

# All Lives Are Precious LTD

Northern Ireland · Charity number 108027

## Details

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Known as	ALPs
Status	Received
Company number	<a href="#">648017</a>
Registered	2021-05-17
Register	<a href="#">View on the Charity Commission for Northern Ireland register</a>

## Contact

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Address	All Lives Are Precious Irish Street Community Exchange 21 Lower Irish Street Car Park Downpatrick Bt30 6bw BT30 6BW
Phone	07731928058
Email	<a href="mailto:info@alpsltd.org">info@alpsltd.org</a>
Website	<a href="http://www.alpsltd.org">www.alpsltd.org</a>

## Activities

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**Purposes:** The charity's objects ('Objects') are specifically restricted to the following: (1) To advance health/wellbeing and the saving of lives within the community: (a) Contribute to the prevention of suicide and self-harm by offering early intervention, pre-vention and post-vention and other assistance to those at risk, their families and/or their carers. (b) promote the fostering of positive mental health at all levels and improving the emotional wellbeing of people residing in Northern Ireland and beyond, through, training, access to therapies, and activities within the community. (2) To advance the education of the public and raise awareness of the causes and effects of poor mental health, suicide and wellbeing, equipping society with the skills, knowledge and the actions that can be taken to prevent suicides and the supports available to for all.

**What the charity does:** The advancement of health or the saving of lives

**How the charity works:** Accommodation/housing,Advice/advocacy/information,Arts,Community development,Community enterprise,Counselling/support,Criminal justice,Cross-border/cross-community,Cultural,Disability,Education/training,Environment/sustainable development/conservation,Gender,General charitable purposes,Human rights/equality,Medical/health/sickness,Overseas aid/famine relief,Relief of

poverty, Research/evaluation, Rural development, Sport/recreation, Volunteer development, Welfare/benevolent, Youth development

**Who the charity helps:** Addictions (drug/solvent/alcohol abuse), Adult training, Asylum seekers/refugees, Carers, Children (5-13 year olds), Community safety/crime prevention, Ethnic minorities, Ex-offenders and prisoners, General public, Hiv/aids, Homelessness, Interface communities, Language community, Learning disabilities, Men, Mental health, Older people, Overseas/developing countries, Parents, Physical disabilities, Sensory disabilities, Sexual orientation, Specific areas of deprivation, Travellers, Unemployed/low income, Victim support, Voluntary and community sector, Volunteers, Women, Youth (14-25 year olds)

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£251,553	£254,637	£-6,073	1

## Trustees

Name	Role	Appointed
Mr Eamonn Mc Grath		
Mr Peter Samuel Cunliffe		
Mr Ronan Gilchrist		
Mrs Bronagh Reid		
Mrs Roisin Hampton		

**All Lives Are Precious LTD**

Northern Ireland - Charity number 108027

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# Accounts

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**Company registration number: NI648017**

**All Lives Are Precious Ltd  
Company limited by guarantee**

**Unaudited financial statements**

**30 September 2024**

**Eamonn P McGrady & Co**

Chartered Accountants & Registered Auditors

4-6 Market Lane

Downpatrick

Co Down

BT30 6TH

Tel: 028 4461 4340

Email: [eamonnmcgrady@yahoo.com](mailto:eamonnmcgrady@yahoo.com)

**All Lives Are Precious Ltd  
Company limited by guarantee**

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**All Lives Are Precious Ltd  
Company limited by guarantee**

**Directors and other information**

<b>Directors</b>	Mr Ronan Gilchrist Mr Peter Cunliffe Mrs Bronagh Reid Mrs Roisin Hampton Mr Eamonn McGrath
<b>Company number</b>	NI648017
<b>Registered office</b>	21a Irish Street Downpatrick Co Down BT30 6BW
<b>Accountant</b>	Eamonn P. McGrady & Co 4-6 Market Lane Downpatrick Co Down BT30 6TH
<b>Bankers</b>	Bank of Ireland 1 Donegall Square South Belfast BT1 5LR

**All Lives Are Precious Ltd  
Company limited by guarantee**

**Directors report  
Year ended 30 September 2024**

The directors present their report and the unaudited financial statements of the company for the year ended 30 September 2024.

**Directors**

The directors who served the company during the year were as follows:

Mr Ronan Gilchrist  
Mr Peter Cunliffe  
Mrs Bronagh Reid  
Mrs Roisin Hampton  
Mr Eamonn McGrath

**Small company provisions**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 19 June 2025 and signed on behalf of the board by:



Mr Ronan Gilchrist  
Director

**All Lives Are Precious Ltd  
Company limited by guarantee**

**Report to the board of directors on the preparation of the  
unaudited statutory financial statements of All Lives Are Precious Ltd  
Year ended 30 September 2024**

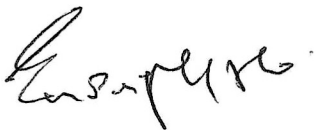
In order to assist you to fulfil your duties under the Companies Act 2006, I have prepared for your approval the financial statements of All Lives Are Precious Ltd for the year ended 30 September 2024 which comprise the statement of comprehensive income, statement of financial position, statement of changes in equity and related notes from the company's accounting records and from information and explanations you have given me.

As a practising member of Chartered Accountants Ireland, I am subject to its ethical and other professional requirements which are detailed at [www.charteredaccountants.ie](http://www.charteredaccountants.ie).

This report is made solely to the board of directors of All Lives Are Precious Ltd, as a body, in accordance with the terms of my engagement letter. My work has been undertaken solely to prepare for your approval the financial statements of All Lives Are Precious Ltd and state those matters that we have agreed to state to the board of directors of All Lives Are Precious Ltd as a body, in this report in accordance with the requirements of Chartered Accountants Ireland as detailed at [www.charteredaccountants.ie](http://www.charteredaccountants.ie). To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than All Lives Are Precious Ltd and its board of directors as a body for my work or for this report.

It is your duty to ensure that All Lives Are Precious Ltd has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and loss of All Lives Are Precious Ltd. You consider that All Lives Are Precious Ltd is exempt from the statutory audit requirement for the year.

I have not been instructed to carry out an audit or a review of the financial statements of All Lives Are Precious Ltd. For this reason, I have not verified the accuracy or completeness of the accounting records or information and explanations you have given to me and I do not, therefore, express any opinion on the statutory financial statements.



Eamonn P. McGrady & Co  
Chartered Accountants & Registered Auditors

4-6 Market Lane  
Downpatrick  
Co Down  
BT30 6TH

19 June 2025

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Statement of comprehensive income**  
**Year ended 30 September 2024**

	Note			2024 £	2023 £
		Restricted Funds	Unrestricted Funds	Total Funds	Total Funds
<b>Turnover</b>					
Income		-	71,457	71,457	74,829
Fundraising & donations		-	171,655	171,655	94,520
Grants		5,012	-	5,012	-
Other income		-	3,380	3,380	-
		<u>5,012</u>	<u>246,492</u>	<u>251,504</u>	<u>169,349</u>
Cost of charitable activities		-	(87,832)	(87,832)	(46,406)
Counselling		-	(73,905)	(73,905)	(52,503)
Salaries		-	(20,617)	(20,617)	(18,457)
Administrative costs		(5,012)	(67,271)	(72,283)	(69,868)
		<u>(5,012)</u>	<u>(249,625)</u>	<u>(254,637)</u>	<u>(187,234)</u>
Other interest receivable and similar income		-	49	49	-
<b>Loss before taxation</b>	<b>6</b>	-	(3,084)	(3,084)	(17,885)
Tax			(9)	(9)	-
<b>Loss for the financial year and total comprehensive income</b>		-	(3,093)	(3,093)	(17,885)

All the activities of the company are from continuing operations.

The notes on pages 8 to 11 form part of these financial statements.

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Statement of financial position**  
**30 September 2024**

		2024		2023	
	Note	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	7	22,723		19,547	
			22,723		19,547
<b>Current assets</b>					
Debtors	8	8,276		9,103	
Cash at bank and in hand		32,946		35,296	
		41,222		44,399	
<b>Creditors: amounts falling due within one year</b>	9	(6,073)		(2,981)	
<b>Net current assets</b>			35,149		41,418
<b>Total assets less current liabilities</b>			57,872		60,965
<b>Net assets</b>			57,872		60,965
<b>Capital and reserves</b>					
Profit and loss account			57,872		60,965
<b>Members funds</b>			57,872		60,965

For the year ending 30 September 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies' regime and in accordance with FRS102 for Charities.

