

Train 2B Smart Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Objectives and activities

The objects of Train 2B Smart Ltd are to carry on charitable activities which benefit the community in Northern Ireland and in particular (without limitation) to support projects, activities, events and enterprises related to sport and fitness that support and help individuals, families and communities affected by physical and mental health and wellbeing issues and also promote awareness of, and address issues related to, physical and mental health and wellbeing in Northern Ireland, insofar as is charitable.

Achievements and performance

During year 24-25, Train 2B Smart (TTBS) continued to provide mental health and wellbeing support to the local and wider community through sport and activity, with the 5 steps to wellbeing at the heart of the charity ethos. Alongside the charity drop-in sessions for ages 5-6 years held in our safe shared space at Centrepont, Lurgan(led through former Tottenham Hotspur and Northern Ireland International, Gerard McMahon), we also fielded affiliated teams from ages 7 through to 18 years and continued our emphasis on enjoyment and play within our affiliated small sided games teams (ages 8 - 10), development at the under 11 - 12 level and competitive teams playing within the Mid Ulster Youth League at under 13 and above. We encouraged our coaches and committee members to take part in various CPD events, with 20+ Volunteer coaches completing Child Protection courses. Project Co-ordinator, Pat McGibbon continued to present at mental health workshops and Public Events throughout the year within schools, colleges, universities, partner Foundations and workplaces, speaking to students at schools at a local level (e.g. Tullygally Primary School and Lismore Comprehensive) and both a regional and national level including The Manchester United Foundation and Football Association of Ireland, FAI). He also presented mental health workshops for children and young people at YMCA Portadown and St Marys Youth Club, Portadown and within work organisations in the local area (e.g. Smurfit and Tayto). emphasising our Charity "Its smart 2 talk message" and providing children, adolescent and adults with the opportunity of personal and professional development with the emphasis of GROW model learning (GOAL REALITY OPPORTUNITY WAY FORWARD). In line with our strategic plan to grow Our charity "its smart 2 talk" message, we promoted this on various playing shirts within local senior football in the Mid-Ulster League, with Goodyear FC and Ballyoran FC sporting the key mental health message. Train 2B Smart continued to provide for our service level users at our leased facility in Centrepont, Lurgan. Sports which included rugby, gaelic, hurling, soccer, athletics and archery were provided for in a safe shared place for all those involved, with books and literature relating to mental health and wellbeing also provided to our service level users in a safe shared space.

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Achievements and performance *(continued)*

The charity continued to promote our plastic recycling (Its Smart 2 Talk Plastics) project, collecting and shredding plastics and educating the local community on the processes involved in using old plastics to 3-D Print, showcasing our work through community events. TTBS continued to develop in the Key areas of both governance and organisation, with the Committee and Project Co- Ordinator Pat McGibbon attending scheduled regular meetings with Tullygally Primary School, The McClay Foundation and the Education Authority as part of Train 2B Smarts Promotion Strategy. Kirsty Andrews (Tullygally PS Principal) was elected onto the Train 2B Smart Committee to further strengthen links with Tullygally. We continued to liaise regularly to build partnerships which could oversee development of part of the Tullygally PS site into a multi-purpose facility with a nature walking/running trail as part of a vision for children/young people and the local community in line with the 5 steps to Wellbeing. During the 2024-25 Year, The Trustees and committee continued to oversee planning, preparation and delivery of a Playing pitch for school and community use at the Tullygally Primary School Site (short- medium term, 1 -3 years), with a health and wellbeing trail being provided on this site in the medium- long term (3-5 years).

Financial review

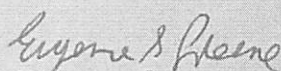
During the financial year the charity had a surplus of £8,558. (2024: £(18,654)).

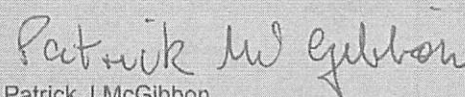
At the end of the financial year the charity had assets of £82,004 (2024:£70,446) and liabilities of £5,350 (2024:£2,350).

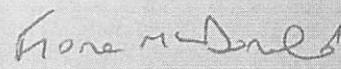
Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 5 September 2025 and signed on behalf of the board of trustees by:


Mr Eugene Greene
Trustee


Mr Patrick J McGibbon
Trustee


Mrs Fiona McDonald
Trustee