cash to hand	£14.25
Total income	£285.00
Total expenses	£446.33
SURPLUS	£34.75

CONCLUSION / LOOKING AHEAD

Looking to next year we will continue with our weekly meetings for both regular attendees whilst always being open to welcoming new men.OMSG has been in existence for some twenty plus years now and the view is 'if it is not broken, then there is no need to fix it'! Our annual weekend will remain a priority and dependent upon our financial resources, we will always look at being possibly more creative in its structure and location.Finally, this annual report is an opportunity to express a heartfelt thanks to all men who are / have been members of OMSG and who, through their sharing of themselves, have contributed richly to the life of the group.Thanks also to all who in any way supported the activities of OMSG, your help is very much appreciated and here's to another year of connection, sharing and mutual support!

GERARD J. MADDEN,

CHAIRPERSON /TRUSTEE OMAGH MENS SUPPORT GROUP

OCTOBER 2024

Omagh Mens Support Group

Northern Ireland - Charity number 108916

Annual return

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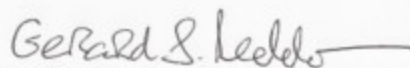
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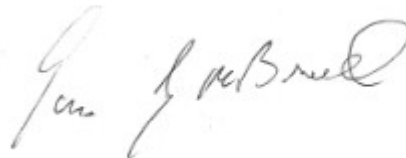


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