

Polish Sisterhood

Northern Ireland · Charity number 108633

Details

Status Received

Registered 2022-01-19

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address 23 Heath Lodge Avenue
Belfast
Bt13 3wh
BT13 3WH

Phone 07591830809

Email polish.sisterhood@gmail.com

Website <https://polishsisterhood.com/>

Activities

Purposes: (1) The Association is established to promote the benefit of women, their families and dependants, particularly but not exclusively those of Polish origin and descent, living within the Greater Belfast and, when necessary and practical, in other areas of Northern Ireland ("the area of benefit"). (2) The Association's purposes ("the purposes") are: (a) to promote social inclusion for the public benefit by preventing Polish women from becoming socially excluded and relieving the needs of those women who are socially excluded, helping them to combat isolation and loneliness and to integrate into society; (b) to prevent and relieve poverty among Polish women resulting from lack of opportunity, unemployment, poor housing, lack of education, health issues, discrimination, isolation and social exclusion and any other factors which have negative impact and contribute to their poverty; (c) to advance Polish culture and heritage to preserve national and cultural identity, to mitigate the effects of the crisis of identity, create sense of belonging and provide opportunities for interaction with the wider society; (d) to promote healthy choices and lifestyle, build mental and emotional resilience and improve general health and wellbeing of Polish women; and (e) to advance any other exclusively charitable purpose as the Committee may from time to time decide in accordance with the law of Northern Ireland.

What the charity does: The prevention or relief of poverty, The advancement of citizenship or community development, The advancement of the arts, culture, heritage or science, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage, Other charitable purposes

How the charity works: Community development, Cultural, General charitable purposes, Heritage/historical, Relief of poverty

Who the charity helps: Ethnic minorities, Language community, Women

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£26,040	£11,758	£0	1

Trustees

Name	Role	Appointed
Magda Koszylowska		
Monika Mcneill		
Ms Agnieszka Cichulska		
Ms Zuzanna Pelka		

Polish Sisterhood

Northern Ireland - Charity number 108633

Accounts



Polish Sisterhood

Charity no. 108633

www.polishsisterhood.com

ANNUAL REPORT 2024-2025

Registered address:

**15 Drumcairn Close
Belfast
BT8 8HQ**

REPORT ON THE ACTIVITIES OF THE 'POLISH SISTERHOOD' ASSOCIATION FOR THE TAX YEAR 01/04/2024-31/03/2025

In 2024/2025, the Polish Sisterhood Association continued its commitment to enhancing the well-being of women and families within the Polish community, focusing on activities that promote self-awareness and foster creativity. Throughout the year, the association organised a variety of initiatives designed to support, engage, and empower Polish residents in Northern Ireland.

One of the key components of our work was the "Circle of Women" support group, which provided a safe space for Polish women to share experiences, express their opinions, engage in meaningful discussions, and receive guidance. In total, eight such meetings were held, offering ongoing support to women in our community.

The Book Lovers' Club, an integral part of the association, aimed to encourage the love of reading in Polish. We expanded the Polish-language book collection, ensuring that books were accessible to Polish readers. In addition, we promoted shared reading experiences, facilitating the joint reading of 12 books in Polish, followed by monthly discussions where participants could exchange their thoughts. The Club also hosted a special event with a Northern Ireland-based author of nonfiction books, enriching the cultural and intellectual experience of our members.

To promote physical activity and well-being, we organized 12 ballroom dance classes, where participants could learn a variety of popular dance styles. These classes were open to members of the Polish community, as well as their family and friends, promoting both fitness and social engagement.

In line with our mission to nurture creativity, we offered three sessions of artistic and handicraft classes. These workshops provided participants with an opportunity to express their creativity, enhance their aesthetic appreciation, and improve their emotional well-being. The sessions also encouraged intergenerational interaction, allowing people of all ages to engage in creative activities together.

Our beauty salon workshops offered a relaxing environment where women could learn about natural skin care techniques. These sessions not only provided an opportunity for self-care but also fostered a sense of empowerment and well-being among the participants.

To support the integration of Polish residents in Northern Ireland, we organised two coach trips to Armagh and Derry/Londonderry, which allowed participants to explore the cultural and historical heritage of Northern Ireland. These trips were a valuable opportunity for members to connect with the local community and deepen their understanding of their new home.

In celebration of Polish cultural traditions, the association hosted the annual "Kupala Night" Midsummer celebration. This outdoor event offered a fun and educational experience, where participants could learn about Polish folk traditions while enjoying the festivities. Additionally, our pre-holiday cooking classes brought families together to bake and decorate traditional Polish gingerbread cookies, further promoting Polish cultural heritage.

Our participation in the annual Pierogi Festival, in collaboration with the Chinese Welfare Association, provided a platform to promote Polish cuisine and culture. This event was a wonderful opportunity to celebrate Polish culinary traditions and connect with other communities.

Our association worked to strengthen collaboration between various Polish organisations in Northern Ireland. In this regard, we organised a networking meeting at the Polish Consulate in Belfast, where representatives from different Polish organisations could exchange experiences, share resources, and explore opportunities for future cooperation.

Finally, from February 2025, we were able to employ a part-time project coordinator, a role that significantly strengthened our capacity. With oversight of our activities, consistent representation in stakeholder meetings, and direct support for vulnerable community members, this position has become central to our mission. Having a paid staff member has allowed us to deepen our partnerships with local groups and expand our reach.

We based our activities on funds and support from founders:

- The Heath Belfast
- Belfast City Council
- Migrant Centre NI
- National Lottery Community Fund
- The General Consulate of the Republic of Poland

EVENTS IN CHRONOLOGICAL ORDER:

APRIL '24

06/04/2024 - Management Board training on the principles of cooperation and planning

07/04/2024 – An evening of literature

14/04/2024 – Polish community integration meeting at the Polish Consulate

20/04/2024 - Women's Circle meeting

28/04/2024 – Book Club meeting

MAY '24

04/05/2024 – Dance classes

11/05/2024 – Dance classes

12/05/2024 – Coach trip to Derry/Londonderry

18/05/2024 – Dance classes

18/05/2024 – Women's Circle meeting

25/05/2024 – Dance classes

26/05/2024 – Management Board training on the principles of recruitment and voluntary work

