

Counselling All Nations Services

Northern Ireland · Charity number 108200

Details

Status	Received
Registered	2021-12-09
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	Olive Tree House 23 Fountain Street Belfast Bt1 5ea BT1 5EA
Phone	07783656484
Email	cansinfo@counsellingallnations.org
Website	https://counsellingallnations.org/

Activities

Purposes: The charity's objects ("objects") are specifically restricted to the following: (4.1) To support and promote the mental health and emotional wellbeing of people from the black, Asian, minority ethnic (BAME) communities (hereinafter called the "beneficiaries") resident in Northern Ireland and the Republic of Ireland (hereinafter called the "area of benefit") by delivering culturally appropriate, evidence-based, high quality accessible counselling and psychological therapy, and by any other charitable means as the Directors may determine. (4.2) To educate and train persons in counselling and psychological therapies so that they may treat and relieve persons experiencing or suffering from mental and emotional distress and to raise awareness among the beneficiaries and the public of the activities of the charity.

What the charity does: The advancement of education, The advancement of health or the saving of lives

How the charity works: Counselling/support, Education/training, Medical/health/sickness

Who the charity helps: Asylum seekers/refugees, Ethnic minorities, Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-04	£226,644	£157,173	£0	5

Trustees

Name	Role	Appointed
Angela		
Daniel		
Gift		
Mac		
Nouman		
Pashmina		

Counselling All Nations Services

Northern Ireland - Charity number 108200

Accounts

Company Registration Number: NI679965
Charity Number: 108200

Counselling All Nations Services (CANS)
(A company limited by guarantee, not having a share capital)

Annual Report and Unaudited Financial Statements

for the financial year ended 31 March 2025

McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co Antrim
BT28 1TP

Counselling All Nations Services (CANS)
(A company limited by guarantee, not having a share capital)
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Counselling All Nations Services (CANS)
(A company limited by guarantee, not having a share capital)
TRUSTEES' AND OTHER INFORMATION

Trustees

Dr Linda Mary Agnew
Dr Daniel Gboloo-Teye
Dr Satish Kumar
Mrs Angela Doreen Martin
Mrs Immacula McBride
Mr John Boddu (Resigned 30 April 2025)
Mrs Pashmina Kashif

Company Secretary

Dr Linda Mary Agnew

Charity Number in Northern Ireland

108200

Company Registration Number

NI679965

Registered Office

Olive Tree House
23/29 Fountain Street,
Belfast
Co Antrim
BT1 5EP
Northern Ireland

Independent Examiner

McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co Antrim
BT28 1TP

Counselling All Nations Services (CANS)

(A company limited by guarantee, not having a share capital)

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2025

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 March 2025.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the trustees of Counselling All Nations Services (CANS) present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2025.

The charity is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

Everyone in CANS is committed to our mission "to improve the mental health and quality of life of people from minoritised ethnic groups through talking therapy and other support" (strategic plan 2025-30).

Since our last AGM in November 2024 CANS has continued to grow thanks to our funders and the combined efforts of our staff, the board, and our counsellors. The board wishes to acknowledge the hard work of our staff, sessional staff and volunteers throughout the year.

This year everyone worked hard on our strategic plan 2025-30. We are grateful to Alison Keenan of EOS who led the board, staff, volunteers and partners through a process of deep thinking and analysis over several meetings and a residential stay at Corrymeela. We now have an ambitious and realistic Strategic Plan and with it a detailed Operational Plan to ensure we deliver and develop these essential services. A huge thank you must go to Alison for her expertise and patience and to everyone involved with CANS who gave their time and skills to this process.

Staff

Mr. Lekan Ojo-Okiji Abasi and Ms Jurita Naumane continue as Clinical Coordinator and Assistant Clinical Coordinator/counsellor respectively and are joined by part time administrative assistants Dasha Hanzharova and Victoria Mateova. Supported by Mrs Mac Mc Bride (Board, treasurer) and Mr. Paul Atherton (business and fundraising manager) the staff have worked hard to improve IT and financial office systems, essential as the volume of our work increases and we implement the detailed Operational Plan to ensure we deliver on our 5 year Strategic Plan.

Counsellors and therapists

The majority of our counsellors and therapists are bilingual and are from minority ethnic communities who live in Northern Ireland. We believe that this provides a unique insight into the experience of clients who need our services. They are all trained to work with professional interpreters who are an integral part of our team. Most are trained in EMDR and other psychological therapies e.g CBT. Our counsellors continue to deliver a professional, high quality service for people from the BAME community living in Northern Ireland with care, compassion and professionalism.

Thanks to funding from Children In Need we are delighted that CANS now offers psychological therapies to young people and families, ably led by Mrs Vivian Ogundipe with support from expert members on the Board (Dr Daniel Gboloo-Teye).

We are also indebted to everyone who has supported CANS in a voluntary capacity throughout the year.

Counselling All Nations Services (CANS)

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TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2025

Fundraising and business management

We would like to thank Mr. Paul Atherton for his ongoing support of CANS and his expert advice in the role of fundraiser and business manager.

We now have a range of funding streams (see below and outlined in the accounts) allowing us to provide a more individualised service and to increase our referral pathways partnering with more community and voluntary sector organisations. We are indebted to all our funders and thank them for allowing us to grow and develop our work.

Board

The majority of the Board must come from a minoritised ethnic community.

Board membership: Dr Satish Kumar (Chair); Mrs Mac Mc Bride (Treasurer); Dr Linda Agnew (Secretary); Dr Daniel Gboloo-Teye; Mrs Angela Martin, Mrs Pashmina Kashif.

We are sorry that Dr Satish Kumar who joined the Board in 2018 and served as Chair from 2023 is stepping down as Chair. We congratulate Satish on his appointment as inaugural Dean of Queens University Belfast's new campus in Gujarat International Finance Tec-City (GIFT City), India. We will miss him as he relocates to India.

Dr Linda Agnew stands down from the Board. She joined the Board in 2016 and has served as secretary since 2019.

We are delighted to welcome Dr Gift Sontonye-Frank, Mrs Maira Jahangir and Mr. Nouman Qadir as potential new members of the Board.

- Finance Committee: Mrs Mac Mc Bride, Dr Daniel Gboloo-Teye
- Social Media committee: Mrs Angela Martin, Mrs Pashmina Kashif. Thank you to this committee for our updated and much improved website and social media profile

Dr Daniel Gboloo-Teye provides supervision for the clinical coordinator.

We would like to thank all the Board members for freely giving their time and expertise.

Clinical Work

We are grateful to all our funders whose generosity supports our work:

Belfast Health and Social Care Trust: Tier 2 Talking Therapies £23,000 in this financial year

The National Lottery Community Fund (TNLCF): BAME Counselling Project £284,168 over 3 years from Sep 2022. We are finalising an 'end of grant' report and have made it through to the final stages of a further application for £302,472 over 3 years.

Evaluation for Big Lottery

Thank you to Alison Keenan from EOS who undertook this evaluation:

Summary: "Between September 2021 and March 2024, CANS provided support to 715 individuals. 58% of clients were female and 42% were male. Two thirds of clients were from a Black, Asian or Minority Ethnic background, and many of the remainder although not from a BAME background were not native English speakers. 94% of clients rated the counsellor / therapist's performance as very good or good"

Dormant Account (managed by TNLCF): £21,344 annually (50% of which we have received for this financial year) is for the part time Business Development role and some other costs. The funding runs to September 2025.

Henry Smith Trust: £40,000 over 2 years which pays for the Deputy Clinical Coordinator salary.

Grants: We have received £2,500 from a joint project with MindWise.

Children in Need: In June 2023 the Board, responding to a proposal from the clinical Coordinator and some counsellors agreed that there is recognised need for specialist work with BAME young people and their families. We are delighted that we have been successful in an application to CIN for £43,700 over 3 years for a pilot youth project.

Counselling All Nations Services (CANS)
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TRUSTEES' ANNUAL REPORT
for the financial year ended 31 March 2025

Premises

It was a wrench to move from the premises in the Chinese Welfare Association overlooking the river Lagan. CWA hosted us generously for many years and we are grateful for their support and partnership. Increased office space had become essential as our work increased and we appreciate the space and surroundings in the ArtsEkta Building in Olive Tree House in Belfast. In September everyone was invited to a Celebration Meal in Olive Tree House and we particularly appreciated the wonderful food provided by ArtsEkta Catering.

Financial and IT updates

Recognising the importance of digitalisation, CANS continued to develop our financial, clinical and office management IT systems. We are indebted to the finance committee, accountant, staff and everyone who continues to support these developments.

Thanks to the Social Media Committee who developed and continue to manage our website and social media platforms greatly in the past year.

CANS support for counsellors, staff and Board

The Board would like to pay tribute to the counsellors who work daily with clients.

Sadly, over the summer, racism which is so often unseen erupted into parades and violence which brought racism and Islamophobia into plain sight. This deeply affects the mental well being of our clients, staff, counsellors, interpreters and many Board members and their families.

We remain convinced that CANS provides much needed unique client centred service. Our Board and counsellors see the need for, and the difference CANS can make in their work and in their own communities.

As we look forward, we are excited by our thoughtful and important Strategic Plan. We have worked to build a strong Operational Plan and continue to embed the systems to enable us to grow this very important work.

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Financial Review

The results for the financial year are set out on page 9 and additional notes are provided showing income and expenditure in greater detail.

Financial Results

At the end of the financial year the charity has assets of £184,519 (2024 - £133,973) and liabilities of £27,346 (2024 - £18,436). The net assets of the charity have increased by £41,636.

Approved by the Board of Trustees on 16 December 2025 and signed on its behalf by:



Mrs Angela Doreen Martin
Trustee



Mrs Immacula McBride
Trustee

Counselling All Nations Services (CANS)

(A company limited by guarantee, not having a share capital)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 March 2025

The trustees, who are also directors of Counselling All Nations Services (CANS) for the purposes of company law, are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the trustees as the directors to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the net income or expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.