**The notes on pages 8 to 11 form part of these financial statements.**

**All Lives Are Precious Ltd  
Company limited by guarantee**

**Statement of financial position (continued)  
30 September 2024**

These financial statements were approved by the board of directors and authorised for issue on 19 June 2025, and are signed on behalf of the board by:

A handwritten signature in black ink that reads "Ronan Gilchrist". The signature is written in a cursive style with a large initial 'R'.

Mr Ronan Gilchrist  
Director

Company registration number: NI648017

**The notes on pages 8 to 11 form part of these financial statements.**

**All Lives Are Precious Ltd  
Company limited by guarantee**

**Statement of changes in equity  
Year ended 30 September 2024**

	Profit and loss account £	Total £
<b>At 1 October 2022</b>	78,850	78,850
Loss for the year	(17,885)	(17,885)
<b>Total comprehensive income for the year</b>	(17,885)	(17,885)
<b>At 30 September 2023 and 1 October 2023</b>	60,965	60,965
Loss for the year	(3,093)	(3,093)
<b>Total comprehensive income for the year</b>	(3,093)	(3,093)
<b>At 30 September 2024</b>	57,872	57,872

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**Year ended 30 September 2024**

**1. General information**

The company is a private company limited by guarantee, registered in Northern Ireland. The address of the registered office is 21a Irish Street, Downpatrick, Co Down, BT30 6BW.

**2. Statement of compliance**

The Financial Statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 ) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the companies Act 2006.

**3. Accounting policies**

**Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss.

The financial statements are prepared in sterling, which is the functional currency of the entity.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax.

Revenue from the sale of goods is recognised when the significant risks and rewards of ownership have transferred to the buyer (usually on despatch of the goods); the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity; and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

**Taxation**

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in the statement of comprehensive income, except to the extent that it relates to items recognised in other comprehensive income or directly in capital and reserves. In this case, tax is recognised in other comprehensive income or directly in capital and reserves, respectively.

Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Deferred tax is recognised in respect of all timing differences at the reporting date. Unrelieved tax losses and other deferred tax assets are recognised to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date that are expected to apply to the reversal of the timing difference.

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 30 September 2024**

**Tangible assets**

Tangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated depreciation and impairment losses.

Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other comprehensive income and accumulated in capital and reserves, except to the extent it reverses a revaluation decrease of the same asset previously recognised in profit or loss. A decrease in the carrying amount of an asset as a result of revaluation is recognised in other comprehensive income to the extent of any previously recognised revaluation increase accumulated in capital and reserves in respect of that asset. Where a revaluation decrease exceeds the accumulated revaluation gains accumulated in capital and reserves in respect of that asset, the excess shall be recognised in profit or loss.

**Depreciation**

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

If there is an indication that there has been a significant change in depreciation rate, useful life or residual value of tangible assets, the depreciation is revised prospectively to reflect the new estimates.

**Impairment**

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

When it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that are largely independent of the cash inflows from other assets or groups of assets.

**Government grants**

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the company will comply with the conditions attaching to them and the grants will be received.

Government grants are recognised using the accrual model and the performance model.

Under the accrual model, government grants relating to revenue are recognised on a systematic basis over the periods in which the company recognises the related costs for which the grant is intended to compensate. Grants that are receivable as compensation for expenses or losses already incurred or for the purpose of giving immediate financial support to the entity with no future related costs are recognised in income in the period in which it becomes receivable.

Grants relating to assets are recognised in income on a systematic basis over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income and not deducted from the carrying amount of the asset.

Under the performance model, where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 30 September 2024**

**Financial instruments**

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Debt instruments are subsequently measured at amortised cost.

Where investments in non-convertible preference shares and non-puttable ordinary shares or preference shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in profit or loss. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in profit or loss, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised in profit or loss immediately.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised in profit or loss immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

**4. Limited by guarantee**

All Lives Are Precious Ltd is a company limited by guarantee and therefore does not have a share capital.

**5. Employee numbers**

The average number of persons employed by the company during the year amounted to 1 (2023: 1).

**6. Loss before taxation**

Loss before taxation is stated after charging/(crediting):

	<b>2024</b>	2023
	<b>£</b>	£
Depreciation of tangible assets	4,124	3,155

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 30 September 2024**

**7. Tangible assets**

	Short leasehold property £	Plant and machinery £	Fixtures, fittings and equipment £	Motor vehicles £	<b>Total</b> £
<b>Cost</b>					
At 1 October 2023	15,700	6,604	5,441	-	27,745
Additions	-	700	-	6,600	7,300
<b>At 30 September 2024</b>	<u>15,700</u>	<u>7,304</u>	<u>5,441</u>	<u>6,600</u>	<u>35,045</u>
<b>Depreciation</b>					
At 1 October 2023	3,240	2,270	2,688	-	8,198
Charge for the year	1,246	1,007	551	1,320	4,124
<b>At 30 September 2024</b>	<u>4,486</u>	<u>3,277</u>	<u>3,239</u>	<u>1,320</u>	<u>12,322</u>
<b>Carrying amount</b>					
<b>At 30 September 2024</b>	<u>11,214</u>	<u>4,027</u>	<u>2,202</u>	<u>5,280</u>	<u>22,723</u>
At 30 September 2023	<u>12,460</u>	<u>4,334</u>	<u>2,753</u>	<u>-</u>	<u>19,547</u>

**8. Debtors**

	<b>2024</b>	2023
	£	£
Other debtors	<u>8,276</u>	<u>9,103</u>

**9. Creditors: amounts falling due within one year**

	<b>2024</b>	2023
	£	£
Corporation tax	9	-
Social security and other taxes	2,000	1,481
Other creditors	<u>4,064</u>	<u>1,500</u>
	<u>6,073</u>	<u>2,981</u>

**10. TAS-NI Ltd**

During the financial year TAS -NI Ltd borrowed money from All Lives Are Precious Limited. At the 30th September 2024 TAS-NI Ltd owed All Lives Are Precious Limited £8,276 (2023- £9,103). Ronan Gilchrist is a Director in both companies.

**All Lives Are Precious Ltd  
Company limited by guarantee**

**The following pages do not form part of the statutory accounts.**

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Detailed income statement**  
**Year ended 30 September 2024**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Turnover</b>		
Service provision	71,457	74,829
Gifts and donations	171,655	94,520
Pilgrimage funds	3,380	-
	246,492	169,349
<b>Cost of sales</b>		
Project facilitation and community training	(49,641)	(26,922)
Community project costs	-	(19,484)
Pilgrimage - costs	(34,093)	-
USA Trip - Costs	(4,098)	-
Counselling	(73,905)	(52,503)
	(161,737)	(98,909)
<b>Gross profit</b>	<b>84,755</b>	<b>70,440</b>
<b>Gross profit percentage</b>	<b>34.4%</b>	<b>41.6%</b>
<b>Overheads</b>		
<b>Administrative expenses</b>		
Directors remuneration	(20,617)	(18,333)
Employer's social security contributions	-	(124)
Staff training	-	(2,551)
Rent payable	(11,136)	(15,355)
Insurance	(2,468)	(1,521)
Light and heat	(2,430)	(1,579)
Repairs and maintenance	(21,099)	(23,321)
Printing, postage and stationery	(4,930)	(404)
Telephone	(4,776)	(4,374)
Computer costs	(605)	(277)
Motor and travelling expenses	(7,624)	(8,206)
Travelling and entertainment	-	(1,389)
Entertaining	(45)	-
Legal and professional	-	(455)
Accountancy fees	(2,726)	(2,210)
Book-keeper and admin costs	(650)	(1,300)
Bank charges	(341)	(272)
General expenses	(1,125)	-
Donations and sponsorship	(8,204)	(3,499)
Depreciation of tangible assets	(4,124)	(3,155)
	(92,900)	(88,325)
<b>Other operating income</b>		

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Detailed income statement (continued)**  
**Year ended 30 September 2024**

	<b>2024</b>	2023
	£	£
Grants	5,012	-
	<u>5,012</u>	<u>-</u>
<b>Operating loss</b>	(3,133)	(17,885)
<b>Operating loss percentage</b>	1.3%	10.6%
Other interest receivable and similar income	49	-
<b>Loss before taxation</b>	<u>(3,084)</u>	<u>(17,885)</u>

**All Lives Are Precious LTD**

Northern Ireland - Charity number 108027

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# Accounts

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Company registration number: NI648017

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Unaudited financial statements**

**30 September 2023**

**Eamonn P. McGrady & Co**

Chartered Accountants & Registered Auditors

21a Market Street

Downpatrick

Co Down

BT30 6LP

Tel: 028 4461 4340

Email: [eamonnmcgrady@yahoo.com](mailto:eamonnmcgrady@yahoo.com)

**All Lives Are Precious Ltd  
Company limited by guarantee**

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**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Directors and other information**

<b>Directors</b>	Mr Ronan Gilchrist Mr Peter Cunliffe Mrs Bronagh Reid Mrs Roisin Hampton Mr Eamonn McGrath Mrs Aisleen Teresa McMenamin Resigned 1st April 2023
<b>Company number</b>	NI648017
<b>Registered office</b>	21a Irish Street Downpatrick Co Down BT30 6BW
<b>Accountant</b>	Eamonn P. McGrady & Co 21a Market Street Downpatrick Co Down BT30 6LP
<b>Bankers</b>	Bank of Ireland 1 Donegall Square South Belfast BT1 5LR

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Directors report**  
**Year ended 30 September 2023**

The directors present their report and the unaudited financial statements of the company for the year ended 30 September 2023.

