

One Equine Trust

Northern Ireland · Charity number 108890

Details

Status Received

Company number [673368](#)

Registered 2022-07-27

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address 8 Dufferin Villas
Bangor
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Phone 07710 333142

Email info@oneequine.org

Website <https://oneequine.org/>

Activities

Purposes: To advance the health and well-being of the population by promoting, supporting and expanding the practice of equine assisted therapy and learning so that practitioners may increase the depth and breadth of their reach in society. This is for the benefit of persons with psychological, behavioural and emotional and related health problems and or physical disabilities, and to advance awareness and education by promoting the techniques and health benefits of equine assisted therapy through training of social and health professionals and the general public as an effective treatment of persons with psychological, behavioural, emotional and related health problems or physical difficulties and the undertaking of research in and publishing educational literature about equine assisted therapy.

What the charity does: The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works:

Advice/advocacy/information, Disability, Medical/health/sickness, Research/evaluation, Youth development

Who the charity helps: Children (5-13 year olds), Learning disabilities, Men, Mental health, Physical disabilities, Preschool (0-5 year olds), Sensory disabilities, Women, Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£69,300	£51,401	£0	1

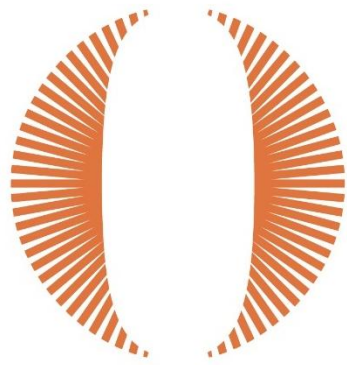
Trustees

Name	Role	Appointed
Mr Richard Alexander Glenn Moore		
Mrs Hazel Elizabeth Winning		
Mrs Juliet Clare Frazer		
Mrs Molly Elizabeth Mccluskey		

One Equine Trust

Northern Ireland - Charity number 108890

Accounts



**One
Equine**

One Equine Trust

Trustees' Annual Report and Accounts

For the Year Ended 31 December 2024

Charity Number: 108890

Company Number: NI673368



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Independent Examiner's Report to the Trustees of One Equine Trust

I report on the accounts of the charity for the financial year ended 31st December 2024, which are presented on pages 12 – 18.

Respective responsibilities of Charity Trustees and Examiner

As the charity's trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

I have examined the charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records



3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent Examiner's Report

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



NEIL O'PREY

Neil O'Prey

FCA

22 Strathearn Lane,

Belfast,

BT4 2BT

Date: 27/10/2025



Annual Report

The trustees of the One Equine Trust (OET) present the report and accounts for the period of January 1st 2024 to December 31st 2024.

Achievements

Funding

In 2024, OET secured funding from a range of private sector organisations and individual donors to support its mission. These funds contributed to both core operational costs and specific project-based activities throughout the year.

Belfast Black Santa Appeal

In December 2023, the charity applied to the Belfast Black Santa Appeal, run by Belfast Cathedral. The application was successful, and OET was awarded an unrestricted grant of £1,500 in February 2024. These funds supported the charity's core operational costs as well as ongoing project expenses.

The Denis Lynn Foundation

In 2023, OET received a commitment of £20,000 from the Denis Lynn Foundation to support a two-year Equine Assisted Learning project. The project began in April 2024 at Knockevin Special School in Downpatrick. The first instalment of £10,000 was received in 2024, with the second instalment due in 2025.

National Lottery Awards for All

Following a successful application in April 2024, the charity was awarded a £20,000 grant by the National Lottery's Awards for All programme. The funding supported a one-year Equine Assisted Learning project for young children with learning disabilities and significant developmental delays who attend the Mencap Children's Centre in Belfast. The application was approved in June 2024, and the project commenced in November.



Fundraising: Slieve Donard Climb

On 19 July 2024, a supporter organised a fundraising event on behalf of OET, leading a group on a hike up Slieve Donard in Co. Down. The event raised £1,000 in unrestricted funds, which contributed to the organisation's general operating costs.

Re-Gen Waste Ltd

Following the conclusion of the initial two-year Equine Assisted Learning pilot project in December 2023, Re-Gen Waste Ltd expressed interest in supporting their local community by introducing a similar programme in Newry. The company donated £20,000 towards the development and delivery of this project, with the donation received in December 2024.

Grent Trust Ltd

In December 2024, the charity received a £10,000 unrestricted donation from Grent Trust Ltd. This contribution supported both programme delivery and organisational costs.

Private Donations

Throughout the year, OET received donations from private individuals totalling £3,020. These contributions supported the day-to-day running of the organisation.

OET achievements from 2024 have been categorised in line with the charitable mission to increase (1) awareness and knowledge of EAS, (2) EAS capacity, and (3) connections and opportunities.

1. Increasing Awareness and Knowledge

One Equine and Peace of Mind NI Equine Assisted Learning Pilot Project Report

The collaborative project between OET and Peace of Mind, an independent EAS practitioner, concluded at St Colmcille's at the end of 2023. As part of this project, the practitioner completed a full report exploring pupil progress and demonstrating the project's impact. The full report is available on the OET website.



EAS Equine Survey

OET welcomed a placement student from Queen's University Belfast in the final quarter of 2024 (more information below). The student joined the charity to complete a research project on the wellbeing of equines used in EAS. The project involved:

1. Reviewing existing equine welfare research.
2. Assisting with the circulation of an online survey to EAS practitioners across Northern Ireland.
3. Collating and analysing survey findings to help identify gaps in equine welfare policy in NI.

Although the survey was not published in 2024, substantial background research and survey development were completed, laying a strong foundation for continued work in 2025.

EAL Outcomes Measurements

Due to the wide-ranging and complex needs of pupils with Special Educational Needs (SEN) who participate in EAL programmes, standardised assessments are rarely suitable for every individual. In addition, the diverse benefits achieved through EAL can be difficult to measure using conventional tools. To address this, OET has been exploring alternative methods of evaluating pupil outcomes.

In 2024, OET began collaborating with a researcher at Bournemouth University, who is conducting a study to review available outcome measurement approaches. This partnership will enable OET to identify and adopt the most appropriate tools for assessing impact. While preparatory work began in 2024, the majority of this research will take place in 2025.

2. Increasing EAS Capacity

Programme Development Partnership with Stride

As part of its focus on expanding EAS activity in Northern Ireland, OET sought to ensure the quality and impact of its work and of the services being delivered. To support this, the charity engaged the knowledge and expertise of Stride, a social impact evaluation organisation at Queen's University Belfast. The collaboration



provided guidance on programme design and delivery, helping to strengthen the programme and improve outcomes. As a result, OET has developed an EAL programme that can be used by the charity, practitioners, or schools to expand interventions and build ongoing EAS capacity in NI.

Knockevin Special School EAL Project – The Denis Lynn Foundation

The Denis Lynn Foundation approached OET to expand its previous EAL pilot programme and develop an additional two-year project, with funding committed for each year. The Foundation requested that the project take place in Downpatrick, Co. Down, but no school had been identified. After discussion, OET selected Knockevin Special School due to its location and the broad age range of pupils attending. With three separate sites - nursery, primary, and post-primary - the project was structured so that an independent practitioner visits each site once a week with a pony to provide sessions to SEN pupils with the greatest need. The project began in April 2024 and will continue until 2026.

Equines for Education: An Early Start, with Mencap Children's Centre

OET collaborated with staff at the Mencap Children's Centre in Belfast to deliver an EAL programme for pre-nursery children. The project, funded through a National Lottery Awards for All grant, targeted young children with learning disabilities and developmental delays. Weekly sessions began in November 2024, offering early intervention to support skill development, social engagement, and overall wellbeing. The project also provided an opportunity to explore effective ways of measuring outcomes for younger participants, contributing to OET's ongoing research into EAL impact.

EAL at Rathore Special School

Following the conclusion of OET's initial two-year EAL pilot project, Re-Gen Waste Ltd provided funding to support a new programme in their local community. Rathore Special School in Newry, Co. Down was selected to receive weekly EAL sessions for SEN pupils, following the model of previous programmes. Initial planning and development took place in 2024; however, the project did not commence that year.



Unbridled Potential – VOYPIC: Supporting and Empowering Young Adults through EAL

During 2024, OET developed this project in collaboration with VOYPIC (Voice Of Young People In Care Ltd) to support young people who have aged out of care at both the Belfast and Derry centres. Unlike most OET programmes, it was designed to provide Equine Assisted Learning (EAL) in a peaceful, rural setting, offering participants a novel and impactful intervention. The project aims to support mental health and wellbeing for young adults navigating the transition from care. Although the project was planned in 2024, it did not launch due to funding availability.

3. Increasing Connections and Opportunities

QUB Student Placement

In 2024, the charity welcomed a placement student from Queen's University Belfast. The placement focused on a specific research project examining the welfare of equines used in EAS. The student began in October 2024 and continued through to 2025.

Pathways to Practice Workshop

In June 2024, OET ran an event in collaboration with CAFRE (College of Agriculture, Food & Rural Enterprise) titled Partnerships Creating Pathways to Practice in Equine Assisted Services. The workshop focused on developing multidisciplinary teams within EAS in Northern Ireland and included presentations on collaborative EAS models and partnership opportunities. Facilitated by award-winning entrepreneur, speaker, mentor, and CEO/co-founder of Dara & Co, Naomh McElhatton, the event welcomed over 40 attendees.

OET Webinars

To support community engagement, knowledge-sharing, and professional development, OET introduced monthly webinars. These sessions covered topics relevant to practitioners and provided opportunities to connect and access resources to grow their practice. Each webinar welcomed almost 40 registrants and featured presentations on:



- *An Exploratory Study into the Backgrounds and Perspectives of Equine-Assisted Service Practitioners*, with Rita Seery and Clare O’Kane.
- *Racing Hearts: Growing the Practice of Human Health and Racehorse Rehabilitation*, with Lisa Coffey
- *Developing an Equine Assisted Practitioner Hub in NI*, with GroundWork EAS
- *Women in Business: Creating Connections and Progressing Practice*, with Collette Kelly
- *Exploring and Engaging with the Ever-growing Area of EAS Research*, with Kezia Sullivan and Professor Ann Hemmingway
- *Enhancing the Human-Equine Bond* with BHS Ireland Horse Health Days
- *Addressing the Current Needs in NI with Equine Assisted Learning*, with Anne Brown (Learning in Harmony with Donkeys), Dianne Jones (Clady Water Farm Equine Learning Centre), and Amy Robinson (Journey NI).
- *Exploring PSA Accreditation for Practitioners*, with Cara Collins
- *The Power of Personal Narratives: Restorative Storytelling for Change*, with Voicing the Void.

MAC Collaboration

In 2024, OET proposed a collaboration with Middletown Autism Centre (MAC) to create programmes supporting autism spectrum disorder in primary and secondary schools. The two initiatives include:

1. Equine Assisted Learning (EAL) Module for Teachers and Assistants

Delivered as part of the PGCE Autism Studies at Stranmillis College, this module trains teachers and classroom assistants on the benefits of EAL for young people with autism. It builds capacity to advocate for and support EAL in schools while reinforcing techniques in wider classroom activities to optimise pupil outcomes.

2. Specialist Course for EAL Practitioners

In partnership with Queen’s University, this accredited course provides advanced training for EAL practitioners on autism-specific outcomes, challenges, and delivery methods in school settings. Graduates receive



recognised accreditation and ongoing access to CPD with MAC, keeping them up to date with research, best practice, and opportunities to contribute to the evidence base for EAL.

Other Developments

Staff

Since 2022, OET employed a part-time staff member who had previously completed a university placement with the charity. Due to increased activity and the charity's expansion plans, the board decided in 2024 to convert this role to full-time. From 5 August 2024, the sole employee of the charity was contracted to a full-time position.

Social Value Broker Registration

OET frequently acts as a bridge between funders, organisations, practitioners, and communities, creating programmes and providing services to those in need. In 2024, the board decided to register the charity as a social value broker in Northern Ireland. Becoming a registered social value broker positions OET to further leverage resources and connections to benefit communities and practitioners alike.

Chair MBE

In 2024, the charity's chair, Richard Moore, was named in the King's Birthday Honours list and received an MBE for "services to Equine Assisted Therapy and Learning in Northern Ireland." The charity leveraged the increased visibility from this award to raise awareness and promote the value of Equine Assisted Services.



Financial Review

Overview

The finances of the year ending in December 2024, were consistent with the trustees' expectations and objectives for the year.

Income

The principal funding sources for the organisation consist of charitable donations and/or grants. Since January 1st, 2024, OET received a total of £69,300. This figure consisted of unrestricted donations of £18,658, and restricted donations and grants of £50,000 for sole use on various projects.

Additionally, OET ran one workshop in 2024 around collaborations and creating practice pathways for equine professionals, practitioners, and organisations, which sold 26 tickets (£642).

Expenditure

In 2024, the total expenditure was £51,401. The main costs for the year were project outreach and delivery fees (£18,670), staff costs (£24,960), IT support (£3,138), communications/PR and report writing (£1,200), and programme development costs (£1,196). Other costs include insurance (£704), meeting and event expenses (£725), and general business costs (including Companies House, payroll, memberships, and bank fees) (£809).

The Trustees' Annual report was approved by the trustees, and authorised and signed on their behalf on October 14th 2025 by:

Richard Moore
Chairperson



Accounts for the year ended December 31st 2024

Statement of Financial Activities

For the Year ended December 31st 2024

Income		Unrestricted Funds £	Restricted Funds £	Total 2024	Total 2023
	Note				
Donations and Legacies	5	18,658	30,000	48,658	30,335
Charitable Activities	6	642	20,000	20,642	11,317
Total Income		19,300	50,000	69,300	41,652
Expenditure					
Charitable Activities	7	16,142	23,045	39,187	30,661
Governance Costs	8	12,214	-	12,214	17,965
Total Expenditure		28,356	23,045	51,401	48,626
Net Income/(expenditure)		(9,056)	26,955	17,899	(6,974)
Net Movement in Funds		(9,056)	26,955	17,899	(6,974)
Reconciliation of Funds					
Total funds brought forward		10,759	10,700	21,459	28,433
Total funds carried forward	13	1,703	37,655	39,358	21,459



Balance Sheet as of December 31st 2024

		2024 £	2023 £
Current Assets	Note		
Debtors	11	-	75
Cash at bank/in hand		42,969	24,675
Total		42,969	24,750
Creditors: amounts falling due within one year	12	3,612	3,291
Net current assets		39,358	21,459
Funds	13		
Unrestricted funds		1,703	10,759
Restricted funds		37,655	10,700
Total Funds		39,358	21,459

Note: totals may not exactly match the sum of individual line items due to rounding to the nearest £.

