

West Wellbeing Suicide Prevention Limited

Northern Ireland · Charity number 108772

Details

Known as	West Wellbeing Suicide Prevention Services
Status	Received
Company number	689092
Registered	2022-07-18
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	Unit 9A Dairy Farm Centre Stewartstown Road Dunmurry Bt17 0aw BT17 0AW
Phone	03001240498
Email	info@westwellbeing.co.uk
Website	www.westwellbeing.co.uk

Activities

Purposes: The Charity's objects ("Objects") are specifically restricted to the following:- West Wellbeing Suicide Prevention was formed to create a suicide & self-harm prevention initiative to deliver mental health care services to those with issues or distress, assisting service users to achieve positive mental health. Our services are offered to children, young people and adults Our objectives are: Formation of a collaborative partnership bringing together sports clubs in West Belfast, alongside a number of mental health charities and groups to create a better environment for the mental health and wellbeing. Working towards reducing the suicide rate within the West Belfast community. Improving the mental health and wellbeing of all members of the Forum. Providing bespoke workshops on mental health and wellbeing issues. Providing a wide range of training for club volunteers to ascertain the area of needs and support. Offering immediate access to relevant help and support for mental health issues. Providing immediate aftercare for people should any issues arise. To promote the fostering of positive mental health and improving the emotional wellbeing of people residing in west Belfast.

What the charity does: The advancement of health or the saving of lives

How the charity works: Advice/advocacy/information, Counselling/support, Education/training, Medical/health /sickness, Sport/recreation, Volunteer development

Who the charity helps: Addictions (drug/solvent/alcohol abuse), Carers, Children (5-13 year olds), General public, Mental health, Older people, Parents, Preschool (0-5 year olds), Voluntary and community sector, Volunteers, Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2026-03-31	£0	£0	£0	0
2025-06-30	£188,394	£177,514	£0	3
2024-06-30	£170,069	£156,999	£0	3

Trustees

Name	Role	Appointed
Mr Donal Michael Shiels		
Mr Gerard Mulhern		
Mr Michael Mcquade		
Mr Paula Murray		
Ms Fiona Craig		
Ms Maria Morgan		

West Wellbeing Suicide Prevention Limited

Northern Ireland - Charity number 108772

Accounts

Company registered number: NI689092

Charity registered number: NIC108772

WEST WELLBEING SUICIDE PREVENTION LTD

(Private company limited by guarantee without share capital)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 30 JUNE 2025**

Tony Clarke

53 Andersonstown Road

Belfast

BT11 9AG

WEST WELLBEING SUICIDE PREVENTION LTD

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Trustees' Annual Report (Incorporating the Director's Report)

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The company was incorporated on 20 June 2022 and registered with the Charity Commission for Northern Ireland on 18 July 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number NI689092

Registered Charity number NIC108772

Registered office Unit 9a Stewartstown Road
Belfast
Northern Ireland
BT17 0AW

CHAIRPERSON Maria Morgan

TRUSTEES Michael Kiernan McQuade
Maria Morgan

INDEPENDENT EXAMINER Tony Clarke
53 Andersontown Road
Belfast
BT11 9AG

WEST WELLBEING SUICIDE PREVENTION LTD
(Private company limited by guarantee without share capital)
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 30 JUNE 2025

Trustees' Annual Report (Incorporating the Director's Report)

The Trustees present their annual report together with the financial statements of the company for the period 1st July 2024 to 30th June 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practices applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019)

Structure, Governance and Trustees

West Wellbeing Suicide Prevention Ltd which is registered as a charity with the Charity Commission for Northern Ireland, was incorporated as a company limited by guarantee in Northern Ireland, registration number NI689092.

Main activities

West Wellbeing aims to improve mental health and wellbeing by providing free, accessible counselling services to those who need them most. The charity focuses on supporting individuals who may face financial, social, or personal barriers to accessing traditional mental health support.

Our core objective is to ensure that everyone has access to a safe, confidential space where they can speak openly and receive professional guidance. We aim to reduce stigma around mental health, promote early intervention, and support individuals in building resilience and improving overall wellbeing.

