

Carrickfergus Hub Improving Lives Locally

Northern Ireland · Charity number 108329

Details

Known as	CHILL
Status	Received
Registered	2021-09-21
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	Caretaker's House Antrim Street Carrickfergus BT38 7dg BT38 7DG
Phone	07802979151
Email	info@chillonline.org
Website	www.chillonline.org

Activities

Purposes: The aim of CHILL is to improve and promote positive mental health and wellbeing, and to raise awareness of suicide prevention. The main objective of CHILL is to work collaboratively with the local Community & Voluntary Sector organisations to support individuals their families, including children and young people affected by mental health issues, to raise awareness of suicide prevention and to improve the wellbeing of the community.

What the charity does: The advancement of health or the saving of lives

How the charity works: Advice/advocacy/information,Arts,Community development,Counselling/support,Criminal justice,Cultural,Disability,Education/training,Gender,General charitable purposes,Human rights/equality,Medical/health/sickness,Relief of poverty,Research/evaluation,Sport/recreation,Volunteer development,Welfare/benevolent,Youth development

Who the charity helps: Addictions (drug/solvent/alcohol abuse),Adult training,Asylum seekers/refugees,Carers,Children (5-13 year olds),Community safety/crime prevention,Ethnic minorities,Ex-offenders and prisoners,General public,Hiv/aids,Homelessness,Interface communities,Learning disabilities,Men,Mental health,Older people,Parents,Physical disabilities,Sensory disabilities,Sexual orientation,Specific areas of deprivation,Tenants,Travellers,Unemployed/low income,Victim support,Voluntary and community sector,Volunteers,Women,Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£36,541	£45,802	£0	0

Trustees

Name	Role	Appointed
Christopher Dorrian		
Darren Wren		
Eleanor Ellerslie		
Heidi Carson-Hair		
Helen Mcclean		
Jacqui Haggan		
Jim Mccaw		
Mr Stephen Weir		

Accounts

CHILL - Carrickfergus Hub Improving Lives Locally

Detailed Receipts and Payments Account For Period ending 31 March 2025

	<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	£ TOTAL 2024/2025	£ TOTAL 23/24
Income				
Greenisland FC	5500.00		5500.00	18850
Mid & East Antrim Borough Council	7500.00		7500.00	7500
National Lottery Awards for All Grant		20000.00	20000.00	
Donations	2420.00	0.00	2420.00	11356.28
CIT	0.00	121.00	121.00	
Sport Against	0.00	1,000.00	1000.00	
Charities Trust (Match Funding)	0.00	0.00	0.00	200
	15,420.00	21,121.00	36541.00	
Expenditure				
Programme		20,000.00	20000.00	4263
Counselling	0.00	14,980.00	14980.00	18400
Rent		6,229.08	6229.08	5416.56
Utilities (Heat/Light/Phone/broadband)		1,114.86	1114.86	2649.19
Training		295.00	295.00	95.7
Insurance		1,325.25	1325.25	1253.1
Equipment	299.98		299.98	
Admin/Stationery		587.47	587.47	988.99
Catering	490.00	222.82	712.82	680
Membership Fees (one.com)		104.99	104.99	133.44
Website		153.00	153.00	104.24
Resources			0.00	502.76
Misc			0.00	156
	789.98	45,012.47	45802.45	
Balance b/f 1.4.2024			20,667.62	7186.43
Surplus receipts/payments			4,894.29	3877
Balance c/f 31.3.2025			25,563.91	3309.43

Accounts

CHILL - Carrickfergus Hub Improving Lives Locally

Detailed Receipts and Payments Account For Period ending 31 March 2024

	Unrestricted Funds	Restricted Funds	£ TOTAL 2023/2024	£ TOTAL 2022/2023
Income				
Greenisland FC	18850.00		18850.00	12520
Halifax Foundation	0.00		0.00	4800
Mid & East Antrim Borough Council	0.00		0.00	0
National Lottery Awards for All Grant		9800.00	9800.00	10000
Arnold Clarke Small Fund		0.00	0.00	0
Donations	11356.28	0.00	11356.28	4228.49
Impact Network		0.00	0.00	0
Amazon Smile/Core	25.21	0.00	25.21	33.61
Charities Trust (Match Funding)	200.00		200.00	250
Electrical Safety Fund		0.00	0.00	5000
	<u>30,431.49</u>	<u>9,800.00</u>	<u>40231.49</u>	<u>36,832.10</u>
Expenditure				
Programme		4,263.30	4263.30	14,942.97
Counselling	0.00	18,400.00	18400.00	1,650.00
Rent		5,416.56	5416.56	4,739.49
Utilities (Heat/Light/Phone/broadband)		2,649.19	2649.19	1,824.92
Training		95.70	95.70	0
Insurance		1,253.10	1253.10	1,184.99
Equipment	0.00		0.00	889.56
Admin/Stationery		988.99	988.99	0
Catering	680.00	0.00	680.00	
Membership Fees (one.com)		133.44	133.44	325
Website		104.24	104.24	104.24
Resources	502.76		502.76	623.08
Misc	156.00		156.00	0
	<u>1,338.76</u>	<u>33,304.52</u>	<u>34643.28</u>	<u>26,875.67</u>
Balance b/f 1.4.2023	7830.24	5435.62	13,265.86	7186.43
Surplus receipts/payments	29092.73	-23504.52	5,588.21	-3877.00
Balance c/f 31.3.2024	36922.97	-18068.90	18,854.07	3309.43