The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Trustees on 16 December 2025 and signed on its behalf by:



Mrs Angela Doreen Martin
Trustee



Mrs Immacula McBride
Trustee

Counselling All Nations Services (CANS)

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF TRUSTEES OF COUNSELLING ALL NATIONS SERVICES (CANS)

I have examined the financial statements of the charity for the financial year ended 31 March 2025, which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet and the related notes.

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. My work has been undertaken so that I might compile the financial statements that I have been engaged to compile, report to the Board of Trustees that I have done so, and state those matters that I have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for my work, or for this report.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. The charity's trustees consider that an audit is not required for this financial year under Chapter 3 of Part 16 of the Companies Act 2006 and that an independent examination is required.

It is my responsibility to:

- examine the financial statements under section 65 of the Charities Act;
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

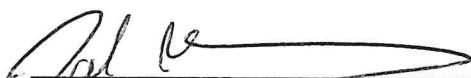
I have examined your charity financial statements as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006
- the financial statements do not accord with those accounting records
- the financial statements have not been prepared in accordance with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



John McCleary FCA
MCCLEARY & COMPANY LTD
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co Antrim
BT28 1TP

Date: 16 December 2025

Counselling All Nations Services (CANS)
(A company limited by guarantee, not having a share capital)
STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an Income and Expenditure Account)
for the financial year ended 31 March 2025

	Notes	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Income							
Donations and legacies	3.1	960	-	960	13,842	-	13,842
Charitable activities							
■ Grants Receivable	3.2	-	225,684	225,684	-	204,300	204,300
Total income		960	225,684	226,644	13,842	204,300	218,142
Expenditure							
Charitable activities	4.1	25,898	159,110	185,008	1,911	197,006	198,917
Net income/(expenditure)		(24,938)	66,574	41,636	11,931	7,294	19,225
Transfers between funds		41,310	(41,310)	-	-	-	-
Net movement in funds for the financial year		16,372	25,264	41,636	11,931	7,294	19,225
Reconciliation of funds:							
Total funds beginning of the year	12	14,893	100,644	115,537	2,962	93,350	96,312
Total funds at the end of the year		31,265	125,908	157,173	14,893	100,644	115,537

The Statement of Financial Activities includes all gains and losses recognised in the financial year. All income and expenditure relate to continuing activities.

Counselling All Nations Services (CANS)

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Company Number: NI679965

BALANCE SHEET

as at 31 March 2025

	Notes	2025 £	2024 £
Fixed Assets			
Tangible assets	8	2,506	-
Current Assets			
Debtors	9	3,054	2,244
Cash at bank and in hand		178,959	131,729
		182,013	133,973
Creditors: Amounts falling due within one year	10	(27,346)	(18,436)
Net Current Assets		154,667	115,537
Total Assets less Current Liabilities		157,173	115,537
Funds			
Restricted trust funds		125,908	100,644
General fund (unrestricted)		31,265	14,893
Total funds	12	157,173	115,537

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.


For the financial year ended 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The trustees confirm that the members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charity.

Approved by the Board of Trustees and authorised for issue on 16 December 2025 and signed on its behalf by


Mrs Angela Doreen Martin
Trustee


Mrs Immacula McBride
Trustee

Counselling All Nations Services (CANS)

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2025

1. GENERAL INFORMATION

Counselling All Nations Services (CANS) is a company limited by guarantee incorporated in Northern Ireland. The registered office of the charity is Olive Tree House, 23/29 Fountain Street,, Belfast, Co Antrim, BT1 5EP, Northern Ireland which is also the principal place of business of the charity. The financial statements have been presented in Pound (£) which is also the functional currency of the charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements of the company, which is a public benefit entity, have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

As permitted by the Companies Act 2006, the charity has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance

The financial statements of the charity for the financial year ended 31 March 2024 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

Cash flow statement

The charity has availed of the exemption in FRS 102 from the requirement to produce a cash flow statement because it is classified as a small charity.

Fund accounting

The following are the categories of funds maintained:

Restricted funds

Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the charity.

Unrestricted funds

Unrestricted funds consist of General and Designated funds.

- General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the charity.
- Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

Income

Income is recognised by inclusion in the Statement of Financial Activities only when the charity is legally entitled to the income, performance conditions attached to the item(s) of income have been met, the amounts involved can be measured with sufficient reliability and it is probable that the income will be received by the charity.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

Counselling All Nations Services (CANS)
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NOTES TO THE FINANCIAL STATEMENTS
 for the financial year ended 31 March 2025

■ Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

■ Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Expenditure

Expenditure is analysed between costs of charitable activities and raising funds. The costs of each activity are separately accumulated and disclosed, and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the charity but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment - 33% Straight line

Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

3. INCOME				
3.1 DONATIONS AND LEGACIES	Unrestricted Funds	Restricted Funds	2025	2024
	£	£	£	£
Donations and legacies	960	-	960	13,842
	<u>960</u>	<u>-</u>	<u>960</u>	<u>13,842</u>
3.2 CHARITABLE ACTIVITIES	Unrestricted Funds	Restricted Funds	2025	2024
	£	£	£	£
Grants from governments and other co-funders:				
Income from charitable activities	-	225,684	225,684	204,300
	<u>-</u>	<u>225,684</u>	<u>225,684</u>	<u>204,300</u>

Counselling All Nations Services (CANS)
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NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2025

4. EXPENDITURE					
4.1 CHARITABLE ACTIVITIES	Direct Costs	Other Costs	Support Costs	2025	2024
	£	£	£	£	£
Expenditure on charitable activities	<u>175,446</u>	<u>-</u>	<u>9,562</u>	<u>185,008</u>	<u>198,917</u>
4.2 SUPPORT COSTS			Charitable Activities	2025	2024
			£	£	£
Accountancy			<u>9,562</u>	<u>9,562</u>	<u>7,150</u>
5. ANALYSIS OF SUPPORT COSTS	Basis of Apportionment		2025	2024	
			£	£	
Accountancy	100%		<u>9,562</u>	<u>7,150</u>	
6. NET INCOME			2025	2024	
			£	£	
Net Income is stated after charging/(crediting):					
Depreciation of tangible assets			<u>1,235</u>	<u>-</u>	
7. EMPLOYEES AND REMUNERATION					
Number of employees			2025	2024	
The average number of persons employed (including executive trustees) during the financial year was as follows:			Number	Number	
Administration			<u>3</u>	<u>5</u>	
The staff costs comprise:			2025	2024	
			£	£	
Wages and salaries			<u>99,221</u>	<u>113,888</u>	
Pension costs			<u>2,179</u>	<u>2,353</u>	
			<u>101,400</u>	<u>116,241</u>	
No employee received emoluments in excess of £60,000.					

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for the financial year ended 31 March 2025

8. TANGIBLE FIXED ASSETS

	Fixtures, fittings and equipment £	Total £
Cost		
Additions	3,741	3,741
At 31 March 2025	<u>3,741</u>	<u>3,741</u>
Depreciation		
Charge for the financial year	1,235	1,235
At 31 March 2025	<u>1,235</u>	<u>1,235</u>
Net book value		
At 31 March 2025	<u><u>2,506</u></u>	<u><u>2,506</u></u>

9. DEBTORS

	2025 £	2024 £
Trade debtors	960	-
Other debtors	400	-
Taxation and social security costs	-	1,263
Prepayments and accrued income	1,694	981
	<u><u>3,054</u></u>	<u><u>2,244</u></u>

10. CREDITORS

Amounts falling due within one year

	2025 £	2024 £
Trade creditors	4,200	426
Taxation and social security costs	3,488	2,123
Other creditors	9,778	9,837
Accruals and deferred income:		
Pension accrual	590	-
Other accruals	9,290	6,050
	<u><u>27,346</u></u>	<u><u>18,436</u></u>

11. RESERVES

	2025 £	2024 £
At the beginning of the year	115,537	96,312
Surplus for the financial year	41,636	19,225
At the end of the year	<u><u>157,173</u></u>	<u><u>115,537</u></u>

Counselling All Nations Services (CANS)
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2025

12. FUNDS**12.1 RECONCILIATION OF MOVEMENT IN FUNDS**

	Unrestricted Funds £	Restricted Funds £	Total Funds £
At 1 April 2023	2,962	93,350	96,312
Movement during the financial year	11,931	7,294	19,225
At 31 March 2024	14,893	100,644	115,537
Movement during the financial year	16,372	25,264	41,636
At 31 March 2025	31,265	125,908	157,173

12.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 April 2024 £	Income £	Expenditure £	Transfers between funds £	Balance 31 March 2025 £
Restricted funds					
National Lottery Community Fund	13,850	96,545	58,774	-	51,621
Belfast Health & Social Care Trust	13,832	23,823	32,125	-	5,530
Small Grants	521	2,500	-	(1,703)	1,318
Communities Foundation NI	-	6,140	5,902	-	238
BCC	-	2,120	-	-	2,120
BBC Children in Need	-	13,900	1,513	-	12,387
Halifax	-	20,000	650	-	19,350
Dormant	11,720	20,656	19,500	-	12,876
Wesleyan Community Foundation	2,383	-	710	-	1,673
Corrymeela	39,607	-	-	(39,607)	-
The Henry Smith Charity	18,731	40,000	39,936	-	18,795
	<u>100,644</u>	<u>225,684</u>	<u>159,110</u>	<u>(41,310)</u>	<u>125,908</u>
Unrestricted funds					
Unrestricted General	14,893	960	25,898	41,310	31,265
Total funds	<u>115,537</u>	<u>226,644</u>	<u>185,008</u>	<u>-</u>	<u>157,173</u>

12.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use £	Current assets £	Current liabilities £	Total £
Restricted trust funds	-	150,906	(24,998)	125,908
Unrestricted general funds	2,506	31,107	(2,348)	31,265
	<u>2,506</u>	<u>182,013</u>	<u>(27,346)</u>	<u>157,173</u>

13. STATUS

The charity is a company limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one financial year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

Counselling All Nations Services (CANS)
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2025

14. TRUSTEES' REMUNERATION

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

15. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

COUNSELLING ALL NATIONS SERVICES (CANS)
(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

Counselling All Nations Services (CANS)

