

Little Forget Me Nots Trust

TRUSTEES' REPORT

for the financial year ended 1 April 2023

The trustees present their Trustees' Report and the unaudited financial statements for the financial year ended 1 April 2023.

The financial statements are prepared in accordance with the Charities Act (Northern Ireland) 2008, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the trustees of Little Forget Me Nots Trust present a summary of its purpose, governance, activities, achievements and finances for the financial year 1 April 2023.

The charity is a registered charity and although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

We aim to provide an open door and opportunities for families either collectively or individually who have needs that have evolved as a result of the death of an infant or pre teen child in Northern Ireland and in the Republic of Ireland, where applicable. These needs may be emotional, mental or practical and the Trust will use resources to either provide direct access to services/counselling and therapies, including art based therapies or alternatively source and sign post to suitable and appropriate resources and services.

The Trust aims to provide a safe confidential space for family members to share and express their grief and experiences ensuring that appropriate emotional and practical support is at hand. The Trust also provides advocacy services where families and individuals require it, and to help develop policy around improving service provision for the bereaved from infant/pre teen child loss. The Trust also delivers educational support in schools and organisations to ensure that appropriate support is provided to bereaved families and individuals in community settings.

Objectives

The Trust aims to reach families right across Northern Ireland, supporting, guiding and empowering them through peer crafting sessions, fundraising events and social media.

Structure, Governance and Management

Structure

The organisation is governed by its Trustees. All new Trustees go through an induction and training process and are appointed as and when required and based on their skills and experience. The Trustees do not retire on an annual basis.

The Trustees meet on a regular basis throughout the year to manage and control all aspects of the charity and also conduct regular risk assessments of the various operational risks impacting the charity and its projects at home and abroad.

Review of Activities, Achievements and Performance

We have undertaken several projects this year as follows.

* Baby Loss Awareness Week Flower Release. 45 flowers were released into the Lagan by parents, siblings and other family members and friends in memory of children who have passed away. This was our first in-person event

* Our Little Remembrance Ride. 15 bikes took part in our tour around Lough Neagh, with over £300 in fundraising collected on the day.

* 'Just Be' Creative Pop-up cafes. 6 crafting sessions located across the region introducing new crafts and a safe space to meet others with similar experiences. Feedback included 'Relaxed atmosphere, made it easier talking to other mums' and 'Thank you for putting these on, they're helping.'

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Financial Review

The results for the financial year are set out on page 9 and additional notes are provided showing income and expenditure in greater detail.

Income

Funding awarded in 2022/23

Comic Relief £3,000 - Project Coordinator Role. Part time project coordinator engaged to work alongside the committee to deliver a range of short term goals, complete funding applications and devise an Action Plan to support how the group plan their future work.

Future Screens Art Work Fund £60,326.16 over three years (£21,918.90 which has been drawn down). Community Connections Officer employed and now 6 months into a 3 year contract.

National Lottery Community Fund - £9,750. Ten bereaved families will receive access to art therapy sessions.

Results and Dividends

At the end of the financial year the charity has assets of £39,631 and liabilities of £951. The net assets of the charity are £38,680

Reserves Position and Policy

As a charity, LFMNT is entirely dependent on fundraising income and grant income. Due to the uncertainty of both of these income streams, it is prudent to hold reserves of £30,000 to fund six months operating costs together with a contingency for other unexpected costs.

This amount shall be built up within the first number of years of the Trust's work and maintained at the agreed level.

The designated reserves shall be noted in the Trust's annual accounts.

Trustees

The trustees who served throughout the year were as follows

Mary McAlinden
Shauna Lyness
Jemma Brannigan

In accordance with the Constitution, the trustees retire by rotation and, being eligible, offer themselves for re-election.

Compliance with Sector-Wide Legislation and Standards

The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Little Forget Me Nots Trust subscribes to and is compliant with the following:

- The Charities SORP (FRS 102)

Public Benefit Statement

In planning and directing the work of the Trust, the trustees have considered and understand both elements of the public benefit requirement i.e. that there are direct benefits which are identifiable and are available to the public or a section of the public.

Examples of how the Trust's activities have furthered public benefit are outlined in the Review of Activities, Achievements and Performance.

Plans for Future Periods

Plans for 2023/24 include ;

100k in 1 day challenge, a fundraising walk.

Our Little Remembrance Ride, the second annual ride taking place in Peatlands Park.

'Just Be' Creative Pop-Up Cafes, we aim to continue to grow these sessions across Northern Ireland with a focus on 'hosted by' sessions led by service users.

Six more families to be supported through art therapy continuing our art therapy programme.

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for the financial year ended 1 April 2023

Approved by the Board of Trustees on 27 October 2023 and signed on its behalf by:

Mary McAlinden
Trustee

Little Forget Me Nots Trust

STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 1 April 2023

The trustees are responsible for preparing the financial statements in accordance with applicable law and regulations.

The law applicable to charities in Northern Ireland requires the trustees to prepare financial statements for each financial year which give a true and fair view of the assets, liabilities and financial position of the charity as at the financial year end date and of the surplus or deficit of the charity and otherwise comply with the Charities Act (Northern Ireland) 2008.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act (Northern Ireland) 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Trustees on 27 October 2023 and signed on its behalf by:

Mary McAlinden
Trustee

Little Forget Me Nots Trust **BALANCE SHEET**

as at 1 April 2023

	Notes	2023 £
Fixed Assets		
Tangible assets	8	1,307
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Current Assets		
Cash at bank and in hand		38,324
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Creditors: Amounts falling due within one year	9	(951)
		<hr/>
Net Current Assets/(Liabilities)		37,373
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Total Assets less Current Liabilities		38,680
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Funds		
Restricted trust funds		17,245
General fund (unrestricted)		21,435
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Total funds	12	38,680
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The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the Board of Trustees and authorised for issue on 27 October 2023 and signed on its behalf by

Mary McAlinden
Trustee