

Changing Lives NI

Northern Ireland · Charity number 108204

Details

Status	Received
Registered	2021-07-09
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	Unit 3-4 Riverside Mall Mill Street Gilford BT63 6hq BT63 6HQ
Phone	07740550154
Email	changinglivesnimh@gmail.com

Activities

Purposes: Raising Awareness & Reducing Stigma We educate communities to break down misconceptions about mental health, encouraging open conversations so no one has to suffer alone. Providing Support Services We provide a hub with face to face support, signposting and counselling, which offers practical help to individuals and families facing mental health difficulties. Advocating for Change We campaign to influence policies and improve mental health services, ensuring that mental health gets the attention and resources it urgently needs. Delivering Education & Training We provide training and workshops to help promote understanding and early intervention to provide them with the skills and knowledge to make informed decisions surrounding mental health. Supporting Research By backing research initiatives, we help improve the knowledge and treatments available for mental health conditions. Empowering Individuals Our aim is to help people build resilience, regain control, and lead fulfilling lives beyond mental health challenges.

What the charity does: The advancement of education, The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Counselling/support, Education/training, General charitable purposes, Relief of poverty

Who the charity helps: Addictions (drug/solvent/alcohol abuse), Children (5-13 year olds), General public, Men, Mental health, Older people, Parents, Women, Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£45,991	£22,511	£0	0

Trustees

Name	Role	Appointed
Mr Jason Mciloon		
Mrs Leeanne Carey		
Mrs Wendy McCartan		

Accounts

Changing Lives NI accounts 24-25 01.04.24 - 31.03.25

	Outgoings	Income
Rent	£ 7,878.00	
Utilities	£ 562.68	
Sky/Mobile	£ 413.00	
Insurance	£ 1,139.02	
Gym	£ 291.90	
Counselling	£ 495.00	
Expenses Setting up the Hub	£ 7,535.44	
Misc items for hub i.e. open day, one off purchases	£ 2,012.12	
Promo items	£ 1,874.69	
Donations/Buckets/Fundraising		£45,216.56
Refunds		£774.60
Maintenance	£ 250.00	
Window Cleaner	£ 60.00	
	£ 22,511.85	£45,991.16

J Laverly
TADA RSN.

Changing Lives NI Outgoing accounts 24-25												
		Payments out										
		Expenses setting up the Hub	Rent	Maintenance for Hub	Utilities	Gym	Mobile/Sky	Window Cleaner	Insurance	Misc	PR Materials	Counselling - Restricted Funds
Date	Additional details of payment out											Total outgoing
02.04.24	McEvoy Embroidery - T-shirt embroidery										£45.00	
02.04.24	Sparks in Colour - sign										£40.00	
02.04.24	Printed T-Shirts for volunteers for big breakfast										£50.00	
02.04.24	Pizza night for young people									£70.00		
16.04.24	Amazon	£39.88										
19.04.24	GiffGaff - mobile phone bill						£6.00					
22.04.24	Gifford Community Centre - set up of new member account					£9.40						
25.04.24	Asda	£23.19										
01.05.24	First monthly DD for membership in Gifford Com Centre					£23.50						
02.04.24	Solicitors Fee for checking lease agreement									£180.00		
10.05.24	Deposit for premises - Riverside Mall		£1,000.00									
13.05.24	First months rent		£628.00									
15.05.24	Cups bought for hub in charity shop - Drop Inn Lurgan	£10.00										
15.05.24	Asda - Purchase of items required for setting up of the hub	£131.30										
15.05.24	Home bargains - Purchases of items required for setting up of the hub	£61.85										
16.05.24	Amazon - items required for setting up of the hub	£136.21										
20.05.24	Sky Internet - postage for router						£5.00					
20.05.24	GiffGaff - mobile phone bill						£6.00					
22.05.24	Debenhams	£456.94										
22.05.24	Ikea	£391.00										
23.05.24	The Range Decorator	£70.68										
23.05.24	Argos	£657.00										
23.05.24	Very - Playstations for hub	£1,026.99										
24.05.24	Shein	£55.02										
24.05.24	Currys online - Fridge Freezer	£229.00										
24.05.24	J McCourt Furniture									£120.00		
24.05.24	Amazon	£91.85										
28.05.24	Harry Corry	£109.00										
28.05.24	Bathroom Centre - Tiles	£100.00										
28.05.24	Painter	£500.00										
28.05.24	Pool table	£500.00										
29.05.24	Greenwood Insurance - Public liability								£254.55			

[illegible]

[illegible]

[illegible]

Slavery
TADA Bn.