Carrickfergus Hub Improving Lives Locally

Northern Ireland - Charity number 108329

Annual report

Carrickfergus Hub Improving Lives Locally (CHILL)



ANNUAL REPORT APRIL 2023- MARCH 2024

Caretaker's House, Antrim Street, Carrickfergus, BT38 7DG

info@chillonline.org

CHARITY NO: NIC 108329

Committee Members

Stephen Weir Chairperson

Darren Wren Treasurer

Marie Anne Templeman Secretary

Brian Smyth

Bobby Hadden – resigned

Chris Dorrian

Eleanor Ellerslie

Andrea Ellis – resigned

Helen McClean – joined

AIMS AND OBJECTIVES

CHILL aims to improve and promote positive mental health and wellbeing, and to raise awareness of suicide prevention.

Our main objective is to work collaboratively with the local Community & Voluntary Sector organisations to support individuals and their families, including children and young people affected by mental health issues, to raise awareness of suicide prevention and to improve the wellbeing of the community.

ACTIVITIES AND ACHIEVEMENTS

This year was again very challenging, given the ever-increasing pressures put on the Health Service and subsequent impacts on the work we do. Below is a summary of the main activities over the past 12 months.

- We have settled well into our new premises and continue to make best use of this valuable local resource.
- We held an open evening in the Caretaker's House to encourage new volunteers and increase awareness of our organisation.
- CHILL weekly walk has continued to grow this year – we now have two weekly walks with trained volunteer leaders and numbers are steadily increasing. It is a pleasure to see new connections being made.
- A Facebook Group specifically for Weekly Walks and a WhatsApp Group for those not on social media ensures regular updates.
- Monthly CHILL n CHAT evenings continue to be well supported and provide a friendly informal space for anyone wishing to come along. Average numbers are around 10 each month.
- Our monthly Veterans Breakfast continues on the first Sunday of each month with volunteers welcoming and supporting attendees and relevant organisations attending to offer useful resources and support information. This includes SSAFA and Council's Age Friendly Co-ordinator.
- Young Chillerz, a group of young people who will support other young people in their schools and communities looking after their mental health and wellbeing, continues

and has seen our youth help with tidy ups and gardening in their communities whilst gaining useful skills and building their confidence.

- CHILL Menopause café has been offering a safe space for women of all ages to come together to share experiences and an opportunity to chat informally about Menopause, we have approximately 10 women attending per month. Unfortunately in recent months the group has not been meeting and consideration is being given to its viability.
- We previously facilitated weekly sea swims over the warmer months with new members joining. We hope to resurrect our swims again this year.
- CHILL continues to be a centre for student counsellors attending Northern Regional College and Belfast Met to avail of placement and supervised practice in a voluntary capacity
- In 2023/24 period we had 8 volunteer and student counsellors and this continues to grow. Students completed their qualifying hours with CHILL and proceeded to become fully qualified Counsellors and stay on with CHILL.
- We provided approximately 1559 hours of counselling, all free of charge.
Approximately how many sessions?
- CHILL held a joint Health Fair with Greenisland Football Club, hosting support services available for people to link into locally.
- We worked in partnership with Greenisland Football Club to facilitate counselling sessions and have completed mental health programmes throughout the school terms in 2 local schools
- CHILL provided counselling sessions for Greenisland Football Club Cuppa Club – a weekly meet up for older people to increase connections and prevent social isolation.
- CHILL continue to meet with and work with other community, voluntary and statutory organisations to ensure that the health and wellbeing of people living in the local community are addressed.
- CHILL actively participate in Carrick & Greenisland Community Cluster Groups – hosted by Mid and East Antrim Borough Council.
- CHILL continue to post positive support on our Facebook Page and keep the local community up to date with things happening in the Mid and east Antrim Borough Council Area
- Fundraising has been a priority this year to allow our work to continue.