The financial statements on pages 12 to 18 were approved by the charity trustees, and authorised and signed on their behalf on October 14th 2025 by:

Richard Moore
Chairperson



Notes to the Accounts

1. Accounting Policies / Rounding

All amounts in the accounts are rounded to the nearest £. Minor differences may occur between the sum of individual line items and totals.

2. Assets

OET has no assets which would contribute to their funds.

3. Trustee Expenses

No expenses were paid to the trustees, unless to reimburse them for purchases made on behalf of the Trust.

4. Taxation

As a registered charity, OET is exempt from taxation.

5. Income from Donations and legacies

Unrestricted Funds

During 2024, OET received £18,658 in grants and donations. All funds were unrestricted and provided without conditions. They were applied towards the charity's general organisational costs and supported its ongoing activities.

Restricted Funds

In addition to the unrestricted income above, OET received several donations restricted for specific purposes. A £10,000 donation was received from the Denis Lynn Foundation (the first of two donations) for use on the Knockevin EAL programme, and a £20,000 donation was received from Re-Gen Ltd. for the development of a new EAL programme for pupils in Newry.

6. Income from Charitable activities

Unrestricted Funds

All 2024 income from charitable activities arose from ticket sales for a joint workshop with CAFRE Equine College in June 2024. Tickets were £27.80 per person, with 26 sold for a total of £650 (after fees). Following a final processing fee of £7.99, OET received £642. This income was unrestricted; however, it was used to cover event costs, including room hire, catering, and speaker fees.

Restricted Funds

The charity was awarded a £20,000 Awards for All grant by the National Lottery. This funding was restricted for the sole use of the Mencap EAL programme.



7. Expenditure Relating to Charitable activities

Charitable Activity	2024 (£)	2023 (£)
Communication and PR	500	416
Reports and Research	700	10,090
Staff Costs	17,471	-
Outreach Work	18,670	14,950
Consultancy Fees	1,196	-
Staff Travelling	-	95
Postage & Carriage	-	45
Meeting/Events Expenses	650	5,065
Total	39,187	30,661

8. Expenditure Relating to Governance Costs

Governance Cost	2024 (£)	2023 (£)
Memberships	365	197
IT Support	618	2,418
Tech/Business Support	2,520	-
Insurance	704	568
Bank Fees	34	33
Staff Costs	6,001	13,000
Employers NI	909	417
Employers Pensions	578	789
Consultancy Fees	375	300
General (Companies House)	35	173
Room Hire Expenses	75	70
Total	12,214	17,965

9. Staff Costs and Numbers

Staff Cost	2024 (Original) (£)	2024 (Rounded) (£)	2023 (£)
Gross wages and salaries	20,003.46	20,003	13,000
Employer's National Insurance	3,029.99	3,030	417
Employer's pension contributions	1,926.36	1,926	789
<i>Rounding Adjustment</i>	-	1	-
Total staff costs	25,959.81	24,960	14,206

The charity employed one staff member during the year. The total staff costs have been allocated between expenditure on charitable activities and support costs based on an estimated 70/30 split.



Rationale for Cost Allocation

The 70/30 split was estimated based on analysis of the staff member's responsibilities, which are primarily focused on the direct management of the charity's programmes and activities (70%). The remaining 30% is allocated to support costs, which includes time spent on administrative tasks, financial reporting for the trustees, and general governance-related duties.

The allocation of staff costs is as follows:

Cost	Percentage	Amount (£)
Expenditure on charitable activities	70%	17,471
Support costs	30%	7,488
Total staff costs	100%	24,959

10. Donated Services and Facilities

During the year, the charity received pro-bono professional and technical support, including IT and finance services, along with donated software and website hosting.

Where the value of these donated services could be reliably measured, they have been recognised as voluntary income with an equivalent matching expenditure, resulting in no net impact on the charity's financial result. Recognised amounts are valued at the estimated market cost of equivalent services, calculated as hours × standard professional rates.

Item	Value (£)
Email and Teams licences	378
Website hosting service	240
IT labour costs	1,800
Finance labour costs	720
Total	3,138

The Trustees also acknowledge the contribution of other informal pro-bono support during the year for which a reliable valuation was not possible. In accordance with the Charities SORP (FRS 102), this support has not been recognised in the Statement of Financial Activities but is gratefully acknowledged by the Trustees.



	2024	2023
	£	£
11. Debtors		
Prepayments	-	75

12. Creditors: amounts falling due within one year

Accruals	2024	2023
	£	£
NET Wages	-	1,200
PAYE	-	83
Pension	187	108
Membership	-	-
Meeting/Event Expenses	-	100
OET Reports	-	1,200
Outreach Work	3,425	600
Total	3,612	3,291

13. Funds

	Balance at 1 January 2024 £	Incoming resources £	Resources Expended £	Balance at 31 December 2024 £
Unrestricted	10,759	19,300	28,356	1,703
Restricted	10,700	50,000	23,045	37,655
	21,459	69,300	51,401	39,358

	Balance at 1 January 2023	Incoming resources	Resources Expended	Balance at 31 December 2023
Unrestricted	12,783	27,652	29,676	10,759
Restricted	15,650	14,000	18,950	10,700
	28,433	41,652	48,626	21,459



General Information

The Organisation

Aims and Values

One Equine Trust is a non-profit charitable organisation based in Northern Ireland, dedicated to supporting and promoting the practice of Equine Assisted Services (EAS) across the region.

Our *mission* is to ensure that everyone in Northern Ireland who could benefit from interaction with horses has access to professional, affordable, and accredited Equine Assisted Services.

Our *vision* is for Northern Ireland to become - and be recognised internationally as - a region of excellence in the field of Equine Assisted Services, leading the way in professional practice, practitioner training, and research advancement.

We at One Equine:

- Work in partnership with key stakeholders.
- Use evidence from professionals and personal experiences to guide our work.
- Speak independently.
- Are kind and caring, placing people at the centre of everything we do.
- Are innovative - we nurture and encourage new ideas and ways of thinking.
- Are determined to make a difference in Northern Ireland.
- Are passionate - we strongly believe in the potential of EAS and their impact on Northern Ireland.

The incorporation of these core values into our discussions and decision-making throughout the year has enabled One Equine Trust to pursue the best possible outcomes for human wellbeing in Northern Ireland.

Our Activities

In line with our vision to create a centre of excellence in Northern Ireland and our mission to promote Equine Assisted Services (EAS) for the benefit of all, the Trust's main activities include:

- Supporting EAS practitioners in expanding or establishing their services.



- Facilitating communication and building connections between practitioners to foster collaboration, enabling the development of multidisciplinary services and safe practices.
- Providing advice and guidance to the public regarding available EAS options.
- Seeking funding to support existing EAS organisations and practitioners, as well as to facilitate the expansion of services.
- Engaging with colleges and universities to support and promote the training of EAS practitioners.
- Creating opportunities for research projects related to EAS.
- Engaging with relevant government departments and third-sector organisations to promote and progress sustainable development of the EAS sector.

Summary of Main Activities (2024)

In line with the organisation's mission and objectives for 2024, OET supported the expansion of Equine Assisted Services (EAS) across Northern Ireland by developing and delivering multiple projects, including the launch of the Knockevin Special School EAL programme and early intervention sessions at Mencap Children's Centre. Additionally, OET worked with a wide range of practitioners, individuals, and organisations to develop and plan further EAS initiatives, such as the Rathore Special School and VOYPIC programmes, supporting practitioners and helping those in need.

To promote Northern Ireland as a region of excellence in EAS research and training, OET engaged in collaborations with Queen's University Belfast, Middletown Autism Centre, and other partners to develop accredited training modules, practitioner courses, and research projects. Connections between organisations and practitioners were strengthened through workshops, events, and webinars, providing opportunities for knowledge-sharing, professional development, and the measurement of outcomes in line with the charity's 2024 objectives.

Organisationally, OET continued to grow, registering as a social value broker, expanding its staffing to full-time, and celebrating the award of an MBE to its Chair, Richard Moore, which further raised awareness of the value of EAS across Northern Ireland.



Objectives for the Year (2025)

It is likely that additional objectives for 2025 will be identified as the year progresses. However, at the final Board meeting of 2024 (held on 16th December) and the first Board meeting of 2025 (held on 15th January), the activities listed below were confirmed as One Equine Trust's primary objectives for the year ahead.

Additional EAS Projects

In line with the charity's mission to ensure that all who could benefit from Equine Assisted Services (EAS) have access, a primary aim for 2025 is to increase service capacity across Northern Ireland through the development and launch of new projects. In addition to continuing those initiated in 2024, the following initiatives have been prioritised:

- *Rathore Special School*

OET aims to implement the Rathore Special School project, providing weekly EAL sessions to pupils with special educational needs. The school initially approached OET in 2023 to explore EAS opportunities, and the project was planned following a generous donation from Re-Gen Waste Ltd. Discussions with school staff resumed at the end of 2024, and the project is now a key priority for 2025, with funding and programme delivery as top objectives.

- *Unbridled Potential – VOYPIC*

OET aims to launch the VOYPIC project, providing EAL to young people engaged with services at both the Belfast and Derry centres. The programme will continue to offer interventions in a peaceful, rural setting, supporting mental health and wellbeing and aiding young adults in their transition from care. Securing funding and implementing the project are top priorities for the year.

Securing funding for Rathore, VOYPIC, and the continuation of projects initiated in 2024 remains a high priority. This will enable OET to maintain the impactful work of EAS practitioners and continue providing essential services to those in need.



Therapeutic Riding in Northern Ireland

While significant progress has been made in the Republic of Ireland in the area of therapeutic riding and ridden EAS, such services remain largely absent in Northern Ireland despite a strong evidence base for their benefits. Expanding access to therapeutic riding is therefore a key objective for 2025.

To advance this goal, OET will engage with established centres in Ireland and explore opportunities with training providers. The aim is to create clear pathways for both existing EAS practitioners and commercial riding instructors in Northern Ireland to access relevant training and accreditation, thereby increasing service capacity across the region.

Growing EAS Insight: Practitioner Data and Service Capacity

OET is committed to strengthening the evidence base for EAS and raising awareness of EAS activity across Northern Ireland. In 2025, the Trust aims to gather information on the work of EAS practitioners and any relevant engagement from the Northern Ireland Government. This includes a focus on service delivery models, client outcomes, and overall service capacity.

By collating this information, OET will develop a clearer understanding of the current EAS landscape, identify gaps in provision, and support evidence-based planning for the development and expansion of services.



Public Benefit Statement

The Trustees of One Equine Trust (OET) confirm that they have had due regard to the Charity Commission's guidance on public benefit and that this requirement has informed the Trust's activities throughout the year from 1st January 2024 to 31st December 2024.

In line with the commitment to public benefit, the Trustees note that access to the OET website and its resources is open to all, with no fees or membership required. Contact details for further information and guidance are also publicly available.

During the year, the Trust engaged with institutions for both practitioner training and research purposes, thereby advancing its objective to raise awareness and promote education in the field. These efforts have contributed to increased public understanding of equine-assisted services and improved access to professional and accredited provision.

By securing funding for a range of Equine Assisted Learning projects, the Trust has actively advanced its second charitable objective - to expand and enhance the provision of such services.



Structure, Governance and Management

Governing Document

One Equine Trust is a private company limited by guarantee. It was incorporated on 13th October 2020 and registered as a charity on 27th July 2022. The organisation was established under a Memorandum of Association and is governed by the objects and powers set out in its Articles of Association.

Management and Structure

During 2024, the charity consisted of a Chairperson, four Trustees, and one employee (all listed below). However, on June 18th, 2024, one Board member resigned (as noted below). As previously reported in the 2023 accounts, the sole employee was working part-time. As of August 5th, 2024, the employee transitioned to a full-time contract.

The team meets at least once a month for regular Board meetings to discuss current or upcoming projects and to provide updates on weekly progress. The Chairperson and the employee also meet weekly to manage day-to-day operations, address outstanding tasks, and prepare agendas for Board meetings.

Depending on ongoing projects, the team may meet more frequently or as required, often in collaboration with external individuals or organisations. In addition, an Annual General Meeting (AGM) is held each year to review finances, policies, governance, and the charity's activities over the previous year.

Related Organisations

Memberships / Other Involvements

Since 2021, One Equine Trust (OET) has held an associate membership with the Federation of Horses in Education and Therapy International AISBL (HETI). Additionally, OET has subscribed to NICVA and the NICVA Grant Tracker fundraising software since 2021 and has been registered with both the Fundraising Regulator and the Charities Aid Foundation since 2023.



In 2024, OET became an organisational member of the Chartered Institute of Fundraising (September), an Associate Member of the Equine Assisted Services Partnership CiC (EASP) (October), and joined Enthuse as a member (October).

The OET Chairperson previously served on the steering group for the Human Equine Interaction Register UK (HEIR), now known as Equine Assisted Services Partnership CiC (EASP), and stepped down in February 2024. For transparency, it is noted that he also volunteers with the Riding for the Disabled Association (RDA NI), as do two of OET's trustees and the member of staff.



Reference and Administrative Information

Charity Name

One Equine Trust, also known as One Equine and OET

Charity Registration Number

108890

Company Registration Number

NI673368

Registered Address

8 Dufferin Villas
Bangor
BT20 5PH

Charity Trustees and Employees as of December 31st 2024

Trustees

Mr Richard Alexander Glenn Moore	Chair
Mrs Beulah Louise Skelly	Director (Resigned 2024)
Mrs Hazel Elizabeth Winning OBE	Director
Mrs Juliet Clare Frazer	Director
Mrs Molly Elizabeth McCluskey	Director

Employees

Ms Aisling Jane Dunnion	Project Development Officer
-------------------------	-----------------------------



Advisors


Banking	Danske Bank (Branch Business) Donegall Square West Belfast BT1 6JS
Insurance	Lockton Companies LLP The Clarence West Building, 2 Clarence Street West, Belfast BT2 7GP
Solicitors	Edwards & Co. Solicitors 28 Hill St, Belfast, BT1 2LA



Declarations

The trustees declare that they have approved the report above.