**Directors**

The directors who served the company during the year were as follows:

Mr Ronan Gilchrist  
Mr Peter Cunliffe  
Mrs Bronagh Reid  
Mrs Roisin Hampton  
Mr Eamonn McGrath  
Mrs Aisleen Teresa McMenamin Resigned 1st April 2023

**Small company provisions**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 25 June 2024 and signed on behalf of the board by:

Mr Ronan Gilchrist  
Director

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Report to the board of directors on the preparation of the**  
**unaudited statutory financial statements of All Lives Are Precious Ltd**  
**Year ended 30 September 2023**

In order to assist you to fulfil your duties under the Companies Act 2006, I have prepared for your approval the financial statements of All Lives Are Precious Ltd for the year ended 30 September 2023 which comprise the statement of financial activities, statement of financial position, statement of changes in equity and related notes from the company's accounting records and from information and explanations you have given me.

As a practising member of Chartered Accountants Ireland , I am subject to its ethical and other professional requirements which are detailed at [www.charteredaccountants.ie](http://www.charteredaccountants.ie).

This report is made solely to the board of directors of All Lives Are Precious Ltd, as a body, in accordance with the terms of my engagement letter. My work has been undertaken solely to prepare for your approval the financial statements of All Lives Are Precious Ltd and state those matters that we have agreed to state to the board of directors of All Lives Are Precious Ltd as a body, in this report in accordance with the requirements of Chartered Accountants Ireland as detailed at [www.charteredaccountants.ie](http://www.charteredaccountants.ie). To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than All Lives Are Precious Ltd and its board of directors as a body for my work or for this report.

It is your duty to ensure that All Lives Are Precious Ltd has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and loss of All Lives Are Precious Ltd. You consider that All Lives Are Precious Ltd is exempt from the statutory audit requirement for the year.

I have not been instructed to carry out an audit or a review of the financial statements of All Lives Are Precious Ltd. For this reason, I have not verified the accuracy or completeness of the accounting records or information and explanations you have given to me and I do not, therefore, express any opinion on the statutory financial statements.

Eamonn P. McGrady & Co  
Chartered Accountants & Registered Auditors

21a Market Street  
Downpatrick  
Co Down  
BT30 6LP

25 June 2024

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Statement of financial activities**  
**Year ended 30 September 2023**

	<b>Note</b>		<b>2023</b>	<b>2022</b>
			<b>£</b>	<b>£</b>
		Restricted Funds	Unrestricted Funds	Total Funds
			Total Funds	Total Funds
Income			74,829	94,931
Fundraising & donations			94,520	158,120
Grants			-	32,300
Other income		-	-	350
		<u>-</u>	<u>169,349</u>	<u>285,701</u>
Cost of charitable activities			(46,406)	(34,375)
Fundraising			-	(66,421)
Salaries			(18,457)	(15,602)
Counselling			(52,503)	(37,050)
Administrative costs			(69,868)	(63,034)
		<u>-</u>	<u>(187,234)</u>	<u>(216,482)</u>
<b>(Loss)/profit for the financial year and total comprehensive income</b>		<u>-</u>	<u>(17,885)</u>	<u>69,219</u>

All the activities of the company are from continuing operations.

The notes on pages 7 to 10 form part of these financial statements.

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Statement of financial position**  
**30 September 2023**

		2023		2022	
	Note	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	7	19,547		20,930	
			19,547		20,930
<b>Current assets</b>					
Debtors	8	9,103		11,445	
Cash at bank and in hand		35,296		49,337	
		44,399		60,782	
<b>Creditors: amounts falling due within one year</b>	9	(2,981)		(2,862)	
<b>Net current assets</b>			41,418		57,920
<b>Total assets less current liabilities</b>			60,965		78,850
<b>Net assets</b>			60,965		78,850
<b>Capital and reserves</b>					
Reserves			60,965		78,850
<b>Total funds</b>			60,965		78,850

For the year ending 30 September 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

**The notes on pages 7 to 10 form part of these financial statements.**

**All Lives Are Precious Ltd  
Company limited by guarantee**

**Statement of financial position (continued)  
30 September 2023**

These financial statements were approved by the board of directors and authorised for issue on 25 June 2024, and are signed on behalf of the board by:

Mr Ronan Gilchrist  
Director

Company registration number: NI648017

**The notes on pages 7 to 10 form part of these financial statements.**

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**Year ended 30 September 2023**

**1. General information**

The company is a private company limited by guarantee, registered in Northern Ireland. The address of the registered office is 21a Irish Street, Downpatrick, Co Down, BT30 6BW.

**2. Statement of compliance**

These financial statements have been prepared in compliance with the provisions of FRS 102, Section 1A, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

**3. Accounting policies**

**Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value.

The financial statements are prepared in sterling, which is the functional currency of the entity.

The financial statements have been prepared in accordance with Accounting and Reporting for Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax.

Revenue from the sale of goods is recognised when the significant risks and rewards of ownership have transferred to the buyer (usually on despatch of the goods); the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity; and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

**Taxation**

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in the statement of financial activities except to the extent that it relates to items recognised in other comprehensive income or directly in capital and reserves. In this case, tax is recognised in other comprehensive income or directly in capital and reserves, respectively.

**Tangible assets**

Tangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated depreciation and impairment losses.

Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

**Depreciation**

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

If there is an indication that there has been a significant change in depreciation rate, useful life or residual value of tangible assets, the depreciation is revised prospectively to reflect the new estimates.

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 30 September 2023**

**Impairment**

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

When it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that are largely independent of the cash inflows from other assets or groups of assets.

**Government grants**

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the company will comply with the conditions attaching to them and the grants will be received.

Government grants are recognised using the accrual model and the performance model.

Under the accrual model, government grants relating to revenue are recognised on a systematic basis over the periods in which the company recognises the related costs for which the grant is intended to compensate. Grants that are receivable as compensation for expenses or losses already incurred or for the purpose of giving immediate financial support to the entity with no future related costs are recognised in income in the period in which it becomes receivable.

Grants relating to assets are recognised in income on a systematic basis over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income and not deducted from the carrying amount of the asset.

Under the performance model, where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

**Financial instruments**

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Debt instruments are subsequently measured at amortised cost.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

**4. Limited by guarantee**

All Lives Are Precious Ltd is a company limited by guarantee and therefore does not have a share capital.

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 30 September 2023**

**5. Staff costs**

The average number of persons employed by the company during the year amounted to 1 (2022: 1).

The aggregate payroll costs incurred during the year were:

	<b>2023</b>	<b>2022</b>
	£	£
Wages and salaries	18,333	13,000
Social security costs	124	2,602
	18,457	15,602

**6. Loss/profit before taxation**

Loss/profit before taxation is stated after charging/(crediting):

	<b>2023</b>	<b>2022</b>
	£	£
Depreciation of tangible assets	3,155	3,310

**7. Tangible assets**

	<b>Total</b>
	£
<b>Cost</b>	
At 1 October 2022	25,973
Additions	1,772
<b>At 30 September 2023</b>	<b>27,745</b>
<b>Depreciation</b>	
At 1 October 2022	5,043
Charge for the year	3,155
<b>At 30 September 2023</b>	<b>8,198</b>
<b>Carrying amount</b>	
<b>At 30 September 2023</b>	<b>19,547</b>
At 30 September 2022	20,930

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 30 September 2023**

<b>8. Debtors</b>	<b>2023</b>	2022
	<b>£</b>	<b>£</b>
Other debtors	9,103	11,445
	<u>          </u>	<u>          </u>

<b>9. Creditors: amounts falling due within one year</b>	<b>2023</b>	2022
	<b>£</b>	<b>£</b>
Social security and other taxes	1,481	642
Other creditors	1,500	2,220
	<u>          </u>	<u>          </u>
	<u>2,981</u>	<u>2,862</u>

**10. TAS-NI Ltd**

During the financial year TAS -NI Ltd borrowed money from All Lives Are Precious Limited. At the 30th September 2023 TAS-NI Ltd owed All Lives Are Precious Limited £9,103 (2022- £11,445). Ronan Gilchrist is a Director in both companies.

