



## **Paul's Legacy**

### **Annual Report 2024 to 25**

#### **Aims**

Paul's Legacy which was established in May 2021, has been set up in memory of Paul Murray, who suddenly died from a cardiac arrest, aged 50, due to cardiomyopathy.

Paul was all about making life better. His warmth, wit and legendary sense of humour made anything seem possible.

Our aim is to honour Paul by helping to prevent further loss of life from heart conditions in our local area. Paul was proud to be from the Causeway Coast and we intend to continue his legacy by contributing to the local community in his name through the following charitable activities:

- Raising awareness of heart conditions.
  - Providing free heart screenings.
- Increasing the number of registered, working and available defibrillators in our local area.

- Increasing our local community's confidence and ability in carrying out CPR and defibrillators.

## **Money Matters**

Income from fundraising and donations to end of  
March 2025: £34,113.52

Expenditure to end of March 2025:£33,250.00

## **Our Achievements**

**Fundraising, Awareness Raising and Skills  
development events run by Paul's Legacy:**

- Portstewart Golf Club Quiz Night
- Railway Arms Quiz Night, Coleraine

**We were also delighted to be involved in the  
following events:**

- Tesco Groundwork Grant
- Causeway Hospital's May Ball
- Castlerock Liverpool Supporters Club Fundraiser
  - Diamond Bar fundraiser

- Jarlath McGill Fundraiser, Hybrox Birmingham

All these events and activities raised funds for our community's aims and provided public platforms for us to increase awareness of heart conditions and improve the community's confidence and ability in carrying out CPR and defibrillator skills.

## **Contribution to the Community**

To continue our **raising awareness of heart conditions**, we have used social media and local press, particularly The Chronicle, to highlight the importance of heart screenings to detect heart conditions and share important information/advice regarding campaigns.

To continue our **defibrillator campaign**, we have purchased and distributed defibrillators to the following organisations and areas:

- Millburn Community Development
- Coleraine Community Rescue Service Shop, Coleraine
  - Killowen House, Coleraine
- Ballysally (Building Ballysally Together), Coleraine
  - St Colum's PS, Portstewart
- Knockahollet Primary School, Ballymoney

- St Pauls COI Church, Articlave
  - St Colmcille's Parish
  - 70 Milltown Road, Derriaghy
- Community Rescue, Cranagh Road, Coleraine
  - Community Rescue, Limavady
  - Agherton Grange, Portstewart
- Killowen Purple Hearts LOL, Coleraine
  - Chill Food, Coleraine
  - 22 Kylemore Road, Coleraine
    - Coleraine Cemetery
  - Shanty Restaurant, Portrush
    - Lir, Coleraine

To continue our **heart screening campaign**, we have reserved (with a deposit) for two date for screening due in June 2025.

To continue our **CPR and defibrillator training campaign**, we have provided the following training:  
25<sup>th</sup> January 2025 –two sessions run in Coleraine.

### **Our Thanks**

Our work is only made possible by the continued and overwhelming support from our community. We thank every person who has voiced support, attended events or made donations. Amongst many others who helped are:

- Railway Arms, Coleraine
  - Portstewart Golf Club
    - Jarlath McGill
- The family of the late Mr James McCready
  - Just Giving contributions
- Coleraine and Ballymoney Chronicle.
  - Resuscitation Council, UK

### **Our Plans**

- To continue to raise awareness of heart conditions by highlighting and sharing our charity and other related information and advice regarding heart conditions and saving lives.
- To continue our defibrillator campaign by raising funds and installing defibrillators which are available 24 hours a day and registered on the circuit.
- To provide free heart screenings – the next one organised for June 2025.
- To continue to develop community's ability and confidence in carrying out CPR and defibrillator training.

***Anything's Possible!***