

SWELL (Supported We Live Life)

Northern Ireland · Charity number 108576

Details

Status	Received
Registered	2022-04-07
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	26 Cross Street Enniskillen BT74 7dx BT74 7DX
Phone	07902368475
Email	info@swell.org.uk
Website	www.swell.org.uk

Activities

Purposes: The purpose of the Group is to relieve the needs of those living with a cancer diagnosis by providing recreational activities and support in order to improve their physical and emotional wellbeing and decrease isolation.

What the charity does: The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information,Counselling/support,Disability,Medical/health/sickness

Who the charity helps: Carers,Ethnic minorities,Men,Mental health,Older people,Parents,Physical disabilities,Volunteers,Women

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£108,484	£120,557	£0	0

Trustees

Name	Role	Appointed
Mr Matthew Nevin		
Mrs Genevieve Irvine Bem		
Mrs Marian Judge		
Mrs Patricia Mcgrath		

SWELL (Supported We Live Life)

Northern Ireland - Charity number 108576

Accounts

SWELL (SUPPORTED WE LIVE LIFE)
FINANCIAL STATEMENTS
FOR YEAR ENDED 30 SEPTEMBER 2024

REGISTERED WITH THE CHARITY COMMISSION FOR
NORTHERN IRELAND NIC 108576

**Independent examiner's report to the charity trustees of
SWELL (Supported we live life)**

I report on the accounts of the Association for the year ended 30th September 2024, which are set out on pages 1-2.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the account in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act.
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Kieran Daly

Kieran Daly
Chartered Accountant

MacNeary Rasdale & Co. Ltd.
Chartered Accountants

Wellington House
30 Darling Street
Enniskillen

14th February 2025.

SWELL (SUPPORTED WE LIVE LIFE)
INCOME & EXPENDITURE ACCOUNT

YEAR ENDED 30 SEPTEMBER 2024

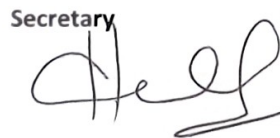
<u>Income</u>	Unrestricted Funds	Restricted Funds	Total
Donations & Fundraising	£23,096	£0	£23,096
SWELL: Preloved Store Sales	£46,873	£0	£46,873
National Lottery	£0	£19,979	£19,979
Department of Health Grant	£0	£1,057	£1,057
Macmillan Charity	£0	£5,000	£5,000
CCCW	£0	£12,208	£12,208
CLEAR Project: Small Grants Fund	£0	£271	£271
	£69,969	£38,515	£108,484
Expenditure			
Facilitator Fees	£24,344	£18,082	£42,426
Stock Items & Catering	£7,096	£0	£7,096
Insurances	£0	£454	£454
Bank Fees	£1,176	£0	£1,176
Telephone	£208	£0	£208
Volunteer Expenses	£11,037	£0	£11,037
Equipment & Stationery	£0	£10,518	£10,518
Room Hire	£14,596	£0	£14,596
Shop Start up Costs	£11,933	£0	£11,933
Shop Refurbishment	£15,719	£0	£15,719
Rent & Service Charges	£4,838	£0	£4,838
General Expenses	£556	£0	£556
Total Payments	£91,503	£29,054	£120,557
NET INCOME (DEFICIT) FOR YEAR	(£21,534)	£9,461	(£12,073)
NET MOVEMENT IN FUNDS FOR YEAR	(£21,534)	£9,461	(£12,073)
TOTAL FUNDS AS AT 01.10.2023	£48,631	£0	£48,631
TOTAL FUNDS AS AT 30.09.2024	£27,097	£9,461	£36,558

SWELL (SUPPORTED WE LIVE LIFE)
YEAR ENDED 30th September 2024 (CONT.)