**All Lives Are Precious Ltd  
Company limited by guarantee**

**The following pages do not form part of the statutory accounts.**

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Detailed income statement**  
**Year ended 30 September 2023**

	<b>2023</b>	2022
	£	£
<b>Turnover</b>		
Service provision	74,829	98,131
Gifts and donations	17,905	44,718
Fundraising	76,615	16,937
Africa project - fundraising	-	96,465
	169,349	256,251
 <b>Direct costs of services</b>		
Project facilitation and community training	(26,922)	(29,908)
Community project costs	(19,484)	(4,467)
Africa project - costs	-	(66,421)
Counselling	(52,503)	(37,050)
	(98,909)	(137,846)
 <b>Gross profit</b>	70,440	118,405
 <b>Gross profit percentage</b>	41.6%	46.2%
 <b>Overheads</b>		
<b>Administrative expenses</b>		
Directors remuneration	(18,333)	(13,000)
Employer's social security contributions	(124)	(2,602)
Staff training	(2,551)	(5,268)
Rent payable	(15,355)	(14,510)
Insurance	(1,521)	(719)
Light and heat	(1,579)	(602)
Repairs and maintenance	(23,321)	(9,107)
Printing, postage and stationery	(404)	(268)
Advertising and marketing	-	(2,749)
Telephone	(4,374)	(3,580)
Computer costs	(277)	(878)
Hire of equipment	-	(1,059)
Motor and travelling expenses	(8,206)	(8,731)
Travelling and entertainment	(1,389)	-
Other events	-	(552)
Legal and professional	(455)	(1,800)
Consultancy fees	-	(3,443)
Accountancy fees	(2,210)	(2,653)
Book-keeper and admin costs	(1,300)	(1,100)
Bank charges	(272)	(296)
Uniforms	-	(670)
General expenses	-	(183)
Donations and sponsorship	(3,499)	(1,556)
Depreciation of tangible assets	(3,155)	(3,310)

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Detailed income statement (continued)**  
**Year ended 30 September 2023**

	<b>2023</b>	2022
	<b>£</b>	£
	(88,325)	(78,636)
<b>Other operating income</b>		
Grants	-	29,100
Sundry income	-	350
	<u>-</u>	<u>29,450</u>
<b>Operating (loss)/profit</b>	(17,885)	69,219
<b>Operating (loss)/profit percentage</b>	10.6%	27.0%
<b>(Loss)/profit before taxation</b>	<u>(17,885)</u>	<u>69,219</u>

**All Lives Are Precious LTD**

Northern Ireland - Charity number 108027

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# Annual report

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## CHARITY INFORMATION

Charity no. 108027

Company no. 648017

Charity Registered May 2021

Address

Irish Street Community Exchange

21 Lower Irish Street

Irish Street Car Park

Downpatrick

BT30 6BW

ALL LIVES ARE PRECIOUS  
TRUSTEES REPORT  
FOR THE YEAR ENDED  
30<sup>TH</sup> SEPTMEBER 2023

Charity/ Company Directors 22/23

Mrs Bronagh Reid

Mr Eamon Mc Grath

Mr Peter Cunliffe

Mrs Rosin Hampton

Mr Ronan Gilchrist

Mrs Aisling Mc Menamin (Resigned APRIL 2023)

We emerged when a group of individuals came together to respond to the Connecting for Life strategy in the Republic of Ireland and the introduction of the Flourish Initiative in Northern Ireland. Since then, operating mainly from resources garnered through community commitment and fundraising,

ALPS has established itself as an organisation that responds to well-being, awareness raising, training and development and the therapeutic service provision needs of individuals, families, schools, and communities.

Since its inception ALPS has engaged with over 150,000 individuals in communities throughout the country.

## Our Vision

We are an ambitious organisation that works with individuals, families, communities, and organisations to make that difference to their mental health.

## Our Mission

We will make that difference by delivering a suite of high-quality training, development, prevention and intervention programmes and services that support individuals and communities to improve their understanding, awareness, and experience of mental health.

## Our Values

As we strive to make that difference are driven by our core values of

### Ambition

ALPS would not exist if it were not for the ambition of our people, service users, fundraisers, and champions to improving mental health. We are committed to maintaining our ambition to make that difference through ongoing and structured engagement with community fundraisers, statutory agencies, government departments and private sector organisations who can provide us with the sustainable resources to embed our organisation in the mental health landscape throughout the island of Ireland.

### Inclusiveness

No one's identity should impact on their right to receive the right service, at the right time. At ALPS we are committed to working with individuals, families, communities, and organisations regardless of age, ability, gender, race/ethnicity, political or religious affiliation.

### Accessibility

Where you live, work or play should not inform your accessibility to the right service, at the right time. At ALPS we will continue to ensure that our prevention and intervention services are available throughout Northern Ireland and will continue to seek resources to focus support into our rural communities.

### Responsiveness, Resourcefulness and Resilience

At ALPS we will continue to be informed by the resourcefulness and resilience of individuals, families and communities impacted by mental ill-health. With this in mind, we will remain consistent in our commitment to seeking resources and developing services which are in a position to make that difference.

Alps Grew from very humble beginnings but year on year has continued to grow solely due to the demands of the community.

The work of the organisation can be split into four areas and for the purposes of this report this is what we will follow.

1. Counselling
2. Schools
3. ALPS In the Workplace
4. Community Outreach

### Counselling.

From October 1<sup>st</sup>, 2022, to September 30<sup>th</sup>, 2023, this service has seen a huge rise in the number of people looking to gain access to it.

The counselling team in ALPS grew throughout the year significantly and we now have a team of 8 fully qualified and accredited counsellors and continue to have three student counsellors on our books.

The service continues to work right throughout the country, we have five therapists working from Portglenone, 5 based in the monastery in Downpatrick/Crossgar and one based in Bangor.

We divide our week as follows to meet the need within the community

Monday – Bangor/ Portglenone  
Tuesday – Downpatrick (Monastery) and Portglenone  
Wednesday – Dungiven and Portglenone  
Thursday - Derry City and Portglenone  
Friday – Portglenone  
Saturday – Downpatrick (Monastery)

### Schools/College Workshops

One of the major successes of ALPS continues to be our Schools and Colleges work, from our inception we have delivered our programmes in these settings.

In the 2022/23 Academic School we once again had the privilege of visiting schools everywhere. In the year we conducted workshops on Wellbeing, Resilience, The Power of Human Connection and Mental awareness to over 10,000 pupils in upwards of 100 locations all throughout the county.

We continue to work alongside children and young people from the ages of 4 to 19 on these activities.

This year we have also been very fortunate to continue to provide Accredited Suicide Prevention Training to upwards of 200 Teaching and Support staff in Lisburn, Belfast and Magherafelt.

We continue to be humbled by the reception we receive in Schools throughout the country, we don't look to visit any setting but are inundated with requests to visit.

We have also now been selected by The Northern Ireland Executive, Choice and Ark Housing and the Lisburn Schools community to lead on a large-scale community project which will see us interacting with thousands of young people in the 23/24 academic year.

### ALPS IN YOUR WORKPLACE

In Partnership with Talk to Tom and Live and Learn we have created a dedicated professional team of individuals to offer an extensive programme of activity in the Workplace to promote Wellbeing and Suicide Prevention.

We have spent considerable time in 22/23 building these links and have many opportunities to engage further companies moving forward. The growth of this sector is pivotal to our future and moving forward we will continue to concentrate our efforts in building upon the successes we have already in this field.

In 22/23 we have become nominated charity of the year for SDC Trailers, Bloc and Fast Technologies as well as continuing to be supported by Kerry in Coleraine.

### Community Outreach

Our main objective for the whole organisation is to be here, our aspirations are not to be a large organisation but just a family and community of people with the common goal to support one and other.

We strive to reach the whole community and concentrate our efforts to achieve this. Working in partnership with communities across the country we have been very fortunate to amass a large following.

Throughout the year we have been very fortunate to be involved with events right throughout the country.

Here is just a snapshot of some of our work throughout the year.