26/05/2024 – Book Club meeting

JUNE '24

08/06/2024 - Coach trip to Armagh

15/06/2024 – Women's Circle meeting

22/06/2024 – "Kupala Night" - a traditional outdoor event

29/06/2024 – Dance classes

30/06/2024 – Book Club meeting

JULY '24

06/07/2024 – Dance classes

20/07/2024 – Dance classes

20/07/2024 – Women's Circle meeting

21/07/2024 - Management Board training on the principles of collecting funds

27/07/2024 – Dance classes

27/07/2024 – Arts and Crafts – sketching

28/07/2024 – Book Club meeting

AUGUST '24

25/08/2024 – Book club meeting

SEPTEMBER '24

07/09/2024 – Arts and Crafts – painting

21/09/2024 – Women's Circle meeting

29/09/2024 – Book Club meeting

OCTOBER '24

13/10/2024 – Meeting with literary author

19/10/2024 – Women's Circle meeting

29/10/2024 – Book Club meeting

NOVEMBER '24

06/11/2024 – Women's Circle meeting

24/11/2024 – Beauty Workshops in a Beauty Salon

DECEMBER '24

01/12/2024 – Book Club meeting

02/12/2024 – Dumplings Festival

08/12/2024 – Gingerbread Cookies – traditional baking

29/12/2024 – Book Club meeting

JANUARY '25

18/01/2024 - General Meeting - election of Management Board members for 2025

FEBRUARY '25

01/02/2025 - Public Consultation for residents of South Belfast

02/02/2025 – Book Club meeting

08/02/2025 – Arts and Craft – making jewellery



15/02/2025 – Women's Circle meeting

22/02/2025 – Dance classes

23/02/2025 – Book Club meeting

MARCH '25

05/03/2025 – Dance classes

08/03/2025 – Dance classes

15/03/2025 – Dance classes

15/03/2025 – Women's Circle meeting

SUMMARY:

- 1 general meeting of members of the Association
- 1 Polish Community Integration meeting
- 8 meetings of the Women's Circle (support group)
- 12 Book Club meetings (12 books read together)
- 1 literary evening (meeting with an author)
- 12 Dance classes
- 2 coach trips
- 1 outdoor event "Kupala Night"
- 1 traditional baking event "Gingerbread Cookies"
- Cooperation in Dumpling Festival event
- 3 Arts and Craft classes
- 1 Beauty Salon event
- 2 Management Board trainings

The Trustee Board in the tax year 1/4/2024 to 31/3/2025 consisted of the following members:

1/4/2024 – 18/1/2025

Agnieszka Cichulska

Katarzyna Wdowiak-Wilk

Marta Gudzowska

Monika Rządowska

Noorul Ur Rehman

18/1/2025 – 31/3/2025


Agnieszka Cichulska

Barbara Snowarska

Lucyna Landowska

Monika Rządowska

Noorul Ur Rehman


Noorul Ur Rehman
- chair

**REPORT ON THE CHARITY ACCOUNTS OF THE 'POLISH SISTERHOOD' ASSOCIATION
FOR THE TAX YEAR 1/04/2024-31/03/2025**

01/04/2024 Opening Balance		£8,954.60
INCOME (Deposits)		
	2024 Membership Fee/Workshop Fee paid by 25 members	£375.00
23/04/2024	The Hearth Belfast	£150.00
20/06/2024	Belfast City Council	£2,000.00
15/11/2024	Migrant Centre NI	£2,430.00
22/11/2024	Community Fund (TNL)	£19,952.00
27/11/2024	Belfast City Council	£500.00
24/01/2025	Chinese Welfare Association Derry/Londonderry & Armagh	£320.00
07/05-10/06/24	Trips	£162.00
20/01/2025	Refund – Derry & Strabane Council	£90.00
03/02/2025	Donation (Gingerbread Event)	£60.60
	TOTAL:	£26,039.60
	Including Opening balance:	£34,994.20
EXPENSES (OUT)		
	Project Coordination	£1,842.00
	Catering	£591.39
	Bus Trip	£945.00
	QUB project cost	£1000.00
	Events costs	£730.78
	Room hire	£1,705.00
	Equipment	£901.36
	Milage expenses	£664.47
	Workshops' fees	£2740.00
	Policy Insurance	£253.55
	Office supply	£152.16
	Marketing costs	£232.00
	TOTAL:	£11,757.71
31/03/25	Closing balance per statement	£23,236.49

Polish Sisterhood Assets

Asset status before the year 01/04/24-31/03/25

Yoga mats x 6pcs	£90.00
Litter picker grabber x 15pcs	£150.00
Event Shelter	£371.31
Printer	£117.16
Projector	£377.00
Roller banner	£51.90
Cushions	£400.00
Trolley x 2	£114.98
Speaker system	£155.00

Purchased between 01/04/2024-31/03/2025

Trolley	£69.99
Audio System	£476.88
Mobile phone	£205.93



Polish
Sisterhood

INDEPENDENT EXAMINER REPORT TO THE TRUSTEES OF 'POLISH SISTERHOOD' ASSOCIATION FOR THE TAX YEAR 1/04/2024-31/03/2025

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- Examine the accounts under section 65 Charities Act.
- Follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act.
- State whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act.
2. That the accounts do not accord with those accounting records.
3. That the accounts do not comply with the accounting requirements of the Charities Act.
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



Leanne Winters

Credit Control Administrator

Date: 13/01/2026

Polish Sisterhood

Northern Ireland - Charity number 108633

Accounts



**Polish
Sisterhood**

Charity no. 108633

www.polishsisterhood.com

ANNUAL REPORT

2023-2024

REPORT ON THE ACTIVITIES OF THE 'POLISH SISTERHOOD' ASSOCIATION FOR THE TAX YEAR 01/04/2023-31/03/2024

In 2023/2024, the aim of our Association's activities was to focus the efforts on cultivating the well-being of women and their families through activities that improve self-awareness and develop their creativity.

This goal was primarily subordinated to regular meetings of the "Circle of Women" support group, during which women can confide in themselves, exchange opinions, listen and be heard. The topics discussed in the Women's Circle concern important, often intimate issues that raise the participants' awareness and self-esteem.

To ensure the healthy spending of free time with families, we organised four family Sundays, during which participants of all genders and different ages could have fun together with board games and snacks. And with the arrival of the summer season, we organised an outdoor picnic for entire families combined with exercise classes for adults and children.

We also took care of the safety of our compatriots on the Internet and social media by organizing a lecture on this topic led by an internet security specialist.

In addition, we enabled those interested to meet with a qualified psychotherapist who introduced the audience to the issue of dysfunctional families and taught them about healthy ways of communicating their own needs.

Artistic classes organised twice a year under the supervision of experienced artists allowed participants, both men and women, to show their creativity and imagination, as well as have a nice time preparing decorations for Christmas and Easter.

One of the goals of our association is to maintain the cultural identity of Polish families and enable contact with the native language. This is achieved, among other things, by monthly meetings of the reading club, whose members jointly select books to read during the year in order to share their reading impressions during the meetings.