To achieve these aims, West Wellbeing delivers free counselling sessions, alongside advocacy and outreach services within the community. We work collaboratively with local organisations to extend our reach and ensure support is available to those who might otherwise go without.

Main achievements

During the year, the charity continued to deliver essential mental health support within the community.

- 467 clients availed of free counselling services, receiving professional support in a safe and confidential environment.
- 245 individuals were supported through advocacy and outreach services.
- We strengthened community links by building partnerships with organisations including Footprints Women Centre, Ionad Na Faiseoge Irish Centre, and Foodstock Charity.
- We created and delivered "Out of the Darkness: A Walk of Hope", a community event aimed at raising awareness and promoting mental wellbeing.

Trustees' Annual Report (Incorporating the Director's Report)

Main achievements (continued)

These activities have enabled the charity to reach more individuals in need and respond to increasing demand for accessible mental health services.

Structure, Governance and Management

The charity is governed by its Board of Trustees, who are responsible for strategic direction and oversight. Trustees meet regularly to review performance, ensure compliance, and guide the development of services.

Plans for the Future

The Trustees aim to build on the progress made during the year by:

- Increasing access to free counselling services
- Expanding outreach and advocacy work
- Strengthening partnerships within the community
- Developing further awareness and fundraising initiatives

Going Concern

After making appropriate enquiries, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

Financial Review

The charity's income is primarily derived from donations, grants, and fundraising activities. All funds received during the year were applied in furtherance of the charity's objectives, with the majority directed towards the provision of counselling and support services.

The Trustees are satisfied that the charity remains in a stable financial position and is able to continue delivering its services.

The results for the period ended 30 June 2025 are set out on pages 7 and 8 of the financial statements.

The total income for the period ended 30 June 2025 amounted to £188,394. The total expenditure was £177,514.

The Trustees consider that the unrestricted funds of the charity is sufficient and adequate to fulfil their obligations. The charity held £16,430 in reserves at the year end.

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Trustees' Annual Report (Incorporating the Director's Report)

Reserves Policy

The income of the Company is considered adequate and the risks associated with any significant reduction in income is regarded as unlikely. The Trustees are satisfied with the current level of reserves at the present time. The Trustees are reviewing the Reserves Policy in the current year.

Trustees' responsibilities statement

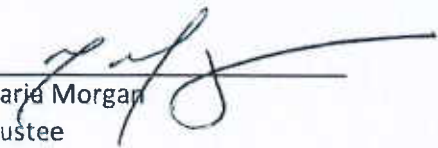
The Trustees (who are also directors of West Wellbeing Suicide Prevention Ltd for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standard (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the income resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transaction and disclose with reasonable accuracy at any time the financial position of the charitable company and the enable them to ensure that the financial statements comply with the Companies Act 2019. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, on 15/07/2025 and signed on behalf by:



Maria Morgan
Trustee

WEST WELLBEING SUICIDE PREVENTION LTD
(Private company limited by guarantee without share capital)
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 30 JUNE 2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WEST WELLBEING SUICIDE PREVENTION LTD

I report on the financial statements of the company for the year ended 30 June 2025 which are set out on pages 7 and 8.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of the company for the purpose of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the company is not subject to audit under company law, and is eligible for Independent examination it is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to my attention.

Basis of Independent Examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It was also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving us cause to believe:

- 1 That accounting records were not kept in accordance with section 386 of the Companies Act 2006
- 2 That the accounts do not accord with those accounting records
- 3 That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing the accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
- 4 That there is further information needed for a proper understanding of the accounts to be reached

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

(a) which gives me reasonable cause to believe that in any material respect the requirements;

(i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and

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INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WEST WELLBEING SUICIDE PREVENTION LTD CONTINUED...