- Throughout the year we have continued to train in the community and have been very fortunate to have trained over 350 people in Accredited Suicide Prevention in Counties Down, Antrim, Tryone and Derry as well as continuing to provide access to this programme in counties Monaghan and Cavan.
- In the year 22/23 we continued to develop our links with the Footballing community in the greater Downpatrick area, we continue to be league sponsors for the Downpatrick Youth League and have continued to develop our partnership with Downpatrick FC. In addition to this we continue to be the official partners of the Downpatrick and District Men and Women's Darts Leagues.
- In the year 22/23 we took over the management of the East Down Men's Shed, fully incorporating them into the ALPS family. The shed consists of twenty men, and they now meet daily from 9am to 3pm in our Irish Street premises. They now operate under the name ALPS Men's Shed East Down.
- In October we had the honour of being nominated as finalist in the Ballymena business of Excellence Awards and attended their gala ball and awards ceremony in

the Tullyglass Hotel to be presented with an award. In addition, to this we joined the staff team in JP Corry's Ballymena for a World Mental Health Day event held on their premises. Also, during October, we introduced an online referral process for engagement with ALPS and our services, now almost 90% of our interactions with the public are run through our website.

- In November we had the opportunity to travel to the United States for the first time to discuss our work and explore potential projects with the Irish community there, we visited the Irish Pastoral Centre in Boston and forged links all throughout the city. Also, in November we had the opportunity of providing our first ever training to a farming group and conducted accredited Suicide Prevention to the Co Down Young Farmers group.
- In December we were very active in our outreach, we spent three weekends working alongside the youth league and had a presence to present all their trophies and prizes for their cup competitions. In addition to this we worked alongside the young farmers group in Downpatrick to put on a Christmas themed Tractor run, a huge event with upwards of 1000 participants. We joined our friends in Portglenone community shed for their annual Christmas event and in doing so forged strong working relations with the group for the future.
- January 2023, we joined forces with Northern Ireland Electricity to provide training and emotional support for their apprentices for their 22/23 intake. This partnership will involve yearly activities with the company moving forward.
- During the month of February, we had the opportunity of visiting several GAA clubs in counties Tyrone and Derry to conduct workshops on the power of human connection, in addition to this we also worked alongside every child in Saint Patricks the Rock on emotional well being activities. We also held a drop in coffee morning in Ballynahinch catholic church. As an organisation we celebrated a significant milestone during this month also with it being our first anniversary working out of Tobar Mhuire Monastery, in this period we have provided over 500 hours of therapy to the community.
- In March 2023, due to the growth of the organisation we held our first ever in house training weekend, when we got all facilitators together to complete child protection/vulnerable adult training. In addition to this we partnered with and visited for the first time with Fast Technologies in Derry. Here we presented to their staff team on the Power of Human Connection.
- In April we visited communities in Dungiven, Magherafelt to conduct Suicide Prevention Training and worked along all the junior players of St Canices GAA Club. In addition to this we were invited to conduct suicide prevention training in partnership with Banardos and the Northern Ireland Prison service on the family matters programme in Maghaberry Prison.
- In May 2023 we hosted free community Dawn walks events in 24 different locations, these were as follows  
Downpatrick, Ballykinlar, Drumaness, Dungannon, Stewartstown, Donaghmore and the Rock. Randalstown, Rasharkin, Belfast, Loughgiel Kilrea, Bellaghy, Lavey, Swatragh, Dungiven, Magherafelt, Drumsurn, Claudy, Moneymore, Ballinascreen, Faughanvale, Ballinderry and Ballymagaigan.

In addition to this we introduced First Aid Training into the many services now being provided by ALPS. Another Milestone was celebrated also this month as ALPS celebrated two years in our office premises in Portglenone.

- June 2023 is a month that will go down in the history books of ALPS forever and it was this month that ALPS was named Northern Ireland Mental Health Charity of the Year at the Family First awards in Belfast. During this time also we also worked alongside the County Derry Ceoltist and a team from ALPS was present for a week in Dungiven and Derry at the county Fleadh.
- In July of 23 we had the absolute privilege of completing our first ever Camino Walk and were joined in Italy by 20 individuals from across Ireland. Also, this month we held our first Golf Day in Downpatrick Golf Club, with upwards of 100 people taking part.
- August 2023, with the return of School teaching staff at the end of August we had the honour of hosting a teachers' conference in the Armagh City Hotel, an event that was attended by over 200 people. Furthermore, during teacher training week, we were fortunate provide training to the staff teams of Edmund Rice College in Belfast and St Patricks Academy in Lisburn.
- September 2023, we visited Kerry group on three occasions to conduct Suicide Prevention Training for their staff team , in addition during this period we conducted a further three suicide prevention training with the staff team of Bloc Blinds as well as visiting three GAA clubs in county Tryone for wellbeing workshops. Also, during September, we shot a video with children from 4 schools from the greater Lisburn area.

### Properties

ALPS has agreements for several property and locations across the county, we lease properties in Downpatrick, Crossgar and Portglenone and have rental arrangements on a shed, garages and a plot of land on the outskirts of Downpatrick. In addition to this we pay an hourly fee for using facilities in Dungiven and Derry City.

### Financial Review

Alps continues to grow and develop, during the year 22/23 we received no grant funding, but have been able to bring in an amount of £169,349 through our activities and work. All these monies are unrestricted.

We had an operational loss for the 12-month period of £17,885, however at the yearend as highlighted in our accounts we have a cash balance of £ 35,296.

The organisation is in a very strong position and the team behind ALPS continue to put all their efforts into securing its future. There are no debts within the organisation with all overheads taken out on leases and agreement arrangements which can be terminated should the need ever be required.

There is still only one staff member receiving a monthly wage in alps and all others working for the organisations are paid as self-employed facilitators.

As an organisation our directors are in constant communication with each other, indeed four of us speak on an almost daily basis and as directed we have had 4 full meetings throughout the year, in addition to this we have created an ALPS working group made up of representatives of community, sporting organisations and professionals from across the county.

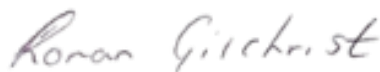
ALPS is now a team of almost 25 individuals and a vast support network of friends all throughout the country.

As you can see, ALPS has firmly cemented its place within the community and continues to engage communities across the country. The year 22/23 the organisation has literally engaged thousands of people from communities across the country and our work is now drawing attention and being recognised internationally also.

We are tremendously proud of all achievements and are humbled by the position we are in. We thank everyone that interacts with the work of ALPS and are indebted to them for their support. We look forward to 23/24 immensely and the journey that is in store for us.

28<sup>th</sup> November 2023

Signed

 Ronan Gilchrist

Director

Peter Cunliffe



Director

**All Lives Are Precious LTD**

Northern Ireland - Charity number 108027

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# Annual return

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## **Independent examiner's report to the charity trustees of All Lives Are Precious Ltd**

I report on the accounts of All Lives Are Precious Ltd for the year ended 30<sup>th</sup> September 2023 attached hereto, which comprise the statement of financial activities, statement of financial position and related notes.

### **Respective responsibilities of charity trustees and examiner**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008. It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept in accordance with section 63 of the Charities Act
2. that the accounts do not accord with those accounting records
3. that the accounts do not comply with the accounting requirements of the Charities Act and with the methods and principles of the Charities Statement of Recommended Practice.
4. that there is further information needed for a proper understanding of the accounts to be reached.

### **Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that need to be drawn to your attention.

Name: *Eamonn P. McGrady*

Date: 25<sup>th</sup> June 2024

Relevant professional qualification or body: FCA, Chartered Accountants Ireland

Address: 21a Market Street, Downpatrick, Co Down BT30 6LP

**All Lives Are Precious LTD**

Northern Ireland - Charity number 108027

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# Accounts

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### **Error report**

**This page should be used to identify and review any issues identified by the built-in validation of Sage Accounts Production. Please review the below and follow the guidance text against each page listed.**

**(Suppress this page from the accounts in the database under Reporting options > General options)**

### **Statement of changes in equity**

The value entered for brought forward Profit and loss account in the prior period in nominal code 990 does not agree to Profit and loss account carried forward as reported in the previous period. Please review and amend postings.

### **Financial instruments**

The financial instruments note has not been populated but disclosure is required where financial instruments exist. This can be made in a separate financial instruments note by entering data in database page financial instruments. Alternatively, disclosures may be added to any other note to the financial statements that the financial instrument relates to using additional text found in the applicable database page.