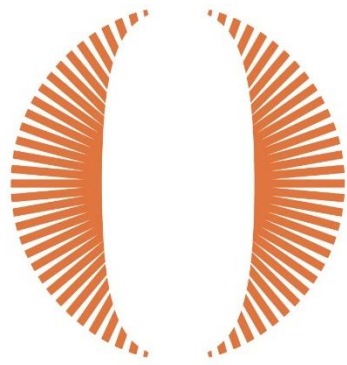
Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Mr Richard Moore
Position (e.g., Secretary, Chair, etc)	Chairman
Date	14/10/2025

One Equine Trust

Northern Ireland - Charity number 108890

Accounts



**One
Equine**

One Equine Trust

Trustees' Annual Report and Accounts

For the Year Ended 31 December 2023

Charity Number: 108890

Company Number: NI673368



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Independent Examiner's Report to the Trustees of One Equine Trust

I report on the accounts of the charity for the financial year ended 31st December 2023, which are presented on pages 14 – 20.

Respective responsibilities of Charity Trustees and Examiner

As the charity's trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

I have examined the charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records



3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent Examiner's Report

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Neil O'Prey

FCA

22 Strathearn Lane,
Belfast,
BT4 2BT

Date: 30/09/2024



Annual Report

The trustees of the One Equine Trust (OET) present the report and accounts for the period of January 1st 2023 to December 31st 2023.

Achievements

Funding

In 2023, OET secured private sector funding from several organisations to support our mission. These fundings were provided for the purpose of both general costs and specific projects during the year.

Re-Gen

In October 2023, OET received a charitable donation from Re-Gen Waste Ltd. The funds from this donation were not restricted, nor were they donated for a specific project or purpose. These funds contributed to the everyday running costs of the OET organisation.

The Denis Lynn Foundation

OET received a commitment of £20,000 from the Denis Lynn Foundation to financially contribute to a two-year Equine Assisted Learning project in Downpatrick, Co. Down (see project details below). The donation is restricted to the costs of this project alone, and is to be split across the two years, contributing £10,000 per year. This is a commitment of funding, no funds have yet been received.

The Anne Duchess of Westminster's Fund

After a successful application in July 2023, OET were awarded a £10,000 grant from The Anne Duchess of Westminster's Fund (ADWF). This is a restricted grant which covers the project costs of an Equine Facilitated Workshop programme (see project details below).

Department of Health & Department of Agriculture, Environment and Rural Affairs

Upon completion of the OET 2023 Practitioner Survey report, we were awarded £4,000 by the Department of Health and the Department of Agriculture, Environment



and Rural Affairs to contribute to the costs of this project and the production of this report.

Private Donation

Lastly, in September OET were given a donation of £500 from a private source. This donation was not restricted and also contributed to the everyday running costs of the OET organisation.

OET achievements from 2023 have been categorised in line with the charitable mission to increase (1) awareness and knowledge of EAS, (2) EAS capacity, (3) connections and opportunities.

1. Increasing Awareness and Knowledge

Equine Assisted Services in Northern Ireland: An Exploratory Survey of Practitioners

Following an initial report in 2020, which explored the experiences of participants engaged in EAS, OET commissioned a second report, investigating the experiences of EAS practitioners. The aim of this report was to better understand the landscape of EAS practices in Northern Ireland, while exploring the experiences of the individual practitioners, their backgrounds, qualifications, challenges, and aims for the future. Written by Dr Clare O’Kane, this report followed the experiences of 25 practitioners in NI. The findings from this report proved extremely valuable and informative, and have allowed OET to adapt their efforts to better support NI practitioners.

Response collection for this survey commenced in January 2023 and concluded in May. This was to allow for the report write-up over the summer months. The final report was completed by August 2023. In addition to publishing the report on the OET website, hardcopies of the report were printed in order to reach a wider audience and further spread awareness on the experiences of EAS practitioners in NI.



EAS in ROI Site-Visit

After collaborating with both Inspire and Mencap on plans for potential future projects, it was decided that it would be beneficial for the staff members to gain a better understanding of EAS, and its uses and impacts. Therefore, in August 2023, OET organised for a daytrip to ROI to attend two centres which offer EAS. The first of which was the St Joseph's Foundation Centre in Liskennett, Co. Limerick. Here, adults and children on the autism spectrum or with learning disabilities receive residential and/or day services, and Equine Therapy utilising the Horse Boy Method. In addition to the Liskennett centre, the trip also included a visit to the ChildVision centre in Drumcondra, Co. Dublin. This centre is dedicated to children and young people up to 23 years of age with visual impairment and/or complex disabilities. Included in their services is Equine Assisted Activities and Therapy. The visits allowed the staff of the NI organisations to visit successful, sustainable and well-supported Irish practices, meet the EAS staff, and gain knowledge of the enormous potential of EAS.

2. Increasing EAS Capacity

In 2023 OET collaborated with a wide range of organisations, EAS practitioners, funders and academic institutions to develop a number of projects in Northern Ireland and offer EAS to wider NI communities.

Peace of Mind NI EAL Project

In 2023, the 'One Equine and Peace of Mind NI Equine Assisted Learning Pilot Project' concluded. This project, funded by Ulster Garden Villages and OET, commenced in January 2022 and ran to December 2023. This two-year project was a collaboration with Peace of Mind NI to provide weekly Equine Assisted Learning sessions to primary school children. The practitioner visited St Colmcille's primary school in Downpatrick, Co. Down, with her ponies to provide sessions to children in mainstream classes and the special educational needs unit. An initial evaluation was completed for each student, and progress was measured twice a year and upon completion (5 times in total across the two years). The results for each student



showed significant improvements in the children's behaviour, personal skills and assessment scores. A final report is currently being completed.

Equine Assisted Workshops for Women's Aid

OET collaborated with Horses for People and an independent psychotherapist to develop and run a project which would provide Equine Assisted Workshops to 12 women engaged with Women's Aid. These were individuals who experienced domestic abuse and/or human trafficking. Through the use of Equine Assisted Services, the project aimed to reflect the following key principles of Women's Aid and improve the wellbeing of the women involved.

- Survivor Engagement
- Collaboration
- Empowerment
- Equity, diversity and inclusion
- Trauma informed practice and quality standards
- Working with others to influence change

The experts involved in this project provided two sets of two-day group workshops at Ballygraffan Stables, Co. Down (each participant received 4 days of workshops). By interacting and engaging with the horses, the participants developed their self-awareness, understanding of the perceptions of others, and personal skills and abilities, aiding in the healing of their trauma and their recovery. The project was fully funded by the Anne Duchess of Westminster Fund, and concluded in November 2023.

The Denis Lynn Foundation – Knockevin EAL Project

As mentioned earlier in this report, OET received a commitment of funding from the Denis Lynn Foundation for an Equine Assisted Learning (EAL) project for students in Downpatrick. This project was designed to follow a similar model to the *Peace of Mind NI EAL Project*, where the practitioner would provide EAL sessions to groups of students on the school grounds. After consideration of the various schools in



Downpatrick, Knockevin Special School was selected to participate in this project. Sessions will be provided to students in the nursery, primary and secondary school sites. Various outcome measurements will be utilised to explore the benefits of the sessions on the students and to investigate the social impact of this intervention. The details of the project were yet to be finalised, therefore, it was arranged to commence in 2024.

Future Projects

Increasing capacity was one of the primary focuses for OET in 2023. Therefore, in addition to the above projects, OET also collaborated, developed proposals, and/or submitted applications for the following projects:

1. *OET umbrella proposal* – We developed a proposal which was submitted to The Special EU Programmes Body (SEUPB) Peace Plus Funding Grant. This was a large proposal which incorporated 11 one-year Equine Assisted Services (EAS) projects around Northern Ireland. These projects will be completed by eight different practitioners and include five modalities of EAS. In addition to providing EAS to over 410 individuals from a wide range of cohorts, many with difficulties ranging from physical to social, emotional and behavioural, to mental wellbeing and/or trauma etc., and helping those who could greatly benefit, this proposal aimed to examine the various modalities of EAS, and create a social evaluation of the impacts. Included in this proposal, is the Downpatrick (Knockevin Special School) project which is due to commence in 2024.

Acquiring funding and commencing with the remaining 10 projects will be a high priority for the coming year.

2. *Festina Lente Project* – A cross-border collaboration project between OET and Festina Lente in Bray, Co. Wicklow, was developed to provide Equine Assisted Learning sessions to cohorts of young people from both NI and ROI. The project consisted of 2 days of sessions in Bray and 2 in Coleraine for all



participants. The aim is to explore the challenges young people face in communicating and being heard in a society with transgenerational trauma related to the Troubles. Although initially submitted for the Shared Island Civic Society Fund, this project is now also one of the 11 projects included in the umbrella proposal.

3. *Mallusk Housing Development and Equine Assisted Therapy* – In collaboration with Inspire Wellbeing, this project is designed to provide services to adults who have recently been resettled from Muckamore Abbey Hospital to the Inspire housing development near Mallusk. Due to the complex needs of this cohort, the project would include a multi-disciplinary team of Allied Health Professionals and equine professionals to provide Equine Assisted Therapy sessions and increase the wellbeing of the participants.
4. *Rathore School Project* – This project will follow the same model as the *Peace of Mind NI EAL Project* and the *Knockevin EAL Project*. Practitioners will visit the school to provide EAL to cohorts of students with severe learning difficulties enrolled in Rathore school in Newry.

Discussions of the projects at 3 and 4 have begun with the relevant parties, however, details are yet to be finalised and funding is yet to be acquired. They will remain as future goals for OET.

Please note that the above projects (under '*Future Projects*') have not yet begun. However, they have been developed and, should the funding be acquired, they could commence. Acquiring funding for all projects is a priority for OET in order to increase capacity and help NI communities.



3. Increasing Connections and Opportunities

UU Workshop

OET began 2023 with a collaborative workshop with Ulster University. This workshop, *Collaboration and Impact of Equine Facilitated Therapy (EFT) in Northern Ireland*, was held on Monday 23rd of January at the new Ulster University Belfast campus. The event consisted of five information sessions which were presented by individuals from various backgrounds who are involved in delivering EFT services or in education provision. The presentations covered a range of topics including practitioner training in Northern Ireland, existing pilot programmes and practitioners, and information sessions from practicing Allied Health Professionals (AHPs). Attendance was free of charge and we welcomed 58 attendees. The event offered an excellent opportunity to network, learn about the various modalities and programmes taking place at the time, and hear from like-minded professionals.

Castle Leslie Event

The OET board was invited to attend a demonstration at the Castle Leslie Estate in Monaghan in February 2023. The purpose of the event was to meet and observe a training demonstration by the founder of the Horse Boy Method (HBM), Rupert Isaacson. This is very effective modality of Equine Assisted Services which is now used for cognitive, behavioural and academic development in over 30 countries worldwide. It was of great benefit to the Board, and communications between the two groups have continued, leading to the workshop below.

CAFRE Workshop

After the success and positive feedback from the initial workshop in January, OET organised a second workshop. This workshop and CPD event, *The Movement of the Horse - Understanding Equine Health, Performance and Training in Equine Assisted Services*, was a collaboration with the College of Agriculture Food & Rural Enterprise (CAFRE). This event was held on Wednesday 29th of November 2023, at the CAFRE Enniskillen Campus. The event consisted of three workshop sessions each presented by a professional involved in equine health, education, or EAS practice,



followed by a meal and panel discussion with the speakers. This workshop was focused on the biomechanics and movement of the horse, and the resulting processes and impact this can have within the delivery of EAS. Attendance was £27.80 per person and booked through Eventbrite's online system. Both CAFRE and OET were delighted with the event which welcomed almost 90 individuals.

NI Practitioners

One way in which OET supports EAS practices and informs potential clients, is by providing a list of EAS practitioners in NI. Before 2023 there was a total of 15 organisations and independent practitioners on our database. Unfortunately, 4 ceased practicing in 2023. However, throughout the year, we met with and learned of additional practitioners and organisations, and by the end of 2023, there were 20 on the database.

DOH & DAERA Equine Assisted Therapy/Learning Stakeholders Group

A group of individuals formed this stakeholder's group in 2019 to develop strategy around the use and implementation of EAS within NI government. Participation in the group includes representatives from the Department of Health, Department of Agriculture, Environment and Rural Affairs, Department of Education, Department of Justice, Public Health Agency and each of the Trusts (Southern, Western, Northern, South Eastern and Belfast HSC Trusts); and professionals from organisations related to EAS (OET, Riding for the Disabled Association), human health and wellbeing service (Children and Young People's Strategic Partnership), and education (Ulster University). Attendance is not limited to this list, and meetings often invite EAS practitioners to present case studies or information on their practices. OET has been involved since its formation and continues to work with those involved to illustrate the impacts of EAS and develop possibilities within the Departments.

Collaborations and Networking

Through various activities in 2023 (e.g., projects, events, research,) OET has collaborated and communicated with a wide range of individuals, stakeholders, organisations and other charities.



These include:

- Ulster University
- Queen's University Belfast
- Clare O'Kane - independent researcher
- Department of Agriculture, Environment and Rural Affairs (DAERA)
- NICVA
- Department of Health (DoH)
- Strategic Planning and Performance Group (SPPG)
- Horse Week
- Irish Field
- Shanaghan Veterinary Services
- Human Equine Interaction Register (HEIR) (now Equine Assisted Service Partnership, EASP)
- Education Authority
- CAFRE
- Festina Lente
- LOAF Catering and Pottery
- ChildVision
- CMC Physiotherapy
- British Horse Society
- NOW Group
- Action Mental Health
- MENCAP
- Mare and Foal sanctuary
- Omagh RDA
- Coleraine RDA
- St. Joseph's Foundation
- Rupert Isaacson (Horse Boy Method)
- Women's Aid
- Kilcreggan Homes
- Burn Equestrian Centre
- Rathore School
- The Foundation Agency
- VOYPIC
- Knockevin Special School
- CAWT PeacePlus Community Engagement Events
- STRIDE (QUB)
- Voicing The Void
- Anne Duchess of West Minister Fund (ADWF)
- Horse and Field
- Inspire Wellbeing
- Boom Hall
- South Eastern/Southern HSC Trust

Registration

In 2023, OET registered with two new organisations, Charities Aid Foundation and the Fundraising Regulator. Both provide information and guidance to help OET develop their management of fundraising, financial affairs, and charitable responsibilities.