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

Operating Statement

for the financial year ended 31 March 2025

	2025 £	2024 £
Income	226,644	218,142
Expenses		
Wages and salaries	99,221	113,888
Staff defined contribution pension costs	2,179	2,353
Staff training & Welfare	1,653	950
Room hire	5,274	8,686
Insurance	260	458
Light and heat	1,191	599
Repairs and renewals	820	-
Stationery & printing	823	1,256
Telephone	2,358	2,680
Computer accessories & licences etc	4,887	1,313
Travel and Subsistence	1,567	1,864
Professional fees	18,892	50,135
Consultancy fees	31,817	4,901
Accountancy	9,562	7,150
Bank charges	154	221
Sundries	1,328	419
Subscriptions & memberships	1,787	2,044
Depreciation	1,235	-
	185,008	198,917
Net surplus	41,636	19,225

Counselling All Nations Services

Northern Ireland - Charity number 108200

Accounts

Company Registration Number: NI679965
Charity Number: 108200

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)

Annual Report and Unaudited Financial Statements

for the financial year ended 31 March 2024

McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co Antrim
BT28 1TP

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)
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Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

TRUSTEES' AND OTHER INFORMATION

Trustees	Dr Linda Mary Agnew GP Dr Daniel Gboloo-Teye Consultant Dr Satish Kumar Lecturer Mrs Angela Doreen Martin Teacher Mrs Immacula McBride Dr Muhammed Saleem Tareen (Resigned 23 February 2024) Mr John Boddu (Appointed 20 June 2023) Mrs Pashmina Kashif (Appointed 20 June 2023)
Company Secretary	Dr Linda Mary Agnew
Charity Number in Northern Ireland	108200
Company Registration Number	NI679965
Registered Office	Chinese Welfare Association 1 Stranmillis Embankment Belfast Co Antrim BT7 1GB
Independent Examiner	McCleary & Company Ltd Chartered Accountants Garvey Studios 14 Longstone Street Lisburn Co Antrim BT28 1TP

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2024

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 March 2024.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the trustees of Counselling All Nations Service (CANS) present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2024.

The charity is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

Since our last AGM in October 2023 CANS continues to develop apace and the Board wishes to acknowledge the hard work of our staff, sessional staff and volunteers.

We remain true to our mission to improve the mental health and quality of life of people from minority ethnic groups through talking therapies and other support and our vision of a future in a just, supportive and inclusive society, which recognises the importance of mental health. In everything we remember our values of respect, honesty, confidentiality, person centred care, and excellence.

Objectives

Staff

Mr Lekan Ojo-Okiji Abasi and Ms Jurita Naumane continue as Clinical Coordinator and Assistant Clinical Coordinator respectively and are joined by part time administrative assistant Dasha Hanzharova.

Francesca A Dada continues as a salaried part time counsellor supported by sessional counsellors and interpreters.

Counsellors and therapists

Our counsellors and therapists are from BAME communities and are all trained to work with professional interpreters who are an integral part of our team. They are trained in EMDR and other psychological therapies e.g CBT. Our counsellors continue to deliver a professional, high quality service for people from the BAME community living in Northern Ireland with care and compassion.

We are also indebted to everyone who has supported CANS in a voluntary capacity.

Fundraising

We would like to thank Nisha Tandon for her time as fundraiser and business development officer and to welcome back Mr Paul Atherton. Thanks to their expertise CANS is able to expand and reach more clients.

Board

Dr Satish Kumar (Chair); Mrs Mac Mc Bride (Treasurer); Dr Linda Agnew (Secretary); Dr Daniel Gboloo-Teye; Mrs Angela Martin, Mrs Pashmina Kashif,

We were sorry to say goodbye to Mr John Boddu as he relocated outside N Ireland and thank him for his dedication to and enthusiasm for CANS.

- Finance Committee: Mrs Mac McBride, Dr Daniel Gboloo-Teye, Mr John Boddu
- Social Media committee: Mrs Angela Martin, Mrs Pashmina Kashif

Dr Daniel Gboloo-Teye provides supervision for the clinical coordinator.

We would like to thank all the Board members for freely giving their time and expertise.

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2024

Review of Activities, Achievements and Performance Clinical Work

We are grateful to all our funders whose generosity supports our work:

Belfast Health and Social Care Trust: Tier 2 Talking Therapies £36,062.48 in this financial year.

The National Lottery Community Fund (TNLCF): BAME Counselling Project £284,168.00 over 3 years from September 2022 to fund 1 part time Clinical Co-ordinator Salary · 2 part time Counsellor's Salary · 1 part time Book-Keeping & Admin Support salary. We are finalising an 'end of grant' report and have made it through to the final stages of a further application is for £302,472 over 3 years.

Evaluation for Big Lottery

Thank you to Alison Keenan from EOS who undertook this evaluation:

Summary: "Between September 2021 and March 2024, CANS provided support to 715 individuals. 58% clients were female and 45% were male Two thirds of clients were from a Black, Asian or Minority Ethnic background, and many of the remainder although not from a BAME background were not native English speakers. 94% clients rate the counsellor / therapist's performance as very good or good"

Dormant Account (managed by TNLCF): £64,492 annually (50% of which we have received for this financial year) is for the part time Business Development role and some other costs. The funding runs to September 2025.

Henry Smith Trust: £117,500 over 3 years which pays for the Deputy Clinical Coordinator salary.

Grants: We have received £2500 from a joint project with MindWise funded by CFNI and Oak Housing.

Children in Need: In June 2023 the Board, responding to a proposal from the Clinical Coordinator and some counsellors agreed that there is recognised need to for specialist work with BAME young people and their families. We are delighted that we have been successful in an application to CIN for £43,700 over 3 years for a pilot youth project.

Pending Applications

National Lottery Community Fund: as mentioned above. We await a decision in December 2024.

Halifax Foundation: We have applied for £40,000 over two years for core costs and await a decision in December 2024.

Peaceplus: CANS is part of a consortium bidding for Belfast City Council Peace funding. We are applying for £45,000 over three years.

Belfast City Council and Health Trusts application for two smaller grants of £5,000 and await a decision in December 2024.

Past income streams 2023-24

Starling Collective / Corrymeela – Community Foundation NI (CFNI) DoH MH Fund. £44,640.00 December 2021 – April 2024. CANS delivered 480 counselling sessions over 2.5 years with interpreting for 60 people.

CFNI – Wesleyan Assurance Fund: £10,000.00 November 2022 – October 2023 CANS delivered 96 Mental Health Awareness Workshops for new entrants Children and Young People.

Premises

Financial and IT updates

Recognising the importance of digitalisation CANS has almost completed the implementation of financial, clinical and office management IT systems. We believe this is essential to the development of CANS moving forward.

We are indebted to the finance committee, accountant, staff and everyone who continue to support these developments.

Thanks to the Social Media Committee who continue to develop and manage our website and social media platforms.

CANS support for counsellors, staff and Board

The Board would like to pay tribute to the counsellors who work daily with clients.

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2024

Sadly, over the summer, racism which is so often unseen erupted into parades and violence which brought, in particular, racism and Islamophobia into plain sight. This deeply affects the mental well being of our clients, staff, counsellors, interpreters and many Board members and their families.

We remain convinced that CANS provides much needed unique client centred service. Our Board and counsellors see the need for CANS in their work and in their own communities.

As we look forward, we are embedding ongoing changes in structure and technology so we can build on the growth of the past years and continue to develop the work of CANS increasing the depth of psychological therapies we offer and the number of clients we can help.

Financial Review

The results for the financial year are set out on page 9 and additional notes are provided showing income and expenditure in greater detail.

Financial Results

At the end of the financial year the charity has assets of £133,973 (2023 - £123,630) and liabilities of £18,436 (2023 - £27,318). The net assets of the charity have increased by £19,225.

Trustees

The trustees who served throughout the financial year, except as noted, were as follows:

Dr Linda Mary Agnew GP
Dr Daniel Gboloo-Teye Consultant
Dr Satish Kumar Lecturer
Mrs Angela Doreen Martin Teacher
Mrs Immacula McBride
Dr Muhammed Saleem Tareen (Resigned 23 February 2024)
Mr John Boddu (Appointed 20 June 2023)
Mrs Pashmina Kashif (Appointed 20 June 2023)

The secretary who served during the financial year was:

Dr Linda Mary Agnew

Compliance with Sector-Wide Legislation and Standards

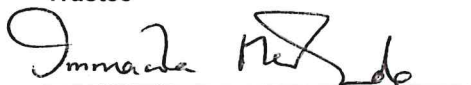
The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Counselling All Nations Service (CANS) subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Approved by the Board of Trustees on 19 November 2024 and signed on its behalf by:



Dr Satish Kumar Lecturer
Trustee



Mrs Immacula McBride
Trustee

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 March 2024

The trustees, who are also directors of Counselling All Nations Service (CANS) for the purposes of company law, are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the trustees as the directors to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the net income or expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Trustees on 19 November 2024 and signed on its behalf by:



Dr Satish Kumar Lecturer
Trustee



Mrs Immacula McBride
Trustee

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF TRUSTEES OF COUNSELLING ALL NATIONS SERVICE (CANS)

I have examined the financial statements of the charity for the financial year ended 31 March 2024, which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet and the related notes.

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. My work has been undertaken so that I might compile the financial statements that I have been engaged to compile, report to the Board of Trustees that I have done so, and state those matters that I have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for my work, or for this report.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. The charity's trustees consider that an audit is not required for this financial year under Chapter 3 of Part 16 of the Companies Act 2006 and that an independent examination is required.