Work is still underway to gather the Polish book collection, which currently exceeds 2,000 books. Despite housing difficulties, the number of people using this temporary library is constantly growing.

In addition, we organised two events referring to Polish folk traditions. One of them is the outdoor summer party "Kupala Night" with a number of folk rituals. The second one was a culinary workshop, where participants could bake and decorate gingerbread together - Polish traditional Christmas cookies.

In order to familiarise Polish immigrants with the history of their new homeland, we organised a bus tour around Belfast with a guide, which showed them places of great importance in the history of Northern Ireland.

In total, in 2023/2024, approximately 150 people took part in the events organised by Polish Sisterhood.

And to strengthen the effectiveness of our activities in 2024, we have also started a training series for members of the trustee board.

We based our activities on funds and support from founders:

- QUB ("Welcoming Communities project" supported by the Joseph Rowntree Charitable Trust (JRTC))

- The National Lottery Community Fund ("Empowering Polish women" project)
- The General Consulate of the Republic of Poland

EVENTS IN CHRONOLOGICAL ORDER:

APRIL '23

- 15/04/2023 "The Spring of my childhood" - Women's Circle meeting
- 30/04/2023 "Family May Day" - outdoor event
- 30/04/2023 "In the chains of fanaticism" – Book Club meeting

MAY '23

- 14/05/2023 "Playing together" - family Sunday
- 20/05/2023 " What do you think about feminists?" - Women's Circle meeting
- 29/05/2023 "The motif of the nature child in literature " - Book Club meeting

JUNE '23

- 11/06/2023 "Playing together" - family Sunday – board games tournament
- 17/06/2023 "It is all my responsibility" - Women's Circle meeting
- 24/06/2023 "Kupala Night" - a traditional outdoor event
- 25/06/2023 "Here we are abroad" - Book Club meeting

JULY '23

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- 30/07/2023 " Pictures from the family album " - Book Club meeting

AUGUST '23

- 19/08/2023 "Mela Festival" – taking part in the parade

SEPTEMBER '23

- 03/09/2023 "Under the Greek sun" - Book Club meeting
- 16/09/2023 "Tell me your name" - Women's Circle

OCTOBER '23

- 01/10/2023 "Meet Belfast" – bus trip with a guide

01/10/2023 "Trapped in the system" - Book Club meeting

07/10/2023 "Playing together" - family Sunday

21/10/2023 "Intimate conversations" - Women's Circle

NOVEMBER '23

05/11/2023 "The dark side of the human soul" - Book Club meeting

12/11/2023 "Playing together" - family Sunday

18/11/2023 "Good relationship" - Women's Circle

26/11/2023 "A time passing" - Book Club meeting

DECEMBER '23

10/12/2023 "Pre-Christmas gingerbread cookies baking " – traditional baking event

16/12/2023 "Christmas decorations" – arts and crafts event

JANUARY '24

13/01/2024 " All roads lead home " - meeting with a psychotherapist

20/01/2024 "Woman and animals" - Women's Circle

28/01/2024 "Stories about our grandmothers " - Book Club meeting

FEBRUARY '24

10/02/2024 "General Meeting" and election of Management Board members for 2024

17/02/2024 "Love stories" – Women's Circle

25/02/2024 "A difficult life of a young doctor" - Book Club meeting

MARCH '24

02/03/2024 "Management and strategic planning" – training for the board members

09/03/2024 "Cybersecurity" – training about online security

16/03/2024 "Shame on you! – discussions about shame" - Women's Circle

26/03/2024 "Easter eggs decorations" - arts and crafts event

SUMMARY:

- 1 general meeting of members of the Association
- 10 meetings of the Women's Circle (support group)
- 4 family Sundays with board games
- 1 family board games tournament
- 10 Book Club meetings (10 books read together)

- 2 outdoor events (May Day and Kupala Night)
- 1 participation in Mela parade
- 1 guided bus trip around Belfast
- 1 traditional baking event (gingerbread cookies)
- 2 Arts and Crafts events (Christmas and Easter decorations)
- 1 psychological workshop with therapist



Polish Sisterhood

**REPORT ON THE CHARITY ACCOUNTS OF THE 'POLISH SISTERHOOD'
ASSOCIATION
FOR THE TAX YEAR 1/04/2023-31/03/2024**

01/04/2023 Opening Balance	£1529.43
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INCOME (Deposits)

	2023 Membership Fee/Workshop Fee paid by 11 members	£ 165.00
02/05/23	Community Development & Health Network	£1,000.00
26/05/23	Community Development & Health Network	£18.45
28/07/23	Community Fund (TNL)	£10,000.00
08/12/23	Mr Jerome Mullen (Honorary Consul)	£200.00
02/02/24	Queen's University Belfast	£2,000.00
	TOTAL:	£13,218.45
	TOTAL IN:	£13,338.45

EXPENSES (OUT)

	Project Coordinators	£1,700.00
	Catering	£602.43
	Bus Trip	£565.00
	Outdoor event	£125.00
	Events	£462.89
	Accidental Theatre Room hire	£1,500.00
	Equipment	£269.98
	Milage expenses	£308.85
	Psychological Workshops	£150.00
	Policy Insurance	£162.40
	Office supply	£66.20
	AJ Graphic Design Trifold Leaflet	£45.53
	TOTAL:	£5958.28

31/03/23 Closing balance per statement	£8954.60
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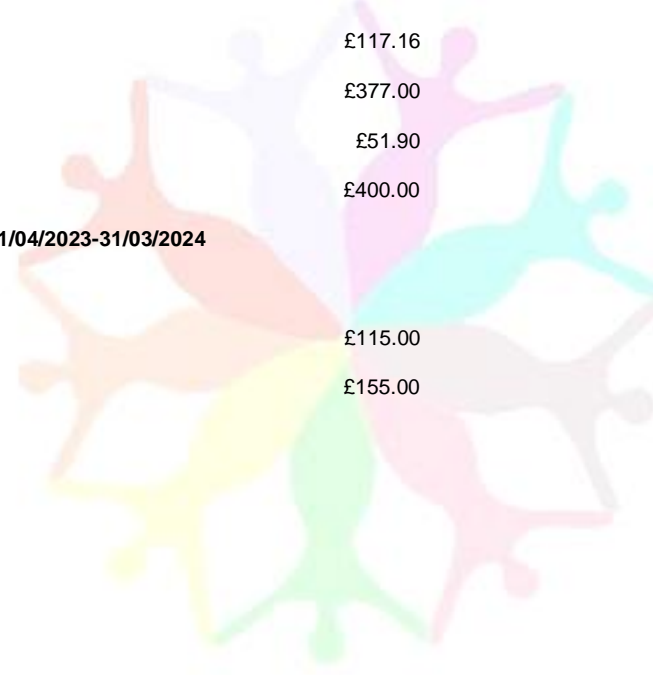
Polish Sisterhood Assets