	2024
<u>Current Assets</u>	
Bank of Ireland Current Account	£21,038
Bank of Ireland Current Account	£15,870
<u>Liabilities (Unrestricted fund)</u>	
Sundry Creditors	(£350)
TOTAL NET ASSETS	<u>£36,558</u>
Represented by:-	
Opening Funds 01.10.2023	£48,631
Net (Deficit) / Income for the year	(£12,073)
Closing Funds as at 30.09.2024	<u>£36,558</u>

Approved by the Trustees on 14 February 2025 and signed on their behalf by

Chairperson


Secretary


Treasurer


SWELL (Supported We Live Life)

Northern Ireland - Charity number 108576

Accounts

SWELL (SUPPORTED WE LIVE LIFE)
FINANCIAL STATEMENTS
FOR YEAR ENDED 30 SEPTEMBER 2023

REGISTERED WITH THE CHARITY COMMISSION FOR
NORTHERN IRELAND NIC 108576

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SWELL (Supported we live life)**

I report on the accounts of the Association for the year ended 30th September 2023, which are set out on pages 1-2.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the account in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items of disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

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1. That accounting records were not kept in accordance with section 63 of the Charities Act
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3. That the accounts do not comply with the accounting requirements of the Charities Act.
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



Kieran Daly
Chartered Accountant

MacNeary Rasdale & Co. Ltd.
Chartered Accountants

Wellington House
30 Darling Street
Enniskillen

05th July 2024.

SWELL (SUPPORTED WE LIVE LIFE)
INCOME & EXPENDITURE ACCOUNT

YEAR ENDED 30 SEPTEMBER 2023

<u>Income</u>	Unrestricted Funds	Restricted Funds	Total
Donations	£29,789	£0	£29,789
Fundraising	£14,378	£0	£14,378
Fermanagh Omagh District Council	£0	£500	£500
Department of Health Grant	£0	£15,000	£15,000
Macmillan Charity	£0	£15,000	£15,000
Cancer Connected	£0	£4,899	£4,899
Ulster Garden Village	£0	£15,000	£15,000
	£44,167	£50,399	£94,566
Expenditure			
Facilitator Fees	£10,818	£27,239	£38,057
Srock Items & Catering	£5,661	£0	£5,661
insurances	£0	£319	£319
Bank Fees	£480	£0	£480
Telephone	£0	£555	£555
Volunteer Expenses	£3,698	£0	£3,698
Equipment & Stationery	£0	£8,758	£8,758
Room Hire	£0	£13,528	£13,528
Christmas Draw	£200	£0	£200
General Expenses	£150	£0	£150
Total Payments	£21,007	£50,399	£71,406
NET INCOME FOR YEAR	£23,160	£0	£23,160
NET MOVEMENT IN FUNDS FOR YEAR	(£23,160)	£0	(£23,160)
TOTAL FUNDS AS AT 01.10.2022	(£25,471)	£0	(£25,471)
TOTAL FUNDS AS AT 30.09.2023	(£48,631)	£0	(£48,631)

SWELL (SUPPORTED WE LIVE LIFE)
YEAR ENDED 30th September 2023 (CONT.)

2023

Current Assets

Bank of Ireland Current Account	£33,458
Bank of Ireland Current Account	£15,323

Liabilities (Unrestricted fund)

Sundry Creditors	(£150)
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TOTAL NET ASSETS	<u><u>£48,631</u></u>
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Represented by:-

Opening Funds 01.10.2022	(£25,471)
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Net Income for the year	<u>(£23,160)</u>
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	<u><u>(£48,631)</u></u>
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Approved by the Trustees on 05 July 2024 and signed on their behalf by

Chairperson

Secretary

Treasurer



The image shows three handwritten signatures in black ink. The first signature on the left is for the Chairperson, the middle one is for the Secretary, and the one on the right is for the Treasurer. Each signature is written in a cursive, flowing style.

SWELL (Supported We Live Life)

Northern Ireland - Charity number 108576

Annual report

NI Charity Number: 108576

For October 2022 to September 2023

Annual Trustee Report

**Supporting We Live Life
Fermanagh Cancer Support Charity**

SWELL



Index

1. Introduction
2. Charity Governance
3. Main Activities for the Reporting Period
4. Review of the Charity's Financial Position for the Reporting Period
5. Summary
6. Trustee Signatures

1. Introduction

The trustees of SWELL (Supported We Live Life) are pleased to submit their report and accounts for the period October 1st 2022 to September 30th 2023.