Financial Review

Overview

The finances of the year ending in December 2023, were consistent with the trustees' expectations and objectives for the year.

Income

The principal funding sources for the organisation consist of charitable donations and/or grants. Since January 1st 2023, OET received a total of £41,652. This figure consisted of two unrestricted donations totalling £26,335 , a restricted donation of £4,000 for sole use on the Practitioner Survey, and a grant of £10,000 which was awarded for sole use on the Women's Aid project.

Additionally, in 2023 OET ran their first workshops. The costs for the first workshop in January, were covered solely by OET and no income was received. However, tickets for the November workshop were £25 per person and 52 tickets were sold for the event.

Expenditure

In 2023, the expenditure total was £48,626. The main costs for the year were project fees (£14,950), the 2023 Practitioner Survey report (£10,090), staff costs (£14,206), and event costs (£5,135). Other costs include memberships, solicitor consultations, annual insurance, bank fees, and general costs (including costs to Companies House and meeting room bookings) (see Notes 6 & 7).

The Trustees' Annual report was approved on behalf of the trustees on September 23rd 2024 by:

Richard Moore
Chairman



Accounts for the year ended December 31st 2023

Statement of Financial Activities

For the Year ended December 31st 2023

		Unrestricted Funds £	Restricted Funds £	Total 2023	* Total 2022
Income	Note				
Donations and Legacies	4	26,335	4,000	30,335	27,818
Charitable Activities	5	1,317	10,000	11,317	10,000
Total Income		27,652	14,000	41,652	37,818
Expenditure					
Charitable Activities	6	11,711	18,950	30,661	4,350
Governance Costs	7	17,965	-	17,965	7,123
Total Expenditure		29,676	18,950	48,626	11,473
Net Income/(expenditure)		(2,024)	(4,950)	(6,974)	26,345
Net Movement in Funds		(2,024)	(4,950)	(6,974)	26,345
Reconciliation of Funds					
Total funds brought forward		12,783	15,650	28,433	2088
Total funds carried forward	10	10,759	10,700	21,459	28,433



Balance Sheet as of December 31st 2023

		2023 £	*2022 £
Current Assets	Note		
Debtors	8	75	-
Cash at bank/in hand		24,675	30,027
Total		24,750	30,027
Creditors: amounts falling due within one year	9	3,291	1,594
Net current assets		21,459	28,433
Funds	10		
Unrestricted funds		10,759	12,783
Restricted funds		10,700	15,650
Total Funds		21,459	28,433

*The figures for 2022 were used for comparison for the current financial year (year ending 2023). However, as this is the first report, these figures were not reported to the Charity Commission NI.

The financial statements on pages 14 to 20 were approved by the charity trustees, and authorised and signed on their behalf on September 23rd 2024 by:

Richard Moore
Chairman



Notes to the Accounts

1. Assets

OET has no assets which would contribute to their funds.

2. Trustee Expenses

No expenses were paid to the trustees, unless to reimburse them for purchases made on behalf of the Trust.

3. Taxation

As a registered charity, OET is exempt from taxation.

4. Income from Donations and Legacies

Unrestricted Funds

During 2023 OET received two donations of £25,835 and £500. Both donations were unrestricted without specific purpose nor any conditions. This was used for general organisational costs. However, the Peace of Mind pilot project was a £20,000 project with 50% (£10,000) being funded by OET. Therefore, 50% (£5,350) of the remaining project costs to be contributed by OET were considered restricted.

Restricted Funds

A £4,000 donation was received by OET from the Department of Health and the Department of Agriculture, Environment and Rural Affairs, in relation to the Practitioner Survey that was completed in 2023. The donation was restricted to this project and contributed to the costs of funding and producing the report. The total cost for the report was £10,090 with £8,890 in researcher fees and £1,200 to print 300 copies of the report. The donation covered just under 40% of the total costs, with the remaining £6,090 being funded by OET.

5. Income from Charitable Activities

Unrestricted Funds

The joint workshop with CAFRE which took place in November 2023 was a ticketed event which was £27.80 per person (including fees). 50 tickets were



sold for the event leading to a total of £1,250 (after fees). After a final fee of £7.99 was removed, OET received £1,242. This was unrestricted income, however, as the event total was £4,362, the funds received were used to contribute to the costs incurred which include catering, videographer and speaker fees.

Restricted Funds

Two restricted grants were made to OET in (or relating to) 2023.

A £10,000 grant from Ulster Garden Villages (awarded in 2022) was provided to cover 50% of the cost (£20,000) of the Peace of Mind NI project. As mentioned in the previous note the remaining 50% was to be paid by OET. By the end of 2022, £4,350 was paid to the practitioner and by December 2023, £9,300 had been paid to the practitioner, leaving £10,700 to be paid by the end of the project, 50% of which was being contributed by OET. The remaining cost was included to cover the project report and evaluation, to be completed in 2024.

Lastly, OET was awarded a £10,000 grant from the Anne Duchess of Westminster Fund (ADWF). This was restricted to a collaborative project between OET, Horses for People, Women's Aid and an independent psychotherapist, to provide Equine Assisted Workshops to 12 women in need of support. The EAS practitioner costs (including facilities, assistants, refreshments etc.) was £8,400 for 4 full-day workshops for 12 women. The practitioner offered a £645 discount for a total of £7,755. The psychotherapist assisted with the sessions and wrote a review paper for the project for a cost of £2,245. All £10,000 in project costs was covered by the ADWF grant.



6. Expenditure Relating to Charitable activities

Charitable Activities	2023	*2022
	£	£
Outreach Work	14,950	4,350
Communication and PR	416	-
Reports and Research	10,090	-
Staff Travelling	95	-
Postage & Carriage	45	-
Meeting/Events Expenses	5,065	-
Total	30,661	4,350

7. Expenditure Relating to Governance Costs

Charitable Activities	2023	*2022
	£	£
Memberships	197	304
IT Support	2,418	2,755
Solicitors	-	454
Insurance	568	562
Bank Fees	33	59
Staff Costs	13,000	2,765
Employers NI	417	-
Employers Pensions	789	-
Consultancy Fees	300	-
General	173	224
Room Hire Expenses	70	-
Total	17,965	7,123

	2023	*2022
	£	£
8. Debtors		
Prepayments	75	-



9. Creditors: amounts falling due within one year

Accruals	2023 £	*2022 £
NET Wages	1,200	765
PAYE	83	-
Pension	108	-
Membership	-	63
Meeting/Event Expenses	100	16
OET Reports	1,200	-
Outreach Work	600	750
Total	3,291	1,594

10. Funds

	Balance at 1 January 2023	Incoming resources	Resources Expended	Balance at 31 December 2023
Unrestricted	12,783	27,652	29,676	10,759
Restricted	15,650	14,000	18,950	10,700
	28,433	41,652	48,626	21,459
	*Balance at 1 January 2022	Incoming resources	Resources Expended	Balance at 31 December 2022
Unrestricted	2,088	17,818	7,123	12,783
Restricted	-	20,000	4,350	15,650
	2,088	37,818	11,473	28,433

*The figures for 2022 were used for comparison for the current financial year (year ending 2023). However, as this is the first report, these figures were not reported to the Charity Commission NI.



General Information

The Organisation

Aims and Values

One Equine Trust is a non-profit charitable organisation based in Northern Ireland. We are dedicated to supporting and promoting the practice of Equine Assisted Services (EAS) in NI. Our mission is that everyone in NI who could benefit from interaction with horses has access to safe, affordable, regulated and accredited EAS. In addition to this, it is our vision that NI will become and be known as a region of excellence, recognized internationally, for the practice of EAS, the training of practitioners, and advancing research in this field of study.

We at One Equine:

- Work in partnership with key stakeholders.
- Use evidence from professionals and personal experiences to guide our work.
- Speak independently.
- Are kind and caring as we put people at the centre of all we do.
- Are innovative, we nurture and encourage new ideas and new ways of thinking.
- Are determined to make a difference in NI.
- Are passionate, we have great belief in the potential of EAS and what it can do for NI

The incorporation of the team's core values in the discussions and the decisions made during the year, has led OET to ensure the best possible outcomes for human wellbeing in NI.

Our Activities

In line with the vision of the Trust to create a centre of excellent in NI and the mission to promote the use of EAS such that all who could benefit has access to services, the main activities of the Trust include (but are not restricted to):



- Supporting EAS practitioners in expanding or establishing their services.
- Communicating and networking to build collaborations between those working in this area to establish multidisciplinary services and safe practices.
- Offering advice to the public on the available services.
- Seeking funding to support organisations/practitioners and the expansion of services.
- Engaging with colleges and universities to understand and promote the training of practitioners.
- Creating opportunities for research projects relating to EAS.

Summary of Main Activities (2023)

In line with the organisation's mission and objectives for 2023, we supported the expansion of EAS in the past year by funding the continuation of the 2nd year of the Peace of Mind NI EAL project, and collaborated with external organisations who will complete an evaluation of the project. Additionally, as outlined earlier in the report, OET has collaborated with a wide range of practitioners, individuals and organisations to develop 14 additional EAS projects, supporting NI practitioners and helping those in need of services. Lastly, OET developed, acquired funding for, and completed the Women's Aid project in 2023.

To support the advancement of NI as a region of excellence in research and of training in the area of EAS, OET was involved in discussions of future research projects and training courses, and created collaborations and connections between organisations and practitioners in NI and ROI. This has been developed through the various daytrips, events and workshops that took place in 2023, particularly through the workshops and Practitioner Survey, in line with the OET 2023 objectives.



Objectives for the Year (2024)

It is likely that more objectives for 2024 will be included throughout the year. However, at the board meeting and annual AGM on October 11th 2023, the activities listed below were OET's primary objectives for the coming year.

Umbrella Proposal

The main priority for 2024 was the progression of the large proposal that was created for the Peace Plus funding grant. Regardless of outcome from the grant, it was decided that OET would find the necessary funding to commence with the included 11 projects. Increasing EAS capacity is a main priority for OET, therefore, priority will be given to these activities in 2024.

Workshop

After the successes of the Ulster University workshop in January and the CAFRE workshop in November 2023, it was decided that similar events would be developed for 2024. With the aim of increasing opportunities for practitioner CPD, networking and collaborating, and supporting NI practitioners, creating these events is crucial for the growth and sustainability of EAS in NI.

Peace of Mind NI EAL Project Report

After the conclusion of the *One Equine and Peace of Mind NI Equine Assisted Learning Pilot Project* in December 2023, a report is to be written on the project and results, along with an external evaluation. The results from an earlier partial report, showed excellent results for the children who received EAL. As a result of the positive outcomes illustrated in the project results, it was felt that this report will prove useful in acquiring project funding, particularly for similar projects, e.g., the Knockevin Special School and Rathore EAS projects. Therefore, the completion of this report is also a priority for 2024.



Public Benefit Statement

The trustees of OET, confirm that they have had regard to the Charity Commission's guidance on public benefit and that the public benefit requirement has informed the activities of the trust in the year January 1st 2023 – December 31st 2023.

In the interest of public benefit, the trustees note that access to the OET website and resources is open to all and does not require fees or membership. Additionally, contact details for further information and guidance is openly available. Through engagement with institutions for both practitioner training and for research purposes during the year, the trust has progressed their purpose of the advancement of awareness and education in this area. This has contributed to the improvement of public knowledge about the services and of accessibility of safe and regulated services. In securing funding for the EAL pilot project, the Trust has increased the provision of EAS, in accordance with their second purpose to advance and expand the provision of these services.

Structure, Governance and Management

Governing Document

One Equine Trust is a private company limited by guarantee. It was incorporated on the 13th of October 2020 and was registered as a charity 27th July 2022. The organisation was established under a Memorandum of Association and is governed by its objects and power as is outlined in the organisation's Articles of Association.

Management and Structure

This organisation consists of the chairperson, four trustees and a part-time employee (all listed below). The team meet weekly for discussions relating to current or future projects and to update one another on progress that's been made during the week. The chair and the employee also meet weekly to discuss the day-to-day



management of projects and organisation, any outstanding tasks, and to create an agenda for the weekly meetings.

Depending on the projects at the time, we may meet more frequently or as needed, often to collaborate with external individuals/organisations. We also meet annually for a board meeting/AGM during which finances, policies, governance and the activities of the year are reviewed.

Related Organisations

Since 2021, One Equine Trust has held an associate membership with *The Federation of Horses in Education and Therapy International AISBL* (HETI). Additionally, OET has held a subscription to *NICVA's Grant Tracker* fundraising software since 2021. Lastly, as of August 2023, OET also holds accounts with both Charities Aid Foundation and the Fundraising Regulator.

The OET chairperson has sat on the steering group for the *Human Equine Interaction Register UK* (HEIR) since 2022, and is a volunteer for the *Riding of the Disabled Association* (RDA NI). Additionally, one of the OET trustees is both a coach and a trustee for RDA NI. The Trust's employee is also volunteer for the RDA Antrim group, of which a third trustee is the volunteer coordinator.



Reference and Administrative Information

Charity Name

One Equine Trust, also known as One Equine and OET

Charity Registration Number

108890

Company Registration Number

NI673368

Registered Address

8 Dufferin Villas
Bangor
BT20 5PH

Charity Trustees and Employees as of December 31st 2023

Trustees

Mr Richard Alexander Glenn Moore	Chair
Mrs Beulah Louise Skelly	Director
Mrs Hazel Elizabeth Winning OBE	Director
Mrs Juliet Clare Frazer	Director
Mrs Molly Elizabeth McCluskey	Director

Employees

Ms Aisling Jane Dunnion	Project Development Officer
-------------------------	-----------------------------



Advisors

Banking

Danske Bank (Branch Business)
Donegall Square West
Belfast
BT1 6JS

Insurance

Lockton Companies LLP
The Clarence West Building,
2 Clarence Street West,
Belfast
BT2 7GP

Solicitors


Edwards & Co. Solicitors
28 Hill St,
Belfast,
BT1 2LA



Declarations

The trustees declare that they have approved the report above.

