

Trustee Annual Report

Charity Name: Royal Scottish Country Dance Society Belfast Branch

Charity No: 108858

This report relates to financial year: 2024-2025

The principal address of the charity is 1 Tullyvar Park, Lisburn, BT28 3HJ

The following individuals served as Trustees during the year:

Linda Harley, Chairman

John Campbell, Hon Secretary

Jessica White, Hon Treasurer

Heather McKaig, Trustee

Colin Barnes, Trustee

Rosemary Greer, Trustee

Anne Graham, Trustee

Gwynne Donnell, Trustee

Colin Barnes, Trustee

Rosemary Miller, Trustee

The Branch was established in 1946, and was registered as a charity on 28 September 2022. The Charity is governed by a Constitution, and is an unincorporated association.

The charitable purposes of the charity are to preserve and further the practice of traditional Scottish Country Dancing by raising public awareness, learning new skills and remaining faithful to this traditional form of dance while at the same time responding to the demands of a living and growing tradition.

The public benefit is achieved through providing classes of instruction, at which the public engage in regular physical activity with associated health benefits including maintained or improved mobility, social interaction, and mental stimulation. Scottish Country Dancing is a weight bearing exercise which helps to reduce the risk of osteoporosis. Social interaction and mental stimulation improve mental health by preventing or reducing depression,

promoting or maintaining positive self-esteem, stimulating bereaved and those suffering from forms of dementia through movement and music.

The social interaction promotes teamwork, empathy, and encourages long term participation, developing a sense of community and enjoyment.

In addition to weekly, fortnightly, and monthly classes of instruction, the Branch engaged in public demonstrations of Scottish Country Dancing where audience participation was included.

The Branch held a St Andrew's Dance with live music provided by The Alistair Scott Ceilidh Band.

The Branch held a Burns Night Dance with live music provided by Risin Stour Band.

The Branch entered an on-line "Virtual Festival" held by The Royal Scottish Country Dancing Society.

The Trustees have read the Commission's Public Benefit requirement statutory guidance, and have had regard to this when managing the Charity.

In the year, the charity had an income of £24476 and an expenditure of £27603 which the Trustees considered acceptable.

Signature

A handwritten signature in black ink, appearing to read 'J. Campbell', followed by a horizontal line and a small square mark.

Print Name

J CAMPBELL
HON TREASURER

Date

26 Jan 26