Asset status before the year 01/04/23-31/03/24

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**Polish
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Credit Control Administrator

Date: 14/01/2025

Polish Sisterhood

Northern Ireland - Charity number 108633

Annual report



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ANNUAL REPORT

2023-2024

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Polish Sisterhood

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ASSOCIATION
FOR THE TAX YEAR 1/04/2023-31/03/2024**

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INCOME (Deposits)

	2023 Membership Fee/Workshop Fee paid by 11 members	£ 165.00
02/05/23	Community Development & Health Network	£1,000.00
26/05/23	Community Development & Health Network	£18.45
28/07/23	Community Fund (TNL)	£10,000.00
08/12/23	Mr Jerome Mullen (Honorary Consul)	£200.00
02/02/24	Queen's University Belfast	£2,000.00
	TOTAL:	£13,218.45
	TOTAL IN:	£13,338.45

EXPENSES (OUT)

	Project Coordinators	£1,700.00
	Catering	£602.43
	Bus Trip	£565.00
	Outdoor event	£125.00
	Events	£462.89
	Accidental Theatre Room hire	£1,500.00
	Equipment	£269.98
	Milage expenses	£308.85
	Psychological Workshops	£150.00
	Policy Insurance	£162.40
	Office supply	£66.20
	AJ Graphic Design Trifold Leaflet	£45.53
	TOTAL:	£5958.28

31/03/23 Closing balance per statement	£8954.60
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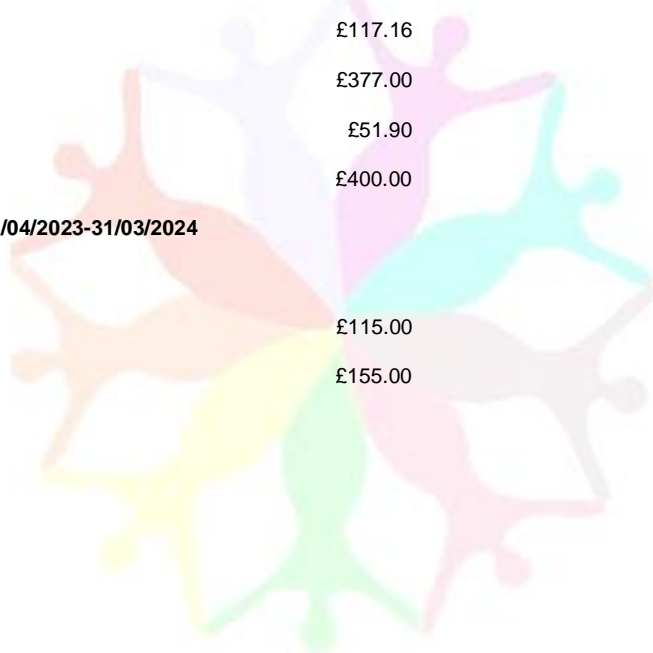
Polish Sisterhood Assets

Asset status before the year 01/04/23-31/03/24

Yoga mats x 6pcs	£90.00
Litter picker grabber x 15pcs	£150.00
Event Shelter	£371.31
Printer	£117.16
Projector	£377.00
Roller banner	£51.90
Cushions	£400.00

Purchased between 01/04/2023-31/03/2024

Trolleys	£115.00
Speaker system	£155.00



**Polish
Sisterhood**

**INDEPENDENT EXAMINER REPORT TO THE TRUSTEES OF 'POLISH
SISTERHOOD' ASSOCIATION
FOR THE TAX YEAR 1/04/2023-31/03/2024**

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- Examine the accounts under section 65 Charities Act.
- Follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act.
- State whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act.
2. That the accounts do not accord with those accounting records.
3. That the accounts do not comply with the accounting requirements of the Charities Act.
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



Leanne Winters

Credit Control Administrator

Date: 14/01/2025

Polish Sisterhood

Northern Ireland - Charity number 108633

Annual return



**Polish
Sisterhood**

Charity no. 108633

www.polishsisterhood.com

ANNUAL REPORT

2023-2024

REPORT ON THE ACTIVITIES OF THE 'POLISH SISTERHOOD' ASSOCIATION FOR THE TAX YEAR 01/04/2023-31/03/2024

In 2023/2024, the aim of our Association's activities was to focus the efforts on cultivating the well-being of women and their families through activities that improve self-awareness and develop their creativity.

This goal was primarily subordinated to regular meetings of the "Circle of Women" support group, during which women can confide in themselves, exchange opinions, listen and be heard. The topics discussed in the Women's Circle concern important, often intimate issues that raise the participants' awareness and self-esteem.

To ensure the healthy spending of free time with families, we organised four family Sundays, during which participants of all genders and different ages could have fun together with board games and snacks. And with the arrival of the summer season, we organised an outdoor picnic for entire families combined with exercise classes for adults and children.

We also took care of the safety of our compatriots on the Internet and social media by organizing a lecture on this topic led by an internet security specialist.

In addition, we enabled those interested to meet with a qualified psychotherapist who introduced the audience to the issue of dysfunctional families and taught them about healthy ways of communicating their own needs.

Artistic classes organised twice a year under the supervision of experienced artists allowed participants, both men and women, to show their creativity and imagination, as well as have a nice time preparing decorations for Christmas and Easter.

One of the goals of our association is to maintain the cultural identity of Polish families and enable contact with the native language. This is achieved, among other things, by monthly meetings of the reading club, whose members jointly select books to read during the year in order to share their reading impressions during the meetings.

Work is still underway to gather the Polish book collection, which currently exceeds 2,000 books. Despite housing difficulties, the number of people using this temporary library is constantly growing.

In addition, we organised two events referring to Polish folk traditions. One of them is the outdoor summer party "Kupala Night" with a number of folk rituals. The second one was a culinary workshop, where participants could bake and decorate gingerbread together - Polish traditional Christmas cookies.

In order to familiarise Polish immigrants with the history of their new homeland, we organised a bus tour around Belfast with a guide, which showed them places of great importance in the history of Northern Ireland.

In total, in 2023/2024, approximately 150 people took part in the events organised by Polish Sisterhood.

And to strengthen the effectiveness of our activities in 2024, we have also started a training series for members of the trustee board.