Company registration number: NI648017

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Unaudited financial statements**

**30 September 2022**

**Eamonn P. McGrady & Co**

Chartered Accountants & Registered Auditors

21a Market Street

Downpatrick

Co Down

BT30 6LP

Tel: 028 4461 4340

Email: [eamonnmcgrady@yahoo.com](mailto:eamonnmcgrady@yahoo.com)

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

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**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Directors and other information**

<b>Directors</b>	Mr Ronan Gilchrist Mr Peter Cunliffe Mrs Bronagh Reid Mrs Roisin Hampton Mr Eamonn McGrath Mrs Aisleen Teresa McMEnamin Resigned 1st April 2023
<b>Company number</b>	NI648017
<b>Registered office</b>	Unit 16 Down Business Centre 46 Belfast Road Downpatrick Co Down BT30 9UP
<b>Accountant</b>	Eamonn P. McGrady & Co 21a Market Street Downpatrick Co Down BT30 6LP
<b>Bankers</b>	Bank of Ireland 1 Donegall Square South Belfast BT1 5LR

**All Lives Are Precious Ltd  
Company limited by guarantee**

**Directors report  
Year ended 30 September 2022**

The directors present their report and the unaudited financial statements of the company for the year ended 30 September 2022.

**Directors**

The directors who served the company during the year were as follows:

Mr Ronan Gilchrist  
Mr Peter Cunliffe  
Mrs Bronagh Reid  
Mrs Roisin Hampton  
Mr Eamonn McGrath  
Mrs Aisleen Teresa McMenamin

**Small company provisions**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 26 June 2023 and signed on behalf of the board by:

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Report to the board of directors on the preparation of the**  
**unaudited statutory financial statements of All Lives Are Precious Ltd**  
**Year ended 30 September 2022**

In order to assist you to fulfil your duties under the Companies Act 2006, I have prepared for your approval the financial statements of All Lives Are Precious Ltd for the year ended 30 September 2022 which comprise the statement of financial activities, statement of financial position, statement of changes in equity and related notes from the company's accounting records and from information and explanations you have given me.

As a practising member of Chartered Accountants Ireland , I am subject to its ethical and other professional requirements which are detailed at [www.charteredaccountants.ie](http://www.charteredaccountants.ie).

This report is made solely to the board of directors of All Lives Are Precious Ltd, as a body, in accordance with the terms of my engagement letter. My work has been undertaken solely to prepare for your approval the financial statements of All Lives Are Precious Ltd and state those matters that we have agreed to state to the board of directors of All Lives Are Precious Ltd as a body, in this report in accordance with the requirements of Chartered Accountants Ireland as detailed at [www.charteredaccountants.ie](http://www.charteredaccountants.ie). To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than All Lives Are Precious Ltd and its board of directors as a body for my work or for this report.

It is your duty to ensure that All Lives Are Precious Ltd has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of All Lives Are Precious Ltd. You consider that All Lives Are Precious Ltd is exempt from the statutory audit requirement for the year.

I have not been instructed to carry out an audit or a review of the financial statements of All Lives Are Precious Ltd. For this reason, I have not verified the accuracy or completeness of the accounting records or information and explanations you have given to me and I do not, therefore, express any opinion on the statutory financial statements.

Eamonn P. McGrady & Co  
Chartered Accountants & Registered Auditors

21a Market Street  
Downpatrick  
Co Down  
BT30 6LP

26 June 2023

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Statement of financial activities**  
**Year ended 30 September 2022**

	<b>Note</b>		<b>2022</b>	2021
			<b>£</b>	<b>£</b>
		Restricted Funds	Unrestricted Funds	Total Funds
Income			94,931	16,359
Fundraising & donations			158,120	41,926
Grants		32,300		57,799
Other income			350	
		<u>32,300</u>	<u>253,401</u>	<u>116,084</u>
Cost of charitable activities		(32,300)	(2,075)	(31,632)
Fundraising			(66,421)	(66,421)
Salaries			(15,602)	(25,541)
Administrative costs			(100,084)	(62,348)
		<u>(32,300)</u>	<u>(184,182)</u>	<u>(119,521)</u>
<b>Profit/(loss) for the financial year and total comprehensive income</b>		<u>-</u>	<u>69,219</u>	<u>3,437</u>

All the activities of the company are from continuing operations.

The notes on pages 7 to 10 form part of these financial statements.

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Statement of financial position**  
**30 September 2022**

	Note	2022 £	£	2021 £	£
<b>Fixed assets</b>					
Tangible assets	7	20,930		8,268	
			20,930		8,268
<b>Current assets</b>					
Debtors	8	11,445		-	
Cash at bank and in hand		49,337		4,341	
		60,782		4,341	
<b>Creditors: amounts falling due within one year</b>	9	(2,862)		(2,978)	
<b>Net current assets</b>			57,920		1,363
<b>Total assets less current liabilities</b>			78,850		9,631
<b>Net assets</b>			78,850		9,631
<b>Capital and reserves</b>					
Reserves			78,850		9,631
<b>Total funds</b>			78,850		9,631

For the year ending 30 September 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

**The notes on pages 7 to 10 form part of these financial statements.**

**All Lives Are Precious Ltd  
Company limited by guarantee**

**Statement of financial position (continued)  
30 September 2022**

These financial statements were approved by the board of directors and authorised for issue on 26 June 2023, and are signed on behalf of the board by:

Mr Ronan Gilchrist  
Director

Company registration number: NI648017

**The notes on pages 7 to 10 form part of these financial statements.**

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**Year ended 30 September 2022**

**1. General information**

The company is a private company limited by guarantee, registered in Northern Ireland. The address of the registered office is Unit 16 Down Business Centre, 46 Belfast Road, Downpatrick, Co Down, BT30 9UP.

**2. Statement of compliance**

These financial statements have been prepared in compliance with the provisions of FRS 102, Section 1A, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

**3. Accounting policies**

**Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value.

The financial statements are prepared in sterling, which is the functional currency of the entity.

The financial statements have been prepared in accordance with Accounting and Reporting for Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax.

Revenue from the sale of goods is recognised when the significant risks and rewards of ownership have transferred to the buyer (usually on despatch of the goods); the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity; and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

**Taxation**

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in the statement of financial activities except to the extent that it relates to items recognised in other comprehensive income or directly in capital and reserves. In this case, tax is recognised in other comprehensive income or directly in capital and reserves, respectively.

**Tangible assets**

Tangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated depreciation and impairment losses.

Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

**Depreciation**

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

If there is an indication that there has been a significant change in depreciation rate, useful life or residual value of tangible assets, the depreciation is revised prospectively to reflect the new estimates.

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 30 September 2022**

**Impairment**

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

When it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that are largely independent of the cash inflows from other assets or groups of assets.

**Government grants**

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the company will comply with the conditions attaching to them and the grants will be received.

Government grants are recognised using the accrual model and the performance model.

Under the accrual model, government grants relating to revenue are recognised on a systematic basis over the periods in which the company recognises the related costs for which the grant is intended to compensate. Grants that are receivable as compensation for expenses or losses already incurred or for the purpose of giving immediate financial support to the entity with no future related costs are recognised in income in the period in which it becomes receivable.

Grants relating to assets are recognised in income on a systematic basis over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income and not deducted from the carrying amount of the asset.

Under the performance model, where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

**Financial instruments**

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Debt instruments are subsequently measured at amortised cost.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

**4. Limited by guarantee**

All Lives Are Precious Ltd is a company limited by guarantee and therefore does not have a share capital.

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 30 September 2022**

**5. Staff costs**

The average number of persons employed by the company during the year amounted to 1 (2021: 1).

The aggregate payroll costs incurred during the year were:

	<b>2022</b>	<b>2021</b>
	£	£
Wages and salaries	13,000	24,949
Social security costs	2,602	592
	15,602	25,541

**6. Profit/loss before taxation**

Profit/loss before taxation is stated after charging/(crediting):

	<b>2022</b>	<b>2021</b>
	£	£
Depreciation of tangible assets	3,310	1,669
	3,310	1,669

**7. Tangible assets**

	<b>Total</b>
	£
<b>Cost</b>	
At 1 October 2021	10,001
Additions	15,972
<b>At 30 September 2022</b>	25,973
<b>Depreciation</b>	
At 1 October 2021	1,733
Charge for the year	3,310
<b>At 30 September 2022</b>	5,043
<b>Carrying amount</b>	
<b>At 30 September 2022</b>	20,930
At 30 September 2021	8,268

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 30 September 2022**

<b>8. Debtors</b>	<b>2022</b>	2021
	<b>£</b>	<b>£</b>
Other debtors	11,445	-
	<u>          </u>	<u>          </u>
<b>9. Creditors: amounts falling due within one year</b>	<b>2022</b>	2021
	<b>£</b>	<b>£</b>
Social security and other taxes	642	2,018
Other creditors	2,220	960
	<u>          </u>	<u>          </u>
	<u>2,862</u>	<u>2,978</u>

