

## Ellie's Retreat (Incorporating H-ABC Research) Limited

(A company limited by guarantee, not having a share capital)

### DIRECTORS' ANNUAL REPORT

for the financial year ended 30 September 2025

The directors present their Directors' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 30 September 2025.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Directors' Report contains the information required to be provided in the Directors' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The directors of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the directors of Ellie's Retreat (Incorporating H-ABC Research) Limited present a summary of its purpose, governance, activities, achievements and finances for the financial year 30 September 2025.

The charity is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

#### Financial Review

The results for the financial year are set out on page 7 and additional notes are provided showing income and expenditure in greater detail.

#### Financial Results

At the end of the financial year the charity has assets of £176,088 (2024 - £164,025) and liabilities of £1,157 (2024 - £1,084). The net assets of the charity have increased by £11,990.

#### Directors

The directors who served throughout the financial year, except as noted, were as follows:

Ciara Nicholl  
Tracey Hunter  
Roisin McManus  
Sinead Murphy  
Una O'Callaghan  
Jonathan Sweeney  
Maria Donnelly  
Eimear Dillon-Ral  
Nadine McGurn  
Arran Nicholl

In accordance with the Constitution, the directors retire by rotation and, being eligible, offer themselves for re-election.

#### Compliance with Sector-Wide Legislation and Standards

The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Ellie's Retreat (Incorporating H-ABC Research) Limited subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Approved by the Board of Directors on 5/3/26 and signed on its behalf by:

*Ciara Nicholl*

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Ciara Nicholl  
Trustee

**Ellie's Retreat (Incorporating H-ABC Research) Limited**  
(A company limited by guarantee, not having a share capital)  
**STATEMENT OF DIRECTORS' RESPONSIBILITIES**  
for the financial year ended 30 September 2025

The directors are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A (Small Entities). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Directors on 5/3/26 and signed on its behalf by:

*Ciara Nicholl*

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Ciara Nicholl  
Trustee