CHARITY NO: NIC 108329

Thank you to all of our funders

- The National Lottery Community Fund
- The Halifax Foundation

Thank you to Mid and East Antrim Borough Council who continue to support the work of CHILL in providing mental, emotional and physical health support in the local community.

Finally thank all those who have continued to support us during the year through their fundraising efforts and donations. We really appreciate your support and involvement this year.

We look forward to continuing to deliver and expand on our core issues this year and are grateful for all the support we receive.

Stephen Weir
Chairperson

24 September 2024

Carrickfergus Hub Improving Lives Locally

Northern Ireland - Charity number 108329

Annual return

Independent examiner's report to the charity trustees of Carrickfergus Hub Improving Lives Locally (CHILL)

I report on the accounts of the [] for the year ended 31 March 2024.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008. It is my responsibility to:

Examine the accounts under section 65 of the Charities Act

Follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act

State whether particular matters have come to my attention.

Basis of examiner's statement

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept as required by section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Name: JANN MCKINNEY

Jann McKinney

Relevant professional qualification if any: ACCOUNTANT

Address: 1 ASHBOURNE MANOR, CARRICKFERGUS

Date: 10-02-2025

Accounts

CHILL - Carrickfergus Hub Improving Lives Locally

Detailed Receipts and Payments Account For Period ending 31 March 2023

	Unrestricted Funds	Restricted Funds	£ TOTAL 2022/2023	£ TOTAL 2021/2022
Income				
Greenisland FC		12520.00	12520.00	
Halifax Foundation		4800.00	4800.00	
Mid & East Antrim Borough Council			0.00	
National Lottery Awards for All Grant		10000.00	10000.00	
Arnold Clarke Small Fund			0.00	1000.00
Donations	4228.49		4228.49	2822.36
Impact Network			0.00	493.58
Amazon Smile	33.61		33.61	
Charities Trust (Match Funding)	250.00		250.00	
Electrical Safety Fund		5,000.00	5000.00	
	4,512.10	32,320.00	36,832.10	4,315.94
Expenditure				
Programme		14,942.97	14,942.97	7,218.86
Counselling	150.00	1,500.00	1,650.00	
Rent		4,739.49	4,739.49	
Utilities (Heat/Light/Phone)		1,824.92	1,824.92	
Training			0.00	0.00
Insurance	1,184.99		1,184.99	872.03
Equipment	889.56		889.56	
Admin/Stationery			0.00	
Catering	591.42			
Membership Fees	325.00		325.00	
Website	104.24		104.24	
Resources	623.08		623.08	50.84
Misc			0.00	
	3,868.29	23,007.38	26,875.67	8,141.73
Balance b/f 1.4.2022	7186.43	-3877.00	3309.43	7186.43
Surplus receipts/payments	643.81	9312.62	9956.43	-3877.00
Balance c/f 31.3.2023	7830.24	5435.62	13265.86	3309.43

CHILL - Carrickfergus Hub Improving Lives Locally
STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2023

FUNDS RECONCILIATION	UNRESTRICTED FUNDS	RESTRICTED FUNDS	ENDOWMENT FUNDS	TOTAL 2023
Cash at Bank and in Hand 1.4.2022	7186.43	-3877.00		3309.43
Surplus/Deficit this year end	643.81	9312.62		9956.43
Cash in bank and in hand 31.3.2023	7830.24	5435.62	0.00	13265.86

Bank and Cash Balances

Bank Account	13265.86
Cash in Hand	0.00
TOTAL	13265.86

Other Assets (Unrestricted Fund)

2 x Laptops	1620.00
1 Computer	650.00
1 Printer	185.00
1 Data Projector	340.00
TOTAL	2455.00

Liabilities (Unrestricted Fund)

TOTAL	15720.86
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Carrickfergus Hub Improving Lives Locally

Northern Ireland - Charity number 108329

Annual report

Carrickfergus Hub Improving Lives Locally (CHILL)



ANNUAL REPORT APRIL 2022- MARCH 2023

Address - Caretaker's House, Antrim Street, Carrickfergus, BT38 7DG

CHARITY NO: NIC 108329

Committee Members

Stephen Weir, Chairperson

Darren Wren, Treasurer

Marie Anne Templeman, Secretary

Brian Smyth

Bobby Hadden

Chris Dorrian

Eleanor Ellerslie – joined 20th October 2022

Andrea Ellis – joined 20th October 2022

Norman Wotherspoon – Resigned 25th May 2022

Carly McNeilly – Resigned 7th July 2022

Stephen McNeilly – Resigned 25th July 2022

Joanne Campbell – Resigned 9th March 2023

AIMS AND OBJECTIVES

CHILL aims to improve and promote positive mental health and wellbeing, and to raise awareness of suicide prevention.