**All Lives Are Precious Ltd  
Company limited by guarantee**

**The following pages do not form part of the statutory accounts.**

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Detailed income statement**  
**Year ended 30 September 2022**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Turnover</b>		
Service provision	98,131	16,359
Gifts and donations	44,718	26,752
Fundraising	16,937	15,174
Africa project - fundraising	96,465	-
	256,251	58,285
 <b>Cost of sales</b>		
Project facilitation and community training	(29,908)	(26,681)
Community project costs	(4,467)	(4,457)
Africa project - costs	(66,421)	-
Consumables and materials	-	(494)
	(100,796)	(31,632)
 <b>Gross profit</b>	<b>155,455</b>	<b>26,653</b>
 <b>Gross profit percentage</b>	<b>60.7%</b>	<b>45.7%</b>
 <b>Overheads</b>		
<b>Administrative expenses</b>		
Directors remuneration	(13,000)	(24,949)
Employer's social security contributions	(2,602)	(592)
Staff training	(5,268)	-
Rent payable	(14,510)	(5,786)
Rates	-	(1,745)
Insurance	(719)	(319)
Light and heat	(602)	(397)
Repairs and maintenance	(9,107)	(6,428)
Printing, postage and stationery	(268)	(1,213)
Advertising and marketing	(2,749)	(3,823)
Telephone	(3,580)	(2,963)
Computer costs	(878)	(1,318)
Hire of equipment	(1,059)	-
Motor and travelling expenses	(8,731)	(2,851)
Other events	(552)	(1,494)
Legal and professional	(1,800)	-
Counselling	(37,050)	(15,950)
Consultancy fees	(3,443)	(4,331)
Accountancy fees	(2,653)	(1,578)
Book-keeper and admin costs	(1,100)	(2,500)
Bank charges	(296)	(187)
Uniforms	(670)	(5,223)
General expenses	(183)	(173)
Donations and sponsorship	(1,556)	(2,400)
Depreciation of tangible assets	(3,310)	(1,669)

**All Lives Are Precious Ltd**  
**Company limited by guarantee**

**Detailed income statement (continued)**  
**Year ended 30 September 2022**

	<b>2022</b>	2021
	£	£
	<u>(115,686)</u>	<u>(87,889)</u>
<b>Other operating income</b>		
Grants	29,100	57,799
Sundry income	350	-
	<u>29,450</u>	<u>57,799</u>
<b>Operating profit/(loss)</b>	69,219	(3,437)
<b>Operating profit/(loss) percentage</b>	27.0%	5.9%
<b>Profit/(loss) before taxation</b>	<u>69,219</u>	<u>(3,437)</u>

**All Lives Are Precious LTD**

Northern Ireland - Charity number 108027

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# Annual report

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**ALL LIVES ARE PRECIOUS  
TRUSTEES ANNUAL REPORT  
YEAR ENDED 30<sup>TH</sup> SEPTMEBER 2022**

**CHARITY INFORMATION**

Charity no. 108027

Company no. NI648017

Charity Registered 17<sup>th</sup> May 2021

Address

Irish Street Community Exchange

21 Lower Irish Street

Irish Street Car Park

Downpatrick

BT30 6BW

Charity Trustees

Mrs Bronagh Reid

Mr Eamonn McGrath

Mr Peter Cunliffe

Mrs Roisin Hampton

Mr Ronan Gilchrist

## Background

We emerged when a group of individuals came together to respond to the Connecting for Life strategy in the Republic of Ireland and the introduction of the Flourish Initiative in Northern Ireland. Since then, operating mainly from resources garnered through community commitment and fundraising,

ALPS has established itself as an organisation that responds to well-being, awareness raising, training and development and the therapeutic service provision needs of individuals, families, schools, and communities.

Since its inception ALPS has engaged with over 100,000 individuals in communities throughout the country.

## Our Vision

We are an ambitious organisation that works with individuals, families, communities, and organisations to make that difference to their mental health.

## Our Mission

We will make that difference by delivering a suite of high-quality training, development, prevention and intervention programmes and services that support individuals and communities to improve their understanding, awareness, and experience of mental health.

## Our Values

As we strive to make that difference are driven by our core values of

### Ambition

ALPS would not exist if it were not for the ambition of our people, service users, fundraisers, and champions to improving mental health. We are committed to maintaining our ambition to make that difference through ongoing and structured engagement with community fundraisers, statutory agencies, government departments and private sector organisations who can provide us with the sustainable resources to embed our organisation in the mental health landscape throughout the island of Ireland.

### Inclusiveness

No one's identity should impact on their right to receive the right service, at the right time. At ALPS we are committed to working with individuals, families, communities, and organisations regardless of age, ability, gender, race/ethnicity, political or religious affiliation.

### Accessibility

Where you live, work or play should not inform your accessibility to the right service, at the right time. At ALPS we will continue to ensure that our prevention and intervention services are available throughout Northern Ireland and will continue to seek resources to focus support into our rural communities.

## Responsiveness, Resourcefulness and Resilience

At ALPS we will continue to be informed by the resourcefulness and resilience of individuals, families and communities impacted by mental ill-health. With this in mind, we will remain consistent in our commitment to seeking resources and developing services which are in a position to make that difference.

Alps Grew from very humble beginnings but year on year has continued to grow solely due to the demands of the community.

The impact of the pandemic meant the work of ALPS changed quite considerable, prior to the pandemic ALPS was still somewhat of a small entity but through the two-year period of Covid the demand for specific activities within the organisation grew exponentially. With social distancing restrictions also ended in the summer of 2021 by the start of the new academic year there was a huge influx of bookings within the organisation for our services.

The work of the organisation can be split into four areas and for the purposes of this report this is what we will follow.

1. Counselling
2. Schools
3. ALPS In the Workplace
4. Community Outreach

### Counselling.

From October 1<sup>st</sup> 2021 to September 30<sup>th</sup> 2022 this service has seen a huge rise in the number of people looking to gain access to it. The organisation now has the capacity to provide Counselling in Counties Antrim, Down, Derry and Tyrone.

We have joined with the university of Ulster to accept Five Student Counsellors and have expanded the team providing this service to the community. In October 2021 we began the year with Four therapists in addition the five students

At this time, we offered Counselling in Bangor, Downpatrick, Portglenone and Derry City. We began to offer this service then in Dungiven through a partnership with Hands that Talk. In February 2022 due to the immense growth in this service we moved our premises in County Down to base ourselves in The Passionist Monastery in Crossgar. This allowed us to expand our service in the area to accommodate up to four Counsellors at any given time.

In June 2022 three of these student counsellors fully qualified as therapists and embedded themselves into the ALPS family, alongside then a further addition to the team ALPS we ended the year with 8 therapists offering supports to the community six days per week.

We operate Counselling on the following days in these locations.

Monday – Bangor

Tuesday – Downpatrick (Monastery) and Portglenone

Wednesday – Dungiven and Portglenone

Thursday - Derry City and Portglenone

Friday – Portglenone

Saturday – Downpatrick (Monastery)

The counselling service goes from strength to strength, and it is envisaged that as we continue this will only expand, we begin the next financial year with a team of 11 having accepted one further student with new additions likely moving forward.

### Schools/College Workshops

One of the major successes of ALPS is our Schools and Colleges work, from our inception we have delivered our programmes in these settings. Prior to the Covid Pandemic our work led us all throughout the country working alongside children and young people in all things wellbeing.

We have been accepted as an Education Authority Supplier allowing us then to work in all schools' settings throughout the North of Ireland.

In the 2021/22 Academic School year with the easing of restrictions we once again had the privilege of visiting schools everywhere. In the year we conducted workshops on Wellbeing, Resilience, The Power of Human Connection and Mental awareness to over 10,000 pupils in over 80 schools.

Our programmes are written for Children and Young people of all ages, and we work alongside all young people in school settings from Primary 1 to Year 14.

In addition to this we provided Accredited Suicide Prevention Training to upwards of 150 Teaching and Support staff in various settings.

Furthermore, we have made very strong links with very many of the schools and have an almost daily presence in many settings.

ALPS this year had the pleasure of working alongside St Marys University College for their fresher events and attended this setting on several occasions throughout the Academic Year with programmes and activities.

One side note though, although a supplier with the Education Authority we did apply to be a supplier for the Happy and Healthy Minds Programme in Primary Schools and unfortunately didn't make it onto the suppliers list with the EA for that specific programme. This was deeply upsetting at the time and detailed conversations were had with Politicians and the EA on this matter and moving forward we have been instructed we will make the list if the programme comes out again.

We are humbled by the reception we receive in Schools throughout the country, and we know moving forward we can continue to develop not only our programmes but our activities also in these settings.