(ii) to prepare financial statements which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities:

have not been met or;

(b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Tony Clarke
53 Andersonstown Road
Belfast
BT11 9AG

27/4/25

Date:

WEST WELLBEING SUICIDE PREVENTION LTD
 (Private company limited by guarantee without share capital)
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 30 JUNE 2025

STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT

	Note	Unrestricted Funds £	Restricted Funds £	Year to 30-Jun-25 TOTAL £	Year to 30-Jun-24 TOTAL £
Income from:					
Donations and Legacies	2	121,220	50,426	171,646	126,115
Charitable Activities	3	16,748	-	16,748	43,954
Total Income		137,968	50,426	188,394	170,069
Expenditure on:					
Charitable Activities	6	136,875	40,639	177,514	156,999
Total Expenditure:		136,875	40,639	177,514	156,999
Net income/(expenditure)		1,093	9,787	10,880	13,071
Transfers between		-	-	-	-
Net movement in		1,093	9,787	10,880	13,071
<u>Reconciliation of Funds</u>					
Total funds brought forward	12	15,337	-	15,337	2,267
Total funds carried forward	11	16,430	9,787	26,217	15,337

The statement of financial activities includes all gains and losses recognised in the year.

All incoming resources and resources expended derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on page 9 to 14 form an integral part of these accounts.

WEST WELLBEING SUICIDE PREVENTION LTD
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TRUSTEES' REPORT AND FINANCIAL STATEMENTS
 FOR THE PERIOD ENDED 30 JUNE 2025

BALANCE SHEET
As at 30 June 2025

	Note	<u>2025</u> £	<u>2024</u> £
Fixed Assets			
Tangible Assets		597	-
		<u>597</u>	<u>-</u>
Current Assets			
Debtors	8	-	-
Cash at bank		26,220	15,963
		<u>26,220</u>	<u>15,963</u>
Liabilities			
Creditors: amounts falling due within one y	10	(600)	(626)
		<u>(600)</u>	<u>(626)</u>
Net Current Assets		<u>25,620</u>	<u>15,337</u>
Net assets		<u><u>26,217</u></u>	<u><u>15,337</u></u>
Funds			
Restricted		9,787	-
Unrestricted		16,430	15,337
		<u>16,430</u>	<u>15,337</u>
TOTAL FUNDS	11	<u><u>26,217</u></u>	<u><u>15,337</u></u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 30 June 2025.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board directors on 15/07/2026 and were signed on their behalf by:


 Maria Morgan
 Trustee

The notes on page 9 to 14 form and integral part of these accounts

NOTES TO THE ACCOUNTS

1 Accounting policies

Charity information

West Wellbeing Suicide Prevention Ltd is a private company limited by guarantee incorporated in Northern Ireland. The registered office is: West Wellbeing Suicide Prevention Services, Unit 9a Stewartstown Road, Dunmurry, Belfast, Northern Ireland, BT17 0AW.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

NOTES TO THE ACCOUNTS CONTINUED...

1.4 Incoming resources (continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

1.5 Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category.

The charity is below the charity audit threshold and therefore is exempt from reporting expenditure on an activity basis. The charity has opted to report by the nature of expenditure rather than on an activity basis.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and Fittings	15% on cost
Computers	20% on cost

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

NOTES TO THE ACCOUNTS CONTINUED...

1.9 Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1.10 Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

1.11 Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.12 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.13 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

WEST WELLBEING SUICIDE PREVENTION LTD
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NOTES TO THE ACCOUNTS CONTINUED...

2 Income from Donations and Legacies

			2025	2024
	Unrestricted	Restricted	£	£
	Funds	Funds	TOTAL	TOTAL
	£	£	£	£
Donations	121,220	-	121,220	85,546
Asda Foundation	-	-	-	1,600
Begin Together	-	-	-	450
Belfast City Council	-	1,333	1,333	-
Communities NI	-	-	-	500
Community Foundation NI	-	5,000	5,000	-
DfC	-	500	500	6,120
Enkalon Foundation	-	4,500	4,500	1,000
Gary Lightbody Foundation	-	-	-	10,000
Grant from JMF	-	4,520	4,520	-
Halifax	-	498	498	4,500
Hospital Saturday Fund	-	-	-	2,000
JL12 Charity	-	-	-	2,000
Lawley Grant	-	2,000	2,000	-
LFT Charitable Trust Grant	-	7,000	7,000	7,000
Lottery	-	19,575	19,575	-
Macmillan Charity	-	3,000	3,000	-
NI Co-Ownership	-	-	-	5,400
NIHE	-	2,500	2,500	-
Totals 2025	121,220	50,426	171,646	126,116
Totals 2024	86,046	40,070	126,116	