Signed on behalf of the charity's trustees:

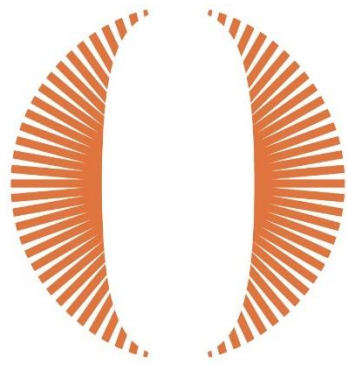
Signature(s)	
Full name(s)	Richard Moore
Position (e.g., Secretary, Chair, etc)	Chairman

Date

One Equine Trust

Northern Ireland - Charity number 108890

Annual report



**One
Equine**

One Equine Trust

Trustees' Annual Report and Accounts

For the Year Ended 31 December 2023

Charity Number: 108890

Company Number: NI673368



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Independent Examiner's Report to the Trustees of One Equine Trust

I report on the accounts of the charity for the financial year ended 31st December 2023, which are presented on pages 14 – 20.

Respective responsibilities of Charity Trustees and Examiner

As the charity's trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

I have examined the charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records



3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent Examiner's Report

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Neil O'Prey

FCA

22 Strathearn Lane,
Belfast,
BT4 2BT

Date: 30/09/2024



Annual Report

The trustees of the One Equine Trust (OET) present the report and accounts for the period of January 1st 2023 to December 31st 2023.

Achievements

Funding

In 2023, OET secured private sector funding from several organisations to support our mission. These fundings were provided for the purpose of both general costs and specific projects during the year.

Re-Gen

In October 2023, OET received a charitable donation from Re-Gen Waste Ltd. The funds from this donation were not restricted, nor were they donated for a specific project or purpose. These funds contributed to the everyday running costs of the OET organisation.

The Denis Lynn Foundation

OET received a commitment of £20,000 from the Denis Lynn Foundation to financially contribute to a two-year Equine Assisted Learning project in Downpatrick, Co. Down (see project details below). The donation is restricted to the costs of this project alone, and is to be split across the two years, contributing £10,000 per year. This is a commitment of funding, no funds have yet been received.

The Anne Duchess of Westminster's Fund

After a successful application in July 2023, OET were awarded a £10,000 grant from The Anne Duchess of Westminster's Fund (ADWF). This is a restricted grant which covers the project costs of an Equine Facilitated Workshop programme (see project details below).

Department of Health & Department of Agriculture, Environment and Rural Affairs

Upon completion of the OET 2023 Practitioner Survey report, we were awarded £4,000 by the Department of Health and the Department of Agriculture, Environment



and Rural Affairs to contribute to the costs of this project and the production of this report.

Private Donation

Lastly, in September OET were given a donation of £500 from a private source. This donation was not restricted and also contributed to the everyday running costs of the OET organisation.

OET achievements from 2023 have been categorised in line with the charitable mission to increase (1) awareness and knowledge of EAS, (2) EAS capacity, (3) connections and opportunities.

1. Increasing Awareness and Knowledge

Equine Assisted Services in Northern Ireland: An Exploratory Survey of Practitioners

Following an initial report in 2020, which explored the experiences of participants engaged in EAS, OET commissioned a second report, investigating the experiences of EAS practitioners. The aim of this report was to better understand the landscape of EAS practices in Northern Ireland, while exploring the experiences of the individual practitioners, their backgrounds, qualifications, challenges, and aims for the future. Written by Dr Clare O’Kane, this report followed the experiences of 25 practitioners in NI. The findings from this report proved extremely valuable and informative, and have allowed OET to adapt their efforts to better support NI practitioners.

Response collection for this survey commenced in January 2023 and concluded in May. This was to allow for the report write-up over the summer months. The final report was completed by August 2023. In addition to publishing the report on the OET website, hardcopies of the report were printed in order to reach a wider audience and further spread awareness on the experiences of EAS practitioners in NI.



EAS in ROI Site-Visit

After collaborating with both Inspire and Mencap on plans for potential future projects, it was decided that it would be beneficial for the staff members to gain a better understanding of EAS, and its uses and impacts. Therefore, in August 2023, OET organised for a daytrip to ROI to attend two centres which offer EAS. The first of which was the St Joseph's Foundation Centre in Liskennett, Co. Limerick. Here, adults and children on the autism spectrum or with learning disabilities receive residential and/or day services, and Equine Therapy utilising the Horse Boy Method. In addition to the Liskennett centre, the trip also included a visit to the ChildVision centre in Drumcondra, Co. Dublin. This centre is dedicated to children and young people up to 23 years of age with visual impairment and/or complex disabilities. Included in their services is Equine Assisted Activities and Therapy. The visits allowed the staff of the NI organisations to visit successful, sustainable and well-supported Irish practices, meet the EAS staff, and gain knowledge of the enormous potential of EAS.

2. Increasing EAS Capacity

In 2023 OET collaborated with a wide range of organisations, EAS practitioners, funders and academic institutions to develop a number of projects in Northern Ireland and offer EAS to wider NI communities.

Peace of Mind NI EAL Project

In 2023, the 'One Equine and Peace of Mind NI Equine Assisted Learning Pilot Project' concluded. This project, funded by Ulster Garden Villages and OET, commenced in January 2022 and ran to December 2023. This two-year project was a collaboration with Peace of Mind NI to provide weekly Equine Assisted Learning sessions to primary school children. The practitioner visited St Colmcille's primary school in Downpatrick, Co. Down, with her ponies to provide sessions to children in mainstream classes and the special educational needs unit. An initial evaluation was completed for each student, and progress was measured twice a year and upon completion (5 times in total across the two years). The results for each student



showed significant improvements in the children's behaviour, personal skills and assessment scores. A final report is currently being completed.

Equine Assisted Workshops for Women's Aid

OET collaborated with Horses for People and an independent psychotherapist to develop and run a project which would provide Equine Assisted Workshops to 12 women engaged with Women's Aid. These were individuals who experienced domestic abuse and/or human trafficking. Through the use of Equine Assisted Services, the project aimed to reflect the following key principles of Women's Aid and improve the wellbeing of the women involved.

- Survivor Engagement
- Collaboration
- Empowerment
- Equity, diversity and inclusion
- Trauma informed practice and quality standards
- Working with others to influence change

The experts involved in this project provided two sets of two-day group workshops at Ballygraffan Stables, Co. Down (each participant received 4 days of workshops). By interacting and engaging with the horses, the participants developed their self-awareness, understanding of the perceptions of others, and personal skills and abilities, aiding in the healing of their trauma and their recovery. The project was fully funded by the Anne Duchess of Westminster Fund, and concluded in November 2023.

The Denis Lynn Foundation – Knockevin EAL Project

As mentioned earlier in this report, OET received a commitment of funding from the Denis Lynn Foundation for an Equine Assisted Learning (EAL) project for students in Downpatrick. This project was designed to follow a similar model to the *Peace of Mind NI EAL Project*, where the practitioner would provide EAL sessions to groups of students on the school grounds. After consideration of the various schools in



Downpatrick, Knockevin Special School was selected to participate in this project. Sessions will be provided to students in the nursery, primary and secondary school sites. Various outcome measurements will be utilised to explore the benefits of the sessions on the students and to investigate the social impact of this intervention. The details of the project were yet to be finalised, therefore, it was arranged to commence in 2024.

Future Projects

Increasing capacity was one of the primary focuses for OET in 2023. Therefore, in addition to the above projects, OET also collaborated, developed proposals, and/or submitted applications for the following projects:

1. *OET umbrella proposal* – We developed a proposal which was submitted to The Special EU Programmes Body (SEUPB) Peace Plus Funding Grant. This was a large proposal which incorporated 11 one-year Equine Assisted Services (EAS) projects around Northern Ireland. These projects will be completed by eight different practitioners and include five modalities of EAS. In addition to providing EAS to over 410 individuals from a wide range of cohorts, many with difficulties ranging from physical to social, emotional and behavioural, to mental wellbeing and/or trauma etc., and helping those who could greatly benefit, this proposal aimed to examine the various modalities of EAS, and create a social evaluation of the impacts. Included in this proposal, is the Downpatrick (Knockevin Special School) project which is due to commence in 2024.

Acquiring funding and commencing with the remaining 10 projects will be a high priority for the coming year.

2. *Festina Lente Project* – A cross-border collaboration project between OET and Festina Lente in Bray, Co. Wicklow, was developed to provide Equine Assisted Learning sessions to cohorts of young people from both NI and ROI. The project consisted of 2 days of sessions in Bray and 2 in Coleraine for all



participants. The aim is to explore the challenges young people face in communicating and being heard in a society with transgenerational trauma related to the Troubles. Although initially submitted for the Shared Island Civic Society Fund, this project is now also one of the 11 projects included in the umbrella proposal.

3. *Mallusk Housing Development and Equine Assisted Therapy* – In collaboration with Inspire Wellbeing, this project is designed to provide services to adults who have recently been resettled from Muckamore Abbey Hospital to the Inspire housing development near Mallusk. Due to the complex needs of this cohort, the project would include a multi-disciplinary team of Allied Health Professionals and equine professionals to provide Equine Assisted Therapy sessions and increase the wellbeing of the participants.
4. *Rathore School Project* – This project will follow the same model as the *Peace of Mind NI EAL Project* and the *Knockevin EAL Project*. Practitioners will visit the school to provide EAL to cohorts of students with severe learning difficulties enrolled in Rathore school in Newry.

Discussions of the projects at 3 and 4 have begun with the relevant parties, however, details are yet to be finalised and funding is yet to be acquired. They will remain as future goals for OET.

Please note that the above projects (under '*Future Projects*') have not yet begun. However, they have been developed and, should the funding be acquired, they could commence. Acquiring funding for all projects is a priority for OET in order to increase capacity and help NI communities.



3. Increasing Connections and Opportunities

UU Workshop

OET began 2023 with a collaborative workshop with Ulster University. This workshop, *Collaboration and Impact of Equine Facilitated Therapy (EFT) in Northern Ireland*, was held on Monday 23rd of January at the new Ulster University Belfast campus. The event consisted of five information sessions which were presented by individuals from various backgrounds who are involved in delivering EFT services or in education provision. The presentations covered a range of topics including practitioner training in Northern Ireland, existing pilot programmes and practitioners, and information sessions from practicing Allied Health Professionals (AHPs). Attendance was free of charge and we welcomed 58 attendees. The event offered an excellent opportunity to network, learn about the various modalities and programmes taking place at the time, and hear from like-minded professionals.

Castle Leslie Event

The OET board was invited to attend a demonstration at the Castle Leslie Estate in Monaghan in February 2023. The purpose of the event was to meet and observe a training demonstration by the founder of the Horse Boy Method (HBM), Rupert Isaacson. This is very effective modality of Equine Assisted Services which is now used for cognitive, behavioural and academic development in over 30 countries worldwide. It was of great benefit to the Board, and communications between the two groups have continued, leading to the workshop below.

CAFRE Workshop

After the success and positive feedback from the initial workshop in January, OET organised a second workshop. This workshop and CPD event, *The Movement of the Horse - Understanding Equine Health, Performance and Training in Equine Assisted Services*, was a collaboration with the College of Agriculture Food & Rural Enterprise (CAFRE). This event was held on Wednesday 29th of November 2023, at the CAFRE Enniskillen Campus. The event consisted of three workshop sessions each presented by a professional involved in equine health, education, or EAS practice,



followed by a meal and panel discussion with the speakers. This workshop was focused on the biomechanics and movement of the horse, and the resulting processes and impact this can have within the delivery of EAS. Attendance was £27.80 per person and booked through Eventbrite's online system. Both CAFRE and OET were delighted with the event which welcomed almost 90 individuals.

NI Practitioners

One way in which OET supports EAS practices and informs potential clients, is by providing a list of EAS practitioners in NI. Before 2023 there was a total of 15 organisations and independent practitioners on our database. Unfortunately, 4 ceased practicing in 2023. However, throughout the year, we met with and learned of additional practitioners and organisations, and by the end of 2023, there were 20 on the database.

DOH & DAERA Equine Assisted Therapy/Learning Stakeholders Group

A group of individuals formed this stakeholder's group in 2019 to develop strategy around the use and implementation of EAS within NI government. Participation in the group includes representatives from the Department of Health, Department of Agriculture, Environment and Rural Affairs, Department of Education, Department of Justice, Public Health Agency and each of the Trusts (Southern, Western, Northern, South Eastern and Belfast HSC Trusts); and professionals from organisations related to EAS (OET, Riding for the Disabled Association), human health and wellbeing service (Children and Young People's Strategic Partnership), and education (Ulster University). Attendance is not limited to this list, and meetings often invite EAS practitioners to present case studies or information on their practices. OET has been involved since its formation and continues to work with those involved to illustrate the impacts of EAS and develop possibilities within the Departments.

Collaborations and Networking

Through various activities in 2023 (e.g., projects, events, research,) OET has collaborated and communicated with a wide range of individuals, stakeholders, organisations and other charities.



These include:

- Ulster University
- Queen's University Belfast
- Clare O'Kane - independent researcher
- Department of Agriculture, Environment and Rural Affairs (DAERA)
- NICVA
- Department of Health (DoH)
- Strategic Planning and Performance Group (SPPG)
- Horse Week
- Irish Field
- Shanaghan Veterinary Services
- Human Equine Interaction Register (HEIR) (now Equine Assisted Service Partnership, EASP)
- Education Authority
- CAFRE
- Festina Lente
- LOAF Catering and Pottery
- ChildVision
- CMC Physiotherapy
- British Horse Society
- NOW Group
- Action Mental Health
- MENCAP
- Mare and Foal sanctuary
- Omagh RDA
- Coleraine RDA
- St. Joseph's Foundation
- Rupert Isaacson (Horse Boy Method)
- Women's Aid
- Kilcreggan Homes
- Burn Equestrian Centre
- Rathore School
- The Foundation Agency
- VOYPIC
- Knockevin Special School
- CAWT PeacePlus Community Engagement Events
- STRIDE (QUB)
- Voicing The Void
- Anne Duchess of West Minister Fund (ADWF)
- Horse and Field
- Inspire Wellbeing
- Boom Hall
- South Eastern/Southern HSC Trust

Registration

In 2023, OET registered with two new organisations, Charities Aid Foundation and the Fundraising Regulator. Both provide information and guidance to help OET develop their management of fundraising, financial affairs, and charitable responsibilities.