It is my responsibility to:

- examine the financial statements under section 65 of the Charities Act;
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

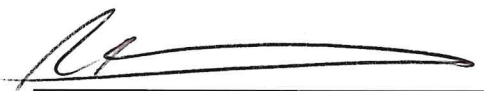
I have examined your charity financial statements as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006
- the financial statements do not accord with those accounting records
- the financial statements have not been prepared in accordance with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



John McCleary FCA
McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co Antrim
BT28 1TP

Date: 19 November 2024

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)
STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an Income and Expenditure Account)
for the financial year ended 31 March 2024

	Notes	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £
Income							
Donations and legacies	3.1	13,842	-	13,842	6,241	180	6,421
Charitable activities							
Grants Receivable	3.2	-	204,300	204,300	-	171,514	171,514
Total income		13,842	204,300	218,142	6,241	171,694	177,935
Expenditure							
Charitable activities	4.1	1,911	197,006	198,917	10,483	190,025	200,508
Net income/(expenditure)		11,931	7,294	19,225	(4,242)	(18,331)	(22,573)
Transfers between funds		-	-	-	-	-	-
Net movement in funds for the financial year		11,931	7,294	19,225	(4,242)	(18,331)	(22,573)
Reconciliation of funds:							
Total funds beginning of the year	10	2,962	93,350	96,312	7,205	111,680	118,885
Total funds at the end of the year		14,893	100,644	115,537	2,963	93,349	96,312

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

Company Number: NI679965

BALANCE SHEET

as at 31 March 2024

		2024	2023
	Notes	£	£
Current Assets			
Debtors	7	2,244	3,983
Cash at bank and in hand		131,729	119,647
		<u>133,973</u>	<u>123,630</u>
Creditors: Amounts falling due within one year	8	<u>(18,436)</u>	<u>(27,318)</u>
Net Current Assets		<u>115,537</u>	<u>96,312</u>
Total Assets less Current Liabilities		<u>115,537</u>	<u>96,312</u>
Funds			
Restricted trust funds		100,644	93,349
General fund (unrestricted)		14,893	2,963
Total funds	10	<u>115,537</u>	<u>96,312</u>

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

For the financial year ended 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

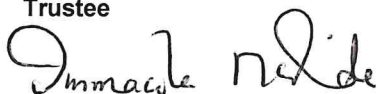
The trustees confirm that the members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charity.

Approved by the Board of Trustees and authorised for issue on 19 November 2024 and signed on its behalf by



Dr Satish Kumar Lecturer
Trustee



Mrs Immacula McBride
Trustee

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2024

1. GENERAL INFORMATION

Counselling All Nations Service (CANS) is a company limited by guarantee incorporated in Northern Ireland. The registered office of the charity is Chinese Welfare Association, 1 Stranmillis Embankment, Belfast, Co Antrim, BT7 1GB which is also the principal place of business of the charity. The financial statements have been presented in Pound (£) which is also the functional currency of the charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

As permitted by the Companies Act 2006, the charity has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance

The financial statements of the charity for the financial year ended 31 March 2024 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

Cash flow statement

The charity has availed of the exemption in FRS 102 from the requirement to produce a cash flow statement because it is classified as a small charity.

Fund accounting

The following are the categories of funds maintained:

Restricted funds

Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the charity.

Unrestricted funds

Unrestricted funds consist of General and Designated funds.

- General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the charity.

- Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

Income

Income is recognised by inclusion in the Statement of Financial Activities only when the charity is legally entitled to the income, performance conditions attached to the item(s) of income have been met, the amounts involved can be measured with sufficient reliability and it is probable that the income will be received by the charity.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2024

Grants from governments and other co-funders typically include one of the following types of conditions:

■ Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

■ Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Expenditure

Expenditure is analysed between costs of charitable activities and raising funds. The costs of each activity are separately accumulated and disclosed, and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the charity but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

3.	INCOME				
3.1	DONATIONS AND LEGACIES		Unrestricted Funds	Restricted Funds	2024
			£	£	2023
					£
	Donations and legacies		13,842	-	13,842
					6,421
3.2	CHARITABLE ACTIVITIES		Unrestricted Funds	Restricted Funds	2024
			£	£	2023
					£
	Grants from governments and other co-funders:				
	Income from charitable activities		-	204,300	204,300
					171,514
4.	EXPENDITURE				
4.1	CHARITABLE ACTIVITIES	Direct Costs	Other Costs	Support Costs	2024
		£	£	£	2023
					£
	Expenditure on charitable activities	191,767	-	7,150	198,917
					200,508

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2024

4.2	SUPPORT COSTS	Charitable Activities £	2024 £	2023 £
	Support	<u>7,150</u>	<u>7,150</u>	<u>2,000</u>
5.	ANALYSIS OF SUPPORT COSTS		2024 £	2023 £
	Support		<u>7,150</u>	<u>2,000</u>
6.	EMPLOYEES AND REMUNERATION			
	Number of employees			
	The average number of persons employed (including executive trustees) during the financial year was as follows:			
			2024 Number	2023 Number
	Administration		<u>5</u>	<u>6</u>
	The staff costs comprise:		2024 £	2023 £
	Wages and salaries		113,888	101,512
	Pension costs		2,353	2,012
			<u>116,241</u>	<u>103,524</u>
7.	DEBTORS		2024 £	2023 £
	Taxation and social security costs		1,263	2,607
	Prepayments and accrued income		981	1,376
			<u>2,244</u>	<u>3,983</u>
8.	CREDITORS		2024 £	2023 £
	Amounts falling due within one year			
	Trade creditors		426	-
	Taxation and social security costs		2,123	1,896
	Other creditors		9,837	12,383
	Accruals and deferred income		6,050	13,039
			<u>18,436</u>	<u>27,318</u>

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2024

9. RESERVES

	2024 £	2023 £
At the beginning of the year	96,312	118,885
Surplus/(Deficit) for the financial year	19,225	(22,573)
At the end of the year	<u>115,537</u>	<u>96,312</u>

10. FUNDS

10.1 RECONCILIATION OF MOVEMENT IN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds £
At 1 April 2022	7,205	111,680	118,885
Movement during the financial year	(4,242)	(18,331)	(22,573)
At 31 March 2023	2,962	93,350	96,312
Movement during the financial year	11,931	7,294	19,225
At 31 March 2024	<u>14,893</u>	<u>100,644</u>	<u>115,537</u>

10.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 April 2023 £	Income £	Expenditure £	Transfers between funds £	Balance 31 March 2024 £
Restricted funds					
National Lottery Community Fund	60,418	59,146	105,714	-	13,850
Belfast Health & Social Care Trust	18,655	35,084	39,907	-	13,832
Small Grants	521	-	-	-	521
Enkalon Foundation	-	1,000	1,000	-	-
Baobab Foundation	575	-	575	-	-
Dormant	1,708	22,262	12,250	-	11,720
HCVS	1,354	-	1,354	-	-
STEP	119	4,750	4,869	-	-
Wesleyan Community Foundation	10,000	-	7,617	-	2,383
Corrymeela	-	45,258	5,651	-	39,607
The Henry Smith Charity	-	36,800	18,069	-	18,731
	<u>93,350</u>	<u>204,300</u>	<u>197,006</u>	<u>-</u>	<u>100,644</u>
Unrestricted funds					
Unrestricted General	2,962	13,842	1,911	-	14,893
Total funds	<u>96,312</u>	<u>218,142</u>	<u>198,917</u>	<u>-</u>	<u>115,537</u>

10.3 ANALYSIS OF NET ASSETS BY FUND

	Current assets £	Current liabilities £	Total £
Restricted trust funds	119,080	(18,436)	100,644
Unrestricted general funds	14,893	-	14,893
	<u>133,973</u>	<u>(18,436)</u>	<u>115,537</u>

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2024

11. STATUS

The charity is a company limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one financial year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

12. TRUSTEES' REMUNERATION

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

13. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

COUNSELLING ALL NATIONS SERVICE (CANS)
(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 MARCH 2024

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

Operating Statement

for the financial year ended 31 March 2024

	2024 £	2023 £
Income	218,142	177,935
Expenses		
Wages and salaries	113,888	101,512
Staff defined contribution pension costs	2,353	2,012
Staff training & Welfare	950	-
Room hire	8,686	12,076
Insurance	458	458
Light and heat	599	53
Repairs and renewals	-	2,083
Stationery & printing	1,256	4,122
Telephone	2,680	2,022
Computer accessories & licences etc	1,313	2,606
Travel and Subsistence	1,864	2,142
Professional fees	50,135	59,300
Consultancy fees	4,901	6,000
Accountancy	7,150	2,000
Bank charges	221	394
Sundries	419	180
Subscriptions & memberships	2,044	3,548
	198,917	200,508
Net surplus/(deficit)	19,225	(22,573)

Counselling All Nations Services

Northern Ireland - Charity number 108200

Annual report



Counselling All Nations Services Annual Report 19th November 2024

Charity no: NIC108200

Company number: NI679965

Address: Chinese Welfare Association,

1 Stranmillis Embankment

Belfast BT7 1GP

Since our last AGM in October 2023 CANS continues to develop apace and the Board wishes to acknowledge the hard work of our staff, sessional staff and volunteers.

We remain true to our mission to improve the mental health and quality of life of people from minority ethnic groups through talking therapies and other support and our vision of a future in a just, supportive and inclusive society, which recognises the importance of mental health. In everything we remember our values of respect, honesty, confidentiality, person centred care, and excellence.

Staff

Mr Lekan Ojo-Okiji Abasi and Ms Jurita Naumane continue as Clinical Coordinator and Assistant Clinical Coordinator respectively and are joined by part time administrative assistants Dasha Hanzharova.

Francesca A Dada continues as a salaried part time counsellor supported by sessional counsellors and interpreters.

Counsellors and therapists

Our counsellors and therapists are from BAME communities and are all trained to work with professional interpreters who are an integral part of our team. They are trained in EMDR and other psychological therapies e.g CBT. Our counsellors continue to deliver a professional, high quality service for people from the BAME community living in Northern Ireland with care and compassion.

We are also indebted to everyone who has supported cans in a voluntary capacity.

Fundraising

We would like to thank Nisha Tandon for her time as fundraiser and business development officer and to welcome back Mr Paul Atherton. Thanks to their expertise CANS is able to expand and reach more clients

Board

Dr Satish Kumar (Chair); Mrs Mac Mc Bride (Treasurer); Dr Linda Agnew (secretary); Dr Daniel Gboloo-Teye; Mrs Angela Martin, Mrs Pashmina Kashif,

We were sorry to say goodbye to Mr John Boddu as he relocated outside N Ireland and thank him for his dedication to and enthusiasm for CANS.