Our main objective is to work collaboratively with the local Community & Voluntary Sector organisations to support individuals and their families, including children and young people affected by mental health issues, to raise awareness of suicide prevention and to improve the wellbeing of the community.

ACTIVITIES AND ACHIEVEMENTS

This year was again very challenging, given the ever-increasing pressures put on the Health Service and this then impacts hugely on the work we do. Below is a summary of the main activities over the past 12 months.

- We were very fortunate to secure our own premises with thanks to Mid and East Antrim Borough Council and National Lottery Awards for All Funding. We officially moved in July 2023
- We held an official open day in October 2022 in the Caretaker's House to celebrate CHILL moving into their new premises.
- CHILL weekly walk continued to grow this year – we saw numbers increasing from 3-4 per week to approximately 25 per week. A Facebook Group specifically for Weekly Walks and a WhatsApp Group for those not on social media was created.
- We hosted the Action Cancer Big Bus at the Open-Door Church Carpark in February 2023 with all 23 Breast Screening and 16 Health Checks fully booked by people living in the local area.
- We started a monthly Veterans Breakfast locally back in September 2022 and this continues on the first Sunday of each month.
- Young Chillerz group was launched in October 2022 – a group of young people who will support other young people in their schools and communities looking after their mental health and wellbeing

- The group hosted a Community Health & Electrical Safety event in February 2023 with approximately 100 people in attendance. We had a number of key organisations attending signposting to their services within the area
- CHILL provided Free PAT Testing to individuals who were unable to attend our Community Health & Electrical Safety event
- CHILL also hosted a number of the funders from Electrical Safety Fund in March 2023 who were very keen to hear CHILL's story and how our funding was used to benefit the local community
- We launched a CHILL Menopause café in January 2023 – offering a safe space for women of all ages to come together to share experiences and an opportunity to chat informally about Menopause, we have approximately 10 women attending per month.
- We facilitated weekly sea swim over the warmer months with new members joining.
- CHILL continues to be a centre for student counsellors attending Northern Regional College.
- In 2022-2023 period we had 8 volunteer and student counsellors and this continues to grow. Students completed their qualifying hours with CHILL and proceeded to become fully qualified Counsellors and stay on with CHILL.
- We provided approximately 1559 hours of counselling, all free of charge. Approximately how many sessions between 1st April – 31st March 2023
- CHILL held a joint Health Fair with Greenisland Football Club, hosting support services available for people to link into locally.
- We worked in partnership with Greenisland Football Club to facilitate counselling sessions and have completed mental health programmes throughout the school terms in 2 local schools
- In February 2023 we hosted the Northern Ireland Mental Health Champion, Siobhan O'Neill to showcase the work of CHILL in the local community and the challenges faced by local grassroots community organisations in supporting people living with or going through mental health crisis.
- CHILL provided counselling sessions for Greenisland Football Club Cuppa Club – a weekly meet up for older people to increase connections and prevent social isolation.
- CHILL continue to meet with and work with other community, voluntary and statutory organisations to ensure that the health and wellbeing of people living in the local community are addressed.

- CHILL actively participate in Carrick & Greenisland Community Cluster Groups – hosted by Mid and East Antrim Borough Council.
- CHILL continue to post positive support on our Facebook Page and keep the local community up to date with things happening in the Mid and east Antrim Borough Council Area

Thank you to all of our funders - The National Lottery Community Fund and Halifax Foundation.

Thank you to Mid and East Antrim Borough Council who continue to support the work of CHILL in providing mental, emotional and physical health support in the local community.

Finally thank all those who have continued to support us during the year through their fundraising efforts and donations. We really appreciate your support and involvement this year.

We look forward to continuing to expand on our work again this incoming year.

Stephen Weir
Chairperson

May 2023

Carrickfergus Hub Improving Lives Locally

Northern Ireland - Charity number 108329

Annual return

**Independent examiner's report to the charity trustees of:
Carrickfergus Hub Improving Lives Locally**

I report on the accounts of the Trust for the year ended 31st March 2023, which are set out on page 2.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008. It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of independent examiner's report

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2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Name: JANN MCKINNEY

Relevant professional qualification or body: ACCOUNTANT

Address: 1 ASHBOURNE MANOR
CARRICKFERGUS
CO ANTRIM
BT38 8PB

Date: 15-01-2024