We based our activities on funds and support from founders:

- QUB ("Welcoming Communities project" supported by the Joseph Rowntree Charitable Trust (JRTC))

- The National Lottery Community Fund ("Empowering Polish women" project)
- The General Consulate of the Republic of Poland

EVENTS IN CHRONOLOGICAL ORDER:

APRIL '23

- 15/04/2023 "The Spring of my childhood" - Women's Circle meeting
- 30/04/2023 "Family May Day" - outdoor event
- 30/04/2023 "In the chains of fanaticism" – Book Club meeting

MAY '23

- 14/05/2023 "Playing together" - family Sunday
- 20/05/2023 " What do you think about feminists?" - Women's Circle meeting
- 29/05/2023 "The motif of the nature child in literature " - Book Club meeting

JUNE '23

- 11/06/2023 "Playing together" - family Sunday – board games tournament
- 17/06/2023 "It is all my responsibility" - Women's Circle meeting
- 24/06/2023 "Kupala Night" - a traditional outdoor event
- 25/06/2023 "Here we are abroad" - Book Club meeting

JULY '23

- 09/07/2023 "Playing together" - family Sunday
- 15/07/2023 "Fair sex" - Women's Circle
- 30/07/2023 " Pictures from the family album " - Book Club meeting

AUGUST '23

- 19/08/2023 "Mela Festival" – taking part in the parade

SEPTEMBER '23

- 03/09/2023 "Under the Greek sun" - Book Club meeting
- 16/09/2023 "Tell me your name" - Women's Circle

OCTOBER '23

- 01/10/2023 "Meet Belfast" – bus trip with a guide

01/10/2023 "Trapped in the system" - Book Club meeting

07/10/2023 "Playing together" - family Sunday

21/10/2023 "Intimate conversations" - Women's Circle

NOVEMBER '23

05/11/2023 "The dark side of the human soul" - Book Club meeting

12/11/2023 "Playing together" - family Sunday

18/11/2023 "Good relationship" - Women's Circle

26/11/2023 "A time passing" - Book Club meeting

DECEMBER '23

10/12/2023 "Pre-Christmas gingerbread cookies baking " – traditional baking event

16/12/2023 "Christmas decorations" – arts and crafts event

JANUARY '24

13/01/2024 " All roads lead home " - meeting with a psychotherapist

20/01/2024 "Woman and animals" - Women's Circle

28/01/2024 "Stories about our grandmothers " - Book Club meeting

FEBRUARY '24

10/02/2024 "General Meeting" and election of Management Board members for 2024

17/02/2024 "Love stories" – Women's Circle

25/02/2024 "A difficult life of a young doctor" - Book Club meeting

MARCH '24

02/03/2024 "Management and strategic planning" – training for the board members

09/03/2024 "Cybersecurity" – training about online security

16/03/2024 "Shame on you! – discussions about shame" - Women's Circle

26/03/2024 "Easter eggs decorations" - arts and crafts event

SUMMARY:

- 1 general meeting of members of the Association
- 10 meetings of the Women's Circle (support group)
- 4 family Sundays with board games
- 1 family board games tournament
- 10 Book Club meetings (10 books read together)

- 2 outdoor events (May Day and Kupala Night)
- 1 participation in Mela parade
- 1 guided bus trip around Belfast
- 1 traditional baking event (gingerbread cookies)
- 2 Arts and Crafts events (Christmas and Easter decorations)
- 1 psychological workshop with therapist



Polish Sisterhood

**REPORT ON THE CHARITY ACCOUNTS OF THE 'POLISH SISTERHOOD'
ASSOCIATION
FOR THE TAX YEAR 1/04/2023-31/03/2024**

01/04/2023 Opening Balance	£1529.43
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INCOME (Deposits)

	2023 Membership Fee/Workshop Fee paid by 11 members	£ 165.00
02/05/23	Community Development & Health Network	£1,000.00
26/05/23	Community Development & Health Network	£18.45
28/07/23	Community Fund (TNL)	£10,000.00
08/12/23	Mr Jerome Mullen (Honorary Consul)	£200.00
02/02/24	Queen's University Belfast	£2,000.00
	TOTAL:	£13,218.45
	TOTAL IN:	£13,338.45

EXPENSES (OUT)

	Project Coordinators	£1,700.00
	Catering	£602.43
	Bus Trip	£565.00
	Outdoor event	£125.00
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	Equipment	£269.98
	Milage expenses	£308.85
	Psychological Workshops	£150.00
	Policy Insurance	£162.40
	Office supply	£66.20
	AJ Graphic Design Trifold Leaflet	£45.53
	TOTAL:	£5958.28

31/03/23 Closing balance per statement	£8954.60
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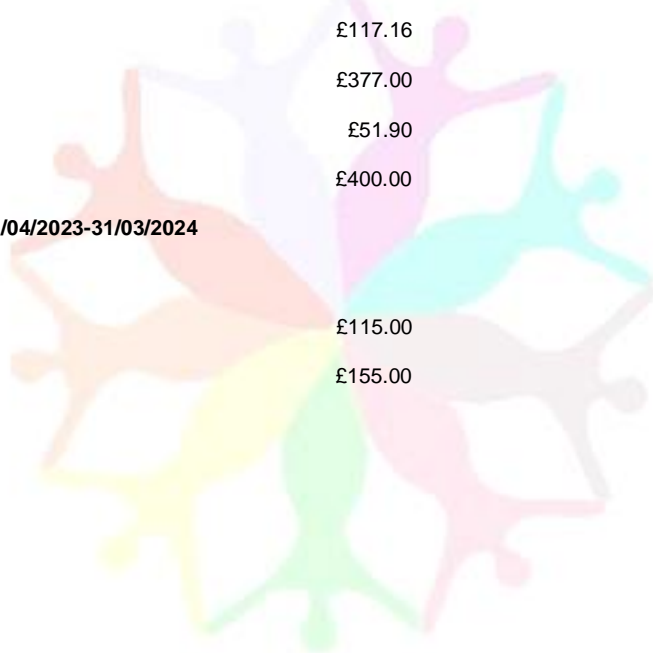
Polish Sisterhood Assets

Asset status before the year 01/04/23-31/03/24

Yoga mats x 6pcs	£90.00
Litter picker grabber x 15pcs	£150.00
Event Shelter	£371.31
Printer	£117.16
Projector	£377.00
Roller banner	£51.90
Cushions	£400.00

Purchased between 01/04/2023-31/03/2024

Trolleys	£115.00
Speaker system	£155.00



**Polish
Sisterhood**

**INDEPENDENT EXAMINER REPORT TO THE TRUSTEES OF 'POLISH
SISTERHOOD' ASSOCIATION
FOR THE TAX YEAR 1/04/2023-31/03/2024**

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- Examine the accounts under section 65 Charities Act.
- Follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act.
- State whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act.
2. That the accounts do not accord with those accounting records.
3. That the accounts do not comply with the accounting requirements of the Charities Act.
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



Leanne Winters

Credit Control Administrator

Date: 14/01/2025

Polish Sisterhood

Northern Ireland - Charity number 108633

Accounts



**Polish
Sisterhood**

Charity no. 108633

www.polishsisterhood.com

ANNUAL REPORT

2022-2023

**REPORT ON THE ACTIVITIES OF THE 'POLISH SISTERHOOD'
ASSOCIATION
FOR THE TAX YEAR 01/04/2022-31/03/2023**

In 2022/23, the aim of our Association's activities was to understand and support broadly mental and physical health of Polish women and their families in Northern Ireland.