- Finance Committee: Mrs Mac Mc Bride, Dr Daniel Gboloo-Teye, Mr John Boddu
- Social Media committee: Mrs Angela Martin, Mrs Pashmina Kashif

Dr Daniel Gboloo-Teye provides supervision for the clinical coordinator.

We would like to thank all the Board members for freely giving their time and expertise.

Clinical Work

We are grateful to all our funders whose generosity supports our work:

Belfast Health and Social Care Trust: Tier 2 Talking Therapies £23,000 in this financial year

The National Lottery Community Fund (TNLCF): BAME Counselling Project £284,168.00 over 3 years from Sep 2022 to fund 1 part time Clinical Co-ordinator Salary · 2 part time Counsellors Salary · 1 parttime Book-Keeping & Admin Support salary. We are finalising an 'end of grant' report and have made it through to the final stages of a further application is for £302,472 over 3 years.

Evaluation for Big Lottery

Thank you to Alison Keenan from EOS who undertook this evaluation:

Summary: "Between September 2021 and March 2024, CANS provided support to 715 individuals. 58% clients were female and 45% were male Two thirds of clients were from a Black, Asian or Minority Ethnic background, and many of the remainder although not from a BAME background were not native English speakers. 94% clients rate the counsellor / therapist's performance as very good or good"

Dormant Account (managed by TNLCF): £21,344 annually (50% of which we have received for this financial year) is for the part time Business Development role and some other costs. The funding runs to September 2025.

Henry Smith Trust: £40,000 over 2 years which pays for the Deputy Clinical Coordinator salary.

Grants: We have received £2500 from a joint project with Mindwise.

Children in Need: In June 2023 the Board, responding to a proposal from the clinical Coordinator and some counsellors agreed that there is recognised need to for specialist work with BAME young

people and their families. We are delighted that we have been successful in an application to CIN for £43,700 over 3 years for a pilot youth project.

Pending Applications

National Lottery Community Fund: as mentioned above. We await a decision in Dec 24

Halifax Foundation: We have applied for £40,000 over two years for core costs and await a decision in Dec 24.

Peaceplus: CANS is part of a consortium bidding for Belfast City Council Peace funding. We are applying for £45,000 over three years.

Belfast City Council and Health Trusts application for two smaller grants of £5,000 and await a decision in Dec 24.

Past income streams 2023-24

Starling Collective / Corrymeela – Community Foundation NI (CFNI) DoH MH Fund. £44,640.00 Dec 2021 – Apr 2024. CANS delivered 480 counselling sessions over 2.5 years with interpreting for 60 people

CFNi – Wesleyan Assurance Fund: £10,000.00 Nov 2022 – Oct 2023 CANS delivered 96 Mental Health Awareness Workshops for new entrants Children and Young People

Premises

Financial and IT updates

Recognising the importance of digitalisation CANS has almost completed the implementation of financial, clinical and office management IT systems. We believe this is essential to the development of CANS moving forward.

We are indebted to the finance committee, accountant, staff and everyone who continue to support these developments.

Thanks to the Social Media Committee who continue to develop and manage our website and social media platforms.

Events

In September 2024 in partnership with Belfast City council Health Development Unit CANS hosted the conference **Ethnic Minorities and Mental Health: Breaking Down the Barriers**. Expert academic speakers highlighted the mental health needs in N Ireland, evidence of effective interventions globally, and local research on clients from BAME communities experience of counselling services. This builds on the existing evidence for the benefits of a specialist service for people from BAME Communities. The PSNI speakers highlighted local data and ongoing challenges with regards to

policing hate crime and there was wide ranging facilitated conversations among the 100 plus attendees.

Residential in Corrymeela in October 2024 for Board members, staff, sessional counsellors and interpreters. This continued work on our strategic plan for the next phase of CANS. We would like to thank Alison Keenon from EOS who facilitated these sessions in such a deep and engaging manner which ensures that the voices of everyone involved in CANS are heard. This residential time together allowed all of us to meet those we did not know and build on existing relationships as we discussed, learned, walked and relaxed together.

CANS support for counsellors, staff and Board

The Board would like to pay tribute to the counsellors who work daily with clients.

Sadly, over the summer, racism which is so often unseen erupted into parades and violence which brought, in particular, racism and Islamophobia into plain sight. This deeply affects the mental well being of our clients, staff, counsellors, interpreters and many Board members and their families.

We remain convinced that CANS provides much needed unique client centred service. Our Board and counsellors see the need for CANS in their work and in their own communities.

As we look forward, we are embedding ongoing changes in structure and technology so we can build on the growth of the past years and continue to develop the work of CANS increasing the depth of psychological therapies we offer and the number of clients we can help.

Dr Satish Kumar (Chair) and Dr Linda Agnew (Secretary)

to the Board of Counselling All Nations Services

Counselling All Nations Services

Northern Ireland - Charity number 108200

Annual return

Company Registration Number: NI679965
Charity Number: 108200

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)

Annual Report and Unaudited Financial Statements

for the financial year ended 31 March 2024

McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co Antrim
BT28 1TP

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)
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Supplementary Information relating to the Financial Statements	17

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

TRUSTEES' AND OTHER INFORMATION

Trustees

Dr Linda Mary Agnew GP
Dr Daniel Gboloo-Teye Consultant
Dr Satish Kumar Lecturer
Mrs Angela Doreen Martin Teacher
Mrs Immacula McBride
Dr Muhammed Saleem Tareen (Resigned 23 February 2024)
Mr John Boddu (Appointed 20 June 2023)
Mrs Pashmina Kashif (Appointed 20 June 2023)

Company Secretary

Dr Linda Mary Agnew

Charity Number in Northern Ireland

108200

Company Registration Number

NI679965

Registered Office

Chinese Welfare Association
1 Stranmillis Embankment
Belfast
Co Antrim
BT7 1GB

Independent Examiner

McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co Antrim
BT28 1TP

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2024

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 March 2024.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the trustees of Counselling All Nations Service (CANS) present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2024.

The charity is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

Since our last AGM in October 2023 CANS continues to develop apace and the Board wishes to acknowledge the hard work of our staff, sessional staff and volunteers.

We remain true to our mission to improve the mental health and quality of life of people from minority ethnic groups through talking therapies and other support and our vision of a future in a just, supportive and inclusive society, which recognises the importance of mental health. In everything we remember our values of respect, honesty, confidentiality, person centred care, and excellence.

Objectives

Staff

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- Social Media committee: Mrs Angela Martin, Mrs Pashmina Kashif

Dr Daniel Gboloo-Teye provides supervision for the clinical coordinator.

We would like to thank all the Board members for freely giving their time and expertise.

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2024

Review of Activities, Achievements and Performance Clinical Work

We are grateful to all our funders whose generosity supports our work:

Belfast Health and Social Care Trust: Tier 2 Talking Therapies £36,062.48 in this financial year.

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TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2024

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As we look forward, we are embedding ongoing changes in structure and technology so we can build on the growth of the past years and continue to develop the work of CANS increasing the depth of psychological therapies we offer and the number of clients we can help.

Financial Review

The results for the financial year are set out on page 9 and additional notes are provided showing income and expenditure in greater detail.

Financial Results

At the end of the financial year the charity has assets of £133,973 (2023 - £123,630) and liabilities of £18,436 (2023 - £27,318). The net assets of the charity have increased by £19,225.

Trustees

The trustees who served throughout the financial year, except as noted, were as follows:

Dr Linda Mary Agnew GP
Dr Daniel Gboloo-Teye Consultant
Dr Satish Kumar Lecturer
Mrs Angela Doreen Martin Teacher
Mrs Immacula McBride
Dr Muhammed Saleem Tareen (Resigned 23 February 2024)
Mr John Boddu (Appointed 20 June 2023)
Mrs Pashmina Kashif (Appointed 20 June 2023)

The secretary who served during the financial year was:

Dr Linda Mary Agnew

Compliance with Sector-Wide Legislation and Standards

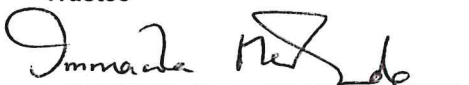
The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Counselling All Nations Service (CANS) subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Approved by the Board of Trustees on 19 November 2024 and signed on its behalf by:



Dr Satish Kumar Lecturer
Trustee



Mrs Immacula McBride
Trustee

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 March 2024

The trustees, who are also directors of Counselling All Nations Service (CANS) for the purposes of company law, are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the trustees as the directors to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the net income or expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Trustees on 19 November 2024 and signed on its behalf by:



Dr Satish Kumar Lecturer
Trustee



Mrs Immacula McBride
Trustee

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF TRUSTEES OF COUNSELLING ALL NATIONS SERVICE (CANS)

I have examined the financial statements of the charity for the financial year ended 31 March 2024, which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet and the related notes.

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. My work has been undertaken so that I might compile the financial statements that I have been engaged to compile, report to the Board of Trustees that I have done so, and state those matters that I have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for my work, or for this report.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. The charity's trustees consider that an audit is not required for this financial year under Chapter 3 of Part 16 of the Companies Act 2006 and that an independent examination is required.