Founded and managed on a voluntary basis by cancer patients, SWELL (Supported We Live Life) is built on the foundation of recognising and addressing feelings of loneliness, helplessness and anxiety which are synonymous with a cancer diagnosis. The feeling that comes from knowing you are surrounded by an abundance of people who are 'all in this together' is both calming and empowering.

SWELL strive to ensure that cancer patients, their family, friends and carers do not feel alone and that sadness, feelings of loneliness and anxiety are addressed in a safe, friendly and confidential environment.

We acknowledge that the effects of cancer can mean different things to different people and that individuals are impacted in different ways and the diversity of our programmes reflect this.

Our Vision

- The Lived Experience of those affected by a cancer diagnosis does not include loneliness, sadness, or despair but instead, connectedness, inclusion, companionship and hope.

Our Mission

- To reach out and connect with people affected by cancer throughout the Fermanagh area and provide the 'Social Medicine' of peer, face to face support and advice they need.

Our Priorities

- Highlight our service to a larger audience.
- Expand our Programme delivery and diversity
- Influence and effect positive health policy changes
- Inspire all impacted by a cancer diagnosis

Services

SWELL provides a range of services including the following:

- Workshops - Our courses and workshops are designed to help you learn about living with and beyond cancer. All courses and workshops are run by our fully qualified facilitators.
- Physical Activity - has a huge potential to enhance your wellbeing. Participation in physical activity can increase your self-esteem and reduce stress and depression.

- Support Groups - Swell Support Groups enable members to share experiences, express feelings and explore new ways of coping and living with cancer. Group members are encouraged to play a more active role in their rehabilitation process.
- Counselling - SWELL offer a professional counselling service for those who feel they would benefit from more in-depth support. Counselling provides the client with an opportunity to share their thoughts and feelings with a sensitive and responsive listener. Counselling can help people to come to terms with their own illness or that of a loved one.
- Complementary Therapy - We offer a range of complementary therapies to help alleviate the emotions and symptoms that often accompany the diagnosis and treatment of cancer. Therapies are designed to work alongside conventional treatment.

2. Charity Governance

The Charity is governed by a group of Trustees (as listed in section 8).

Committee Meetings

The trustees hold monthly committee meetings that provides an opportunity for items to be brought forward and voted on. The agenda of the meeting always has the following standard items listed as a minimum:

- a) Apologies
- b) Attendance
- c) Welcome
- d) Treasurer Report
- e) Action Updates
- f) Funding Updates
- g) Any Other Business

Additional items that require committee approval are also added to the agenda when necessary.

For an item to be passed, it requires a majority vote.

AGM

Each year, the Chairperson of SWELL, calls an Annual General Meeting (AGM). The AGM provides an opportunity for our members to reflect on the group's achievements of the previous year, provide feedback and to propose/second individuals into the committee positions.

Consultation with Members

Consultation is very important for SWELL – we recognise the need for a person living with cancer to be heard. For this reason, trustees continually ask for feedback and ideas on initiatives that SWELL can take forward. This includes funding applications and the monthly activity programme.

3. Main Activities & Funding Achievements for the Reporting Period

During the period SWELL settled into our new premises and rapidly grew as an organisation.

We were very excited to have secured funding as part of the Cancer Connected Community West partnership. The £35,000 funding we received has enabled SWELL to secure a premises and introduce a 3-year support service programme for Fermanagh people affected by cancer.

The CCW partnership has also enabled Fermanagh cancer voices to be heard within the management of the Western Trust and Department of Health. Through the project our lived experience has helped improve services for local people affected by cancer. A full bus of SWELL clients also took the time to attend the first of many gathering meetings in Omagh with the Western Trust management.