Changing Lives NI Incoming accounts 24-25 01.04.24 - 31.03.25

Date	Additional details of payment out	Alternative Heat - Restricted Funds for Counselling	Fundraising/Buc Just Giv breakdown	Lottery Fund - Restricted funds see additional	Refunds Tullyish G.. received	Invoice Payments	Total Income
18.04.24	Big Breakfast & other donations		£1,855.25				
03.04.24	Public Donations			£43.74			
23.04.24	Public Donations			£58.26			
08.05.24	Donations from Boxing club etc		£6,612.26				
17.05.24	Grant			£20,000.00			
05.06.24	Refund from J McCourt Furnishings				£120.00		
29.07.24	Public Donations						
21.08.24	Alternative Heat	240		£33.93	300		
17.09.24	Refund for TV not required						
	Alternative Heat - nominated charity						
23.09.24	payment for counselling	240					
25.09.24	Refund frm Todds Leap - cancelled trip				275		
15.10.24	Darkness into light walk					450	
18.10.24	Chq		£500.00				
18.10.24	Buckets		£305.00				
21.10.24	Alternative Heat	240					
29.10.24	Buckets		209.5				
01.11.24	Karen Kelly		£1,000.00				
21.11.24	Alternative Heat	240					
25.11.25	Chq		£50.00				
02.12.24	Public Donations			9.51			
16.12.24	Public Donations			2017.64			
18.12.24	Buckets			397			
19.12.24	Chq			50			
19.12.24	Alternative Heat	240					
	Public Donations						
07.01.24	Public Donations			134.94			
13.01.24	Public Donations			783.3			
21.01.25	Alternative Heat	240		236.43			
22.01.25	Public Donations						
03.02.25	Public Donations			81.88			
	Public Donations			19.32			
06.02.25	Alternative Heat Invoice Payment for PR Items						79.6

11.02.25 Public Donations
 17.02.25 Public Donations
 21.02.25 Fundraising/Donations
 Alternative Heat
 03.03.25 Public Donations
 05.03.25 Fundraising L. Metcalfe
 21.03.25 Alternative Heat
 25.03.25 Fundraising/Donations
 31.03.25 Public Donations

		326.15			
		249.79			
	240	1464			
			958.08		
	240	808.96			
		4618	23.62		
1920		17869.97	4976.59	20000	695
				450	
					79.6
					45991.2

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 TADA RSN.

Restricted funds - 24-25

Lottery Funding

	Office Supplies	Furnishings	Equipment	Running Costs	Total	Balance
Lottery Funding over 2 years	£1,500.00	£4,000.00	£6,000.00	£8,500.00	£20,000	
1st year - Set up and running costs of hub	£646.95	£3,838.16	£3,672.96	£7,927.32	£16,085.39	£3,914.61

Alternative Heat

Allocated for counselling - Monthly payments started Aug 24 for a year	240 x 8	£1,920.00	
Counselling services paid for outsourced counselling		£495.00	£1,425.00

J. Haverty
TADA BSM
2/10/25

Accounts

Changing Lives NI Bank accounts to up 31/03/2024

Date	Description	Paid in	Paid out
01.04.23	Opening Balance	£2,010.63	
04.04.23	Amazon -		£79.90
24.04.23	Amazon smile	£5.00	
19.05.23	Amazon smile	£13.41	
03.08.23	Payment to Mens Shed		£1,000.00
13.03.24	Direct Fundraising		£50.00
19.03.24	Just Giving	£121.42	
20.03.24	Giff Gaff - Mobile		£6
21.03.24	Tesco Big Breakfast		£127.50
	Total	£2,150.46	£1,263.40
	Balance 28/03/23		£887.06

