

PCOS Vitality

Northern Ireland · Charity number 108899

Details

Status Received

Registered 2022-07-21

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address 68
Upper Movilla Street
Upper Movilla Street
68
Upper Movilla Street
BT23 8JP
BT23 8JP

Phone 07841388033

Email info@pcosvitality.com

Website www.pcosvitality.com

Activities

Purposes: The advancement of health in relation to Polycystic Ovary Syndrome (PCOS) which is a lifelong condition which affects gynaecology, metabolism and mental health. Our purpose is to promote health through education, evidence-based information and support (not medical advice) via raising awareness of PCOS via social media platforms and via an online peer support group with current membership of 480 people. Awareness and education will include the publication of leaflets and printed materials for women and people with PCOS. The system of law governing the constitution of the charity is the law of Northern Ireland.

What the charity does: The advancement of health or the saving of lives

How the charity works: Advice/advocacy/information

Who the charity helps: Women

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£0	£0	£0	0

Trustees

Name	Role	Appointed
Jrh Crossan		
Ms Maureen Ann Busby Msc		

PCOS Vitality

Northern Ireland - Charity number 108899

Accounts

PCOS VITALITY

Annual Report & Statement of Accounts

Year to April 2025

REFERENCE & ADMINISTRATIVE DETAILS

CHARITY NAME: PCOS VITALITY **CHARITY NO:** 108899

CHARITY TRUSTEES: MS MAUREEN BUSBY & MR JRH CROSSAN

STRUCTURE & GOVERNANCE

The Charity is operated by Ms Busby. PCOS Vitality is a completely digital entity with a social media presence including a Facebook Peer support Group for women with PCOS. We have several volunteers who help with social media. No-one receives any remuneration. We operate using free digital apps and social media sites. Appointed Trustees meet regularly to review goals and set plans.

OBJECTIVES & ACTIVITIES

The advancement of health or the saving of lives.

Summary of the objectives of the charity set out in its governing document

Raising awareness of PCOS will lead to earlier opportunities for diagnosis, prevention of long-term complications and better support for people with PCOS. This can be demonstrated in the amount of people engaging with us as there is currently no charity for PCOS in Ireland. General awareness among the public should also increase. There is no potential for harm as we are solely providing information that is general. No medical advice is given. Women and people with PCOS are the main beneficiaries but the public at large will also benefit by understanding more about PCOS through our work. Summary of Main Activities undertaken for the public benefit in relation to these objectives Facebook Peer Support Group, Social Media Awareness Campaigns, Publication of online information for educational purposes. These activities increase understanding and awareness of the condition which can help people get earlier diagnosis/treatment and can also reduce stigma. No fees are charged for our membership/information.

Approved and adopted by a meeting of the Trustees on 23 January 2026 and signed on their behalf by

M Busby

Maureen Busby

Founder, PCOS Vitality

SECTION A: RECEIPTS & PAYMENTS

RECEIPTS PERIOD START DATE 5 April 2023 TO PERIOD END DATE ____ 5 April 2024

RECEIPTS

Donations/Grants	0.00
Interest	0.00
Gift Aid	0.00
Membership	0.00
SUBTOTAL	0.00
TOTAL RECEIPTS	0.00

PAYMENTS

Administration	0.00
Canva	0.00
Insurance	0.00
Activities	0.00
SUBTOTAL	0.00
TOTAL PAYMENTS	0.00

SECTION B STATEMENT OF ASSETS AND LIABILITIES AT THE END OF THE PERIOD

CATEGORIES	DETAILS	UNRESTRICTED FUNDS TO NEAREST £	RESTRICTED FUNDS TO NEAREST £	ENDOWMENT FUNDS TO NEAREST £
CASH	NO BANK ACCOUNT YET	0,00	0,00	0,00
OTHER MONETARY ASSETS	NONE	0.00	0.00	0.00
		FUND TO WHICH ASSET BELONGS	COST	CURRENT VALUE
INVESTMENT ASSET	NONE	NOT APPLICABLE	0.00	0.00
ASSETS RETAINED FOR THE CHARITY'S USE	NONE	NOT APPLICABLE	0.00	0.00
		FUNDS TO WHICH LIABILITIES RELATE	AMOUNT DUE	WHEN DUE
LIABILITIES	NONE	NOT APPLICABLE	0.00	0.00

Signed (on behalf of all the trustees)

M Busby

Ms Maureen Busby, Founder, PCOS Vitality

FINANCIAL REVIEW

PRINCIPAL SOURCE OF FUNDS

Currently, the charity does not have any source of funds. We use free social media and free Canva media to exist digitally and raise awareness and interact and provide peer support online. Once more established we hope to secure funding/donations.