## ALPS IN YOUR WORKPLACE

In Partnership with Talk to Tom and Live and Learn we have created a dedicated professional team of individuals to offer an extensive programme of activity in the Workplace to promote Wellbeing and Suicide Prevention.

The rationale behind this programme comes from the fact that people often spend a large portion of their day at a workplace and, in doing so, get to know other employees over time. As a result, they may be in a good position to notice changes in behaviour that could suggest risk for suicide or other mental health problems.

As an organisation we have been able offer a full extensive programme of activity throughout this year to meet this need.

Services and programmes we offered throughout the last twelve months have included.

- Access to Counselling
- Therapies
- Peer Mentoring

Workshops and Training on

- Resilience
- Mental Health
- Emotional Wellbeing
- Power of Human Connection
- Tailor made programmes to suit the need.
- QPR Accredited Suicide Prevention Training

In addition to all of the above we have also been able to introduce our

"YOUR NOT ALONE CAMPAIGN"

An awareness raising campaign specific to a workplace setting.

In just a short period of time we have been very fortunate to introduce our activities and services into a vast quantity of organisations

- Kerry Foods
- Ulster Bank
- Northern Ireland Prison Service
- Education Authority
- Department of Education
- GAA Clubs
- Bloc Blinds
- The Conway Group
- ESB
- FOROIGE
- Brooklands Healthcare

- Specialist Joinery
- Combi Lift
- Uform

We have spent considerable time in 21/22 building these links and have many opportunities to engage further companies moving forward. The growth of this sector is pivotal to our future and moving forward we will continue to concentrate our efforts in building upon the successes we have already in this field.

### Community Outreach

Our main objective for the whole organisation is to be here, our aspirations are not to be a large organisation but just a family and community of people with the common goal to support one and other.

We strive to reach the whole community and concentrate our efforts to achieve this. Working in partnership with communities all across the country we have been very fortunate to amass a large following.

Throughout the year we have been very fortunate to be involved with events right throughout the country.

Here is just a snapshot of some of our work throughout the year.

- Through Sporting and Community organisations we trained over 300 people in Accredited Suicide Prevention in Counties Down, Antrim, Tyrone and Derry as well as providing access to this programme in Counties Monaghan and Cavan.
- Throughout 21/22 we worked alongside the Footballing community in the greater Downpatrick area, we became official league sponsors for the Downpatrick Youth League for the year and created a full programme of activity within Downpatrick Football Club – allowing us to work with both young people and young adults in all things wellbeing.
- In addition to this we are official partners of the Downpatrick and District Men and Women's Darts Leagues
- In partnership with sporting clubs and community organisations we brought together almost 1000 people in Dungiven (County Derry) to mark World Mental Health Day on 10<sup>th</sup> October, on the back of this then we provided training and supports to the whole community through the remainder of the year.
- We also formed a full working partnership with the East Down Men's Shed Group to assist them with their activities, they have integrated themselves into the alps family and now operate from our premises in Downpatrick County Down.
- In November we forged a partnership with the Rock GAA Club (County Tyrone) to launch our You Are Not Alone campaign and engage the whole community then in a program of activity.
- In December 21 we joined forces with the community in Donaghmore (County Tyrone) to run a Christmas event and introduce our work to the area, a partnership that will now last for many years with training and events taking place throughout the year.

- Time to talk day February 2022 met with Politicians and elected officials at our ALPS office in Portglenone to talk about our services and to gain support for our activities, at this time then we also Introduced our ALPS Community Champion programme and signed up community champions all across the alps country to support ALPS and our work.
- In March 2022, we were present at the Energy Institutes Gala Ball and forged professional relationships then with them, providing us then with opportunities to complete several trainings courses for the remainder of 2022
- At the same time, we launched our 2022 Dawn Walk, signing up 22 different communities all across the country to participate in Sunrise Walk in Support of Suicide Prevention held in May 2022.
- In April we worked along NIE Apprentice electricians, conducting resilience and wellbeing workshops at the headquarters in Campsie (Derry City)
- In May 2022 we hosted and presented a conference in Armagh City Hotel for the teaching and support staff of 5 schools in conjunction with the Education Authorities Pathway into Partnership Programme.
- In July 2022, ALPS took on one of its biggest adventures to date, we lead a group of 23 individuals to Africa where they climbed Kilimanjaro and took part in a school exchange programme in the rural parts of Moshi Tanzania.
- August 2022, we reopened the now famous ALPS Sunflower Field in County Down and over a four-week period welcomed thousands of visitors to the field whilst highlighting and supporting the work of ALPS and Macmillan Cancer Support
- September 2022, we provided training for 101 teachers in two training events to mark World Suicide Prevention Day. In addition to this we held a Walk in Downpatrick and a country wide vigil for World Suicide Prevention Day.

## TAS-NI

From the creation of ALPS, we had been running the TAS-NI programme. This programme was developed specifically by ALPS to assist members of the Traveller Community in Custody. In 2022 we said goodbye to this programme.

Due to the substantial growth of ALPS and the growth of TAS programme itself it was deemed necessary that the two become separate entities. From April 1<sup>st</sup>, 2022, TAS became its own identity operating outside of the ALPS family.

As an organisation we can celebrate the achievements of the programme and know we have taken it as far as we could., it was fully created, implemented, and manned by ourselves and we are delighted to hand it over knowing it has a stable and long-term future moving forward.

ALPS will be offering its full support to TAS-NI moving forward and will make itself available to provide any Wellbeing or Prevention Programmes needed.

We thank the Department of Justice for all their support of ALPS over the past four years and for showing their faith in our abilities to develop the Tas- Ni programme,

## Public Benefit Requirement

The Trustees have had regard to the Charity Commission's Public Benefit requirement statutory guidance.

## Financial Review

ALPS in previous years had seen a steady growth in its operations and has seen a rise in its finances. In the year 1<sup>st</sup> October 2021 to 30th September 2022 ALPS made a surplus of £69,219 and ended the year with cash reserves of approximately £49,000.

## Properties

ALPS has agreements for a number of property and locations across the county, We lease properties in Downpatrick and Portglenone and have rental arrangements on a shed, garages and a plot of land on the outskirts of Downpatrick. In addition to this we pay an hourly fee for using facilities in Dungiven, Monastery and Derry City.

As an organisation our directors are in constant communication with each other, indeed four of us speak on an almost daily basis as directed we have had 4 full meetings throughout the year, in addition to this we have created an ALPS working group made up of representatives of community, sporting organisations and professionals from all across the county.

In addition to this this we also kept a very high social media presence throughout the year keeping all our followers up to date with our work. Throughout the year we posted 214 times on our Social Media Platforms reaching a direct audience of 112, 332 people.

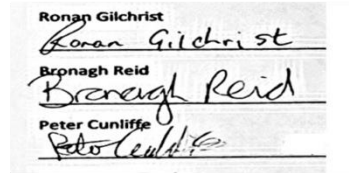
Through this period, we have also conducted a huge consultation process in our attempts to secure the future of the organisation, with the assistance of outside consultants we have completed a 3-year operational plan which will become the bases of all our interactions moving forward.

ALPS is now a team of almost 20 individuals and a vast support network of friends all throughout the country. It is truly mind-blowing to see how much it has been growing, but it grows only out of the need within the community for it. Each and everyone of us within ALPS are humbled by the support we have behind us.

We would like to acknowledge and record our thanks to everyone who has supported us on our journey, ALPS would not be here if it was not for the support it has garnered from within the community and as an organisation, we are indebted to each and every individual that has been at a training, event or assisted us in our work.

Signed

26<sup>th</sup> June 2023



Ronan Gilchrist  
Ronan Gilchrist  
Bronagh Reid  
Bronagh Reid  
Peter Cunliffe  
Peter Cunliffe

**All Lives Are Precious LTD**

Northern Ireland - Charity number 108027

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# Annual return

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## **Independent examiner's report to the charity trustees of All Lives Are Precious Ltd**

I report on the accounts of All Lives Are Precious Ltd for the year ended 30<sup>th</sup> September 2022 attached hereto, which comprise the statement of financial activities, statement of financial position and related notes.

### **Respective responsibilities of charity trustees and examiner**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008. It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept in accordance with section 63 of the Charities Act
2. that the accounts do not accord with those accounting records
3. that the accounts do not comply with the accounting requirements of the Charities Act and with the methods and principles of the Charities Statement of Recommended Practice.
4. that there is further information needed for a proper understanding of the accounts to be reached.

### **Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that need to be drawn to your attention.

Name: *Eamonn P. McGrady*

Date: 26<sup>th</sup> June 2023

Relevant professional qualification or body: FCA, Chartered Accountants Ireland

Address: 21a Market Street, Downpatrick, Co Down BT30 6LP