3 Income from Charitable Activities

			2025	2024
	Unrestricted	Restricted	£	£
	Funds	Funds	TOTAL	TOTAL
	£	£	£	£
General	16,748	-	16,748	43,954
Totals 2025	16,748	-	16,748	43,954
Totals 2024	43,954	-	43,954	

4 Staff Costs and Numbers

	2025	2024
	£	£
Gross Wages and Salaries	28,855	66,956
	28,855	66,956

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NOTES TO THE ACCOUNTS CONTINUED...

The average monthly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

2025	2024
Number	Number
1	3

5 Related party transactions

There were no related party transactions during the year.

6 Expenditure

Charitable Activities	Unrestricted	Restricted	2025	2024
	Funds	Funds	£	£
	£	£	TOTAL	TOTAL
			£	£
Salaries	-	28,855	28,855	66,956
Bank Fees	173	-	173	267
Counselling Costs	93,455	-	93,455	48,197
Heat & Light	3,049	-	3,049	2,345
Insurance	669	-	669	940
General Office costs	8,066	-	8,066	11,050
Motor Vehicle Costs	-	-	-	45
Professional Costs	4,037	-	4,037	11,017
Programme Costs	13,128	8,500	21,628	2,325
Rent	4,000	3,284	7,284	8,094
Repairs & Renewals	-	-	-	398
Stationery, Office Costs & Other	7,506	-	7,506	3,354
Telephones & Internet	2,791	-	2,791	2,010
Totals 2025	136,875	40,639	177,514	156,999

7 Trustees remuneration & expenses

During the year, no Trustees received any remuneration : £NIL (2024: £NIL)

During the year, no Trustees received any benefits in kind : £NIL (2024: £NIL)

During the year, no Trustees received any reimbursement of expenses : £NIL (2024: £NIL)

8 Debtors

	2025	2024
	£	£
Grants Receivable	-	-
Prepayments	-	-
Totals 2025	-	-

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NOTES TO THE ACCOUNTS CONTINUED...

9 Independent examiner's remuneration

The independent Examiner's remuneration amounts to an Independent Examination fee of £600 (2024 £600)

10 Creditors: amounts falling due within one year

	2025 £	2024 £
Accruals & Deferred Income	600	600
Government Pension	-	26
	600	626

11 Statement of funds - current year

	Balance at 30 June 2024	Income	Expenditure	Transfer in/out	Balance at 30 June 2025
<u>Restricted funds</u>	£	£	£	£	£
Belfast City Council	-	1,333	(1,333)	-	-
Community Foundation NI	-	5,000	(5,000)	-	-
DFC	-	498	(498)	-	-
Enkalon	-	500	(500)	-	-
Grant from JMF	-	4,500	(4,500)	-	-
Halifax	-	4,520	(4,520)	-	-
Lawley Grant	-	2,000	(2,000)	-	-
LFT	-	7,000	(7,000)	-	-
Lottery	-	19,575	(9,788)	-	9,787
MacMillan	-	3,000	(3,000)	-	-
NIHE	-	2,500	(2,500)	-	-
Total restricted funds	-	50,426	(40,638)	-	9,787
<u>Unrestricted funds</u>					
General funds	15,337	137,968	(136,875)	-	16,430
Total Unrestricted funds	15,337	137,968	(136,875)	-	16,430
Total of funds - current year	15,337	188,394	(177,513)	-	26,217

West Wellbeing Suicide Prevention Limited

Northern Ireland - Charity number 108772

Accounts

Company registered number: NI689092

Charity registered number: NIC108772

WEST WELLBEING SUICIDE PREVENTION LTD

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30 JUNE 2024

Tony Clarke

53 Andersonstown Road

Belfast

BT11 9AG

WEST WELLBEING SUICIDE PREVENTION LTD

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Trustees' Annual Report (Incorporating the Director's Report)