For this purpose, we organized as many as 8 meetings with psychotherapists to talk about the problems that most often affect us (mental illnesses in the family, the difficulties of bilingualism, a sense of loneliness, lack of fulfilment, lack of self-confidence, family traumas, and problems with children). Additionally, 8 meetings of the Circle of Women support group were held, during which women can speak and are listened to. Catering was provided for the meetings.

For the broader well-being of Polish women, 'Polish Sisterhood' organized a number of outdoor events. The 'Walk around Belfast' project promoted physical activity by organizing a series of walks around Belfast's green spaces with Walk leader. An additional incentive was a competition for a healthy meatless salad with prizes, with the participation of a dietician who advised participants what and how to eat with the greatest benefit for the body. Two of the mentioned outdoor events referred to our native tradition and culture (Kupala Night, Spring Equinox) in order to cultivate our national identity. And on International Women's Day, we organized a beauty session for interested women at the 'Izette' salon in East Belfast.

To keep Polish people in NI connected with their native language, our association organises monthly meetings for reading enthusiasts; during this period, we read and discussed 11 books together. Work is also underway on a project aimed at creating a Polish public library. So far, a book collection of almost 1,000 items has been collected, which, despite the lack of a specific location, is already available for borrowing.

Additionally, for integration purposes, compatriots of both sexes held 6 Sunday family meetings with board games, refreshments and fun.

'Polish Sisterhood' took part in the Community Development & Health Network project at the turn of 2022/23, using the mentoring of the Women's Tech organization, thanks to which it obtained practical support in the development of its activities. As part of this project, our association has created a professional website that aims to reach a wider audience, including those who do not use social media (Facebook).

Encouraged to look for opportunities to cooperate with other organizations, we organized the Dumpling Festival together with the Chinese Welfare Association, during which the local community could take a closer look at our culinary culture. Our members presented as many as 6 different types of dumplings, the tasting of which was met with great applause.

And in cooperation with the Polish Community Association Belfast, POLCA and the Consulate of the Republic of Poland, we were also involved in a project supporting Polish children staying in foster care in NI. Work on this project is in progress.

EVENTS IN CHRONOLOGICAL ORDER:

APRIL '22

10/04/2022 "Playing together" - family Sunday

15/04/2022 "You are the fantasy of all your ancestors" - psychological workshops

23/04/2022 "General Meeting" and election of Management Board members for 2022

24/04/2022 "Inner Critic" - psychological workshops
24/04/2022 "The Ring - Classic Japanese horror" - literary meeting
30/04/2022 "Meatless salad competition" - final of the 'Walk around Belfast' project
30/04/2022 "Family May Day" - outdoor event

MAY '22

08/05/2022 "Playing together" - family Sunday
22/05/2022 "Family picnic" - outdoor event
29/05/2022 "Longing for an alternative world" - literary meeting

JUNE '22

12/06/2022 "Playing together" - family Sunday
25/06/2022 "Kupala Night" - a traditional outdoor event
26/06/2022 "Justice of the Sheep" - literary meeting

JULY '22

16/07/2022 "Travels in dreams and space" - Women's Circle
31/07/2022 "American Dream" - literary meeting

AUGUST '22

14/08/2022 "Playing together" - family Sunday
17/08/2022 "Elevate mentoring & grant" – project completion and video release
20/08/2022 "The burden of parenthood" - Women's Circle
28/08/2022 "The Twentieth Wife" - literary meeting

SEPTEMBER '22

11/09/2022 "Playing together" - family Sunday
17/09/2022 "Because I love you like Ireland" - Women's Circle
09/10/2022 "When the mind sleeps" - conversations with a psychotherapist about mental and mental illnesses
24/09/2022 "Library at Midnight" - literary meeting

OCTOBER '22

15/10/2022 "Money buys happiness" - Women's Circle
23/10/2022 "Playing together" - family Sunday
30/10/2022 "Maps for lost lovers" - literary meeting

NOVEMBER '22

19/11/2022 "Friendship has many names" - Women's Circle
27/11/2022 "Evening of autumn poetry" - literary meeting

DECEMBER '22

03/12/2022 "Life with two languages" - meeting with a psychotherapist
17/12/2022 "Like fire and water" - Women's Circle
25/12/2022 "Christmas literary meeting" - literary meeting

JANUARY '23

07/01/2023 "All children are ours" - organizational meeting of the project supporting foster families
14/01/2023 "Instead of spring, eternal winter" - meeting with a psychotherapist

21/01/2023 "On the threshold of new events" - Women's Circle
28/01/2023 "Between the lips and the rim of the cup" - meeting with a psychotherapist
29/01/2023 "Mysteries of the human psyche" - literary meeting

FEBRUARY '23

18/02/2023 "General Meeting" and election of Management Board members for 2023
25/02/2023 "Understanding a teenager part. I" – meeting with a psychotherapist for parents
26/02/2023 "Getting to know Old Slavic demons" - literary meeting

MARCH '23

04/03/2023 "Understanding a teenager, part II" – meeting with a psychotherapist for parents
11/03/2023 "Women's Day in a beauty salon" - meeting with a beautician
18/03/2023 "Cycles of my life" - Women's Circle
18/03/2023 "Dumplings Festival" - event in cooperation with CAW
25/03/2023 "We are looking for spring" - a traditional outdoor event
26/03/2023 "The magic of a good crime story" - literary meeting

SUMMARY:

- 2 general meetings of members of the Association (April '22 and February '23)
- 8 meetings of the Women's Circle (support group)
- 6 family Sundays with board games
- 4 outdoor events (including two related to Polish tradition: Kupala Night and Drowning of Marzanna)
- 12 meetings with literature (including 11 books read together)
- 2 psychological workshops with therapist Joanna Żurawicka
- 6 meetings with psychotherapist Angelika Maczyńska
- 1 meeting with a beautician on Women's Day
- Participation in the Community Development & Health Network 'Elevate' project
- Co-organization with the Polish Community Association of the project 'All children are ours' supporting foster families
- The 'Walk around Belfast' project with a finale with the participation of a dietitian and a salad competition
- Co-organization of the Dumpling Festival with the Chinese Welfare Association