It is my responsibility to:

- examine the financial statements under section 65 of the Charities Act;
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

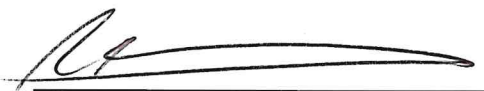
I have examined your charity financial statements as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006
- the financial statements do not accord with those accounting records
- the financial statements have not been prepared in accordance with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



John McCleary FCA
McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co Antrim
BT28 1TP

Date: 19 November 2024

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)
STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an Income and Expenditure Account)
for the financial year ended 31 March 2024

	Notes	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £
Income							
Donations and legacies	3.1	13,842	-	13,842	6,241	180	6,421
Charitable activities							
Grants Receivable	3.2	-	204,300	204,300	-	171,514	171,514
Total income		13,842	204,300	218,142	6,241	171,694	177,935
Expenditure							
Charitable activities	4.1	1,911	197,006	198,917	10,483	190,025	200,508
Net income/(expenditure)		11,931	7,294	19,225	(4,242)	(18,331)	(22,573)
Transfers between funds		-	-	-	-	-	-
Net movement in funds for the financial year		11,931	7,294	19,225	(4,242)	(18,331)	(22,573)
Reconciliation of funds:							
Total funds beginning of the year	10	2,962	93,350	96,312	7,205	111,680	118,885
Total funds at the end of the year		14,893	100,644	115,537	2,963	93,349	96,312

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

Company Number: NI679965

BALANCE SHEET

as at 31 March 2024

		2024	2023
	Notes	£	£
Current Assets			
Debtors	7	2,244	3,983
Cash at bank and in hand		131,729	119,647
		<u>133,973</u>	<u>123,630</u>
Creditors: Amounts falling due within one year	8	<u>(18,436)</u>	<u>(27,318)</u>
Net Current Assets		<u>115,537</u>	<u>96,312</u>
Total Assets less Current Liabilities		<u>115,537</u>	<u>96,312</u>
Funds			
Restricted trust funds		100,644	93,349
General fund (unrestricted)		14,893	2,963
Total funds	10	<u>115,537</u>	<u>96,312</u>

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

For the financial year ended 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

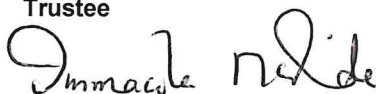
The trustees confirm that the members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charity.

Approved by the Board of Trustees and authorised for issue on 19 November 2024 and signed on its behalf by



Dr Satish Kumar Lecturer
Trustee



Mrs Immacula McBride
Trustee

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2024

1. GENERAL INFORMATION

Counselling All Nations Service (CANS) is a company limited by guarantee incorporated in Northern Ireland. The registered office of the charity is Chinese Welfare Association, 1 Stranmillis Embankment, Belfast, Co Antrim, BT7 1GB which is also the principal place of business of the charity. The financial statements have been presented in Pound (£) which is also the functional currency of the charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

As permitted by the Companies Act 2006, the charity has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance

The financial statements of the charity for the financial year ended 31 March 2024 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

Cash flow statement

The charity has availed of the exemption in FRS 102 from the requirement to produce a cash flow statement because it is classified as a small charity.

Fund accounting

The following are the categories of funds maintained:

Restricted funds

Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the charity.

Unrestricted funds

Unrestricted funds consist of General and Designated funds.

■ General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the charity.

■ Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

Income

Income is recognised by inclusion in the Statement of Financial Activities only when the charity is legally entitled to the income, performance conditions attached to the item(s) of income have been met, the amounts involved can be measured with sufficient reliability and it is probable that the income will be received by the charity.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2024

Grants from governments and other co-funders typically include one of the following types of conditions:

■ Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

■ Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Expenditure

Expenditure is analysed between costs of charitable activities and raising funds. The costs of each activity are separately accumulated and disclosed, and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the charity but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

3.	INCOME				
3.1	DONATIONS AND LEGACIES		Unrestricted Funds	Restricted Funds	2024
			£	£	2023
					£
	Donations and legacies		13,842	-	13,842
					6,421
3.2	CHARITABLE ACTIVITIES		Unrestricted Funds	Restricted Funds	2024
			£	£	2023
					£
	Grants from governments and other co-funders:				
	Income from charitable activities		-	204,300	204,300
					171,514
4.	EXPENDITURE				
4.1	CHARITABLE ACTIVITIES		Direct Costs	Other Costs	Support Costs
			£	£	£
					2024
					2023
					£
	Expenditure on charitable activities		191,767	-	7,150
					198,917
					200,508

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2024

4.2	SUPPORT COSTS	Charitable Activities £	2024 £	2023 £
	Support	<u>7,150</u>	<u>7,150</u>	<u>2,000</u>
5.	ANALYSIS OF SUPPORT COSTS		2024 £	2023 £
	Support		<u>7,150</u>	<u>2,000</u>
6.	EMPLOYEES AND REMUNERATION			
	Number of employees			
	The average number of persons employed (including executive trustees) during the financial year was as follows:			
			2024 Number	2023 Number
	Administration		<u>5</u>	<u>6</u>
	The staff costs comprise:		2024 £	2023 £
	Wages and salaries		113,888	101,512
	Pension costs		2,353	2,012
			<u>116,241</u>	<u>103,524</u>
7.	DEBTORS		2024 £	2023 £
	Taxation and social security costs		1,263	2,607
	Prepayments and accrued income		981	1,376
			<u>2,244</u>	<u>3,983</u>
8.	CREDITORS		2024 £	2023 £
	Amounts falling due within one year			
	Trade creditors		426	-
	Taxation and social security costs		2,123	1,896
	Other creditors		9,837	12,383
	Accruals and deferred income		6,050	13,039
			<u>18,436</u>	<u>27,318</u>

Counselling All Nations Service (CANS)
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2024

9. RESERVES

	2024 £	2023 £
At the beginning of the year	96,312	118,885
Surplus/(Deficit) for the financial year	19,225	(22,573)
At the end of the year	<u>115,537</u>	<u>96,312</u>

10. FUNDS

10.1 RECONCILIATION OF MOVEMENT IN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds £
At 1 April 2022	7,205	111,680	118,885
Movement during the financial year	(4,242)	(18,331)	(22,573)
At 31 March 2023	2,962	93,350	96,312
Movement during the financial year	11,931	7,294	19,225
At 31 March 2024	<u>14,893</u>	<u>100,644</u>	<u>115,537</u>

10.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 April 2023 £	Income £	Expenditure £	Transfers between funds £	Balance 31 March 2024 £
Restricted funds					
National Lottery Community Fund	60,418	59,146	105,714	-	13,850
Belfast Health & Social Care Trust	18,655	35,084	39,907	-	13,832
Small Grants	521	-	-	-	521
Enkalon Foundation	-	1,000	1,000	-	-
Baobab Foundation	575	-	575	-	-
Dormant	1,708	22,262	12,250	-	11,720
HCVS	1,354	-	1,354	-	-
STEP	119	4,750	4,869	-	-
Wesleyan Community Foundation	10,000	-	7,617	-	2,383
Corrymeela	-	45,258	5,651	-	39,607
The Henry Smith Charity	-	36,800	18,069	-	18,731
	<u>93,350</u>	<u>204,300</u>	<u>197,006</u>	<u>-</u>	<u>100,644</u>
Unrestricted funds					
Unrestricted General	2,962	13,842	1,911	-	14,893
Total funds	<u>96,312</u>	<u>218,142</u>	<u>198,917</u>	<u>-</u>	<u>115,537</u>

10.3 ANALYSIS OF NET ASSETS BY FUND

	Current assets £	Current liabilities £	Total £
Restricted trust funds	119,080	(18,436)	100,644
Unrestricted general funds	14,893	-	14,893
	<u>133,973</u>	<u>(18,436)</u>	<u>115,537</u>

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2024

11. STATUS

The charity is a company limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one financial year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

12. TRUSTEES' REMUNERATION

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

13. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

COUNSELLING ALL NATIONS SERVICE (CANS)
(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 MARCH 2024

Counselling All Nations Service (CANS)

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

Operating Statement

for the financial year ended 31 March 2024

	2024 £	2023 £
Income	218,142	177,935
Expenses		
Wages and salaries	113,888	101,512
Staff defined contribution pension costs	2,353	2,012
Staff training & Welfare	950	-
Room hire	8,686	12,076
Insurance	458	458
Light and heat	599	53
Repairs and renewals	-	2,083
Stationery & printing	1,256	4,122
Telephone	2,680	2,022
Computer accessories & licences etc	1,313	2,606
Travel and Subsistence	1,864	2,142
Professional fees	50,135	59,300
Consultancy fees	4,901	6,000
Accountancy	7,150	2,000
Bank charges	221	394
Sundries	419	180
Subscriptions & memberships	2,044	3,548
	198,917	200,508
Net surplus/(deficit)	19,225	(22,573)

Counselling All Nations Services

Northern Ireland - Charity number 108200

Accounts

REGISTERED COMPANY NUMBER: NI679965 (Northern Ireland)
REGISTERED CHARITY NUMBER: 108200

**Report of the Trustees and
Financial Statements
for the Year Ended 31 March 2023
for
Counselling All Nations Service (CANS)**

McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co. Antrim
BT28 1TP

Counselling All Nations Service (CANS)

Contents of the Financial Statements for the Year Ended 31 March 2023

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Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7 to 8
Notes to the Financial Statements	9 to 13
Detailed Statement of Financial Activities	14

Counselling All Nations Service (CANS)

Report of the Trustees for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Since our relatively recent last AGM in April 2023 CANS continues to develop apace and the Board wishes to acknowledge the hard work of our staff, sessional staff and volunteers as we continue this period of growth and development.

OBJECTIVES AND ACTIVITIES

Objectives and aims

We remain true to our mission to improve the mental health and quality of life of people from minority ethnic groups through talking therapies and other support and our vision of a future in a just, supportive and inclusive society, which recognises the importance of mental health. In everything we remember our values of respect, honesty, confidentiality, person centred care, and excellence.

Staff

Mr Lekan Ojo-Okiji Abasi and Ms Jurita Naumane continue as Clinical Coordinator and Assistant Clinical Coordinator respectively and are joined by part time administrative assistants Maryam Naz and Joy Wangui Kirii.

Francesca A Dada and Tin Wai Chan are salaried part time counsellors. Our other counsellors and interpreters are sessional.

This dedicated team work with the Board, in particular as new IT, HR and financial systems are planned and implemented. The Finance Committee under the leadership of Treasurer Mrs Mac McBride ensure good governance as we prepare systems and train staff in their use.

Counsellors and therapists

Our counsellors are from BAME communities and representing at least 9 languages. They are all trained to work with professional interpreters and are trained in EMDR and other psychological therapies e.g CBT. They continue to deliver a professional, high quality service for people from the BAME community living in Northern Ireland with care and compassion. We would also like to acknowledge the professionalism and support of our professional interpreters without whom we could not do our work.