Financial Review

Overview

The finances of the year ending in December 2023, were consistent with the trustees' expectations and objectives for the year.

Income

The principal funding sources for the organisation consist of charitable donations and/or grants. Since January 1st 2023, OET received a total of £41,652. This figure consisted of two unrestricted donations totalling £26,335 , a restricted donation of £4,000 for sole use on the Practitioner Survey, and a grant of £10,000 which was awarded for sole use on the Women's Aid project.

Additionally, in 2023 OET ran their first workshops. The costs for the first workshop in January, were covered solely by OET and no income was received. However, tickets for the November workshop were £25 per person and 52 tickets were sold for the event.

Expenditure

In 2023, the expenditure total was £48,626. The main costs for the year were project fees (£14,950), the 2023 Practitioner Survey report (£10,090), staff costs (£14,206), and event costs (£5,135). Other costs include memberships, solicitor consultations, annual insurance, bank fees, and general costs (including costs to Companies House and meeting room bookings) (see Notes 6 & 7).

The Trustees' Annual report was approved on behalf of the trustees on September 23rd 2024 by:

Richard Moore
Chairman



Accounts for the year ended December 31st 2023

Statement of Financial Activities

For the Year ended December 31st 2023

			Unrestricted Funds £	Restricted Funds £	Total 2023	* Total 2022
Income	Note					
Donations and Legacies	4		26,335	4,000	30,335	27,818
Charitable Activities	5		1,317	10,000	11,317	10,000
Total Income			27,652	14,000	41,652	37,818
Expenditure						
Charitable Activities	6		11,711	18,950	30,661	4,350
Governance Costs	7		17,965	-	17,965	7,123
Total Expenditure			29,676	18,950	48,626	11,473
Net Income/(expenditure)			(2,024)	(4,950)	(6,974)	26,345
Net Movement in Funds			(2,024)	(4,950)	(6,974)	26,345
Reconciliation of Funds						
Total funds brought forward			12,783	15,650	28,433	2088
Total funds carried forward	10		10,759	10,700	21,459	28,433



Balance Sheet as of December 31st 2023

		2023 £	*2022 £
Current Assets	Note		
Debtors	8	75	-
Cash at bank/in hand		24,675	30,027
Total		24,750	30,027
Creditors: amounts falling due within one year	9	3,291	1,594
Net current assets		21,459	28,433
Funds	10		
Unrestricted funds		10,759	12,783
Restricted funds		10,700	15,650
Total Funds		21,459	28,433

*The figures for 2022 were used for comparison for the current financial year (year ending 2023). However, as this is the first report, these figures were not reported to the Charity Commission NI.

The financial statements on pages 14 to 20 were approved by the charity trustees, and authorised and signed on their behalf on September 23rd 2024 by:

Richard Moore
Chairman



Notes to the Accounts

1. Assets

OET has no assets which would contribute to their funds.

2. Trustee Expenses

No expenses were paid to the trustees, unless to reimburse them for purchases made on behalf of the Trust.

3. Taxation

As a registered charity, OET is exempt from taxation.

4. Income from Donations and Legacies

Unrestricted Funds

During 2023 OET received two donations of £25,835 and £500. Both donations were unrestricted without specific purpose nor any conditions. This was used for general organisational costs. However, the Peace of Mind pilot project was a £20,000 project with 50% (£10,000) being funded by OET. Therefore, 50% (£5,350) of the remaining project costs to be contributed by OET were considered restricted.

Restricted Funds

A £4,000 donation was received by OET from the Department of Health and the Department of Agriculture, Environment and Rural Affairs, in relation to the Practitioner Survey that was completed in 2023. The donation was restricted to this project and contributed to the costs of funding and producing the report. The total cost for the report was £10,090 with £8,890 in researcher fees and £1,200 to print 300 copies of the report. The donation covered just under 40% of the total costs, with the remaining £6,090 being funded by OET.

5. Income from Charitable Activities

Unrestricted Funds

The joint workshop with CAFRE which took place in November 2023 was a ticketed event which was £27.80 per person (including fees). 50 tickets were



sold for the event leading to a total of £1,250 (after fees). After a final fee of £7.99 was removed, OET received £1,242. This was unrestricted income, however, as the event total was £4,362, the funds received were used to contribute to the costs incurred which include catering, videographer and speaker fees.

Restricted Funds

Two restricted grants were made to OET in (or relating to) 2023.

A £10,000 grant from Ulster Garden Villages (awarded in 2022) was provided to cover 50% of the cost (£20,000) of the Peace of Mind NI project. As mentioned in the previous note the remaining 50% was to be paid by OET. By the end of 2022, £4,350 was paid to the practitioner and by December 2023, £9,300 had been paid to the practitioner, leaving £10,700 to be paid by the end of the project, 50% of which was being contributed by OET. The remaining cost was included to cover the project report and evaluation, to be completed in 2024.

Lastly, OET was awarded a £10,000 grant from the Anne Duchess of Westminster Fund (ADWF). This was restricted to a collaborative project between OET, Horses for People, Women's Aid and an independent psychotherapist, to provide Equine Assisted Workshops to 12 women in need of support. The EAS practitioner costs (including facilities, assistants, refreshments etc.) was £8,400 for 4 full-day workshops for 12 women. The practitioner offered a £645 discount for a total of £7,755. The psychotherapist assisted with the sessions and wrote a review paper for the project for a cost of £2,245. All £10,000 in project costs was covered by the ADWF grant.



6. Expenditure Relating to Charitable activities

Charitable Activities	2023	*2022
	£	£
Outreach Work	14,950	4,350
Communication and PR	416	-
Reports and Research	10,090	-
Staff Travelling	95	-
Postage & Carriage	45	-
Meeting/Events Expenses	5,065	-
Total	30,661	4,350

7. Expenditure Relating to Governance Costs

Charitable Activities	2023	*2022
	£	£
Memberships	197	304
IT Support	2,418	2,755
Solicitors	-	454
Insurance	568	562
Bank Fees	33	59
Staff Costs	13,000	2,765
Employers NI	417	-
Employers Pensions	789	-
Consultancy Fees	300	-
General	173	224
Room Hire Expenses	70	-
Total	17,965	7,123

	2023	*2022
	£	£
8. Debtors		
Prepayments	75	-



9. Creditors: amounts falling due within one year

Accruals	2023 £	*2022 £
NET Wages	1,200	765
PAYE	83	-
Pension	108	-
Membership	-	63
Meeting/Event Expenses	100	16
OET Reports	1,200	-
Outreach Work	600	750
Total	3,291	1,594

10. Funds

	Balance at 1 January 2023	Incoming resources	Resources Expended	Balance at 31 December 2023
Unrestricted	12,783	27,652	29,676	10,759
Restricted	15,650	14,000	18,950	10,700
	28,433	41,652	48,626	21,459
	*Balance at 1 January 2022	Incoming resources	Resources Expended	Balance at 31 December 2022
Unrestricted	2,088	17,818	7,123	12,783
Restricted	-	20,000	4,350	15,650
	2,088	37,818	11,473	28,433

*The figures for 2022 were used for comparison for the current financial year (year ending 2023). However, as this is the first report, these figures were not reported to the Charity Commission NI.



General Information

The Organisation

Aims and Values

One Equine Trust is a non-profit charitable organisation based in Northern Ireland. We are dedicated to supporting and promoting the practice of Equine Assisted Services (EAS) in NI. Our mission is that everyone in NI who could benefit from interaction with horses has access to safe, affordable, regulated and accredited EAS. In addition to this, it is our vision that NI will become and be known as a region of excellence, recognized internationally, for the practice of EAS, the training of practitioners, and advancing research in this field of study.

We at One Equine:

- Work in partnership with key stakeholders.
- Use evidence from professionals and personal experiences to guide our work.
- Speak independently.
- Are kind and caring as we put people at the centre of all we do.
- Are innovative, we nurture and encourage new ideas and new ways of thinking.
- Are determined to make a difference in NI.
- Are passionate, we have great belief in the potential of EAS and what it can do for NI

The incorporation of the team's core values in the discussions and the decisions made during the year, has led OET to ensure the best possible outcomes for human wellbeing in NI.

Our Activities

In line with the vision of the Trust to create a centre of excellent in NI and the mission to promote the use of EAS such that all who could benefit has access to services, the main activities of the Trust include (but are not restricted to):



- Supporting EAS practitioners in expanding or establishing their services.
- Communicating and networking to build collaborations between those working in this area to establish multidisciplinary services and safe practices.
- Offering advice to the public on the available services.
- Seeking funding to support organisations/practitioners and the expansion of services.
- Engaging with colleges and universities to understand and promote the training of practitioners.
- Creating opportunities for research projects relating to EAS.

Summary of Main Activities (2023)

In line with the organisation's mission and objectives for 2023, we supported the expansion of EAS in the past year by funding the continuation of the 2nd year of the Peace of Mind NI EAL project, and collaborated with external organisations who will complete an evaluation of the project. Additionally, as outlined earlier in the report, OET has collaborated with a wide range of practitioners, individuals and organisations to develop 14 additional EAS projects, supporting NI practitioners and helping those in need of services. Lastly, OET developed, acquired funding for, and completed the Women's Aid project in 2023.

To support the advancement of NI as a region of excellence in research and of training in the area of EAS, OET was involved in discussions of future research projects and training courses, and created collaborations and connections between organisations and practitioners in NI and ROI. This has been developed through the various daytrips, events and workshops that took place in 2023, particularly through the workshops and Practitioner Survey, in line with the OET 2023 objectives.



Objectives for the Year (2024)

It is likely that more objectives for 2024 will be included throughout the year. However, at the board meeting and annual AGM on October 11th 2023, the activities listed below were OET's primary objectives for the coming year.

Umbrella Proposal

The main priority for 2024 was the progression of the large proposal that was created for the Peace Plus funding grant. Regardless of outcome from the grant, it was decided that OET would find the necessary funding to commence with the included 11 projects. Increasing EAS capacity is a main priority for OET, therefore, priority will be given to these activities in 2024.

Workshop

After the successes of the Ulster University workshop in January and the CAFRE workshop in November 2023, it was decided that similar events would be developed for 2024. With the aim of increasing opportunities for practitioner CPD, networking and collaborating, and supporting NI practitioners, creating these events is crucial for the growth and sustainability of EAS in NI.

Peace of Mind NI EAL Project Report

After the conclusion of the *One Equine and Peace of Mind NI Equine Assisted Learning Pilot Project* in December 2023, a report is to be written on the project and results, along with an external evaluation. The results from an earlier partial report, showed excellent results for the children who received EAL. As a result of the positive outcomes illustrated in the project results, it was felt that this report will prove useful in acquiring project funding, particularly for similar projects, e.g., the Knockevin Special School and Rathore EAS projects. Therefore, the completion of this report is also a priority for 2024.



Public Benefit Statement

The trustees of OET, confirm that they have had regard to the Charity Commission's guidance on public benefit and that the public benefit requirement has informed the activities of the trust in the year January 1st 2023 – December 31st 2023.

In the interest of public benefit, the trustees note that access to the OET website and resources is open to all and does not require fees or membership. Additionally, contact details for further information and guidance is openly available. Through engagement with institutions for both practitioner training and for research purposes during the year, the trust has progressed their purpose of the advancement of awareness and education in this area. This has contributed to the improvement of public knowledge about the services and of accessibility of safe and regulated services. In securing funding for the EAL pilot project, the Trust has increased the provision of EAS, in accordance with their second purpose to advance and expand the provision of these services.

Structure, Governance and Management

Governing Document

One Equine Trust is a private company limited by guarantee. It was incorporated on the 13th of October 2020 and was registered as a charity 27th July 2022. The organisation was established under a Memorandum of Association and is governed by its objects and power as is outlined in the organisation's Articles of Association.

Management and Structure

This organisation consists of the chairperson, four trustees and a part-time employee (all listed below). The team meet weekly for discussions relating to current or future projects and to update one another on progress that's been made during the week. The chair and the employee also meet weekly to discuss the day-to-day



management of projects and organisation, any outstanding tasks, and to create an agenda for the weekly meetings.

Depending on the projects at the time, we may meet more frequently or as needed, often to collaborate with external individuals/organisations. We also meet annually for a board meeting/AGM during which finances, policies, governance and the activities of the year are reviewed.

Related Organisations

Since 2021, One Equine Trust has held an associate membership with *The Federation of Horses in Education and Therapy International AISBL* (HETI). Additionally, OET has held a subscription to *NICVA's Grant Tracker* fundraising software since 2021. Lastly, as of August 2023, OET also holds accounts with both Charities Aid Foundation and the Fundraising Regulator.

The OET chairperson has sat on the steering group for the *Human Equine Interaction Register UK* (HEIR) since 2022, and is a volunteer for the *Riding of the Disabled Association* (RDA NI). Additionally, one of the OET trustees is both a coach and a trustee for RDA NI. The Trust's employee is also volunteer for the RDA Antrim group, of which a third trustee is the volunteer coordinator.



Reference and Administrative Information

Charity Name

One Equine Trust, also known as One Equine and OET

Charity Registration Number

108890

Company Registration Number

NI673368

Registered Address

8 Dufferin Villas
Bangor
BT20 5PH

Charity Trustees and Employees as of December 31st 2023

Trustees

Mr Richard Alexander Glenn Moore	Chair
Mrs Beulah Louise Skelly	Director
Mrs Hazel Elizabeth Winning OBE	Director
Mrs Juliet Clare Frazer	Director
Mrs Molly Elizabeth McCluskey	Director

Employees

Ms Aisling Jane Dunnion	Project Development Officer
-------------------------	-----------------------------



Advisors

Banking

Danske Bank (Branch Business)
Donegall Square West
Belfast
BT1 6JS

Insurance

Lockton Companies LLP
The Clarence West Building,
2 Clarence Street West,
Belfast
BT2 7GP

Solicitors


Edwards & Co. Solicitors
28 Hill St,
Belfast,
BT1 2LA



Declarations

The trustees declare that they have approved the report above.