OTHER OPTIONAL INFORMATION

Plans include opening a bank account so we can receive donations. We continue to focus on awareness raising and education to help reduce stigma and help increase the likelihood of improved health outcomes for women thus reducing the chances of complications or future health problems/co-morbidities associated with PCOS.

DECLARATION

DECLARATION	The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees	<i>M Busby</i>
Signature	<i>M Busby</i>
Position	Founder
Full Name	Ms Maureen Ann Busby
Date	31 January 2026

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

REPORT TO THE TRUSTEES OF	PCOS Vitality
ON ACCOUNTS FOR THE YEAR ENDED	April 2025
SET OUT ON PAGES	3-5
<p>I report to the trustees on my examination of the accounts for the year ended April 2025. As the charity trustees of the Trust, You are responsible for the preparation of the accounts in accordance with the Charities Act 2011 (the Act). I note that the charity is not yet financially active with no bank account or accounts.</p> <p>I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination.</p> <p>I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn to enable a proper understanding of the accounts to be reached.</p> <p>Signed: Name: Date: Address:</p>	

PCOS Vitality

Northern Ireland - Charity number 108899

Accounts



PCOS VITALITY

Annual Report & Statement of Accounts – Year to April 2024



AUGUST 23, 2025

PCOS VITALITY REGISTERED CHARITY NI108899

www.pcosvitality.com

REFERENCE & ADMINISTRATIVE DETAILS

CHARITY NAME: PCOS VITALITY **CHARITY NO:** 108899

CHARITY TRUSTEES: MS MAUREEN BUSBY & MR JRH CROSSAN

STRUCTURE & GOVERNANCE

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OBJECTIVES & ACTIVITIES

The advancement of health or the saving of lives.

Summary of the objectives of the charity set out in its governing document

Raising awareness of PCOS will lead to earlier opportunities for diagnosis, prevention of long-term complications and better support for people with PCOS. This can be demonstrated in the amount of people engaging with us as there is currently no charity for PCOS in Ireland. General awareness among the public should also increase. There is no potential for harm as we are solely providing information that is general. No medical advice is given. Women and people with PCOS are the main beneficiaries but the public at large will also benefit by understanding more about PCOS through our work.

Summary of Main Activities undertaken for the public benefit in relation to these objectives

Facebook Peer Support Group, Social Media Awareness Campaigns, Publication of online information for educational purposes. These activities increase understanding and awareness of the condition which can help people get earlier diagnosis/treatment and can also reduce stigma. No fees are charged for our membership/information.

Approved and adopted by a meeting of the Trustees on 23 August 2025 and signed on their behalf by

M Busby

Maureen Busby CEO & Founder.

SECTION A: RECEIPTS & PAYMENTS

RECEIPTS PERIOD START DATE 5 April 2023 TO PERIOD END DATE ____ 5 April 2024

RECEIPTS

Donations/Grants	0.00
Interest	0.00
Gift Aid	0.00
Membership	0.00
SUBTOTAL	0.00
TOTAL RECEIPTS	0.00

PAYMENTS

Administration	0.00
Canva	0.00
Insurance	0.00
Activities	0.00
SUBTOTAL	0.00
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SECTION B STATEMENT OF ASSETS AND LIABILITIES AT THE END OF THE PERIOD

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Signed (on behalf of all the trustees)

_____ Ms Maureen Busby, CEO & Founder, PCOS Vitality.

FINANCIAL REVIEW

PRINCIPAL SOURCE OF FUNDS	We do not receive any funds and are hoping to open a bank account in the future. We are fortunate to be able to use social media to our advantage as it is free. We currently have a team of volunteers who can help sometimes although due to illness sometimes this can be inconsistent which sets things back from time to time. Nevertheless, we do continue to raise a lot of awareness in the local community and once we are more established we should be able to secure funding/donations.
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OTHER OPTIONAL INFORMATION	Plans include opening a bank account so we can receive donations. We continue to focus on community awareness to help reduce stigma and to help increase the likelihood that women will get an earlier diagnosis thus reducing chances of complications or future health problems/co-morbidities.
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Signed on behalf of the charity's trustees	
Signature	
Position	
Full name	
Date	

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

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ON ACCOUNTS FOR THE YEAR ENDED	April 2024
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PCOS Vitality

Northern Ireland - Charity number 108899

Annual report



PCOS VITALITY

Annual Report & Statement of Accounts – Year to April 2024



AUGUST 23, 2025

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www.pcosvitality.com

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Maureen Busby CEO & Founder.

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PCOS Vitality

Northern Ireland - Charity number 108899

Annual return



PCOS VITALITY

Annual Report & Statement of Accounts – Year to April 2024



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Signed on behalf of the charity's trustees	
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