We are also indebted to everyone who has supported CANS in a voluntary capacity.

Fundraising

After several years of service as CANS fundraiser we were sad to say goodbye to Mr Paul Atherton and we thank him for his dedicated support and advice in raising funds, ensuring good governance and in the development of CANS.

We were delighted to appoint Nisha Tandon OBE as fundraiser in May 2023. Nisha was warmly welcomed by Board and staff and brings experience and enthusiasm to the post.

Counselling All Nations Service (CANS)

Report of the Trustees for the Year Ended 31 March 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Clinical Work

In June 2023 the Board, responding to a proposal from the clinical Coordinator and some counsellors agreed that there is a recognised need for specialist 1 to 1 work with BAME young people. The Board agreed that the clinical coordinator present a business plan to develop this work.

We are grateful to all our funders whose generosity supports our work:

Belfast Health and Social Care Trust: Tier 2 Talking Therapies

The National Lottery Community Fund (TNLCF): BAME Counselling Project £284,168.00 3 years funding from Sep 2022: 1 part time Clinical Co-ordinator Salary · 2 part time Counsellors Salary · 1 parttime Book-Keeping & Admin Support salary.

Dormant Account (managed by TNLCF): Making CANS Fit for the future - Business Development & Income Generation Worker £11,590.00 Nov 2022 - Apr 2024 · 1 part time Business Development Income Generation Worker / Fundraising Consultant.

Starling Collective / Corrymeela - Community Foundation NI (CFNI) DoH MH Fund Delivery of counselling sessions over 2.5 years with interpreting for 60 people receiving 8 sessions £44,640.00 Dec 2021 - Apr 2024 · 480 sessions delivered to 60 people over 2.5 years.

Public Health Agency SHSCT / STEP BAME Counselling Project £4,750.00 Dec 2022 - Mar 2023.

CFNi - Comic Relief Empowering Change Programme: Client Paperwork Translation £1,000.00 Jan - Apr 2023 · Selected client paperwork.

CFNi - Wesleyan Assurance Fund: owards Mental Health Awareness Workshops for new entrants Children and Young People £10,000.00 Nov 2022 - Oct 2023 · 96 sessions of MHA workshop.

Premises

We are delighted that in addition to our office space in the Chinese Welfare Association and E Belfast we have also acquired office space in North Belfast.

We would also like to express our thanks to PWC for donating much needed office space for counselling in the centre of Belfast and to West Belfast Whiterock Children's Centre who continue to provide counselling space.

We continue to try to respond to the accessibility needs of clients who may have difficulty due to location, work commitments and child care.

FINANCIAL REVIEW

Financial and IT updates

Continuing our commitment to good governance and adapting to our increasing work, management IT system development is ongoing.

New updated clinical systems are installed and active. This will ensure rapid accurate data capture in real time as we go forward.

The Treasurer and the finance committee continue to work with our Accountant with the installation of a new financial recording and reporting system.

We are indebted to the finance committee, accountant, staff and everyone who continues to support these developments.

Counselling All Nations Service (CANS)

Report of the Trustees for the Year Ended 31 March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI679965 (Northern Ireland)

Registered Charity number

108200

Registered office

Chinese Welfare Association
1 Stranmillis Embankment
Belfast
Co. Antrim
BT7 1GB

Trustees

Dr Linda Mary Agnew GP
Dr Daniel Gboloo-Teye Consultant
Dr Satish Kumar Lecturer
Mrs Angela Doreen Martin Teacher
Mrs Immacula McBride Director
Dr Muhammad Saleem Tareen
Zaheer Khan Baloch Management Consultant (resigned 30.6.22)

The following committees were convened by the board in Feb 2022:

- o Finance Committee: Mrs Mac Mc Bride, Dr Daniel Gboloo-Teye, Mr John Boddu
- o Social Media committee: Mrs Angela Martin, Mrs Pashmina Kashif

Dr Daniel Gboloo-Teye provides supervision for the clinical coordinator.

We would like to thank all the Board members for freely giving their time and expertise.

Company Secretary

Dr Linda Mary Agnew

Independent Examiner

John McCleary FCA
McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co. Antrim
BT28 1TP

Counselling All Nations Service (CANS)

**Report of the Trustees
for the Year Ended 31 March 2023**

CANS SUPPORT FOR COUNSELLORS, STAFF AND BOARD

The Board would like to pay tribute to the counsellors who work daily with clients. We plan a 2nd residential in Corrymeela for everyone involved with Counselling All Nations in January 2024. We believe that it is important that everyone involved in CANS has the opportunity to meet, relax, listen and learn from each other.

We remain convinced that CANS provides much needed unique client centred service. Our Board and counsellors see the need for CANS in their work and in their own communities. Hearing Our Needs has confirmed these observations.

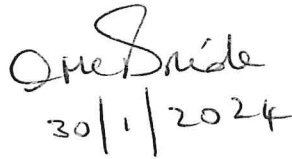
As we look forward, we are embedding ongoing changes in structure and technology so we can build on the growth of the past years and continue to develop the work of CANS.

Approved by order of the board of trustees on 25 January 2024 and signed on its behalf by:



Dr Satish Kumar - Trustee

29/1/2024



30/1/2024

**Independent Examiner's Report to the Trustees of
Counselling All Nations Service (CANS)**

I report on the accounts of the company for the year ended 31 March 2023, which are set out on pages six to thirteen.

Respective responsibilities of charity trustees and examiner

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

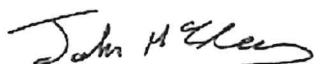
I have examined your charity accounts as required under Section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with Section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



John McCleary FCA

McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co. Antrim
BT28 1TP

25 January 2024

Counselling All Nations Service (CANS)

**Statement of Financial Activities
for the Year Ended 31 March 2023**

	Notes	Unrestricted fund £	Restricted funds £	Year Ended 31.3.23 Total funds £	Period 11.6.21 to 31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		6,240	181	6,421	82,449
Charitable activities					
Grants Receivable		-	171,514	171,514	176,365
Total		6,240	171,695	177,935	258,814
EXPENDITURE ON					
Charitable activities					
Direct Costs		10,483	188,025	198,508	138,329
Support costs		-	2,000	2,000	1,600
Total		10,483	190,025	200,508	139,929
NET INCOME/(EXPENDITURE)		(4,243)	(18,330)	(22,573)	118,885
RECONCILIATION OF FUNDS					
Total funds brought forward		7,205	111,680	118,885	-
TOTAL FUNDS CARRIED FORWARD		2,962	93,350	96,312	118,885

The notes form part of these financial statements

Counselling All Nations Service (CANS)

**Balance Sheet
31 March 2023**

	Notes	Unrestricted fund £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
CURRENT ASSETS					
Debtors	4	1,377	2,606	3,983	2,837
Cash at bank		1,585	118,062	119,647	129,646
		2,962	120,668	123,630	132,483
CREDITORS					
Amounts falling due within one year	5	-	(27,318)	(27,318)	(13,598)
		2,962	93,350	96,312	118,885
NET CURRENT ASSETS					
		2,962	93,350	96,312	118,885
TOTAL ASSETS LESS CURRENT LIABILITIES					
		2,962	93,350	96,312	118,885
NET ASSETS					
		2,962	93,350	96,312	118,885
FUNDS					
	6			2,962	7,205
Unrestricted funds				93,350	111,680
Restricted funds				96,312	118,885
TOTAL FUNDS					
				96,312	118,885

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Counselling All Nations Service (CANS)

**Balance Sheet - continued
31 March 2023**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 January 2024 and were signed on its behalf by:



Mrs Immacula McBride - Trustee

30/1/2024

Counselling All Nations Service (CANS)

Notes to the Financial Statements for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Counselling All Nations Service (CANS)

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the period ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the period ended 31 March 2022.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	7,205	75,244	82,449
Charitable activities			
Grants Receivable	-	176,365	176,365
Total	7,205	251,609	258,814
EXPENDITURE ON			
Charitable activities			
Direct Costs	-	138,329	138,329
Support costs	-	1,600	1,600
Total	-	139,929	139,929
NET INCOME	7,205	111,680	118,885
TOTAL FUNDS CARRIED FORWARD	7,205	111,680	118,885

Counselling All Nations Service (CANS)

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
		31.3.23	31.3.22
		£	£
VAT		2,607	1,557
Prepayments and accrued income		1,376	1,280
		<u>3,983</u>	<u>2,837</u>
5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
		31.3.23	31.3.22
		£	£
Trade creditors		-	1,244
Social security and other taxes		1,896	1,478
Other creditors		12,383	3,284
Accrued expenses		13,039	7,592
		<u>27,318</u>	<u>13,598</u>
6. MOVEMENT IN FUNDS			
		Net	
	At 1.4.22	movement	At
	£	in funds	31.3.23
		£	£
Unrestricted funds			
General Fund	7,205	(4,243)	2,962
Restricted funds			
Big Lottery	63,166	(2,748)	60,418
Belfast Health & Social Care Trust	48,173	(29,518)	18,655
Small Grants	341	180	521
Baobab Foundation	-	575	575
Dormant	-	1,708	1,708
HCVS	-	1,354	1,354
STEP	-	119	119
Wesleyan Community Foundation	-	10,000	10,000
	<u>111,680</u>	<u>(18,330)</u>	<u>93,350</u>
TOTAL FUNDS	<u>118,885</u>	<u>(22,573)</u>	<u>96,312</u>

Counselling All Nations Service (CANS)

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

6. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	6,240	(10,483)	(4,243)
Restricted funds			
Big Lottery	94,694	(97,442)	(2,748)
Belfast Health & Social Care Trust	49,377	(78,895)	(29,518)
Small Grants	180	-	180
Baobab Foundation	1,500	(925)	575
Dormant	11,590	(9,882)	1,708
HCVS	1,354	-	1,354
STEP	3,000	(2,881)	119
Wesleyan Community Foundation	10,000	-	10,000
	<u>171,695</u>	<u>(190,025)</u>	<u>(18,330)</u>
TOTAL FUNDS	<u><u>177,935</u></u>	<u><u>(200,508)</u></u>	<u><u>(22,573)</u></u>