STRUCTURE, GOVERNANCE AND MANAGEMENT

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REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI689092

Registered Charity number

NIC108772

Registered office

Unit 9a Stewartstown Road
Belfast
Northern Ireland
BT17 0AW

CHAIRPERSON

Maria Morgan

TRUSTEES

David McComb
Michael Kiernan McQuade
Maria Morgan

INDEPENDENT EXAMINER

Tony Clarke

53 Andersontown Road
Belfast
BT11 9AG

WEST WELLBEING SUICIDE PREVENTION LTD
(Private company limited by guarantee without share capital)
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 30 JUNE 2024

Trustees' Annual Report (Incorporating the Director's Report)

The Trustees present their annual report together with the financial statements of the company for the period 1st July 2023 to 30th June 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practices applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019)

Structure, Governance and Trustees

West Wellbeing Suicide Prevention Ltd which is registered as a charity with the Charity Commission for Northern Ireland, was incorporated as a company limited by guarantee in Northern Ireland, registration number NI689092.

Main activities

The charity's main activities include:

Formation of a collaborative partnership bringing together sports clubs in West Belfast, alongside a number of mental health charities and groups, to create a better environment for the mental health and wellbeing through:

- Working towards reducing the suicide rate within the West Belfast community.
- Improving the mental health and wellbeing of all members of the Forum.
- Providing bespoke workshops on mental health and wellbeing issues.
- Providing a wide range of training for club volunteers to ascertain the area of needs and support.
- Offering immediate access to relevant help and support for mental health issues.
- Providing immediate aftercare for people, should any issues arise. To promote the fostering of positive mental health and improving the emotional wellbeing of people residing in west Belfast.

Main achievements

In 2023, we have worked towards improving the mental health and wellbeing of the West Belfast community by providing immediate access to one to one counselling sessions with qualified therapists working within different modalities. We have delivered therapy to over 700 children, young people and adults, who have availed of our services after experiencing mental distress.

As part of our pre and post counselling support we have collaborated with Foodstock Charity, Mens Shed, Jobskills USDT, Colin Sure Start, Springvale Learning and Bremar Training to signpost clients to the support they need before and after they receive help and support at West Wellbeing.

With the above achievements we believe that this has led to a reduction the number of suicides in the community. We believe this because we have dealt with many people in distress who have been unable to get the help and support they need. They have arrived at our facility, availed of our services and left with improved mental health and wellbeing.

Trustees' Annual Report (Incorporating the Director's Report)

Financial review

With cuts across NI to accessible funding support, the charity had to have a rethink of our strategy and financial situation. In August 2023, we took the steps to review the services we provide and the amount of people that we provide for. It was not sustainable and took measures to reduce our services by 60%, with a review in March 2024. This has meant that we have had to reduce the number of sessional counsellors that provide therapy for us, and reduction in the amount of people we can provide help and support for.

Going Concern

After making appropriate enquiries, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

Financial Review

The results for the period ended 30 June 2024 are set out on pages 7 and 8 of the financial statements.

The total income for the period ended 30 June 2024 amounted to £170,069. The total expenditure was £156,999.

The Trustees consider that the unrestricted funds of the charity is sufficient and adequate to fulfil their obligations. The charity held £15,337 in reserves at the year end.

Reserves Policy

The income of the Company is considered adequate and the risks associated with any significant reduction in income is regarded as unlikely. The Trustees are satisfied with the current level of reserves at the present time. The Trustees are reviewing the Reserves Policy in the current year.

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Trustees' Annual Report (Incorporating the Director's Report)

Trustees' responsibilities statement

The Trustees (who are also directors of West Wellbeing Suicide Prevention Ltd for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standard (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the income resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transaction and disclose with reasonable accuracy at any time the financial position of the charitable company and the enable them to ensure that the financial statements comply with the Companies Act 2019. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees, on and signed on behalf by:

Maria Morgan
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WEST WELLBEING SUICIDE PREVENTION LTD

I report on the financial statements of the company for the year ended 30 June 2024 which are set out on pages 7 and 8.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of the company for the purpose of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the company is not subject to audit under company law, and is eligible for Independent examination it is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to my attention.