Changing Lives NI

Northern Ireland - Charity number 108204

Annual report

Charity Annual Report – 4th March 2024

Changing Lives NI had not been active from April 2023, the previous committee due to personal circumstances and lack of interest in helping from other volunteers the charity was on the verge of being dissolved. In February 2024 following the death of a young male in the local area due to death by suicide, a small group of people set up a support group for the friends of the male who had passed away. There was an invite posted on social media advising they would be in the community centre and if anyone needed to get away and the group started from there. The treasurer from the previous committed approached Leeanne who initially set up the drop-in group and asked if they were going to continue with the group would they do it under the charity as that is what it was set up for. After a couple of weeks, the young people kept asking to meet up so it was decided rather than dissolving the charity we would hold the AGM and elect a new committee. The aim was to get the charity off the ground. There was a coffee morning held in April which was very poorly attended.

Treasures report

There was very limited activities in the Charity - Current balance on 04/03/2024 in bank is £949

The balance in bank is what was left from previous years donations and car boot sale

Annual return

Independent examiner's report to the charity trustees of Changing Lives NI

I report on the accounts of the Trust for the year ended 31 March 2024 which are set out on pages 01 to 01.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008. It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Name: Gemma Crawford

Relevant professional qualification or body: Company Accountant

Address: 16 Tullyraine Road, Gilford, BT63 6DY

Date: 31/01/2025

Accounts

Changing Lives NI accounts to up 31/03/2023				
		Paid in	Paid out	
Date	Description			
09/02/2022	Opening Balance	£600.00		
09/05/2022	Amazon Smile	£5.00		
05/01/2023	Mobile Phone Purchase		£99.99	
07/02/2023	Memory pen		£6.39	
16/05/2023	Donation	£152.00		
18/08/2022	Car Boot Sale	£525.00		
20/03/2023	Banner & Roller Banner		£132.00	
30/03/2023	Top Up for phone		£10.00	
31/03/2023	Amazon - Charity donation boxes		£22.99	
31/03/2023	Take 500+ Participatory budget fund - Funding from council for a community outside seated area	£1,000.00		
	Total	£2,282.00	£271.37	
	Balance as of 31/03/2023			£2,010.63

Changing Lives NI

Northern Ireland - Charity number 108204

Annual report

Charity Annual Report

Changing Lives NI become a charity in May 2021, however due to the pandemic and restrictions it was difficult to get up and running. We were however able to help a number of people during the time. We had written to the Mental Health Champion and getting her onboard/writing to potential funders to get funding/publicizing our existence in the press/looking at potential premises/getting counsellors on board.

Holding regular car boot sales which have been well attended and have provided a steady stream of income.

Commenced registering with NICVA to get their help with identifying funding streams.

Setting up of Amazon Smile

Social media presence on Facebook has been set up

Found premises we have room hire that can be used for 1-1 consultations, counselling, group meetings and charity meetings.

Looking forward the charity plan's in the short term – We are seeking additional counsellors to expand the number can be seen, setting up a referral system with GP's for anyone they feel would benefit from the service either in place of or alongside a Social Services Mental Health, fundraising and help as many people as possible.

Treasures report

Current balance in bank is £1282 this is a combination of the following:

Donations £752

Amazon Smile £5

Car boot sales £525

Annual return

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- examine the accounts under section 65 of the Charities Act
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- state whether particular matters have come to my attention.

Basis of independent examiner's report

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My role is to state whether any material matters have come to my attention giving me cause to believe:

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2. That the accounts do not accord with those accounting records
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Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Name: Gemma Crawford

Relevant professional qualification or body: Company Accountant

Address: 16 Tullyraine Road, Gilford, BT63 6DY

Date: 01/03/2024