Comparatives for movement in funds

	Net movement in funds £	At 31.3.22 £
Unrestricted funds		
General Fund	7,205	7,205
Restricted funds		
Big Lottery	63,166	63,166
Belfast Health & Social Care Trust	48,173	48,173
Small Grants	341	341
	<u>111,680</u>	<u>111,680</u>
TOTAL FUNDS	<u><u>118,885</u></u>	<u><u>118,885</u></u>

Counselling All Nations Service (CANS)

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

6. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	7,205	-	7,205
Restricted funds			
Big Lottery	96,059	(32,893)	63,166
Belfast Health & Social Care Trust	81,769	(33,596)	48,173
Small Grants	2,211	(1,870)	341
Communities Foundation NI	14,218	(14,218)	-
PHA	1,230	(1,230)	-
MCNI	7,528	(7,528)	-
Halifax	14,013	(14,013)	-
New Needs	7,129	(7,129)	-
Racial Justice	16,398	(16,398)	-
PWC CM	10,000	(10,000)	-
Enkalon	1,000	(1,000)	-
SCG	54	(54)	-
	<u>251,609</u>	<u>(139,929)</u>	<u>111,680</u>
TOTAL FUNDS	<u><u>258,814</u></u>	<u><u>(139,929)</u></u>	<u><u>118,885</u></u>

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

Counselling All Nations Service (CANS)

**Detailed Statement of Financial Activities
for the Year Ended 31 March 2023**

	Year Ended 31.3.23 £	Period 11.6.21 to 31.3.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	-	75,689
General Donations	6,421	6,760
	<hr/>	<hr/>
	6,421	82,449
Charitable activities		
Grants	171,514	176,365
	<hr/>	<hr/>
Total incoming resources	177,935	258,814
EXPENDITURE		
Charitable activities		
Wages	101,512	61,721
Staff training & Welfare	-	210
Pensions	2,012	-
Insurance	458	-
Light and heat	53	-
Travel & Subsistence	2,142	744
Sundries	180	1,864
Telephone	2,022	1,710
Stationery & printing	4,122	5,229
Bank charges	394	101
Repairs & renewals	2,083	325
Computer accessories & licences etc	2,606	4,944
Room hire	12,076	5,385
Professional fees	59,300	56,096
Subscriptions & membership	3,548	-
Consultancy fees	6,000	-
	<hr/>	<hr/>
	198,508	138,329
Support costs		
Governance costs		
Accountancy and legal fees	2,000	1,600
	<hr/>	<hr/>
Total resources expended	200,508	139,929
	<hr/>	<hr/>
Net (expenditure)/income	<u>(22,573)</u>	<u>118,885</u>

This page does not form part of the statutory financial statements

Counselling All Nations Services

Northern Ireland - Charity number 108200

Annual report

Counselling All Nations Service (CANS)

Report of the Trustees for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Since our relatively recent last AGM in April 2023 CANS continues to develop apace and the Board wishes to acknowledge the hard work of our staff, sessional staff and volunteers as we continue this period of growth and development.

OBJECTIVES AND ACTIVITIES

Objectives and aims

We remain true to our mission to improve the mental health and quality of life of people from minority ethnic groups through talking therapies and other support and our vision of a future in a just, supportive and inclusive society, which recognises the importance of mental health. In everything we remember our values of respect, honesty, confidentiality, person centred care, and excellence.

Staff

Mr Lekan Ojo-Okiji Abasi and Ms Jurita Naumane continue as Clinical Coordinator and Assistant Clinical Coordinator respectively and are joined by part time administrative assistants Maryam Naz and Joy Wangui Kirii.

Francesca A Dada and Tin Wai Chan are salaried part time counsellors. Our other counsellors and interpreters are sessional.

This dedicated team work with the Board, in particular as new IT, HR and financial systems are planned and implemented. The Finance Committee under the leadership of Treasurer Mrs Mac McBride ensure good governance as we prepare systems and train staff in their use.

Counsellors and therapists

Our counsellors are from BAME communities and representing at least 9 languages. They are all trained to work with professional interpreters and are trained in EMDR and other psychological therapies e.g CBT. They continue to deliver a professional, high quality service for people from the BAME community living in Northern Ireland with care and compassion. We would also like to acknowledge the professionalism and support of our professional interpreters without whom we could not do our work.

We are also indebted to everyone who has supported CANS in a voluntary capacity.

Fundraising

After several years of service as CANS fundraiser we were sad to say goodbye to Mr Paul Atherton and we thank him for his dedicated support and advice in raising funds, ensuring good governance and in the development of CANS.

We were delighted to appoint Nisha Tandon OBE as fundraiser in May 2023. Nisha was warmly welcomed by Board and staff and brings experience and enthusiasm to the post.

Counselling All Nations Service (CANS)

Report of the Trustees for the Year Ended 31 March 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Clinical Work

In June 2023 the Board, responding to a proposal from the clinical Coordinator and some counsellors agreed that there is a recognised need for specialist 1 to 1 work with BAME young people. The Board agreed that the clinical coordinator present a business plan to develop this work.

We are grateful to all our funders whose generosity supports our work:

Belfast Health and Social Care Trust: Tier 2 Talking Therapies

The National Lottery Community Fund (TNLCF): BAME Counselling Project £284,168.00 3 years funding from Sep 2022: 1 part time Clinical Co-ordinator Salary · 2 part time Counsellors Salary · 1 parttime Book-Keeping & Admin Support salary.

Dormant Account (managed by TNLCF): Making CANS Fit for the future - Business Development & Income Generation Worker £11,590.00 Nov 2022 - Apr 2024 · 1 part time Business Development Income Generation Worker / Fundraising Consultant.

Starling Collective / Corrymeela - Community Foundation NI (CFNI) DoH MH Fund Delivery of counselling sessions over 2.5 years with interpreting for 60 people receiving 8 sessions £44,640.00 Dec 2021 - Apr 2024 · 480 sessions delivered to 60 people over 2.5 years.

Public Health Agency SHSCT / STEP BAME Counselling Project £4,750.00 Dec 2022 - Mar 2023.

CFNi - Comic Relief Empowering Change Programme: Client Paperwork Translation £1,000.00 Jan - Apr 2023 · Selected client paperwork.

CFNi - Wesleyan Assurance Fund: owards Mental Health Awareness Workshops for new entrants Children and Young People £10,000.00 Nov 2022 - Oct 2023 · 96 sessions of MHA workshop.

Premises

We are delighted that in addition to our office space in the Chinese Welfare Association and E Belfast we have also acquired office space in North Belfast.

We would also like to express our thanks to PWC for donating much needed office space for counselling in the centre of Belfast and to West Belfast Whiterock Children's Centre who continue to provide counselling space.

We continue to try to respond to the accessibility needs of clients who may have difficulty due to location, work commitments and child care.

FINANCIAL REVIEW

Financial and IT updates

Continuing our commitment to good governance and adapting to our increasing work, management IT system development is ongoing.

New updated clinical systems are installed and active. This will ensure rapid accurate data capture in real time as we go forward.

The Treasurer and the finance committee continue to work with our Accountant with the installation of a new financial recording and reporting system.

We are indebted to the finance committee, accountant, staff and everyone who continues to support these developments.

Counselling All Nations Service (CANS)

Report of the Trustees for the Year Ended 31 March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI679965 (Northern Ireland)

Registered Charity number

108200

Registered office

Chinese Welfare Association
1 Stranmillis Embankment
Belfast
Co. Antrim
BT7 1GB

Trustees

Dr Linda Mary Agnew GP
Dr Daniel Gboloo-Teye Consultant
Dr Satish Kumar Lecturer
Mrs Angela Doreen Martin Teacher
Mrs Immacula McBride Director
Dr Muhammad Saleem Tareen
Zaheer Khan Baloch Management Consultant (resigned 30.6.22)

The following committees were convened by the board in Feb 2022:

- o Finance Committee: Mrs Mac Mc Bride, Dr Daniel Gboloo-Teye, Mr John Boddu
- o Social Media committee: Mrs Angela Martin, Mrs Pashmina Kashif

Dr Daniel Gboloo-Teye provides supervision for the clinical coordinator.

We would like to thank all the Board members for freely giving their time and expertise.

Company Secretary

Dr Linda Mary Agnew

Independent Examiner

John McCleary FCA
McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co. Antrim
BT28 1TP

Counselling All Nations Service (CANS)

**Report of the Trustees
for the Year Ended 31 March 2023**

CANS SUPPORT FOR COUNSELLORS, STAFF AND BOARD

The Board would like to pay tribute to the counsellors who work daily with clients. We plan a 2nd residential in Corrymeela for everyone involved with Counselling All Nations in January 2024. We believe that it is important that everyone involved in CANS has the opportunity to meet, relax, listen and learn from each other.

We remain convinced that CANS provides much needed unique client centred service. Our Board and counsellors see the need for CANS in their work and in their own communities. Hearing Our Needs has confirmed these observations.

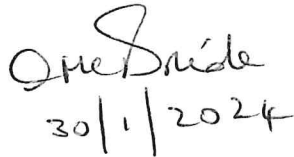
As we look forward, we are embedding ongoing changes in structure and technology so we can build on the growth of the past years and continue to develop the work of CANS.

Approved by order of the board of trustees on 25 January 2024 and signed on its behalf by:



Dr Satish Kumar - Trustee

29/1/2024



30/1/2024

Counselling All Nations Services

Northern Ireland - Charity number 108200

Annual return

**Independent Examiner's Report to the Trustees of
Counselling All Nations Service (CANS)**

I report on the accounts of the company for the year ended 31 March 2023, which are set out on pages six to thirteen.

Respective responsibilities of charity trustees and examiner

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

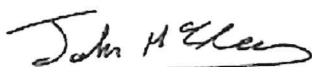
I have examined your charity accounts as required under Section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with Section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



John McCleary FCA

McCleary & Company Ltd
Chartered Accountants
Garvey Studios
14 Longstone Street
Lisburn
Co. Antrim
BT28 1TP

25 January 2024