Basis of Independent Examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It was also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving us cause to believe:

- 1 That accounting records were not kept in accordance with section 386 of the Companies Act 2006
- 2 That the accounts do not accord with those accounting records
- 3 That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing the accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
- 4 That there is further information needed for a proper understanding of the accounts to be reached

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

(a) which gives me reasonable cause to believe that in any material respect the requirements;

- (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and

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**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WEST WELLBEING SUICIDE
PREVENTION LTD CONTINUED...**

(ii) to prepare financial statements which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities:
have not been met or;
(b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Tony Clarke
53 Andersonstown Road
Belfast
BT11 9AG

Date:

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STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT

		Unrestricted Funds	Restricted Funds	Year to 30-Jun-24 TOTAL	Year to 30-Jun-23 TOTAL
	Note	£	£	£	£
Income from:					
Donations and Legacies	2	86,046	40,070	126,115	169,642
Charitable Activities	3	43,954	-	43,954	32,000
Total Income		130,000	40,070	170,069	201,642
Expenditure on:					
Charitable Activities	6	102,429	54,570	156,999	219,172
Total Expenditure:		102,429	54,570	156,999	219,172
Net income/(expenditure)		27,571	(14,500)	13,071	(17,529)
Transfers between funds		-	-	-	-
Net movement in funds		27,571	(14,500)	13,071	(17,529)
<u>Reconciliation of Funds</u>					
Total funds brought forward	12	(12,233)	14,500	2,267	19,797
Total funds carried forward	11	15,337	-	15,337	2,267

The statement of financial activities includes all gains and losses recognised in the year.

All incoming resources and resources expended derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on page 9 to 14 form an integral part of these accounts

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BALANCE SHEET
As at 30 June 2024

	Note	<u>2024</u> £	<u>2023</u> £
Fixed Assets			
Tangible Assets		-	-
Current Assets			
Debtors	8	-	-
Cash at bank		15,963	2,267
		<u>15,963</u>	<u>2,267</u>
Liabilities			
Creditors: amounts falling due within one year	10	(626)	-
Net Current Assets		<u>15,337</u>	<u>2,267</u>
Net assets		<u>15,337</u>	<u>2,267</u>
Funds			
Restricted		-	14,500
Unrestricted		15,337	(12,233)
TOTAL FUNDS	11	<u>15,337</u>	<u>2,267</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 30 June 2024.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board directors on and were signed on their behalf by:

 Maria Morgan

Trustee

The notes on page 9 to 14 form and integral part of these accounts

NOTES TO THE ACCOUNTS

1 Accounting policies

Charity information

West Wellbeing Suicide Prevention Ltd is a private company limited by guarantee incorporated in Northern Ireland. The registered office is: West Wellbeing Suicide Prevention Services, Unit 9a Stewartstown Road, Dunmurry, Belfast, Northern Ireland, BT17 0AW.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

NOTES TO THE ACCOUNTS CONTINUED...

1.4 Incoming resources (continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

1.5 Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measure reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category.

The charity is below the charity audit threshold and therefore is exempt from reporting expenditure on an activity basis. The charity has opted to report by the nature of expenditure rather than on an activity basis.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and Fittings	15% on cost
Computers	20% on cost

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

NOTES TO THE ACCOUNTS CONTINUED...

1.9 Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1.10 Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities.

Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

1.11 Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.12 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.13 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

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NOTES TO THE ACCOUNTS CONTINUED...