After nearly 4 years from application, we were very excited to receive our official charity status on the 7th April 2022. This elevated our organisation and has given us credibility and access to apply for future funding.

In January 2022 we secured £30,000 funding from the Doh Cancer Fund. This enabled us to introduce more support services in this reporting period. We introduced a full timetable but we are working towards increasing the services we can provide.

Over the reporting period there was lots of fundraising events and donations that helped to raise vital funds to help sustain the services the charity provides. In total £14,378.07 was fundraised and £29,788.50 was received through donations.

SWELL was also successful in receiving funding from Ulster Garden Village. In total £15,000 was granted to help younger women with cancer. We also got £15,000 from Macmillan Cancer Support for an activity-based project. Fermanagh and Omagh District Council also awarded £500.00 towards an outdoor healthy gardening initiative.

SWELL also welcomed Health Minister, Robin Swann, to our premises in August 2022. It was very important to the organisation that everyone had an opportunity to speak directly to him and for him to see and hear the people behind the statistics.

SWELL Committee Members continued to work very hard to keep the charity operational. This included organising the activity programmes, administrative and financial duties, applying for funding, advertising and advocacy work to name a few.

We also said goodbye to many friends this past year. It was a privilege to have known them. We celebrated their lives and remember the good times and fun.

SWELL Chairperson

Genevieve Irvine



4. Review of the Charity's Financial Position for the Reporting Period

**SWELL (SUPPORTED WE LIVE LIFE)
STATEMENT OF INCOME & EXPENDITURE
YEAR ENDED 30 SEPTEMBER 2023**

Income	
Unrestricted Funds	
15,000.00	Department of Health Grant
14,378.07	Fundraising
500.00	Fermanagh Omagh District Council
15,000.00	Macmillan Charity
4,898.95	Cancer Connected
15,000.00	Ulster Garden Village
29,788.50	Donations
94,565.52	Total Income
	Expenditure
38,057.84	Facilitated Fees
5,661.08	Stock Items and Catering
318.71	Insurances
479.68	Bank Fees
554.96	Telephone
3,697.88	Volunteer Expenses
8,757.62	Equipment and Stationary
13,528.00	Room Hire
200.00	Christmas Draw
150.00	Accountants Fee
	Total Payments
71,405.77	NET INCOME FOR YEAR
23,159.75	

5. Summary

Within the reporting period, SWELL continued to expand its presence and delivery within County Fermanagh.

The charity set up new premises in Enniskillen which has allowed us to offer a wider variety of services to more individuals living with cancer, and their family and friends. Throughout the year we successful bid for funding from Cancer Connected Community West Partnership, Ulster Garden Village, Fermanagh & Omagh District Council and the Department for Health Cancer Fund. This has helped sustain the delivery of vital services to people living with cancer across the Fermanagh area.

The committee also welcomed the Health Minister Robin Swann MLA. This has helped promote the invaluable services offered by the Charity and raised our profile with public figures.

Over the reporting period there was lots of fundraising events and donations that helped to raise vital funds to help sustain the services the charity provides. In total £14,378.07 was fundraised and £29,788.50 was received through donations.

In the next reporting year, we hope to be able to focus on widening our delivery to benefit more people and to successfully apply for other funding sources.

6. Trustees

Chairperson: Genevieve Irvine

Treasurer: Barbara Huey

Trustee: Marian Judge

Trustee: Catherine Gordon

Trustee: Gerry McHugh

SWELL Address & Contact Details

Address:

26 Cross Street

Enniskillen

Co. Fermanagh

BT747DX

Telephone Number:

07902368475 / 02866251250

Email Address:

Email: info@swell.org.uk

SWELL (Supported We Live Life)

Northern Ireland - Charity number 108576

Annual return

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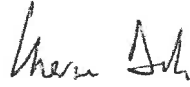
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Kieran Daly
Chartered Accountant

MacNeary Rasdale & Co. Ltd.
Chartered Accountants

7th December 2023

Wellington House
30 Darling Street
Enniskillen