Polish
Sisterhood

**REPORT ON THE CHARITY ACCOUNTS OF THE 'POLISH SISTERHOOD'
ASSOCIATION
FOR THE TAX YEAR 1/04/2022-31/03/2023**

01/04/2022 Opening Balance	£1,617.00
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INCOME (Deposits)

	2022 Membership Fee/Workshop Fee paid by 29 members	£ 410.00
29/04/22	Community Development & Health Network	£1,000.00
23/05/22	Chinese Welfare AS CWA	£ 350.00
22/06/22	Migrant Centre NI	£1,080.00
25/10/22	Community Development & Health Network	£4,000.00
01/12/22	Migrant Centre NI	£ 270.00
27/01/22	Migrant Centre NI	£1,975.00
27/03/23	Chinese Welfare AS CWA	£ 210.00
	TOTAL:	£9,295.00

EXPENSES (OUT)

	Project Coordinators	£2,800.00
	Catering	£ 49.57
	Volunteer-Elevate	£ 92.15
	Workshop-Elevate	£ 126.04
	Swimming pool-ticket	£ 94.55
Accidental Theatre	Room hire	£1,450.00
Accidental Theatre	Storage Room	£ 480.00
Cook+Roll	Catering / prices	£ 418.55
	Ice Bowl Tickets	£ 62.50
	Refreshments	£ 682.54
	Catering	£ 506.50
	Psychological Workshops	£1,200.00
	Policy Insurance	£ 117.60
	Zoom Subscription	£ 143.88
	Cushions	£ 400.00

	Elevate-Office Supplies	£ 258.63
AJ Graphic Design	Trifold Leaflet	£ 100.00
	Travels/Miles	£ 305.55
Chinese Welfare Association	Dumplings Festival	£ 104.51

TOTAL: £9,392.57

31/03/23	Closing balance per statement	£1,519.43
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Polish Sisterhood Assets

Asset status before the year 01/04/22-31/03/23

Yoga mats x 6pcs	£90.00
Litter picker grabber x 15pcs	£150.00
Event Shelter	£371.31
Printer	£117.16
Projector	£377.00
Roller banner	£51.90

Purchased between 01/04/2022-31/03/2023

Cushions	£400.00
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Polish
Sisterhood

**INDEPENDENT EXAMINER REPORT TO THE TRUSTEES OF 'POLISH
SISTERHOOD' ASSOCIATION
FOR THE TAX YEAR 1/04/2022-31/03/2023**

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Leanne Winters

Credit Control Administrator

Date 9/01/2024

Polish Sisterhood

Northern Ireland - Charity number 108633

Annual report



Polish Sisterhood

Charity no. 108633

www.polishsisterhood.com

ANNUAL REPORT 2022-2023

**REPORT ON THE ACTIVITIES OF THE 'POLISH SISTERHOOD'
ASSOCIATION
FOR THE TAX YEAR 01/04/2022-31/03/2023**

In 2022/23, the aim of our Association's activities was to understand and support broadly mental and physical health of Polish women and their families in Northern Ireland.

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Encouraged to look for opportunities to cooperate with other organizations, we organized the Dumpling Festival together with the Chinese Welfare Association, during which the local community could take a closer look at our culinary culture. Our members presented as many as 6 different types of dumplings, the tasting of which was met with great applause.

And in cooperation with the Polish Community Association Belfast, POLCA and the Consulate of the Republic of Poland, we were also involved in a project supporting Polish children staying in foster care in NI. Work on this project is in progress.

EVENTS IN CHRONOLOGICAL ORDER:

APRIL '22

10/04/2022 "Playing together" - family Sunday

15/04/2022 "You are the fantasy of all your ancestors" - psychological workshops

23/04/2022 "General Meeting" and election of Management Board members for 2022

24/04/2022 "Inner Critic" - psychological workshops
24/04/2022 "The Ring - Classic Japanese horror" - literary meeting
30/04/2022 "Meatless salad competition" - final of the 'Walk around Belfast' project
30/04/2022 "Family May Day" - outdoor event

MAY '22

08/05/2022 "Playing together" - family Sunday
22/05/2022 "Family picnic" - outdoor event
29/05/2022 "Longing for an alternative world" - literary meeting

JUNE '22

12/06/2022 "Playing together" - family Sunday
25/06/2022 "Kupala Night" - a traditional outdoor event
26/06/2022 "Justice of the Sheep" - literary meeting

JULY '22

16/07/2022 "Travels in dreams and space" - Women's Circle
31/07/2022 "American Dream" - literary meeting

AUGUST '22

14/08/2022 "Playing together" - family Sunday
17/08/2022 "Elevate mentoring & grant" – project completion and video release
20/08/2022 "The burden of parenthood" - Women's Circle
28/08/2022 "The Twentieth Wife" - literary meeting

SEPTEMBER '22

11/09/2022 "Playing together" - family Sunday
17/09/2022 "Because I love you like Ireland" - Women's Circle
09/10/2022 "When the mind sleeps" - conversations with a psychotherapist about mental and mental illnesses
24/09/2022 "Library at Midnight" - literary meeting

OCTOBER '22

15/10/2022 "Money buys happiness" - Women's Circle
23/10/2022 "Playing together" - family Sunday
30/10/2022 "Maps for lost lovers" - literary meeting

NOVEMBER '22

19/11/2022 "Friendship has many names" - Women's Circle
27/11/2022 "Evening of autumn poetry" - literary meeting

DECEMBER '22

03/12/2022 "Life with two languages" - meeting with a psychotherapist
17/12/2022 "Like fire and water" - Women's Circle
25/12/2022 "Christmas literary meeting" - literary meeting

JANUARY '23

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MARCH '23

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SUMMARY:

- 2 general meetings of members of the Association (April '22 and February '23)
- 8 meetings of the Women's Circle (support group)
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- Co-organization of the Dumpling Festival with the Chinese Welfare Association

Polish
Sisterhood

**REPORT ON THE CHARITY ACCOUNTS OF THE 'POLISH SISTERHOOD'
ASSOCIATION
FOR THE TAX YEAR 1/04/2022-31/03/2023**

01/04/2022 Opening Balance	£1,617.00
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INCOME (Deposits)

	2022 Membership Fee/Workshop Fee paid by 29 members	£ 410.00
29/04/22	Community Development & Health Network	£1,000.00
23/05/22	Chinese Welfare AS CWA	£ 350.00
22/06/22	Migrant Centre NI	£1,080.00
25/10/22	Community Development & Health Network	£4,000.00
01/12/22	Migrant Centre NI	£ 270.00
27/01/22	Migrant Centre NI	£1,975.00
27/03/23	Chinese Welfare AS CWA	£ 210.00
	TOTAL:	£9,295.00