2 Income from Donations and Legacies

	2024			2023
	Unrestricted	Restricted	£	£
	Funds	Funds	TOTAL	TOTAL
	£	£	£	£
Donations	85,546	-	85,546	118,892
Albert Hunt Trust	-	-	-	3,000
Asda Foundation	-	1,600	1,600	1,350
Begin Together	-	450	450	900
Communities NI	500	-	500	-
DfC	-	6,120	6,120	-
Enkalon Foundation	-	1,000	1,000	-
Gary Lightbody Foundation	-	10,000	10,000	-
Halifax	-	4,500	4,500	4,500
Hospital Saturday Fund	-	2,000	2,000	-
JL12 Charity	-	2,000	2,000	-
JMF	-	-	-	5,000
Kathleen Graham Trust	-	-	-	10,000
LFT Charitable Trust Grant	-	7,000	7,000	-
Lottery	-	-	-	20,000
NI Co-Ownership	-	5,400	5,400	-
NIHE	-	-	-	5,000
Noah Donohoe Foundation	-	-	-	1,000
Totals 2024	86,046	40,070	126,115	169,642
Totals 2023	119,792	49,850	169,642	

3 Income from Charitable Activities

	2024			2023
	Unrestricted	Restricted	£	£
	Funds	Funds	TOTAL	TOTAL
	£	£	£	£
General	43,954	-	43,954	32,000
Totals 2024	43,954	-	43,954	32,000
Totals 2023	32,000	-	32,000	

4 Staff Costs and Numbers

	2024	2023
	£	£
Gross Wages and Salaries	66,956	115,536
	66,956	115,536

No employee received emoluments of more than £60,000 (2023: Nil)

The average monthly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

2024	2023
Number	Number
3	5

5 Related party transactions

There were no related party transactions during the year.

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NOTES TO THE ACCOUNTS CONTINUED...

6 Expenditure

			2024	2023
Charitable Activities	Unrestricted	Restricted	£	£
	Funds	Funds	TOTAL	TOTAL
	£	£	£	£
Salaries	66,956	-	66,956	115,536
Bank Fees	267	-	267	441
Counselling Costs	7,000	41,197	48,197	58,726
Heat & Light	2,345	-	2,345	6,337
Insurance	940	-	940	-
General Office costs	2,177	8,873	11,050	-
Motor Vehicle Costs	45	-	45	185
Professional Costs	6,517	4,500	11,017	20
Programme Costs	2,325	-	2,325	25,841
Rent	8,094	-	8,094	3,750
Repairs & Renewals	398	-	398	185
Stationery, Office Costs & Other	3,354	-	3,354	5,522
Telephones & Internet	2,010	-	2,010	2,629
Totals 2023	102,429	54,570	156,999	219,172

7 Trustees remuneration & expenses

During the year, no Trustees received any remuneration :£NIL (2023: £NIL)

During the year, no Trustees received any benefits in kind :£NIL (2023: £NIL)

During the year, no Trustees received any reimbursement of expenses :£NIL (2023: £NIL)

8 Debtors

	2024	2023
	£	£
Grants Receivable	-	-
Prepayments	-	-
Totals 2024	-	-

9 Independent examiner's remuneration

The independent Examiner's remuneration amounts to an Independent Examination fee of £600 (2023 £360)

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NOTES TO THE ACCOUNTS CONTINUED...

10 Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals & Deferred Income	600	-
Government Pension	26	-
Other Creditors	-	-
	626	-

11 Statement of funds - current year

	Balance at 30 June 2023	Income	Expenditure	Transfer in/out	Balance at 30 June 2024
	£	£	£	£	£
<u>Restricted funds</u>					
Asda Foundation	-	1,600	(1,600)	-	-
Begin Togther Fund	-	450	(450)	-	-
Department for Communities	-	6,120	(6,120)	-	-
Enkalon Foundation	-	1,000	(1,000)	-	-
Gary Lightbody Foundation	-	10,000	(10,000)	-	-
The Halifax Foundation	4,500	4,500	(9,000)	-	-
Hospital Saturday Fund	-	2,000	(2,000)	-	-
JL12 Charity	-	2,000	(2,000)	-	-
LFT Charitable Trust Grant	-	7,000	(7,000)	-	-
Lottery	10,000	-	(10,000)	-	-
NI Co-Ownership	-	5,400	(5,400)	-	-
Total restricted funds	14,500	40,070	(54,570)	-	-
<u>Unrestricted funds</u>					
General funds	(12,232)	130,000	(102,429)	-	15,337
Total Unrestricted funds	(12,232)	130,000	(102,429)	-	15,337
Total of funds - current year	2,267	170,069	(156,999)	-	15,337