Signed on behalf of the charity's trustees:

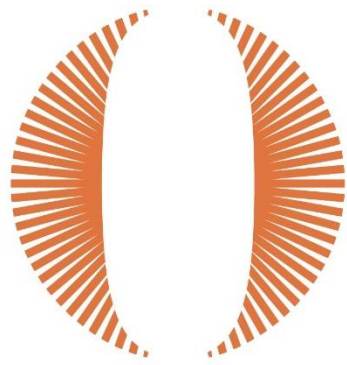
Signature(s)	
Full name(s)	Richard Moore
Position (e.g., Secretary, Chair, etc)	Chairman

Date

One Equine Trust

Northern Ireland - Charity number 108890

Annual return



**One
Equine**

One Equine Trust

Trustees' Annual Report and Accounts

For the Year Ended 31 December 2023

Charity Number: 108890

Company Number: NI673368



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Independent Examiner's Report to the Trustees of One Equine Trust

I report on the accounts of the charity for the financial year ended 31st December 2023, which are presented on pages 14 – 20.

Respective responsibilities of Charity Trustees and Examiner

As the charity's trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

I have examined the charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records



3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent Examiner's Report

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Neil O'Prey

FCA

22 Strathearn Lane,
Belfast,
BT4 2BT

Date: 30/09/2024



Annual Report

The trustees of the One Equine Trust (OET) present the report and accounts for the period of January 1st 2023 to December 31st 2023.

Achievements

Funding

In 2023, OET secured private sector funding from several organisations to support our mission. These fundings were provided for the purpose of both general costs and specific projects during the year.

Re-Gen

In October 2023, OET received a charitable donation from Re-Gen Waste Ltd. The funds from this donation were not restricted, nor were they donated for a specific project or purpose. These funds contributed to the everyday running costs of the OET organisation.

The Denis Lynn Foundation

OET received a commitment of £20,000 from the Denis Lynn Foundation to financially contribute to a two-year Equine Assisted Learning project in Downpatrick, Co. Down (see project details below). The donation is restricted to the costs of this project alone, and is to be split across the two years, contributing £10,000 per year. This is a commitment of funding, no funds have yet been received.

The Anne Duchess of Westminster's Fund

After a successful application in July 2023, OET were awarded a £10,000 grant from The Anne Duchess of Westminster's Fund (ADWF). This is a restricted grant which covers the project costs of an Equine Facilitated Workshop programme (see project details below).

Department of Health & Department of Agriculture, Environment and Rural Affairs

Upon completion of the OET 2023 Practitioner Survey report, we were awarded £4,000 by the Department of Health and the Department of Agriculture, Environment



and Rural Affairs to contribute to the costs of this project and the production of this report.

Private Donation

Lastly, in September OET were given a donation of £500 from a private source. This donation was not restricted and also contributed to the everyday running costs of the OET organisation.

OET achievements from 2023 have been categorised in line with the charitable mission to increase (1) awareness and knowledge of EAS, (2) EAS capacity, (3) connections and opportunities.

1. Increasing Awareness and Knowledge

Equine Assisted Services in Northern Ireland: An Exploratory Survey of Practitioners

Following an initial report in 2020, which explored the experiences of participants engaged in EAS, OET commissioned a second report, investigating the experiences of EAS practitioners. The aim of this report was to better understand the landscape of EAS practices in Northern Ireland, while exploring the experiences of the individual practitioners, their backgrounds, qualifications, challenges, and aims for the future. Written by Dr Clare O’Kane, this report followed the experiences of 25 practitioners in NI. The findings from this report proved extremely valuable and informative, and have allowed OET to adapt their efforts to better support NI practitioners.

Response collection for this survey commenced in January 2023 and concluded in May. This was to allow for the report write-up over the summer months. The final report was completed by August 2023. In addition to publishing the report on the OET website, hardcopies of the report were printed in order to reach a wider audience and further spread awareness on the experiences of EAS practitioners in NI.



EAS in ROI Site-Visit

After collaborating with both Inspire and Mencap on plans for potential future projects, it was decided that it would be beneficial for the staff members to gain a better understanding of EAS, and its uses and impacts. Therefore, in August 2023, OET organised for a daytrip to ROI to attend two centres which offer EAS. The first of which was the St Joseph's Foundation Centre in Liskennett, Co. Limerick. Here, adults and children on the autism spectrum or with learning disabilities receive residential and/or day services, and Equine Therapy utilising the Horse Boy Method. In addition to the Liskennett centre, the trip also included a visit to the ChildVision centre in Drumcondra, Co. Dublin. This centre is dedicated to children and young people up to 23 years of age with visual impairment and/or complex disabilities. Included in their services is Equine Assisted Activities and Therapy. The visits allowed the staff of the NI organisations to visit successful, sustainable and well-supported Irish practices, meet the EAS staff, and gain knowledge of the enormous potential of EAS.

2. Increasing EAS Capacity

In 2023 OET collaborated with a wide range of organisations, EAS practitioners, funders and academic institutions to develop a number of projects in Northern Ireland and offer EAS to wider NI communities.

Peace of Mind NI EAL Project

In 2023, the 'One Equine and Peace of Mind NI Equine Assisted Learning Pilot Project' concluded. This project, funded by Ulster Garden Villages and OET, commenced in January 2022 and ran to December 2023. This two-year project was a collaboration with Peace of Mind NI to provide weekly Equine Assisted Learning sessions to primary school children. The practitioner visited St Colmcille's primary school in Downpatrick, Co. Down, with her ponies to provide sessions to children in mainstream classes and the special educational needs unit. An initial evaluation was completed for each student, and progress was measured twice a year and upon completion (5 times in total across the two years). The results for each student



showed significant improvements in the children's behaviour, personal skills and assessment scores. A final report is currently being completed.

Equine Assisted Workshops for Women's Aid

OET collaborated with Horses for People and an independent psychotherapist to develop and run a project which would provide Equine Assisted Workshops to 12 women engaged with Women's Aid. These were individuals who experienced domestic abuse and/or human trafficking. Through the use of Equine Assisted Services, the project aimed to reflect the following key principles of Women's Aid and improve the wellbeing of the women involved.

- Survivor Engagement
- Collaboration
- Empowerment
- Equity, diversity and inclusion
- Trauma informed practice and quality standards
- Working with others to influence change

The experts involved in this project provided two sets of two-day group workshops at Ballygraffan Stables, Co. Down (each participant received 4 days of workshops). By interacting and engaging with the horses, the participants developed their self-awareness, understanding of the perceptions of others, and personal skills and abilities, aiding in the healing of their trauma and their recovery. The project was fully funded by the Anne Duchess of Westminster Fund, and concluded in November 2023.

The Denis Lynn Foundation – Knockevin EAL Project

As mentioned earlier in this report, OET received a commitment of funding from the Denis Lynn Foundation for an Equine Assisted Learning (EAL) project for students in Downpatrick. This project was designed to follow a similar model to the *Peace of Mind NI EAL Project*, where the practitioner would provide EAL sessions to groups of students on the school grounds. After consideration of the various schools in



Downpatrick, Knockevin Special School was selected to participate in this project. Sessions will be provided to students in the nursery, primary and secondary school sites. Various outcome measurements will be utilised to explore the benefits of the sessions on the students and to investigate the social impact of this intervention. The details of the project were yet to be finalised, therefore, it was arranged to commence in 2024.

Future Projects

Increasing capacity was one of the primary focuses for OET in 2023. Therefore, in addition to the above projects, OET also collaborated, developed proposals, and/or submitted applications for the following projects:

1. *OET umbrella proposal* – We developed a proposal which was submitted to The Special EU Programmes Body (SEUPB) Peace Plus Funding Grant. This was a large proposal which incorporated 11 one-year Equine Assisted Services (EAS) projects around Northern Ireland. These projects will be completed by eight different practitioners and include five modalities of EAS. In addition to providing EAS to over 410 individuals from a wide range of cohorts, many with difficulties ranging from physical to social, emotional and behavioural, to mental wellbeing and/or trauma etc., and helping those who could greatly benefit, this proposal aimed to examine the various modalities of EAS, and create a social evaluation of the impacts. Included in this proposal, is the Downpatrick (Knockevin Special School) project which is due to commence in 2024.

Acquiring funding and commencing with the remaining 10 projects will be a high priority for the coming year.

2. *Festina Lente Project* – A cross-border collaboration project between OET and Festina Lente in Bray, Co. Wicklow, was developed to provide Equine Assisted Learning sessions to cohorts of young people from both NI and ROI. The project consisted of 2 days of sessions in Bray and 2 in Coleraine for all



participants. The aim is to explore the challenges young people face in communicating and being heard in a society with transgenerational trauma related to the Troubles. Although initially submitted for the Shared Island Civic Society Fund, this project is now also one of the 11 projects included in the umbrella proposal.

3. *Mallusk Housing Development and Equine Assisted Therapy* – In collaboration with Inspire Wellbeing, this project is designed to provide services to adults who have recently been resettled from Muckamore Abbey Hospital to the Inspire housing development near Mallusk. Due to the complex needs of this cohort, the project would include a multi-disciplinary team of Allied Health Professionals and equine professionals to provide Equine Assisted Therapy sessions and increase the wellbeing of the participants.
4. *Rathore School Project* – This project will follow the same model as the *Peace of Mind NI EAL Project* and the *Knockevin EAL Project*. Practitioners will visit the school to provide EAL to cohorts of students with severe learning difficulties enrolled in Rathore school in Newry.

Discussions of the projects at 3 and 4 have begun with the relevant parties, however, details are yet to be finalised and funding is yet to be acquired. They will remain as future goals for OET.

Please note that the above projects (under '*Future Projects*') have not yet begun. However, they have been developed and, should the funding be acquired, they could commence. Acquiring funding for all projects is a priority for OET in order to increase capacity and help NI communities.



3. Increasing Connections and Opportunities

UU Workshop

OET began 2023 with a collaborative workshop with Ulster University. This workshop, *Collaboration and Impact of Equine Facilitated Therapy (EFT) in Northern Ireland*, was held on Monday 23rd of January at the new Ulster University Belfast campus. The event consisted of five information sessions which were presented by individuals from various backgrounds who are involved in delivering EFT services or in education provision. The presentations covered a range of topics including practitioner training in Northern Ireland, existing pilot programmes and practitioners, and information sessions from practicing Allied Health Professionals (AHPs). Attendance was free of charge and we welcomed 58 attendees. The event offered an excellent opportunity to network, learn about the various modalities and programmes taking place at the time, and hear from like-minded professionals.

Castle Leslie Event

The OET board was invited to attend a demonstration at the Castle Leslie Estate in Monaghan in February 2023. The purpose of the event was to meet and observe a training demonstration by the founder of the Horse Boy Method (HBM), Rupert Isaacson. This is very effective modality of Equine Assisted Services which is now used for cognitive, behavioural and academic development in over 30 countries worldwide. It was of great benefit to the Board, and communications between the two groups have continued, leading to the workshop below.

CAFRE Workshop

After the success and positive feedback from the initial workshop in January, OET organised a second workshop. This workshop and CPD event, *The Movement of the Horse - Understanding Equine Health, Performance and Training in Equine Assisted Services*, was a collaboration with the College of Agriculture Food & Rural Enterprise (CAFRE). This event was held on Wednesday 29th of November 2023, at the CAFRE Enniskillen Campus. The event consisted of three workshop sessions each presented by a professional involved in equine health, education, or EAS practice,



followed by a meal and panel discussion with the speakers. This workshop was focused on the biomechanics and movement of the horse, and the resulting processes and impact this can have within the delivery of EAS. Attendance was £27.80 per person and booked through Eventbrite's online system. Both CAFRE and OET were delighted with the event which welcomed almost 90 individuals.

NI Practitioners

One way in which OET supports EAS practices and informs potential clients, is by providing a list of EAS practitioners in NI. Before 2023 there was a total of 15 organisations and independent practitioners on our database. Unfortunately, 4 ceased practicing in 2023. However, throughout the year, we met with and learned of additional practitioners and organisations, and by the end of 2023, there were 20 on the database.

DOH & DAERA Equine Assisted Therapy/Learning Stakeholders Group

A group of individuals formed this stakeholder's group in 2019 to develop strategy around the use and implementation of EAS within NI government. Participation in the group includes representatives from the Department of Health, Department of Agriculture, Environment and Rural Affairs, Department of Education, Department of Justice, Public Health Agency and each of the Trusts (Southern, Western, Northern, South Eastern and Belfast HSC Trusts); and professionals from organisations related to EAS (OET, Riding for the Disabled Association), human health and wellbeing service (Children and Young People's Strategic Partnership), and education (Ulster University). Attendance is not limited to this list, and meetings often invite EAS practitioners to present case studies or information on their practices. OET has been involved since its formation and continues to work with those involved to illustrate the impacts of EAS and develop possibilities within the Departments.

Collaborations and Networking

Through various activities in 2023 (e.g., projects, events, research,) OET has collaborated and communicated with a wide range of individuals, stakeholders, organisations and other charities.



These include:

- Ulster University
- Queen's University Belfast
- Clare O'Kane - independent researcher
- Department of Agriculture, Environment and Rural Affairs (DAERA)
- NICVA
- Department of Health (DoH)
- Strategic Planning and Performance Group (SPPG)
- Horse Week
- Irish Field
- Shanaghan Veterinary Services
- Human Equine Interaction Register (HEIR) (now Equine Assisted Service Partnership, EASP)
- Education Authority
- CAFRE
- Festina Lente
- LOAF Catering and Pottery
- ChildVision
- CMC Physiotherapy
- British Horse Society
- NOW Group
- Action Mental Health
- MENCAP
- Mare and Foal sanctuary
- Omagh RDA
- Coleraine RDA
- St. Joseph's Foundation
- Rupert Isaacson (Horse Boy Method)
- Women's Aid
- Kilcreggan Homes
- Burn Equestrian Centre
- Rathore School
- The Foundation Agency
- VOYPIC
- Knockevin Special School
- CAWT PeacePlus Community Engagement Events
- STRIDE (QUB)
- Voicing The Void
- Anne Duchess of West Minister Fund (ADWF)
- Horse and Field
- Inspire Wellbeing
- Boom Hall
- South Eastern/Southern HSC Trust

Registration

In 2023, OET registered with two new organisations, Charities Aid Foundation and the Fundraising Regulator. Both provide information and guidance to help OET develop their management of fundraising, financial affairs, and charitable responsibilities.



