

Little Forget Me Nots Trust

TRUSTEES' REPORT

for the financial year ended 1 April 2025

The trustees present their Trustees' Report and the unaudited financial statements for the financial year ended 1 April 2025.

The financial statements are prepared in accordance with the Charities Act (Northern Ireland) 2008, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the trustees of Little Forget Me Nots Trust present a summary of its purpose, governance, activities, achievements and finances for the financial year 1 April 2025.

The charity is a registered charity and although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

We aim to provide an open door and opportunities for families either collectively or individually who have needs that have evolved as a result of the death of an infant or pre-teen child in Northern Ireland and in the Republic of Ireland, where applicable. These needs may be emotional, mental or practical and the Trust will use resources to either provide direct access to services/counselling and therapies, including art based therapies or alternatively source and sign post to suitable and appropriate resources and services.

The Trust aims to provide a safe confidential space for family members to share and express their grief and experiences ensuring that appropriate emotional and practical support is at hand. The Trust also provides advocacy services where families and individuals require it, and to help develop policy around improving service provision for the bereaved from infant/pre-teen child loss. The Trust also delivers educational support in schools and organisations to ensure that appropriate support is provided to bereaved families and individuals in community settings.

Objectives

The Trust aims to reach families right across Northern Ireland, supporting, guiding and empowering them through peer crafting sessions, fundraising events and social media.

Structure, Governance and Management

Structure

The organisation is governed by its Trustees. All new Trustees go through an induction and training process and are appointed as and when required and based on their skills and experience. The Trustees do not retire on an annual basis.

The Trustees meet on a regular basis throughout the year to manage and control all aspects of the charity and also conduct regular risk assessments of the various operational risks impacting the charity and its projects at home and abroad.

Review of Activities, Achievements and Performance

Over the past year, The Little Forget Me Nots Trust has grown in reach, capability, and care — building new pathways of support for bereaved families across Northern Ireland.

This year, we:

- Launched our self-referral service, opening a direct and accessible route for parents and families to reach us when they need support most.
- Created our very first children's book, a gentle resource to help support grieving siblings and open conversations within families.
- Delivered our first Just Be Siblings programme — and due to high demand, expanded it into two full programmes, supporting children as they navigate grief alongside their families.
- Hosted 3 in-person Just Be programmes and 5 online Just Be Me programmes, ensuring connection and community were available to parents wherever they are in their grief journey.
- Celebrated our first charity birthday at a special gathering, welcoming 70 bereaved parents to connect, honour their babies, and hear a live podcast forum with shared stories of love, loss, and hope.

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- Took part in the Belfast Marathon, with 10 dedicated volunteers running to raise awareness and funds for baby loss support.
- Launched our Memorial Support Scheme, providing £250 grants to 8 families to assist with memorial costs, helping parents honour their children in meaningful ways.

Every programme, connection, and conversation this year reflects our mission: ensuring no parent faces the heartbreak of baby loss alone. We are deeply grateful to our families, volunteers, partners, and supporters who have stood beside us as we continue building compassionate spaces for grief, remembrance, and hope.

Financial Review

The results for the financial year are set out in the Statement of Financial Activity and Balance Sheet. Income has increased on the previous year to £85,958, while overall expenditure has also increased from to £74,435. This is as a result of additional staffing costs as well as a significantly increased level of programme costs. The Trustees are satisfied with the overall surplus of £11,523 for the year, which mainly consists of funding from UU Future Screens NI received in the current year for costs included in the next financial period..

Results and Dividends

At the end of the financial year the charity has assets of £56,143 (2024 - £43,510) and liabilities of £2,358 (2024 - £1,248). The net assets of the charity have increased by £11,523.

Reserves Position and Policy

As a charity, LFMNT is entirely dependent on fundraising income and grant income. Due to the uncertainty of both of these income streams, it is prudent to aim to hold unrestricted free reserves equivalent to at least six months operating costs together with a contingency for other unexpected costs.

Compliance with Sector-Wide Legislation and Standards

The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Little Forget Me Nots Trust subscribes to and is compliant with the following:

- The Charities SORP (FRS 102)

Public Benefit Statement

In planning and directing the work of the Trust, the trustees have considered and understand both elements of the public benefit requirement i.e. that there are direct benefits which are identifiable and are available to the public or a section of the public.

Ensuring that the emotional needs of the bereaved are met by the services of the Trust directly impacts in a positive way on the mental and physical health and wellbeing of the beneficiaries, therefore also improving family life and relationships. Better community and organisational education and knowledge in how to best support family members who have been bereaved by infant and pre-teen child loss is vital in ensuring that maximum care is taken to not exacerbate the emotional suffering of the bereaved and help them to adapt to the changed circumstances in their everyday settings. Beneficiaries can avail of support/counselling and therapies such as art and craft work in a safe space assisting with grief management and improving their emotional and physical wellbeing. Bereaved families sharing their experiences in a safe space including the unique consequences of losing an infant or pre-teen child helps better equip society and other grieving families to deal with the needs of those suffering. Improved emotional and physical welfare and health of those directly benefitting from the Trust services, allowing the bereaved to adapt and move forward in their grief. Improved and enhanced community education and understanding of the unique needs and suffering of those who have suffered from infant and pre-teen child-loss. Improved service provision by statutory bodies and other agencies for those who have suffered bereavement from the loss of an infant / pre-teen child as a result of advocacy and input from the Trust No harm arising. Bereaved family members who have suffered the loss of an infant/child or pre-teen who are directly affected by grief. Schools and organisations in the community where bereaved family members attend by educating those dealing with the bereaved in how to specifically address the needs of those who have lost an infant/pre-child family member. A sense of improved wellbeing for those working with the Trust many of whom have suffered the loss of an infant or pre-teen child.

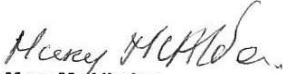
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for the financial year ended 1 April 2025

Approved by the Board of Trustees on 12 November 2025 and signed on its behalf by:



Nuala Toman
Trustee



Mary McAlinden
Trustee

Little Forget Me Nots Trust
STATEMENT OF TRUSTEES' RESPONSIBILITIES
for the financial year ended 1 April 2025

The trustees are responsible for preparing the financial statements in accordance with applicable law and regulations.

The law applicable to charities in Northern Ireland requires the trustees to prepare financial statements for each financial year which give a true and fair view of the assets, liabilities and financial position of the charity as at the financial year end date and of the surplus or deficit of the charity and otherwise comply with the Charities Act (Northern Ireland) 2008.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act (Northern Ireland) 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Trustees on 12 November 2025 and signed on its behalf by:



Nuala Toman
Trustee



Mary McAlinden
Trustee