EXPENSES (OUT)

	Project Coordinators	£2,800.00
	Catering	£ 49.57
	Volunteer-Elevate	£ 92.15
	Workshop-Elevate	£ 126.04
	Swimming pool-ticket	£ 94.55
Accidental Theatre	Room hire	£1,450.00
Accidental Theatre	Storage Room	£ 480.00
Cook+Roll	Catering / prices	£ 418.55
	Ice Bowl Tickets	£ 62.50
	Refreshments	£ 682.54
	Catering	£ 506.50
	Psychological Workshops	£1,200.00
	Policy Insurance	£ 117.60
	Zoom Subscription	£ 143.88
	Cushions	£ 400.00

	Elevate-Office Supplies	£ 258.63
AJ Graphic Design	Trifold Leaflet	£ 100.00
	Travels/Miles	£ 305.55
Chinese Welfare Association	Dumplings Festival	£ 104.51

TOTAL: £9,392.57

31/03/23	Closing balance per statement	£1,519.43
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Polish Sisterhood Assets

Asset status before the year 01/04/22-31/03/23

Yoga mats x 6pcs	£90.00
Litter picker grabber x 15pcs	£150.00
Event Shelter	£371.31
Printer	£117.16
Projector	£377.00
Roller banner	£51.90

Purchased between 01/04/2022-31/03/2023

Cushions	£400.00
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Polish
Sisterhood

**INDEPENDENT EXAMINER REPORT TO THE TRUSTEES OF 'POLISH
SISTERHOOD' ASSOCIATION
FOR THE TAX YEAR 1/04/2022-31/03/2023**

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- Examine the accounts under section 65 Charities Act.
- Follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act.
- State whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act.
2. That the accounts do not accord with those accounting records.
3. That the accounts do not comply with the accounting requirements of the Charities Act.
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



Leanne Winters

Credit Control Administrator

Date 9/01/2024

Polish Sisterhood

Northern Ireland - Charity number 108633

Annual return



**Polish
Sisterhood**

Charity no. 108633

www.polishsisterhood.com

ANNUAL REPORT

2022-2023

**REPORT ON THE ACTIVITIES OF THE 'POLISH SISTERHOOD'
ASSOCIATION
FOR THE TAX YEAR 01/04/2022-31/03/2023**

In 2022/23, the aim of our Association's activities was to understand and support broadly mental and physical health of Polish women and their families in Northern Ireland.

For this purpose, we organized as many as 8 meetings with psychotherapists to talk about the problems that most often affect us (mental illnesses in the family, the difficulties of bilingualism, a sense of loneliness, lack of fulfilment, lack of self-confidence, family traumas, and problems with children). Additionally, 8 meetings of the Circle of Women support group were held, during which women can speak and are listened to. Catering was provided for the meetings.

For the broader well-being of Polish women, 'Polish Sisterhood' organized a number of outdoor events. The 'Walk around Belfast' project promoted physical activity by organizing a series of walks around Belfast's green spaces with Walk leader. An additional incentive was a competition for a healthy meatless salad with prizes, with the participation of a dietician who advised participants what and how to eat with the greatest benefit for the body. Two of the mentioned outdoor events referred to our native tradition and culture (Kupala Night, Spring Equinox) in order to cultivate our national identity. And on International Women's Day, we organized a beauty session for interested women at the 'Izette' salon in East Belfast.

To keep Polish people in NI connected with their native language, our association organises monthly meetings for reading enthusiasts; during this period, we read and discussed 11 books together. Work is also underway on a project aimed at creating a Polish public library. So far, a book collection of almost 1,000 items has been collected, which, despite the lack of a specific location, is already available for borrowing.

Additionally, for integration purposes, compatriots of both sexes held 6 Sunday family meetings with board games, refreshments and fun.

'Polish Sisterhood' took part in the Community Development & Health Network project at the turn of 2022/23, using the mentoring of the Women's Tech organization, thanks to which it obtained practical support in the development of its activities. As part of this project, our association has created a professional website that aims to reach a wider audience, including those who do not use social media (Facebook).

Encouraged to look for opportunities to cooperate with other organizations, we organized the Dumpling Festival together with the Chinese Welfare Association, during which the local community could take a closer look at our culinary culture. Our members presented as many as 6 different types of dumplings, the tasting of which was met with great applause.

And in cooperation with the Polish Community Association Belfast, POLCA and the Consulate of the Republic of Poland, we were also involved in a project supporting Polish children staying in foster care in NI. Work on this project is in progress.

EVENTS IN CHRONOLOGICAL ORDER:

APRIL '22

10/04/2022 "Playing together" - family Sunday

15/04/2022 "You are the fantasy of all your ancestors" - psychological workshops

23/04/2022 "General Meeting" and election of Management Board members for 2022

24/04/2022 "Inner Critic" - psychological workshops
24/04/2022 "The Ring - Classic Japanese horror" - literary meeting
30/04/2022 "Meatless salad competition" - final of the 'Walk around Belfast' project
30/04/2022 "Family May Day" - outdoor event

MAY '22

08/05/2022 "Playing together" - family Sunday
22/05/2022 "Family picnic" - outdoor event
29/05/2022 "Longing for an alternative world" - literary meeting

JUNE '22

12/06/2022 "Playing together" - family Sunday
25/06/2022 "Kupala Night" - a traditional outdoor event
26/06/2022 "Justice of the Sheep" - literary meeting

JULY '22

16/07/2022 "Travels in dreams and space" - Women's Circle
31/07/2022 "American Dream" - literary meeting

AUGUST '22

14/08/2022 "Playing together" - family Sunday
17/08/2022 "Elevate mentoring & grant" – project completion and video release
20/08/2022 "The burden of parenthood" - Women's Circle
28/08/2022 "The Twentieth Wife" - literary meeting

SEPTEMBER '22

11/09/2022 "Playing together" - family Sunday
17/09/2022 "Because I love you like Ireland" - Women's Circle
09/10/2022 "When the mind sleeps" - conversations with a psychotherapist about mental and mental illnesses
24/09/2022 "Library at Midnight" - literary meeting

OCTOBER '22

15/10/2022 "Money buys happiness" - Women's Circle
23/10/2022 "Playing together" - family Sunday
30/10/2022 "Maps for lost lovers" - literary meeting

NOVEMBER '22

19/11/2022 "Friendship has many names" - Women's Circle
27/11/2022 "Evening of autumn poetry" - literary meeting

DECEMBER '22

03/12/2022 "Life with two languages" - meeting with a psychotherapist
17/12/2022 "Like fire and water" - Women's Circle
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JANUARY '23

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