Financial Review

Overview

The finances of the year ending in December 2023, were consistent with the trustees' expectations and objectives for the year.

Income

The principal funding sources for the organisation consist of charitable donations and/or grants. Since January 1st 2023, OET received a total of £41,652. This figure consisted of two unrestricted donations totalling £26,335 , a restricted donation of £4,000 for sole use on the Practitioner Survey, and a grant of £10,000 which was awarded for sole use on the Women's Aid project.

Additionally, in 2023 OET ran their first workshops. The costs for the first workshop in January, were covered solely by OET and no income was received. However, tickets for the November workshop were £25 per person and 52 tickets were sold for the event.

Expenditure

In 2023, the expenditure total was £48,626. The main costs for the year were project fees (£14,950), the 2023 Practitioner Survey report (£10,090), staff costs (£14,206), and event costs (£5,135). Other costs include memberships, solicitor consultations, annual insurance, bank fees, and general costs (including costs to Companies House and meeting room bookings) (see Notes 6 & 7).

The Trustees' Annual report was approved on behalf of the trustees on September 23rd 2024 by:

Richard Moore
Chairman



Accounts for the year ended December 31st 2023

Statement of Financial Activities

For the Year ended December 31st 2023

			Unrestricted Funds £	Restricted Funds £	Total 2023	* Total 2022
Income						
	Note					
Donations and Legacies	4		26,335	4,000	30,335	27,818
Charitable Activities	5		1,317	10,000	11,317	10,000
Total Income			27,652	14,000	41,652	37,818
Expenditure						
Charitable Activities	6		11,711	18,950	30,661	4,350
Governance Costs	7		17,965	-	17,965	7,123
Total Expenditure			29,676	18,950	48,626	11,473
Net Income/(expenditure)			(2,024)	(4,950)	(6,974)	26,345
Net Movement in Funds			(2,024)	(4,950)	(6,974)	26,345
Reconciliation of Funds						
Total funds brought forward			12,783	15,650	28,433	2088
Total funds carried forward	10		10,759	10,700	21,459	28,433



Balance Sheet as of December 31st 2023

		2023 £	*2022 £
Current Assets	Note		
Debtors	8	75	-
Cash at bank/in hand		24,675	30,027
Total		24,750	30,027
Creditors: amounts falling due within one year	9	3,291	1,594
Net current assets		21,459	28,433
Funds	10		
Unrestricted funds		10,759	12,783
Restricted funds		10,700	15,650
Total Funds		21,459	28,433

*The figures for 2022 were used for comparison for the current financial year (year ending 2023). However, as this is the first report, these figures were not reported to the Charity Commission NI.

The financial statements on pages 14 to 20 were approved by the charity trustees, and authorised and signed on their behalf on September 23rd 2024 by:

Richard Moore
Chairman



Notes to the Accounts

1. Assets

OET has no assets which would contribute to their funds.

2. Trustee Expenses

No expenses were paid to the trustees, unless to reimburse them for purchases made on behalf of the Trust.

3. Taxation

As a registered charity, OET is exempt from taxation.

4. Income from Donations and Legacies

Unrestricted Funds

During 2023 OET received two donations of £25,835 and £500. Both donations were unrestricted without specific purpose nor any conditions. This was used for general organisational costs. However, the Peace of Mind pilot project was a £20,000 project with 50% (£10,000) being funded by OET. Therefore, 50% (£5,350) of the remaining project costs to be contributed by OET were considered restricted.

Restricted Funds

A £4,000 donation was received by OET from the Department of Health and the Department of Agriculture, Environment and Rural Affairs, in relation to the Practitioner Survey that was completed in 2023. The donation was restricted to this project and contributed to the costs of funding and producing the report. The total cost for the report was £10,090 with £8,890 in researcher fees and £1,200 to print 300 copies of the report. The donation covered just under 40% of the total costs, with the remaining £6,090 being funded by OET.

5. Income from Charitable Activities

Unrestricted Funds

The joint workshop with CAFRE which took place in November 2023 was a ticketed event which was £27.80 per person (including fees). 50 tickets were



sold for the event leading to a total of £1,250 (after fees). After a final fee of £7.99 was removed, OET received £1,242. This was unrestricted income, however, as the event total was £4,362, the funds received were used to contribute to the costs incurred which include catering, videographer and speaker fees.

Restricted Funds

Two restricted grants were made to OET in (or relating to) 2023.

A £10,000 grant from Ulster Garden Villages (awarded in 2022) was provided to cover 50% of the cost (£20,000) of the Peace of Mind NI project. As mentioned in the previous note the remaining 50% was to be paid by OET. By the end of 2022, £4,350 was paid to the practitioner and by December 2023, £9,300 had been paid to the practitioner, leaving £10,700 to be paid by the end of the project, 50% of which was being contributed by OET. The remaining cost was included to cover the project report and evaluation, to be completed in 2024.

Lastly, OET was awarded a £10,000 grant from the Anne Duchess of Westminster Fund (ADWF). This was restricted to a collaborative project between OET, Horses for People, Women's Aid and an independent psychotherapist, to provide Equine Assisted Workshops to 12 women in need of support. The EAS practitioner costs (including facilities, assistants, refreshments etc.) was £8,400 for 4 full-day workshops for 12 women. The practitioner offered a £645 discount for a total of £7,755. The psychotherapist assisted with the sessions and wrote a review paper for the project for a cost of £2,245. All £10,000 in project costs was covered by the ADWF grant.



6. Expenditure Relating to Charitable activities

Charitable Activities	2023	*2022
	£	£
Outreach Work	14,950	4,350
Communication and PR	416	-
Reports and Research	10,090	-
Staff Travelling	95	-
Postage & Carriage	45	-
Meeting/Events Expenses	5,065	-
Total	30,661	4,350

7. Expenditure Relating to Governance Costs

Charitable Activities	2023	*2022
	£	£
Memberships	197	304
IT Support	2,418	2,755
Solicitors	-	454
Insurance	568	562
Bank Fees	33	59
Staff Costs	13,000	2,765
Employers NI	417	-
Employers Pensions	789	-
Consultancy Fees	300	-
General	173	224
Room Hire Expenses	70	-
Total	17,965	7,123

	2023	*2022
	£	£
8. Debtors		
Prepayments	75	-



9. Creditors: amounts falling due within one year

Accruals	2023 £	*2022 £
NET Wages	1,200	765
PAYE	83	-
Pension	108	-
Membership	-	63
Meeting/Event Expenses	100	16
OET Reports	1,200	-
Outreach Work	600	750
Total	3,291	1,594

10. Funds

	Balance at 1 January 2023	Incoming resources	Resources Expended	Balance at 31 December 2023
Unrestricted	12,783	27,652	29,676	10,759
Restricted	15,650	14,000	18,950	10,700
	28,433	41,652	48,626	21,459
	*Balance at 1 January 2022	Incoming resources	Resources Expended	Balance at 31 December 2022
Unrestricted	2,088	17,818	7,123	12,783
Restricted	-	20,000	4,350	15,650
	2,088	37,818	11,473	28,433

*The figures for 2022 were used for comparison for the current financial year (year ending 2023). However, as this is the first report, these figures were not reported to the Charity Commission NI.



General Information

The Organisation

Aims and Values

One Equine Trust is a non-profit charitable organisation based in Northern Ireland. We are dedicated to supporting and promoting the practice of Equine Assisted Services (EAS) in NI. Our mission is that everyone in NI who could benefit from interaction with horses has access to safe, affordable, regulated and accredited EAS. In addition to this, it is our vision that NI will become and be known as a region of excellence, recognized internationally, for the practice of EAS, the training of practitioners, and advancing research in this field of study.

We at One Equine:

- Work in partnership with key stakeholders.
- Use evidence from professionals and personal experiences to guide our work.
- Speak independently.
- Are kind and caring as we put people at the centre of all we do.
- Are innovative, we nurture and encourage new ideas and new ways of thinking.
- Are determined to make a difference in NI.
- Are passionate, we have great belief in the potential of EAS and what it can do for NI

The incorporation of the team's core values in the discussions and the decisions made during the year, has led OET to ensure the best possible outcomes for human wellbeing in NI.

Our Activities

In line with the vision of the Trust to create a centre of excellent in NI and the mission to promote the use of EAS such that all who could benefit has access to services, the main activities of the Trust include (but are not restricted to):



- Supporting EAS practitioners in expanding or establishing their services.
- Communicating and networking to build collaborations between those working in this area to establish multidisciplinary services and safe practices.
- Offering advice to the public on the available services.
- Seeking funding to support organisations/practitioners and the expansion of services.
- Engaging with colleges and universities to understand and promote the training of practitioners.
- Creating opportunities for research projects relating to EAS.

Summary of Main Activities (2023)

In line with the organisation's mission and objectives for 2023, we supported the expansion of EAS in the past year by funding the continuation of the 2nd year of the Peace of Mind NI EAL project, and collaborated with external organisations who will complete an evaluation of the project. Additionally, as outlined earlier in the report, OET has collaborated with a wide range of practitioners, individuals and organisations to develop 14 additional EAS projects, supporting NI practitioners and helping those in need of services. Lastly, OET developed, acquired funding for, and completed the Women's Aid project in 2023.

To support the advancement of NI as a region of excellence in research and of training in the area of EAS, OET was involved in discussions of future research projects and training courses, and created collaborations and connections between organisations and practitioners in NI and ROI. This has been developed through the various daytrips, events and workshops that took place in 2023, particularly through the workshops and Practitioner Survey, in line with the OET 2023 objectives.



Objectives for the Year (2024)

It is likely that more objectives for 2024 will be included throughout the year. However, at the board meeting and annual AGM on October 11th 2023, the activities listed below were OET's primary objectives for the coming year.

Umbrella Proposal

The main priority for 2024 was the progression of the large proposal that was created for the Peace Plus funding grant. Regardless of outcome from the grant, it was decided that OET would find the necessary funding to commence with the included 11 projects. Increasing EAS capacity is a main priority for OET, therefore, priority will be given to these activities in 2024.

Workshop

After the successes of the Ulster University workshop in January and the CAFRE workshop in November 2023, it was decided that similar events would be developed for 2024. With the aim of increasing opportunities for practitioner CPD, networking and collaborating, and supporting NI practitioners, creating these events is crucial for the growth and sustainability of EAS in NI.

Peace of Mind NI EAL Project Report

After the conclusion of the *One Equine and Peace of Mind NI Equine Assisted Learning Pilot Project* in December 2023, a report is to be written on the project and results, along with an external evaluation. The results from an earlier partial report, showed excellent results for the children who received EAL. As a result of the positive outcomes illustrated in the project results, it was felt that this report will prove useful in acquiring project funding, particularly for similar projects, e.g., the Knockevin Special School and Rathore EAS projects. Therefore, the completion of this report is also a priority for 2024.



Public Benefit Statement

The trustees of OET, confirm that they have had regard to the Charity Commission's guidance on public benefit and that the public benefit requirement has informed the activities of the trust in the year January 1st 2023 – December 31st 2023.

In the interest of public benefit, the trustees note that access to the OET website and resources is open to all and does not require fees or membership. Additionally, contact details for further information and guidance is openly available. Through engagement with institutions for both practitioner training and for research purposes during the year, the trust has progressed their purpose of the advancement of awareness and education in this area. This has contributed to the improvement of public knowledge about the services and of accessibility of safe and regulated services. In securing funding for the EAL pilot project, the Trust has increased the provision of EAS, in accordance with their second purpose to advance and expand the provision of these services.

Structure, Governance and Management

Governing Document

One Equine Trust is a private company limited by guarantee. It was incorporated on the 13th of October 2020 and was registered as a charity 27th July 2022. The organisation was established under a Memorandum of Association and is governed by its objects and power as is outlined in the organisation's Articles of Association.

Management and Structure

This organisation consists of the chairperson, four trustees and a part-time employee (all listed below). The team meet weekly for discussions relating to current or future projects and to update one another on progress that's been made during the week. The chair and the employee also meet weekly to discuss the day-to-day



management of projects and organisation, any outstanding tasks, and to create an agenda for the weekly meetings.

Depending on the projects at the time, we may meet more frequently or as needed, often to collaborate with external individuals/organisations. We also meet annually for a board meeting/AGM during which finances, policies, governance and the activities of the year are reviewed.

Related Organisations

Since 2021, One Equine Trust has held an associate membership with *The Federation of Horses in Education and Therapy International AISBL* (HETI). Additionally, OET has held a subscription to *NICVA's Grant Tracker* fundraising software since 2021. Lastly, as of August 2023, OET also holds accounts with both Charities Aid Foundation and the Fundraising Regulator.

The OET chairperson has sat on the steering group for the *Human Equine Interaction Register UK* (HEIR) since 2022, and is a volunteer for the *Riding of the Disabled Association* (RDA NI). Additionally, one of the OET trustees is both a coach and a trustee for RDA NI. The Trust's employee is also volunteer for the RDA Antrim group, of which a third trustee is the volunteer coordinator.



Reference and Administrative Information

Charity Name

One Equine Trust, also known as One Equine and OET

Charity Registration Number

108890

Company Registration Number

NI673368

Registered Address

8 Dufferin Villas
Bangor
BT20 5PH

Charity Trustees and Employees as of December 31st 2023

Trustees

Mr Richard Alexander Glenn Moore	Chair
Mrs Beulah Louise Skelly	Director
Mrs Hazel Elizabeth Winning OBE	Director
Mrs Juliet Clare Frazer	Director
Mrs Molly Elizabeth McCluskey	Director

Employees

Ms Aisling Jane Dunnion	Project Development Officer
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Advisors

Banking

Danske Bank (Branch Business)
Donegall Square West
Belfast
BT1 6JS

Insurance

Lockton Companies LLP
The Clarence West Building,
2 Clarence Street West,
Belfast
BT2 7GP

Solicitors


Edwards & Co. Solicitors
28 Hill St,
Belfast,
BT1 2LA



Declarations

The trustees declare that they have approved the report above.

Signed on behalf of the charity's trustees:

Signature(s)	
Full name(s)	Richard Moore
Position (e.g., Secretary, Chair, etc)	Chairman

Date